

AT HOME WITH HOMEOPATHY

A concise table book with rare remedies and clinical experiences



DR. VARSHA M KHURANA

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Contents

| | |
|-----------------------------------|-------|
| Foreword | xxvii |
| Introduction | xxix |
| I. A | I |
| Abscess | 1 |
| Abdomen | 2 |
| Abdominal Operations | 3 |
| Abortion/ Miscarriage | 4 |
| Absent-minded (See Forgetfulness) | 4 |
| Abusive/ Impulsive Personality | 4 |
| Abuse of Drugs | 4 |
| Acidity | 5 |
| Acne | 5 |
| Acute of | 6 |
| Addictions | 6 |
| Addison's Disease | 6 |
| Adenoids | 7 |
| ADHD/ Autism | 7 |
| Adrenal Gland | 8 |
| Aging Premature | 8 |
| After | 8 |
| After-pains | 11 |
| Aggravations | 11 |
| Ailments from | 12 |
| Air, draft of, sensitivity | 16 |
| Albuminuria | 16 |
| Alcoholism | 16 |
| Allergy | 17 |
| All-Gone (Sinking) Sensation | 19 |
| Alone, being, agg | 19 |
| Alternate Diarrhea & Constipation | 21 |
| Alternation of symptoms | 21 |
| Alzheimer's Disease | 22 |
| Ameliorations | 22 |
| Amenorrhea | 23 |
| Amoebiasis | 23 |

| | |
|--------------------------|----|
| Anasarca (general edema) | 23 |
| Anemia | 24 |
| Aneurysm | 24 |
| Anger | 25 |
| Ankles | 25 |
| Ankylosing Spondylitis | 26 |
| Angina pectoris | 26 |
| Annual Complaints | 27 |
| Anorexia | 27 |
| Antidotes | 27 |
| Anus/ Rectum | 28 |
| Anxiety | 29 |
| Apathy | 30 |
| Aphonia/ Loss of voice | 30 |
| Appendicitis | 31 |
| Appetite | 31 |
| Apoplexy | 31 |
| Aphthae | 32 |
| Appendicitis | 32 |
| Appetite | 33 |
| Arms | 33 |
| Arteries | 33 |
| Arthritis | 33 |
| Ascites | 33 |
| Asphyxia | 34 |
| Asthma | 34 |
| Atelectasis Lungs | 37 |
| Atrophy | 38 |
| Auto-Immune Diseases | 38 |
| Aversion | 38 |
| Awkward/ Clumsy | 39 |
| Axilla | 39 |
| 2. B | 40 |
| Bachelors/ Old Maidens | 40 |
| Backache/ Lumbago | 40 |
| Back | 44 |
| Bad effects of | 45 |
| Baldness | 46 |
| Bashful/ shy | 47 |
| Bathing | 47 |
| Bed | 47 |

| | |
|-------------------------------------|----|
| Bedsores | 48 |
| Belching | 48 |
| > Bending Double | 48 |
| < Bending Double | 48 |
| Beri-beri | 48 |
| Betrayal, sense of | 48 |
| Biliary remedies | 48 |
| Birthmarks | 49 |
| Bites | 49 |
| Biting | 49 |
| Bipolar Disorder | 49 |
| Bites mosquito/ Insects | 49 |
| Bladder | 49 |
| Bleeding | 50 |
| Blindness/ Amaurosis | 50 |
| Blood | 51 |
| Blisters | 51 |
| Blood vessels | 51 |
| Blondes | 51 |
| Blushing | 51 |
| Boils/ Carbuncles/ Furuncles | 52 |
| Bones | 52 |
| Brain | 54 |
| Pains, Base of the brain | 55 |
| Breasts | 56 |
| Breath Foul/ Offensive | 57 |
| Breathing | 58 |
| Bright's disease | 59 |
| Brooding | 59 |
| Bronchitis | 59 |
| Bruised sore beaten all over, as if | 60 |
| Bulimia | 60 |
| Bunions | 60 |
| Burning | 60 |
| Burnout/ Extreme stress | 61 |
| Burns | 62 |
| 3. C | 63 |
| Cachetic | 63 |
| Calcium Malabsorption | 63 |
| Cancer | 63 |
| Carbuncle | 68 |

| | |
|---|----|
| Cardiac failure | 68 |
| Caries bones (Nasal/ Palatine/ Mastoid) | 69 |
| Carpal Tunnel Syndrome | 69 |
| Carried, wants to be | 69 |
| Car-sickness | 69 |
| Cataract | 69 |
| Catarrh | 70 |
| Cautiousness Excessive | 71 |
| Celiac Disease | 71 |
| Celibacy | 71 |
| Cellulitis | 71 |
| Censorious / Fault finding | 71 |
| Cervical Conditions | 71 |
| Chancre | 72 |
| Changeable sensations/ moods | 72 |
| Checked Perspiration | 72 |
| Chemotherapy | 72 |
| Chest | 72 |
| Chicken pox | 74 |
| Chikungunya fever | 74 |
| Chilblains | 74 |
| Children | 75 |
| Chilliness | 87 |
| Chilly Persons | 88 |
| Chlorosis | 88 |
| Cholelithiasis (Gallbladder Stones) | 88 |
| Cholera | 88 |
| Cholesterol high/ Cholesterolemia | 89 |
| Chorea | 89 |
| Cicatrices (See Wounds) | 89 |
| Ciliary Neuralgia | 90 |
| Claustrophobia | 90 |
| Coccyx | 90 |
| Coffee | 90 |
| Coition | 90 |
| < Cold | 91 |
| > Cold | 91 |
| < Cold air inhalation | 91 |
| > Cold application | 91 |
| Cold, takes easily | 91 |
| Coldness | 92 |

| | |
|-----------------------------------|-----|
| Colic | 93 |
| Collar, too tight, must loosen it | 95 |
| Collapse | 95 |
| Cholera | 95 |
| Coma | 95 |
| Complementary remedies | 96 |
| Comprehension, difficult | 98 |
| Concentration | 98 |
| Concussion | 98 |
| Condition, general | 99 |
| Confidence, lack of | 99 |
| Confusion | 99 |
| Conjunctiva | 100 |
| < Consolation | 100 |
| Constipation | 100 |
| Constitution/ temperament | 103 |
| Contradiction | 104 |
| Constriction/ Caged | 104 |
| Conversation > | 104 |
| Convulsions/ Epilepsy | 104 |
| Corns | 105 |
| Coryza/ Catarrh | 105 |
| Cough during | 107 |
| Cough from | 107 |
| Cough | 107 |
| Cough with | 113 |
| < Covering | 114 |
| > Covering | 114 |
| Covid/ C19 | 114 |
| Cowardice / ↓↓ courage | 115 |
| Cramps | 115 |
| Cravings | 115 |
| Crohn's disease | 116 |
| Croup | 116 |
| Crowd < | 117 |
| Cursing/ swearing | 117 |
| Cyanosis | 117 |
| Cynical | 117 |
| 4. D | 118 |
| Damp weather | 118 |
| Dandruff | 118 |

| | |
|--|-----|
| Dark | 119 |
| Day-blindness | 119 |
| Deafness | 119 |
| Debauch, after | 119 |
| Debility | 120 |
| Deep Vein Thrombosis (DVT) | 120 |
| Deficiency diseases | 120 |
| Delicate women | 120 |
| Delirium | 121 |
| Delivery | 122 |
| Dengue | 123 |
| Dental Problems | 123 |
| Dental Surgeries | 128 |
| Dentition | 128 |
| Depression/ Nervous Fatigue | 129 |
| Desires | 130 |
| Despondent | 131 |
| Development | 132 |
| Diabetes | 132 |
| Diagonally, complaints appear | 135 |
| Diarrhea | 135 |
| Diathesis | 140 |
| Digestion, weak/ Indigestion/ Bilioussness | 141 |
| Digestive Tonic | 141 |
| Diphtheria | 141 |
| Diplopia | 142 |
| Dirty | 142 |
| Discharges | 142 |
| Disease | 143 |
| Diuretic | 143 |
| Dog-bite | 144 |
| Down's Syndrome | 144 |
| < Draft of air | 144 |
| Dreams | 144 |
| Drenching Night Sweats | 146 |
| Drinking | 146 |
| Dropsy/Edema | 147 |
| Drug history | 149 |
| Drunkards/ Alcoholics | 149 |
| Dryness | 150 |
| Dullness/ Drowsiness | 150 |

| | |
|---------------------------------|-----|
| Dupuytren's contracture | 150 |
| Duodenal/ Gastric/ Peptic ulcer | 151 |
| DVT | 151 |
| Dwarfism | 151 |
| Dysentery | 151 |
| Dysmenorrhoea | 152 |
| Dyspnea | 152 |
| 5. E | 154 |
| Ear Affections | 154 |
| Earache | 156 |
| Eats seldom, but much | 157 |
| < Eating / drinking | 157 |
| < Eating | 157 |
| > Eating | 158 |
| Ecchymoses | 158 |
| Eczema/ Eruptions | 158 |
| Edema | 161 |
| Egg Allergy | 162 |
| Egoistical | 162 |
| Elbow | 162 |
| Elephantiasis | 162 |
| Emaciation | 162 |
| Emissions, nocturnal | 163 |
| Emphysema | 163 |
| Empty-nest syndrome | 163 |
| Encephalitis | 163 |
| Endocrine system | 163 |
| Endometriosis | 163 |
| Enuresis | 164 |
| Epithelioma | 164 |
| Epilepsy | 164 |
| Epistaxis | 168 |
| Erythema | 169 |
| Eructations | 169 |
| Erysipelas | 169 |
| Escape, wants to run away | 170 |
| Esophagus | 170 |
| < Evening (before midnight) | 170 |
| > Evening | 170 |
| Excitable | 171 |
| Excoriation from walking | 171 |

| | |
|-------------------------------------|-----|
| Exertion | 171 |
| Expectoration (See Cough) | 172 |
| Expression | 173 |
| Expulsion of dead fetus | 173 |
| Extreme of life, children & old ppl | 173 |
| Extremities | 173 |
| Eye Affections | 174 |
| Eyeballs | 180 |
| Eyelashes | 180 |
| Eyelids | 180 |
| Eye-strain | 181 |
| 6. F | 184 |
| Face | 184 |
| Faintness | 187 |
| Falling of the hair | 187 |
| Family H/O | 188 |
| Fanned | 188 |
| Fastidious | 188 |
| < Fasting | 188 |
| > Fasting | 188 |
| Fat | 188 |
| Fatigue | 189 |
| Fatty degeneration | 189 |
| Fauces | 190 |
| Fault-finding (See Censorious) | 190 |
| Fear/ Fright (F) | 190 |
| Feet | 194 |
| Felon | 195 |
| Fever | 195 |
| Fibroids | 201 |
| Fibrosis | 202 |
| Fidgety | 202 |
| Finger | 202 |
| Finger-tip Infections | 203 |
| Fissures/ cracks | 203 |
| Fistula | 203 |
| Fixed ideas | 203 |
| Flatulence | 203 |
| Flatus | 205 |
| Fleshy/ fat persons | 205 |
| Flushings | 205 |

| | |
|---------------------------------------|-----|
| Follicular pharyngitis | 206 |
| Food/ Drinks | 206 |
| Food Inhibitions | 210 |
| Foot | 210 |
| Forehead | 211 |
| Forgetfulness | 211 |
| Fracture | 212 |
| Fungal Infections/ Mucormycosis | 212 |
| < Full moon | 213 |
| Fullness | 213 |
| Furuncle | 213 |
| 7. G | 214 |
| Gait | 214 |
| Galactorrhoea | 214 |
| Gall-Bladder | 214 |
| Gallstones | 215 |
| Gangrene | 215 |
| Gastric symptoms/ derangements | 216 |
| Genitals | 216 |
| Gestures | 217 |
| Glabella, swollen | 217 |
| Glands | 217 |
| Glaucoma | 218 |
| Gleet, with no sexual desire or power | 219 |
| Glioma | 219 |
| Globus Hystericus | 219 |
| Glottis | 219 |
| Goiter | 219 |
| Gonorrhea | 220 |
| Gout | 220 |
| Greedy/ Miserly | 221 |
| Grief | 221 |
| Growing Pains | 221 |
| Growth rapid | 221 |
| Guillain Barre Syndrome | 221 |
| Gums | 222 |
| Gynaecomastia | 222 |
| 8. H | 223 |
| Hallucinations | 223 |
| Hemorrhage | 223 |

| | |
|---------------------------|-----|
| Haemorrhoids/ Piles | 226 |
| Hair | 228 |
| Hair Loss/ Baldness | 229 |
| Hallucinations | 229 |
| Hateful | 229 |
| Hands | 229 |
| Happiness | 230 |
| Harelip (child) | 231 |
| Hay fever | 231 |
| Headache | 232 |
| Head | 241 |
| Hearing | 243 |
| Heart | 243 |
| Heartburn | 247 |
| Heat | 247 |
| Heaviness sensation | 248 |
| Heels | 248 |
| Hemophilia | 248 |
| Hepatitis | 249 |
| Hernia | 249 |
| Herpes | 250 |
| Hiccups | 250 |
| Hip Pains | 251 |
| Hirsutism | 251 |
| History of | 251 |
| HIV | 253 |
| Hoarseness | 253 |
| Hodgkin's Disease | 254 |
| Homesickness | 254 |
| Hormonal Disorders | 254 |
| Horripilations | 254 |
| Hopelessness/ despair | 254 |
| Hot temperament | 255 |
| Hunger/ Appetite | 255 |
| Hurried/ Hasty/ Impatient | 256 |
| Hydrocele | 256 |
| Hydrocephalus | 257 |
| Hydrogenoid constitutions | 257 |
| Hydrophobia | 257 |
| Hydrothorax | 257 |
| Hyperactivity | 258 |

| | |
|--|-----|
| Hyperaesthesia | 258 |
| Hypersensitivity | 258 |
| Hypertension | 258 |
| Hyperthyroidism | 259 |
| Hypochondriac | 259 |
| Hypotension | 260 |
| Hypothyroidism | 260 |
| Hysteria | 260 |
| Hysterical women | 261 |
| 9. I | 262 |
| Ileo-caecal region | 262 |
| Illusion of a mouse running from under her chair | 262 |
| Imbecility, Idiocy, incapacity to think | 262 |
| Immuno-compromised states | 263 |
| Impatience | 263 |
| Impetigo | 263 |
| Impotency | 263 |
| Incurable cases, palliative | 264 |
| Indecisive/ Irresolute | 264 |
| Indifference | 264 |
| Indigestion | 264 |
| Indolent persons | 264 |
| < Indoors | 264 |
| Induration | 265 |
| Infections | 265 |
| Inflammation | 265 |
| Influenza | 265 |
| Infra-mammary pains | 266 |
| Inimicals | 266 |
| Injury | 267 |
| Insanity | 268 |
| Insensibility | 268 |
| Insect-stings | 269 |
| Insomnia | 269 |
| Intestine | 269 |
| Intolerance | 269 |
| Involuntary movements | 270 |
| Irritable/ Peevish/ Impulsive | 270 |
| Irritable Bowel Syndrome | 271 |
| Itching | 271 |
| ITP (Immune Thrombocytopenic purpura) | 272 |

| | |
|---------------------------------|-----|
| 10. J | 273 |
| Jaundice | 273 |
| < Jar | 274 |
| Jaw | 274 |
| Jealousy | 274 |
| Joints | 274 |
| Jovial/ good humored/ hilarious | 276 |
| 11. K | 277 |
| Keloid | 277 |
| Kidneys | 277 |
| Kiss everyone, wants to | 280 |
| Kleptomania | 280 |
| Knee | 280 |
| 12. L | 282 |
| Labor/ Parturition | 282 |
| Lachrymation | 283 |
| Lactation | 283 |
| Lactose Intolerance | 283 |
| Lameness | 283 |
| Laryngitis | 284 |
| Larynx | 284 |
| Lasciviousness | 284 |
| Laughs | 284 |
| Laziness | 285 |
| Lean persons | 285 |
| Learning Disorders | 285 |
| Legs | 285 |
| Leprosy | 286 |
| Leucoderma/ Vitiligo | 286 |
| Leucorrhea | 287 |
| Leukaemia | 289 |
| Leukoplakia | 289 |
| Lichen Planus | 289 |
| Lie down wants to | 289 |
| Lientaria | 290 |
| Ligaments | 290 |
| < Light, bright/ dazzling | 290 |
| Light hair | 290 |
| Light hair & skin | 290 |
| Light hair & blue eyes | 290 |

| | |
|--|-----|
| Lipoma | 290 |
| Lips | 291 |
| Liver/ hepatic region | 292 |
| Loathing | 294 |
| Local applications | 294 |
| Lochia | 294 |
| Locomotor Ataxia | 295 |
| Loose and open, everything seems | 295 |
| > Loosening clothes | 295 |
| Loquacity | 295 |
| Losing flesh while eating well | 295 |
| < Loss of vital fluids | 296 |
| Lower Extremities, marasmus | 296 |
| Lumps | 296 |
| Lung | 296 |
| Lupus | 298 |
| < Lying down | 298 |
| > Lying down | 299 |
| Lying on affected side | 299 |
| Lymph Nodes | 299 |
| Lymphatic constitution | 300 |
| Lymphatic glands, swollen with heat/ soreness | 300 |
| Lymphocytosis | 300 |
| Lymphoma | 300 |
| 13. M | 301 |
| Malaria | 301 |
| Malicious / wicked/ hateful | 301 |
| Malnutrition | 302 |
| Mania | 302 |
| Marasmus | 302 |
| Massage | 302 |
| Mastoid | 302 |
| Masturbation, abuse of sexual powers, seminal losses | 303 |
| Measles | 303 |
| Medicines | 303 |
| < Melting snow | 304 |
| Memory, loss (See Forgetfulness) | 304 |
| Meniere's Disease | 304 |
| Meningitis | 304 |
| Menopause | 305 |
| Menses | 307 |

| | |
|---|-----|
| Men's diseases | 312 |
| < Mental affections/ emotions | 312 |
| Mental exertion | 312 |
| Metastasis | 313 |
| Metrorrhagia (See Menses) | 313 |
| Miasm | 313 |
| < Midday/ midnight | 314 |
| < Midnight after | 314 |
| < Midnight before | 314 |
| Migraine | 314 |
| Milk Abscess | 314 |
| Milk Flow | 314 |
| Milk, suppression | 315 |
| < Milk | 315 |
| Mind | 315 |
| Mitral regurgitation | 356 |
| Moles | 356 |
| Mongol Child/ No brain development | 356 |
| Mood | 356 |
| < Moon, new/ full | 357 |
| < Morning | 357 |
| > Morning | 357 |
| Mosquito Bites | 357 |
| Motion | 357 |
| Mountains, loves | 358 |
| Mountaineer's remedy | 358 |
| Mouth | 358 |
| Mucus | 360 |
| Mucous membranes | 360 |
| Multiple Myeloma | 361 |
| Multiple Sclerosis/ Transverse Myelitis | 361 |
| Mumps | 361 |
| Muscles | 361 |
| Muscular Dystrophy (Duchenne's) | 362 |
| Music/ Dance | 362 |
| Myasthenia Gravis | 362 |
| 14. N | 363 |
| Naevi | 363 |
| Nails | 363 |
| Nausea | 364 |
| Neck | 365 |

| | |
|-------------------------------------|-----|
| Necrosis | 366 |
| Neonate | 366 |
| Nervous Exhaustion/ Prostration | 366 |
| Nervous | 367 |
| Neuralgia | 367 |
| Neuroblastoma | 368 |
| Neurofibromatosis (altogether) | 368 |
| Neuroma | 368 |
| Neuropathy, sensory | 369 |
| Newborns | 369 |
| < Night | 369 |
| > Night | 369 |
| Night-Sweats | 369 |
| Night terrors | 369 |
| Nipples | 370 |
| Nodules | 370 |
| < Noise | 370 |
| Nose | 370 |
| Nasal Polyp | 372 |
| Nostrils | 374 |
| Numbness | 375 |
| < Nursing | 375 |
| Nymphomania | 375 |
| Nystagmus | 375 |
| 15. O | 376 |
| Obesity/ corpulence | 376 |
| Observations | 377 |
| Obstinate | 377 |
| > Occupied/ busy when | 377 |
| OCD (Obsessive Compulsive Disorder) | 378 |
| Odor | 378 |
| Oedema/ Dropsy | 378 |
| Offended easily | 379 |
| Old people | 379 |
| Open air | 381 |
| Operations/ Surgery | 381 |
| Ophthalmia | 381 |
| Orchitis (testicular inflammation) | 382 |
| Organs | 382 |
| Orphan Remedy | 382 |
| Osteoarthritis | 382 |

| | |
|--|-----|
| Otorrhoea | 382 |
| Ovaries | 382 |
| Over-activity/ unusual activity of mind & body | 384 |
| Over-sensitive | 384 |
| Ozaena | 385 |
| 16. P | 386 |
| Pains | 386 |
| Palms, hot/ sweaty | 389 |
| Palpitations | 390 |
| Panaritium | 391 |
| Pancreas | 391 |
| Paralysis | 391 |
| Parkinson's Disease | 393 |
| Parotitis | 393 |
| Paroxysmal symptoms | 393 |
| Parturition | 393 |
| Passive hemorrhages | 393 |
| PCOD | 394 |
| Pellagra | 394 |
| Periodicity of complaints/ symptoms | 394 |
| Periosteal pains | 394 |
| Peritonitis | 395 |
| Perspiration | 395 |
| Pharyngitis | 397 |
| Phimosis | 398 |
| Phlegmasia Alba Dolens | 398 |
| Phlegmatic | 398 |
| Photophobia | 398 |
| Physometra | 398 |
| PID | 398 |
| Pigeon Chest | 398 |
| Piles | 399 |
| Pining boys | 399 |
| Pituitary Adenoma | 399 |
| Pityriasis Alba | 400 |
| Placenta | 400 |
| Plague | 400 |
| Plethoric | 400 |
| Pleurisy | 400 |
| Plica Polonica | 400 |
| Plug, in inner parts | 401 |

| | |
|--|-----|
| Pneumonia | 401 |
| Polio | 402 |
| Polyps | 402 |
| Portal Hypertension | 402 |
| Pregnancy | 402 |
| Predicts the day he will die | 405 |
| < Pressure | 405 |
| > Pressure | 406 |
| Priapism | 406 |
| Prostate | 406 |
| Prostration | 407 |
| Pruritus | 407 |
| Psoriasis | 408 |
| Pterygium | 409 |
| Ptosis | 409 |
| PTSD | 409 |
| Puberty | 409 |
| Pulsation, felt over whole body | 410 |
| Pulse | 410 |
| Pustules | 410 |
| Puerperal mania; thinks she is going crazy | 411 |
| Pyorrhea | 411 |
| 17. R | 412 |
| Rachitis | 412 |
| > Rains | 412 |
| Ranula | 412 |
| < Reading | 412 |
| Rectum | 413 |
| Reflexes | 414 |
| Regurgitation of food | 414 |
| Rejuvenator | 415 |
| Relationship of Remedies | 415 |
| Remedies | 415 |
| Renal colic | 415 |
| Respiration | 416 |
| Respiratory affections | 416 |
| Rest | 416 |
| Restlessness | 416 |
| Rheumatism/ Gout/ Arthritis | 417 |
| Rheumatism in | 422 |
| Rheumatism, from | 423 |

| | |
|------------------------------------|-----|
| Rheumatism alternating with | 423 |
| Rheumatism with | 423 |
| Rheumatic dysmenorrhoea | 424 |
| Rickets | 424 |
| Riding in a car | 424 |
| Ringworm | 424 |
| > Rising from bed | 425 |
| < Rising up | 425 |
| > Rubbing | 425 |
| Rush of blood to the face and head | 425 |
| 18. S | 426 |
| Sadness / Melancholy / Depression | 426 |
| Salivation | 427 |
| Scabies | 427 |
| Scapulae | 428 |
| Scarlatina | 428 |
| Schizophrenia | 428 |
| Sciatica | 428 |
| Scratching of linen unbearable | 429 |
| Scrawny, feeble, decrepit women | 430 |
| Screaming | 430 |
| Scrofulous | 430 |
| Scurvy | 430 |
| Sea-sickness | 430 |
| Seborrhea | 431 |
| Sedentary lifestyle/ habits | 431 |
| Seminal emissions | 431 |
| Sensation as if | 431 |
| Sensibility, loss of | 433 |
| Sensitive persons | 433 |
| Septic Conditions | 434 |
| < Sexual abstinence | 434 |
| Sexual power/ desire | 434 |
| Sexual Problems | 436 |
| Shameless | 436 |
| < Shaving after | 437 |
| > Shaving, after | 437 |
| Shivering | 437 |
| Shock | 437 |
| Shoulders | 437 |
| Shyness | 437 |

| | |
|--|-----|
| Sides | 438 |
| Sighing, involuntary | 438 |
| Similar remedies/ comparisons | 438 |
| Sinking, abdomen | 446 |
| Sinusitis | 446 |
| Sitting | 446 |
| < Sitting up | 447 |
| > Sitting up | 447 |
| Skin affections | 447 |
| SLE (Lupus) | 452 |
| < Sleep, after | 452 |
| > Sleep | 452 |
| < Sleep, during | 452 |
| > Sleep during | 452 |
| Sleep, position | 452 |
| Sleep | 453 |
| Sleepiness | 454 |
| Sleeplessness | 455 |
| Sleeping sickness | 456 |
| Slightest wounds bleed for long | 456 |
| Sluggishness | 457 |
| Small-Pox | 457 |
| Smell | 457 |
| Smell/ sight of food intolerable | 457 |
| Smiling | 457 |
| < Smoking | 457 |
| Smoking | 457 |
| Smoking Addiction | 458 |
| Snake-poisoning | 458 |
| Sneezing | 458 |
| Snoring | 458 |
| Somnambulism | 459 |
| Soles | 459 |
| Soreness | 459 |
| Sour odor of the whole body | 459 |
| Spasms, hysterical or epileptic, reflex from uterine disease | 459 |
| Speech | 460 |
| Spine | 460 |
| Spleen diseases | 461 |
| Splinter removal | 462 |
| Sprains | 462 |

| | |
|---|-----|
| Spring | 462 |
| Stage-fright | 462 |
| < Standing | 462 |
| > Standing | 462 |
| Stammering | 462 |
| Stamina | 463 |
| Staring | 463 |
| Sterility/ Infertility | 463 |
| > Stimulants | 463 |
| < Stimulants | 463 |
| Stomach/ Gastric | 463 |
| Stones | 465 |
| Stool | 465 |
| < Stooping | 468 |
| Strabismus | 468 |
| Stretching | 468 |
| Stricture | 468 |
| Stroke/ Coma | 468 |
| Stupor | 469 |
| Styes | 469 |
| < Soups | 469 |
| Suffocation | 469 |
| Sun exposure unbearable/ Sunstroke | 470 |
| Suicidal | 470 |
| Summer Complaints | 470 |
| Sunstroke | 471 |
| Suppuration | 471 |
| Surgery | 471 |
| Suspicious | 472 |
| Swallowing | 472 |
| Sweat | 473 |
| Swelling | 474 |
| Sycotic | 474 |
| Symptoms reappear with a change of locality/ side | 474 |
| Syncope | 474 |
| Syphilitic | 474 |
| 19. T | 475 |
| Tabes Dorsalis | 475 |
| Tachycardia | 475 |
| Talking | 475 |
| Tall | 475 |

| | |
|---------------------------------------|-----|
| Tapeworm | 476 |
| Taste | 476 |
| Tea drinkers | 476 |
| Teeth | 477 |
| Teething | 478 |
| Temperature | 478 |
| Tendons | 478 |
| Tension | 478 |
| Testicles | 478 |
| Tetanus | 479 |
| Theorizing constantly | 479 |
| Thin | 479 |
| < Thinking of his complaints/ disease | 479 |
| > Thinking of his complaints/ disease | 479 |
| Thirst | 480 |
| Thirstless | 481 |
| Thoughts | 482 |
| Throat | 482 |
| Thrombosis | 484 |
| Thumb | 484 |
| < Thunderstorm, before | 484 |
| < Thunderstorm, during | 485 |
| > Thunderstorm, after it has set in | 485 |
| Thyroid | 485 |
| Tightness < | 485 |
| Time agg | 485 |
| Time passes too slowly | 486 |
| Time passes too quickly | 486 |
| Timidity | 486 |
| Tinea Capitis | 487 |
| Tinnitus | 487 |
| Tired/ Fatigued/ Exhausted/ Languid | 487 |
| < Tobacco smoking/ smoke | 487 |
| Tobacco Craving | 488 |
| Tongue | 488 |
| Tonsils | 490 |
| Toothache | 491 |
| Torpidity/ Inactivity | 493 |
| Touch/ Contact | 493 |
| Trachea | 493 |
| Transverse colon | 493 |

| | |
|----------------------------|-----|
| Trauma (PTSD) | 494 |
| Traumatism | 494 |
| Traumatic Epistaxis | 494 |
| Trekking Remedies | 494 |
| Trembling | 495 |
| Trio of Symptoms | 495 |
| Tuberculosis | 495 |
| Tumors | 497 |
| Twitchings | 497 |
| Typhoid | 498 |
| 20. U | 499 |
| Ulcerative Colitis | 499 |
| Ulcerative Stomatitis | 499 |
| Ulcerations | 499 |
| Umbilicus | 501 |
| Unconsciousness / Delirium | 502 |
| Uncovering | 502 |
| Urea/ creatinine increased | 502 |
| Urethra | 502 |
| Uric Acid Diathesis | 503 |
| Urinary tract Affections | 504 |
| Urinary System | 504 |
| Urination | 506 |
| Urine | 508 |
| Urticaria | 510 |
| Uterine affections | 511 |
| Uterine Fibroids | 513 |
| Uterine Prolapse | 514 |
| 21. V | 516 |
| Vaccination | 516 |
| Vagina | 517 |
| Varicosities | 517 |
| Veins | 517 |
| Venereal Diseases | 518 |
| Venous | 518 |
| Vertigo/ Dizziness | 518 |
| Vicarious | 520 |
| Victimized feeling | 520 |
| Violent | 520 |
| Vision | 520 |

| | |
|--|-----|
| Vitality/ Vital reaction very low/ exhausted | 522 |
| Vitiligo/ Leucoderma | 522 |
| Voice | 522 |
| Vomiting | 523 |
| 22. W | 526 |
| < Waking up | 526 |
| Walking | 526 |
| Want of susceptibility to well selected remedies | 527 |
| > Warm air | 527 |
| < Warmth of bed | 527 |
| > Warmth of bed | 527 |
| Warm drinks | 527 |
| Warmth of the room | 527 |
| Warts | 528 |
| Washing | 530 |
| < Water, sight or sound of running or pouring | 531 |
| Weakness | 531 |
| Weariness | 532 |
| Weather | 533 |
| Weeping | 534 |
| Weight | 535 |
| < Wet, getting | 535 |
| Whiskey Antidote | 536 |
| Whitlow | 536 |
| Whooping cough | 536 |
| Widows | 537 |
| Wilm's tumor | 537 |
| < Wine | 538 |
| Wicked | 538 |
| Wills, two & opposite, as if | 538 |
| Winking | 538 |
| Women's remedies | 538 |
| Worms | 539 |
| Worn out persons | 540 |
| Wounds | 540 |
| Wrinkles | 541 |
| Wrists | 541 |
| Writer's cramps | 541 |
| Writing, makes mistakes | 541 |
| Wry-neck | 542 |

| | |
|------------------|-----|
| 23. Y | 543 |
| Yawning | 543 |
| Yeast Infections | 543 |
| Yellow fever | 544 |
| Young persons | 544 |
| Index | 545 |
| About the Author | 567 |

Foreword

In the world of homeopathy, there are practitioners, and then there are exceptional practitioners. Dr. Varsha M Khurana undoubtedly belongs to the latter category. It is both an honor and a privilege to introduce her remarkable book, which is a collection of her notes from years of dedicated homeopathic practice. Through her book, Dr. Varsha generously shares her knowledge, offering guidance for homeopaths and those who want to understand homeopathy better.

I have had the pleasure of knowing Dr. Varsha for several years, and her expertise in homeopathy has been incredibly valuable to both me and my team of homeopaths. Her unwavering dedication to the field and her patience in sharing her wisdom have been a source of inspiration to us all. Dr. Varsha has a unique ability to explain the details of repertory analysis, helping us find the right remedies for our patients. Her guidance has not only enriched our professional lives but has also greatly benefited our patients.

What makes Dr. Varsha stand out is not just her clinical skills but also her background in homeopathy. Her journey began as a child, inspired by her grandfather's remarkable recovery from Rheumatoid Arthritis through homeopathy. This early influence ignited her passion for homeopathy, which later became her career.

Dr. Varsha's formal education in homeopathy started at Nehru Homeopathic Medical College and Hospital in New Delhi, where she completed a rigorous six-year degree program. She had the privilege of working alongside Dr. K.M.L Verma, an expert in treating serious diseases with classical homeopathy. Under his guidance, she honed her skills, gained confidence in handling complex cases, and mastered the art of healing. Dr. Varsha's thesis on the Role of Homoeopathy in Hypertension, Diabetes Mellitus, and Thyroid disorders reflects her commitment to advancing the field.

Dr. Varsha's dedication extends beyond her practice. With nearly 20 years of clinical experience, she possesses the skills to manage a wide range of diseases. Her personalized approach and careful study of disease patterns make her a sought-after expert in areas such as Asthma, Pediatric cases, Pregnancy, Infertility, Mental health issues and more.

As you explore the pages of her book, you will embark on a journey of discovery, unraveling the complexities of repertory analysis and gaining insights that will empower you, whether you are a homeopath or a self-prescriber. Dr. Varsha's wisdom serves as a guiding light, leading us to the most suitable remedies and, ultimately, healing. I wholeheartedly recommend this book to anyone passionate about homeopathy. May it inspire you, as it has inspired me, and may Dr. Varsha's legacy continue to illuminate the path to holistic healing for generations to come.

Mary Greensmith

Homeopathy247 Team Founder and International Homeopath



Introduction

I started practicing in 2004, after graduating from Nehru College and Hospital, Delhi. At first, it was a local practice, and I also used to work with Dr. KML Verma, as his assistant, for 2 years. The practice took years to kickstart due to paucity of patients and that gave me free time to build my own little reference book. I had so much time to study from various reference books like Allen's, Nash leaders, Kent, Boericke, Tyler and so many others. The difficulty was to remember so much information in the long term. It was at that time that I decided to start making my own reference material, and after that there was no stopping me. So whatever I could make into indications for a particular remedy or remedies together, I would put it down from time to time in this work. Then at times, I would be researching for a case, and if it was something I would want to remember for a remedy for future reference, I would put that down as well.

Then the world started changing, everything started coming online and I started watching videos on remedies and various cases by various lecturers and more experienced homeopaths. So the work also has clinical tips based on the seminars and lectures I attended and experiential tips by homeopaths who had big practices. Information was fluid now and the exchange has been open and expansive.

I am so grateful to our teachers like Dr. Sunirmal Sarkar, Dr. Rajan Sankaran, Dr. Farokh Master, Dr. Gajanan, my own mentor and truly the best, Dr. KML Verma, and the list is endless, from whom I have learnt passionately and who have shared their tremendous knowledge and experience with us with such fervor and selflessness.

This book has quick references to many common and rare remedies taken from various sources, all of which has been mentioned in the index. Everything is arranged alphabetically in separate folders for easy reference for a particular condition.

This work is a result of a student homeopath's study and research of 15 years.

I hope you will use it the way I intended it to be used as there is only so much a single person can learn in one lifetime but if we make it a point to condense our own learning and hand it over to mothers who are trying to use Homeopathy at home for their families, they will have a quick reference material to choose a close remedy to the condition they are trying to address or the other homeopaths who can use it right from the beginning of their practices, then maybe their practice will have a certain kick-start that we all need to spread the knowledge of this wonderful and amazing therapy to the world.

It is not possible to teach everything, but it is possible to teach some tips and tricks that can be used by everyone in their lives to make their levels of health better and to spread the understanding of homeopathy to every household in the world.







A



ABSCESS

Myristica, Tarentula cub

- Bluish: Tarentula, Lachesis
- Burning pain: Ars, Anthracinum, Tarentula (compelling the patient to walk for nights)
- Deep muscle abscess: CC, Symphytum
- Shoulder joint: Myristica sebifera
- Suppuration slow: Merc
- Joints fingers and toes: Sep
- Old abscesses: Sulph
- Rectal abscess: RT
- Weakness with liver involvement after acute infectious diseases: Insulinum
- Pyemia/ recurrent abscesses: Anthrac 200 with Echinacea tincture externally
- Hard, painful with doughy consistency : Hippozaenium
- Recurrent : Pyrogenium, Streptococcinum, Staphylococcinum, Carcinocene

ABDOMEN

- Abdominal & gastric complaints : Chel, Podo
- Affections with defective assimilation : Petros
- Bearing down sensation, sensation as though all the organs would escape : LC, LT, Mur, Sep
- Bloating: K carb, Lyco, CV, Capsicum, Juglans, Terebinth
- Burning/ Icy coldness : Colch
- Colic / Pain

As if the intestines were grasped & twisted by a powerful hand : Dios

Cutting pain & hemorrhage at every stool : Iod

Cutting pain from L → R : Ipec, Lach

Cutting pain from R → L : Lyco

Dysmenorrhoea : Graph, MP

Flatulence, from : Dios, Ipec, MP

Gripping pain around umbilicus : Dios

Horses/ cows when Colo fails to relieve : MP

Regular paroxysms : Dios, MP

Severe, compelling the patient to bend double; > Hard pressure : China, Colo, MP

Anger with indignation : Colo, Cham, Staph

> Hard pressure : Colo, MP, Plumbum

> Heat : MP

< Lying while : Dios

Restlessness, with : Colo

> Rubbing : MP

> Standing erect or bending backwards : Dios

- Coldness/ cold sensation: Ambra, CC, Tabacum, Colch, Elaps, Lach, VA
- Cutting pain, as from knives: VA
- Distended enormously after every meal : Nux m
- Distended, Hirschsprung disease: Sycotic co
- Dropsy : Hell

- Tender, distended : Bell, Terebinth
- Distended with gas; as if it would burst : Colch, Terebinth
- < Jar : Bell
- L hypochondrium, spleen : Iod
- Large : CC, CP
- Operations, abdominal, after: Bism, NV, Phos
- Sensation as if the abdomen is hanging down relaxed : Staph, Agar, Ipec, Tab
- Sensitive to touch (Terebinth) of clothes or intolerance of tight clothing : Lach
- Stitches from navel → uterus : Ipec
- Sunken, flabby : CP
- > uncovering : Tab
- Bloated from milk : Conium
- Burning : Iris v
- Carcinoma : Chionanthus
- Cold, objectively : Cedron
- Indigestion due to worries : Gymnema
- Insensibility, general : Populus
- Loud gurgling before stool : Podo
- Loud noise : Jatropha
- Pain >bending backward, sitting semi-erect: Bell
- Pain > passing flatus : Nat ars
- Pain R side, going to R shoulder : Chelidonium, Mandragora
- Pain from milk : Angustura
- Rumbling while fasting : Taxus bacc
- Rumbling < smoking : Thlaspi

ABDOMINAL OPERATIONS

- When the abdominal operation is unduly painful for no reason: Staph
- Produces sleep by removing the gastric condition that prevents it; prompt relief in abdominal distension after abdominal operations: Carbo an (nightly dose)
- Hiccoughs after operation: Hyos

- Controls gas formation & encourages peristalsis after operations: China, Lyco, K carb
- Accumulation & retention of flatus: Raph
- Post-operative vomiting only after eating or induced by eating: FM (preferably 30C)
- Surgeon's Carbo veg; sudden collapse of vital energy after operation where Carbo veg at first seems indicated: Stront

ABORTION/ MISCARRIAGE

- Anemia with melancholy, from: Helon
- Habitual from uterine debility: Aletris, Caul
- Miscarriage prevents: Vib op
- Spontaneous in early months, luteal phase deficiency: Sec
- Threatened, 3rd month: Sab, Sec
- Recurrent between 3-5th month: Desoxyribonucleic acid (DNA)
- DNA 1M, starting 2nd month of pregnancy
- DNA 10M, starting 5th month of pregnancy
- Induction of medical abortion : Methotrexate
- Recurrent : Caulophyllum, Sepia, Helonias

ABSENT - MINDED (SEE FORGETFULNESS)

Agnus, Anac, Caust, K brom, LC, Nux m

ABUSIVE/ IMPULSIVE PERSONALITY

Hepar, NV, Sep

ABUSE OF DRUGS

NV, Uran nit, CV, Sulph

ACIDITY

Lac def, Rauwolfia, Apium, Chin ars, Iris v, Cynodon dac, Nux vom, Homarus, Carica papaya, Stront brom

- CC + CV (30 Mixture)
- Robinia 6C
- Nat phos 6X
- Iris v 6C
- Gaultheria procumbens
- Sang: Esophageal burning
- Stront carb
- Sul ac (200C or higher)
- Mag carb (200C or higher)
- Zingiber
- Emblica officinalis: Sour acidity, eructations, sourness in general
- Abies can: Eat beyond their capacity, get burning/ indigestion
- Pepsinum (specifically indicated sarcodes)

ACNE

Arsenicum sulph, Ichthyolum, Berb aquifolium, Juglans regia, Sulph iod, Caul mother tincture application

- Eugenia Jambos/ K brom: one remedy after the other
- Young fleshy persons: K brom/ Carbo an
- Itching acne: Mag sulph
- Boils/ Acne: Urinum
- Obstinate that aggravate before and during menses: Folliculinum
- Pustular acne: Staphylococcus aureus 200 (followed by constitutional)
- Bluish-red, pustular: K brom
- Face, chest, shoulders: K brom
- Forehead/ cheeks: Ledum
- Gross habits: K brom

- H/o extreme mental pressure: Folliculinum
- Indurata: K brom
- Menses, after: Medo
- Menses, before: Magnesium group
- Pustular: K brom
- Red pimples as in brandy drinkers, stinging when touched: Led
- Rosacea: K brom
- Scars, leaves: Carbo an, K brom
- Simplex: K brom
- Teenage: Folliculinum
- Back : Rumex
- Body : Crot cas
- Calc-like constitution : Calc pic
- Face : Caulophyllum, Juglans r, K brom
- Infected : Staph
- Tuberosa, back, shoulders : Tub koch
- Rosacea : Chrysarobinum
- Youth : Ast rub

ACUTE OF

- Sulphur: Acon
- Alumina: Bry
- Calc carb: Bell
- Nat mur: Ign (Vegetable Analogue)

ADDICTIONS

- Morphine/ narcotics: Avena sat, 5 drops
- Purgatives, end up with potassium deficiency: Ars alb
- Stimulants/ freedom/ alcohol: Lach

ADDISON'S DISEASE

Adrenalinum

ADENOIDS

- Agraphis Nutans, single drop dose of tincture
- Iod
- Calc iod
- Calc phos
- Sulph iod
- Thuja
- Tub/ Calc phos
- Tub: Specific
- Tonsillitis nosode 30C
- Sycotic co

ADHD/ AUTISM

MMR Vaccine nosode; DPT Vaccine nosode; Cicuta; Drosera;
Gallic acid; Tuberculinum; Hyos; Tarentula; Stramonium; Paris
quad; Valeriana; Coffea

- Phosphorus
- Lycopodium clavatum
- Anacardium orientale
- Lachesis muta
- Veratrum album
- Lac caninum
- Nux vomica
- Pulsatilla
- Belladonna
- Serotonin 30: For restlessness or hyperactivity
- Mercurius group
- Cuprum met
- Zincum met
- Opium
- Saccharum officinale
- Sacharrum album: Wants junk food, cakes, donuts etc.
Irritability, fat kids

- Carcinocene
- Cicuta virosa
- Iodum
- Baryta carb
- Placenta
- Limestone
- Thymus gland
- Adrenalinum
- DPT (Hyperactivity, bedtime)
- Loquacity, prattling : Paris quad

ADRENAL GLAND

- Corticotropinum/ ACTH: Forsaken feeling, like when he talks, people do not hear him; being lost/ left out/ solitude

AGING PREMATURE

- DNA or deoxyribonucleic acid

AFTER

- Hepar In furuncle: Abrotanum
- Aconite & Bryonia In Pleurisy: Abrotanum
- China in hemorrhage: Arsenicum album
- Digitalis in dropsy: Arsenicum album
- Collinsonia in piles: Aesculus hipp
- Nux and Sulph In piles: Aesculus hipp
- Agnus in sexual weakness: Caladium, Selenium
- Lycopodium & Pulsatilla: Anacardium
- Platina ↔ Anacardium
- Arsenicum/ Anthracinum fail in cancer, carbuncle, erysipelas: Euphorbinum
- Antim tart in dyspnea from foreign bodies: Silicea
- Antim tart in suppressed gonorrhoea: Pulsatilla

- Antim tart in coughs: Hepar
- Apis: Arsenicum & Pulsatilla
- Cantharis, Digitalis, Helleborus in scarlatina & albuminuria:
Apis
- Apis, Apocyanum, Digitalis in general dropsy: Blatta
- Alumina: Arg met
- Veratrum album in flatulent dyspepsia: Lycopodium
- Aconite, Apis, Hamamelis, Ipecac, Veratrum alb: Arnica
- Arnica: Sulphuric ac
- Hepar/ Nitric ac in croupy cough: Arum triphyllum
- Causticum/ Hepar in morning hoarseness/ deafness/
scarlatina: Arum t
- Syphilinum ~ Aurum
- Baptisia in typhoid, haemorrhagic: Crot tig, Hamamelis, Nitric
ac, Terebinth
- Arsenic in typhoid: Baptisia
- Baryta carb ~ Psorinum/ Sulphur/ Tuberculinum
- Baryta carb in constitutional quinsy ~ Psorinum
- Belladonna ~ Calc carb
- Nitric ac in Enuresis ~ BA
- Colchicum in Gout ~ BA
- Cop in suppressed gonorrhoea ~ BA
- Arn/ Bry/ K bich/ RT/ Sul in rheumatism ~ BV
- CC/ Psor/ Sanic/ Sulph ~ Bor
- Bor ~ Ars/ Bry/ Lyco/ Phos/ Sil
- RT in chronic urticaria ~ Bov
- Iod in hard goiter ~ Brom
- Iod/ Hep/ Phos/ Spong in croup ~ Brom
- Bry ~ Alum/ KC/ NV/ Phos/ RT/ Sulph
- Con in lymphatic/ psoric/ tubercular persons : Calc ars
- CC : Lyco/ NV/ Phos/ Sil
- NA/ Puls/ Sulph (esp if pupils dilated) : CC
- CC : K bich in nasal catarrh
- CP : Iod/ Psor/ Sanic/ Sulph
- Ars/ Iod/ Tub : CP
- Caps in intermittent fever : Cina
- Op/ Morphine in children's complaints : Cham

- Chel : Ars/ Lyco/ Sulph (to complete cure)
- Dros in pertussis : Cina
- Acon/ Spong/ Phos in Aphonia : Cina
- CP in hydrocephalus : China
- Nux in umbilical hernia with obstinate constipation : Cocc
- Apis/ Ars in dropsy : Colch
- Colo/ NV in colic : Collin
- Croc : NV/ Puls/ Sulph
- Cup : VA; whooping cough/ cholera
- Chlor/ Kali bich/ Lac can in laryngeal diphtheria : Diphth
- Caust/ Gels in post-diphtheritic paralysis : Diphth
- Samb/ Sulph/ VA : Dros
- Dros : CC/ Puls/ Sulph
- CC/ Bry/ Lyco/ RT/ Sep : Dulc
- Eup perf : NM/ Sep
- FM : China
- Ars in ascites of drunkards : FA
- KC in hip disease : FA
- Coff/ Staph in sensitive teeth : FA
- PA in diabetes : FA
- Sil/ Symph in bone diseases : FA
- Spong in goiter : FA
- Lyco/ Puls : Graph
- Calc in obesity : Graph
- Sulph in skin affections : Graph
- Sep in gushing leucorrhoea : Graph
- Bell in Deafness after apoplexy : Hyos
- Acon/ Ars in alternation in wounds : Hyp
- Hep/ Merc : Iod
- Iod : Kali bich In croup
- Ipec : Ars; Influenza, chills, croup, debility, cholera infantum
- Ipec : Antim t; foreign bodies in the larynx
- Canth / CA has removed scrapings in dysentery: K bich
- Iod in croup when hoarse cough with tough membrane, general weakness & coldness are present: K bich
- Calc in acute/ chronic nasal catarrh: K bich
- K bich: Antim t in catarrhal affections & skin diseases

- Eugenia jambos in acne : K brom
- K sulph/ Phos/ Stann in loose rattling cough : K carb
- Spig in heart disease : Kalm
- Kreos : Ars/ Phos/ Sulph; Cancer/ malignant tendency
- Lach : NM; Intermittent fever when type changes
- Calc/ CV/ Lach/ Sulph : Lyco
- Bell/ Hep/ Lach/ Sulph : Merc
- Acon/ Arn : Mill; Haemorrhages
- Bry/ Merc/ Rhus : MA
- Sep : Nat c, Bearing down sensation
- Nat m : Sep/ Thuja
- Calc/ Hep/ Merc/ Nat c/ Puls/ Thuja : NA
- Kali c : NA
- Ars/ Ipec/ Phos/ Sep/ Sulph : NV
- NV: Bry/ Puls/ Sulph

< Afternoon : Hura

AFTER-PAINS

- Calves/ soles: Cup
- Groins: Act rac
- Too long and painful: Sec

AGGRAVATIONS

- Lying on the left side: Nat mur, Phos
- Lying on the right side: Merc sol, Mang
- Lying quietly: Rhus tox
- Pressure: Lachesis
- Motion: Bryonia, Phytolaca, Spigelia
- Touch: Apis, China, Hepar, Lachesis, Asafetida, Plumbum
- Seashore: Bromium
- Sea, near: Magnesia mur, Natrum mur
- Full moon: Alumina, Calcarea carb, Iodum, Phytolaca, Silicea
- Milk: Calcarea carb, Aethusa, Sepia, Magnesia carb

AILMENTS FROM

- Abortions/ miscarriages: Helonias
- Abuse of cinchona & quinine: Meny, Nat m
- Abuse of metals: Sulph
- Abuse of mercury: Arg m, Aur, CV, Caust, Hep, NA
- Abuse of alcohol/ Alcoholism: Ars, Led, Lob, NV, VA
- Abuse, sexual/ psychical/ physical: Folliculinum
- Acid food: Nat m
- Air, snowy: Conium, Sep
- Air, hot, inhaled from fire: Carbo veg
- Alcohol: Sul ac, Ars alb
- Anger/ rage: Apis, Aur, Bry, Caust, Colo, Cham, Lyco, Nat m, Staph
- Anger with indignation: Colo, Cham, Staph
- Anthrax poison: Ars
- Anticipation, from: Sycotic co
- Anxiety, long lasting: NA
- Arsenic/ copper vapors: Merc
- Assert himself, can't: Puls, Lyco, Staph
- Back/ Spinal injury: Conium
- Atmospheric changes: Acon
- Bad news: Apis, Caust, Gels, Ign, Lyss
- Bad water: All sat
- Beer: K bich
- Blow/ fall: Con
- Bread: Nat m
- Burns: Causticum
- Change of weather: CC, CP, Chel, Merc s
- Charcoal vapors: Arn, AC, Bov
- Checked foot sweat: BC, Bry, Graph, Psor, Sanic, Sil
- Chilling when overheated: Bry
- Cold drinks/ ice in hot weather: Bry
- Contradiction: Aster, Aur, Con
- Cauterization with silver nitrate: Nat m
- Conditional parental love: Aur

- Criticism/ Scorn: Aur
- Damp weather/ damp houses/ cellars: Aran, Nat s
- Debauch: Lupulus 1X
- Defective assimilation: CC
- Delivery: Pyrogenium; Puls
- Diphtheria: Gels, Con, Plumbum, Lach, Phytolaca
- Disappointment, in general: Ignatia
- Disappointment in love: Aur, CP, Hyos, Ign, Lach, PA, Phos, Rosa d
- Dissecting wounds: Ars
- Domination of others: Anac, Lac can, Sepia, Folliculinum, Carcinocene
- Drainage: China
- Driving in cold wind: Sang n
- Dry cold air: Acon, Bell
- Draughts of air: Acon, Bell, Bry, Cham, Hep, RT
- Draughts of cold air when sweating: Acon, Bry, Bellis
- Duty not done/ bad act committed/ terrors of conscience: Cycl, Ign
- Early rising: Mentha
- Emotions, sudden: Coff, Gels, Ign
- Emotions, suppressed: Caust, Sulph, Psor
- Exhausting discharges: China
- Exhausting diseases: Caust
- Exposure of feet to cold wind: Con, Cup, Sil
- Exposure to warm moist south winds: Euph, Ipec
- Fat food: CV, Puls
- Flu: Amm carb or AC
- Fistulous operations: BV, CP, Sil
- Fright/ Fear: Acon, Apis, Aur, Caust, CC, Gels, Glon, Hyp, Lach, Lyco, Nat m, Ver alb, Opium
- Getting wet: All c, RT, Apis
- Grasping capacity, less: CC
- Grief: Aurum, CP, Caust, Colch, PA, Colo (silent grief), Cycl (suppressed grief), Ign, Lach, Nat m
- Haircut: Acon, Bell, Glon, Hep sulph
- Head injury: Arnica, Nat sulph

- Head wet, getting: Bell
- Hypochondriasis, wants to read medical books: CC
- Inhaling foul odors of putrid fevers or poisoning by foul breath: Anth, Pyr
- Innocence, child-like: Puls, Phos, Bary carb
- Insect stings: Merc, Ars alb
- Insult / shame: Lac equinum
- Jealousy / Envy: Apis, Hyos, Lach, Staph
- Joy, sudden: Caust, Coff, Gels
- Joy, excessive: Puls
- Loss of blood / vital fluids: China, Ham, Staph
- Loss of a dearest friend: NA
- Loss of sleep / nightwatching: Caust, Cocc, Ign, LD, NA
- Loss of vital fluids (Haemorrhages / lactation / diarrhea / suppuration): China, Chin s, Nat m, Lyco
- Marriage: Medo; Staph
- Measles: CV, Dros, KC, Sticta, Sep
- Mental affections: Nat m
- Mental exertion: Arg n, Aur, Nat c
- Mental shock: Caust
- Mesmerism: Hyp
- Misdeeds of others: Colch, Staph
- Mortification from offense: Colo, Ign, Lyco, Nat m, Staph
- Mortification / Reserved displeasure: Aur, Bry, Colch, Ign, Lyco, Nat m, Staph, Puls
- Operations, after: Bismuth, NV, Phos
- Opium, overuse: MA
- Overeating / Late supper / rich food: Antim, CV, Puls
- Overexertion / over-lifting / fall: Mill
- Overexertion of mind & body: Cocc, NA
- Overheating, getting: Antim, CV
- Parental protection, from excessive: CC
- Pneumonia: Lyco, CV, KC, Morgan pure
- Poison virulent: NA
- Pride: Staph
- Raped, being: Folliculinum
- Riding in a carriage, railroad car, ship: Cocc, Petr, Sanic

- Romantic: Puls
- Salt/ salt meats: CV, Nat m
- Sausage poisoning: Ars alb
- Scorned, being: Alum
- Scrofula: NA
- Sea bathing: Ars alb
- Sexual abstinence: Con
- Sexual desire abnormal: Lyss
- Sexual molestation, childhood: Hyos
- Shame: Cycl, Ign
- Shellfish: Urt urens
- Shock: Hyp
- Spirituous liquors: Arn, AC, bov
- Spoiled fish/ meat/ fats: CV
- Standing in cold water/ working in cold clay: Calc, MP
- Straining/ over-lifting: Carbo an
- Sugar: Merc
- Suppressed discharges: Bry, CC, Abrot
- Suppressed eruptions: Caust, Cic
- Suppressed mental emotions: Aur, Ign, Caust, Sulph, Psor
- Suppressed intermittents/ Quinine: CV
- Surprises, pleasant: Caust, Coff, Gels
- Syphilis: NA
- Tight boots: Paeonia
- Tobacco chewing: Ars, MA, VA
- Tobacco use, in boys: Arg n, Ars, VA
- Touch: Cact
- Typhoid: Zingiber
- Uncovering head: Bell
- Vaccination: Ant-t, Thuja, Silicea, Torula
- Vexation: Apis, Aur, Bry, Caust, Ign, Lach, Lyco, Nat m, Staph
- Warm weather/ Summer: Ant c, Bry, Nat c
- Acute infectious diseases : Insulinum
- Antibiotics causing fever, headache, muscle aches : Pyrogenium
- Drinking cold drinks : Bellis perennis
- Grief : Hura, Ignatia
- Indigestion from alcohol excess : Carbo veg

- Over-lifting : Formica rufa
- Repeated deaths in the family : Ambra gris
- Suddenly checked diarrhea from antibiotics : Abrotanum
- Suppressed itch/ other skin diseases : Psorinum
- Typhoid, measles, whooping-cough or any infectious disease :
Carbo veg, Psorinum

AIR, DRAFT OF, SENSITIVITY

Aralia rac

ALBUMINURIA

- Brachyglottis
- Ammonium benz
- Cahinca
- Scarlatinum 30

< Alcoholic stimulants: Con, Lach

ALCOHOLISM

Ars, Asar, Aur, Bell, Calc, Cocculus, CH, Eup perf, Hydr, NV,
Psor, Tub, Sulph, Sul ac, Syph; Quercus glandius spiritus; Avena
sat; Guaco; Carduus

- Angelica arch tincture
- Calc ars/ Carbon sulph: Complaints after abstaining
- Sterculia tincture
- China Ars: Sleeplessness resulting therefrom
- Quercus glandinus
- Crotalus horr or CH
- Sulphur: weakness in old drunkards
- Nux vomica/ Carbo veg/ Lycopodium/ Pulsatilla: Hangover
- Carboneum sulph: Broken down by alcohol

- Adrenalinum
- Relapsing: Psor, Tub, Sulph
- When nothing will stay in the stomach : Ichthyolum

ALLERGY

Thyroidinum, Carduus; Histamine; Rumex; Thuja; Teucrium

- Repeated allergies: DNA
- Allergy to Animal Dander: Tuberculinum
- Allergy to Asparagus: Carcinocene
- Allergy to Bananas: Phosphorus
- Allergy to Bees: Apis
- Allergy to bread, acidic food: Nat Mur
- Allergy to Butter: Sulph
- Allergy to Buckwheat: Puls
- Allergy to Carrots: Phos
- Allergy to Castor Bean: Alum, Ant ars
- Allergy to Cats: Phosphorus, Tuberculinum
- Allergy to Celery: Apium grav
- Allergy to Chocolate: Sulph
- Allergy to Cod Liver Oil: Puls
- Allergy to Dogs: Phos
- Allergy to Dust: Blatta orientalis, Pothos
- Allergy to Eggs: Ferrum met, Nat mur, Sulph, Tub
- Allergy to Fats, Animal: Puls, Sulph
- Allergy to Feathers: Sulph
- Allergy to Fish: Sulph, Tub
- Allergy to Flowers: Sang
- Allergy to Fruit: Ars alb, Puls
- Allergy to Glutamate: Nat mur, Phos
- Allergy to Grass, Freshly Cut: All c, Dulc, Puls, Sabad
- Allergy to Grass Pollens: Medo, Nat sulph, Phos, Senega
- Allergy to Guinea Pig Hair: Kali carb, Lyco
- Allergy to Hair Dyes: Sulph, Tub
- Allergy to Hazelnuts: Phos

- Allergy to Honey: Nat mur
- Allergy to Hornets: Vespa crabro
- Allergy to Insect Bites: Carbolic acid
- Allergy to Meat: Nat mur, Sulph, Tub
- Allergy to Metals: Sulph, Morgan g
- Allergy to Milk: CC, Homarus, Nat mur, Sep, Sulph, Tub, Urtica urens
- Allergy to Mosquito: Culex
- Allergy to Onion: Nat mur, Thuja
- Allergy to Oranges: Puls
- Allergy to Oysters: Lyco
- Allergy to Pollen: Blatta, Psor
- Allergy to Pork: Puls, Sep
- Allergy to Ragweed: Ambra
- Allergy to Sardines: Sulph, Tub
- Allergy to Shellfish: Ars alb, Terebinth, Urtica urens
- Allergy to Starch: Nat mur
- Allergy to Strawberries: Carc, Fragaria vesca
- Allergy to Sugar: Saccharum officinale
- Allergy to Tamarind Seed: Blatta, CV
- Allergy to Wasps: Vespa crabro
- Allergy to Weevils: Grindelia, Ipecac
- Allergy to Wheat: Nat mur, Psor
- Allergy to beer; malt liquor: K Bich
- Allergy to warm boiled milk: Sep
- Allergy to cod liver oil: Hepar
- Allergy to aspirin, bad liquors, salt butter, bad eggs, poultry items: CV
- Allergy to antibiotic: Sulph
- Allergy to coffee: NV
- Allergy to heat: Apis
- Allergy to cold drinks; fruits; rotten foods, iodine: Ars Album
- Allergy to dampness: Dulc
- Allergy to smell of flowers: Ailanthus
- Allergy to sugar: Arg n
- Allergy to rice: Tellurium
- Allergy to cabbage: Petr

- Allergy to dust: Justicia adhatoda/ Lemna minor (coryza from dust), Euphr (lachrymation from dust)
- Insulinum: Various allergies with low immune system
- Carcinoma + Tuberculosis, with : Teucrium scorodonia
- Cats : Cyclamen
- Cat's hair : Tub bov
- Complimentary to Thyroidinum : Histamine
- Cosmetic : Zinc
- Cow's milk : Tub bov
- Food : Ferr iod; Ferr met
- Meat : Ruta
- Mosquito-bites : Anthracinum
- Petroleum products : Anthracinum

ALL-GONE (SINKING) SENSATION

Anac

- Only when stomach is empty: Anac
- Eating amel: Anac, Chel, Iod
- Eating agg: Bry, NV

ALONE, BEING, AGG

Stram Alopecia: Ustilago, Fluoric ac, Pix liquida, Sycotic co, Folliculinum, Epipodophyllotoxin

- When hair falls out and replaced by gray hair/ plica polonica: Vinca minor
- After severe acute disease: China, Ferrum, Calcarea, CV, Hepar, Lyco, Silicea, Thallium met
- After confinement: Calcarea, Lycopodium, Natrum mur, Sulphur
- If caused by long grief: Phosphoric Acid, Sulphur, Staphysagria, Ignatia, Lachesis

- If by nervous or hysteric headache: Calcarea, Hepar, Nitric acid, Phosphorus, Sepia, Silicea, Sulphur
- If caused by frequent sweat: Mercurius
- From syphilis: Thuja
- As regards the condition of the scalp and hair give for sensitiveness of the scalp: Calcarea, Baryta Carb, Carbo veg, China, Hepar, Natrum Mur, Silicea, Sulphur
- For violent itching of scalp, especially if in consequences of old suppressed eruptions: Graphites, Kali group, Lycopodium, Silicea, Sulphur
- For scales on the head: Calcarea, Graphites, Magnesia carb, Staphysagria
- For the disposition of the hair to turn gray: Graphites, Lycopodium, Phosphoric ac, Sulphuric acid
- For great dryness of the hair: Calcarea, Kalmia, Phosphoric ac
- When the hair is frequently covered with viscid sweat: China, Mercurius, Fluoric ac
- When the hair comes out in lumps, leaving bald patches: Aloes
- When it falls out in circular patches: Ars alb
- When bald spots on the temples: CC
- Bald spot on the head, after headache: Calc sulph
- Falling off of hair after severe illness, or after parturition: CV
- Falling off of hair hair from eyebrows and pudendum: Helleborus
- Dry hair rapidly falling off with much dandruff: Kali carb
- Falling off of the hair after severe acute diseases : Mancinella
- Falling out in tufts : Phosphorus
- Alopecia as a result of debility: Phosphoric acid
- The hair falls out in single spots and gray hair grows there : Vinca minor
- For some places getting bald: Canth, Iod, Phos
- Externally: Spiritus phosphoria, few drops to a pint of distilled water, and after shaking, moisten well the scalp with it or dissolve a teaspoonful of table salt in a pint of water and rub it well over bald spaces

For falling off the hair on other parts of the body are:

- Eye-brows: Agaricus, Belladonna, Causticum, Kali group
- Sides of the head: Graphites, Phosphorus
- Forehead: Arsenicum, Natrum mur, Phosphorus
- Vertex: Baryta carb, Graphites, Lycopodium, Sepia, Zincum met
- Occiput: Carbo veg, Petroleum, Phosphors, Silicea
- Temples: Calcarea, Kali carb, Lycopodium, Natrum mur
- Whiskers: Calcarea, Graphites, Natrum Mur
- Mustaches: Kali group, Natrum Mur, Plumbum Met
- Mons veneris / pubic area: Helleborus, Natrum carb, Natrum Mur, Rhus Tox, Silicea

< Alternate days: Alum, China

ALTERNATE DIARRHEA & CONSTIPATION

Abrot, Antim, Chel, Collin, NV, Sulph, VA

- Persons who have taken purgatives all his life: NV

ALTERNATION OF SYMPTOMS

- Gastric & rheumatic symptoms: Kali bich
- Skin symptoms & asthma: Graphites
- Mental & physical symptoms; mania following disappearance of neuralgia: Actaea racemosa
- Arthritis with urticaria: Urtica urens
- Arthritis with pains that change from throat to ear, from trachea to bronchi to teeth, < night: Syphilinum
- Asthma & skin symptoms; asthma & diarrhea alternating; recurring headache in which asthma developed: Arsenicum album
- Parotitis changing to inflammation of testes / mammae, where Carbo veg / Puls did not help: Abrotanum
- Eczema & asthma; dreadful restlessness: Dulcamara
- Metastasis to testes in parotitis: Rhus tox

- Streptococcinum: Tonsillitis followed by chorea, even rheumatism; heart damaged in childhood by rheumatic fever

ALZHEIMER'S DISEASE

Zincum phos, Adrenalinum, Alumina

AMELIORATIONS

- Covering: Nux vom, Hepar, Silicea, Baryta carb, Rhus tox (cough), Arsenicum, Belladonna, Carbo veg
- Cold applications: Ledum, Phosphorus (stomach), Arsenicum (head), Apis, Pulsatilla, Aloes (piles), Argentum nit (eyes)
- Lying on back: Natrum mur, Rhus tox
- Lying quiet: Bryonia
- Walking slowly: Pulsatilla, Ferrum met
- Pressure: Bryonia (except stomach), Colocynthis (only stomach), Magnesia phos
- Hot applications: Arsenicum (except head), Magnesia phos, Mezereum (face), Muriatic acid (piles), Agar (near fire), Apocyanum, Colocynthis, Mercurius sol (eyes)
- Dampness: Causticum, Nux vom, Nitric ac, Arsenicum, Hepar
- Open air: Aconite, Allium cepa, Kali group, Pulsatilla
- Warm room: Arsenicum, Calc carb
- Hot bath: Natrum mur, Rhus tox, Antimonium crud, Hepar, Causticum, Nux vom
- Warm air: Rhus tox
- Tying head: Apis, Arg n, Pulsatilla
- Cold bath: Arg n, Pulsatilla, Apis mel, Ledum, Iodum, Mephitis
- Cool place: Iodum, Sulphur
- Rainy weather: Arsenicum, Nitric ac, Hepar, Nux vom, Causticum
- Sailing at sea: Bromium

AMENORRHEA

CC, Pituitarinum, Agnus castus (vitex) herbal tincture, Hedeoma

- Cold, from/ putting hands in cold water: Conium, Lac def
- PCOD; Central causes; Infertility: Macroinum
- After NM fails to resume the flow: K carb
- Backache, with, in young girls: Senecio aur
- Delayed puberty : Pituitarinum

Amenorrhoea from:

- Fright: Acon
- Cold bathing: Antim

Amenorrhoea with:

- Catarrhal symptoms of eyes/ nose & profuse acrid lachrymation: Euphr
- Delayed puberty, breast atrophy: Pituitarinum
- Dropsical abdomen & extremities: Apoc

AMOEBIASIS

Eclipta alba

ANASARCA (GENERAL EDEMA)

Ars, AA, Dulc

- After malaria, rheumatism, scarlet fever: Dulc
- Ascites with: Terebinth

ANEMIA

Sanguisuga off, China, Phosphoric acid, Pulsatilla, Sepia, Vitex negundo tincture, Alum, CP, China, CH, Cycl, K carb, Nat c, Nat m, PA, Phos, Psor, Cup met/ Cup ars (improves the peripheral blood picture), Rubia tinctorum (low potency); Tub Koch, Ceanothus

- Aplastic anemia, severe destructive action of cancers on blood cells; sickle cell anemia, anemia with jaundice, toxic jaundice; acute: Benzenum, TNT (low potency)
- Anaemia, specific: Iridium met
- Emaciation with : Vanadium
- Simple uncomplicated chlorosis: Ferrum met
- Increases hemoglobin: Ferrum phos 3X
- When iron does not agree or fails to effect: Ars alb
- Severe dyspnea with anemia/ dropsy: Carbo veg
- Pernicious anemia: Bothriocephalus lactus 200 (single doses at long intervals)
- Secondary anemia: Echinacea (high potency)
- After loss of fluids: Kali carb, China, Phosphoric ac, Phosphorus, Psorinum
- Peripheral blood picture improves: Cuprum met, Cuprum ars
- Girls at puberty: Alumina
- Hypoplastic/ aplastic anemia: Ceanothus MT -1M (depending on severity)
- Intercurrent remedy: X-ray

ANEURYSM

- Lycopodium
- Baryta carb
- Thuja

ANGER

Staphysagria; Hydrangea; Justicia; Nux vomica; Sac off; Antim crud; Asafetida; Hepar

- Attacks of rage, cursing, swearing; hateful: Liliun tig; Nitric ac, Lac can
- Cries after anger: Nux vom, Arnica, Bell, Platina
- < Anger (with indignation): Colo, Cham, NV, Staph
- Alternating with hilarity: Croc, Ign, Nux m
- Attacks of rage, cursing, swearing at slightest provocation: Anac, LC, LT, NA
- Contradiction, from: Ferr, Dulc
- Daytime, exhilarated at night: Medo
- Easily: Aesc, Bry, Croc, Hell, LC, LT, Lyco, MA, NA, NV
- Kicks, screams: Lyco
- When constipated: Aloes
- When contradicted: Aster, Anac, Aur, Cocc, Con, FM, Ign, Helon, Lyco
- Child, at every little attention: Antim
- Cannot bear to be touched or looked at: Antim, Antim t, Iod, Sil
- Remorse with anger outbursts: Aurum
- Suppressed: Aurum
- Trifles, at: Caps, Cocc, Mez
- Regretful soon after, but: Mez
- Questioned, when: Colo
- Violent: Aurum
- Waking up, on: Lyco
- Children, aggressive : Bacopa; Cina; Ocimum can; Ocimum sanctum
- Easily; < consolation : Helleborus
- Weeping from : Bell

ANKLES

- Weak: Natrum carb, Pinus

- Easy dislocation & spraining: Led, Nat c, Carbo an
- Gout: Abrot
- Swelling/ painful stiffness: Medo
- Turn easily when walking: Carbo an, Led, Medo, Nat c, Nat m

ANKYLOSING SPONDYLITIS

- Thuja
- Mercurius sol
- Aesculus hipp
- Aurum met
- Bacillus
- Butyric ac
- Colchicum
- Cuprum met
- Dichapetalum
- Ferrum met
- Kali iod
- Phosphorus
- Radium brom
- Rhus tox
- Sarcolactic ac
- Silicea

ANGINA PECTORIS

Chininum sulph, Glonoine, Cuprum acet, Acon ferox,
Adrenalinum, Amyl, Latrodectus mactans; Pituitarinum;
Hematoxylon; Ars alb; Antim tart; Carbo veg; Oxalic acid;
Lachesis; Naja; Lycopus; Laurocerasus; Crataegus; Cactus;
Aconite; Iodum; Spongia; Spigelia; Lil tig

- Heart attacks after meals: Arg n
- Fatty degeneration of heart: Gelsemium, Belladonna
- Aur and Syphilinum (as intercurrent to prevent recurrence)

- Coronary occlusion, patient lies motionless with no breath, no pulse, body cold: Carbo veg followed by Kali carb
- Pains extend to the nape of neck, L shoulder & arm with F death: Naja
- Hemorrhage with heart trouble: Cactus
- Angioma: Abrot
- Intense throbbing of the heart/ carotids: Amyl, Glon
- Syphilitic: Hydr

ANNUAL COMPLAINTS

Ars, CV, Lach, Sulph, Thuja, Urt urens, Rhus radicans

ANOREXIA

- Children with tendency to acute otitis : Tub m
- Gastro-intestinal irritation with : Vanadium
- Weakness with : Tub av

ANTIDOTES

- Rhus poisoning and insect stings: AC
- Anesthetic vapors: AA, Amyl
- Coffee strong: Kali, NV, Op
- Diluted cider vinegar (internally/ externally): CA
- Fruits containing prussic acid: Camph
- Fumes of charcoal and gas: Ars alb
- Carbolic acid: Cider vinegar
- Lead poisoning; painter's colic: Alum, Nux m, Petr
- Liquors spirituous, esp bad beers: Nux m
- Local application of tar: Bov
- Mercurial inhalation: Nux m
- Opium drugging: Op (potency)
- Poisonous doses: Op
- Poisonous mushrooms: Camph

- Suffocation from gas: Bov
- Tobacco: Camph, Coca
- Turpentine oil: Nux m
- Vegetable medicines: Camph
- Paralysis from lead poisoning: Caust
- Abuse of mercury & sulphur in scabies: Caust
- Abuse of Bry in hepatic complaints: Chel
- China: Dig
- Abuse of mercury & other metals, iodine, iodide of potash, cod liver oil: Hep
- Ignatia: Puls
- Aur/ Hep/ Lach/ Mez/ NA/ Sulph or strong high potency of Merc: Merc

ANUS/ RECTUM

MA, Sang nit, Ratanhia

- Hemorrhage: Sanguisuga off
- Prolapse, fistula, fissure: NA
- Coldness: Con
- Fistula: Silicea alternating with Flour ac
- Piles: NA 10M
- Myristica: Fistula
- Fissures: Sedum acre
- Paeonia: Highest level of sensitivity with anal fissures, has to lie down with legs stretched apart
- Bleeding torn smarting after stool: Nat m
- Burning & soreness from diarrhea: Merc sulph, Terebinth
- Burning, when not at stool: Oleander
- Constriction from constipation: Cann sat, Nat m
- Dark oozing with itching anus: Medo
- Fistula with bilious symptoms & itching: BV
- Fistula alternating with chest symptoms: CP, BV
- Fissure, flat warts, condylomata: Thuja, Syph
- Herpes: Nat m; Tabacum

- Hot, during pregnancy: Zingiber
- Itching

Burning, preventing sleep: Aloes, Ind
Night: FM

- Oozing of moisture, fetid odor of fish brine: Caust, Hep, Medo
- Wide open: Apis, Phos, Sec
- Plug like sensation: Anac
- Mucus, ichorous oozing, staining yellow: Antim
- Mucus piles: Antim
- Pain as if anus was torn/ fissured: NA
- Pain after stool: Graph, Nat m, NA, Rat, Sulph
- Prolapse: Tabacum, Syph
- Chronic, years standing: Tabacum
- Moderate straining at stool, stooping, lifting: Ign, NA, Podo, Ruta \mathbb{W} < Loose stool: Ign
- Red: Sulph, Medo
- Sensitive, with or without hemorrhoids: MA
- Stitches up the anus: Ignatia
- Sore & raw: Ham
- Menses during: MA
- Swelling in the anus or feels like sitting on a ball: Cann i
- Tumors with oozing: Solanum tuberosum aegrotans
- Warts, peri-anal: Sycotic co
- Fissured : Paeonia; Ratanhia; Sedum acre
- Moisture oozing : Paeonia
- Pain/ burning after stool : Ratanhia
- Prolapse/ itching in children : Ferr met

ANXIETY

Adrenalinum, Ars, Asar, Aur, Hep, Nat c, NA, Pyrogenium, Hekla; Gelsemium; Iodum; Sulph iod

- Attacks of unconquerable anxiety: Cup

- Disease being an organic affection; both sexes: LT
- Disease about his: NA
- Downward motion: Bov
- Evening: NA
- Irritability, with: NV
- Long-lasting: NA
- Morning on waking up: Lach
- < Midnight: Ars alb
- Future: Aur
- Thunderstorm during: Nat c, Phos
- ~ Ars alb : Jatropa
- Asthma without : Zingiber
- Health about : Ars alb; Lil tig
- Others for : Anthracinum
- Quarrelsome : Ferr iod
- Relatives, family; little concern about his own : Cocculus;
Tinospora

APATHY

Sulphur; Sulph iod

- Everything, to : Helleborus
- Exposure of her person, to : Veratrum alb

APHONIA/ LOSS OF VOICE

Cina, Coca, Pop c, Borax, Ferrum pic

- Cina: After Aconite, Phosphorus, Spongia fail
- Acute: Pop c, Borax
- Complete: Acon, Arum t, Hep, Coca, Pop c
- Evening: CV, Phos
- Exposure to north-west winds, after: Acon, Hep, Arum t
- < Morning: Caust
- Singing, from: Arum t, Arg n, Caust, Phos, Sel

APPENDICITIS

- Single dose in acute attacks: Bryonia 10M
- To prevent recurrence of attacks: Psorinum
- Prevents necrosis: Cadmium iod
- Dangerous cases with peritonitis: Plumbum iod
- Retrocaecal appendix associated with a degree of jaundice: Natrum sulph
- Intense pain of appendicitis: Dioscorea villosa (15 drops of tincture)
- Homeopathic knife for the condition: Rhus tox

APPETITE

- Ravenous: Anacardium, Calc carb, Secale cor, Psorinum, Medorrhinum, Petroleum, Spongia, Staphysagria, Iodum
- Eats with no digestion: Iodum, Nat mur, Abrotanum
- No Appetite: Antim crud, Carbo veg, Carduus, China ars, Calc phos, Ferr met, Gentiana, Hydrastis, Iris ver, Ipecac, Lycopodium, Myrica, Pulsatilla, Sulphur, Chaparo, Cadmium sulph
- Hungry in the middle of the night: Tuberculinum
- Ravenous, 5 am & 11 pm: Natrum carb
- As hungry after eating as before: Lac can; Cascarella; Calcareia; Cina; Lycopodium; Strontium

APOPLEXY

Arn, Aster, BC, CH, Apis (when Opium fails)

- Stupor after apoplexy; if opium fails: Apis mel
- Consciousness suspended, specific: Belladonna
- Sudden & violent attacks: Aconite
- To accelerate the absorption of the effusion: Arnica
- Left sided: Lachesis

- Acute, controls hemorrhage, accelerate the absorption of effusion: Arn
- Congestive, hot head, blood-shot eyes, slow pulse, hard as iron: Ver vir
- Convulsions: CH
- → Deafness: Bell, Hyos
- Drunkards: Lach
- Face, red: Aster
- First remedy: Acon, Bell
- Old ppl: BC
- Rush of blood → head in L sided apoplexy: Lach
- Sanguineous: Cact
- After stroke : Ast rub; Formica rufa
- Beer drinkers : Guaco
- Difficulty in talking/ hearing after stroke : Hydrocotyle
- Hemiplegia with : Guaco
- Threatened, with congestion to the head with red hot face, < walking : Stront carb

APHTHAE

Cornus cir

- Mouth, easily bleeding: Bor
- Offensive breath: Sul ac; Borax
- Prevents child from nursing: Bor
- < touch: Bor
- Teeth plate, from: Bor

APPENDICITIS

- Chronic, with dry mouth : Iris tenax

APPETITE

- Low, after severe acute diseases : Psorinum
- Low : Galega; Gentiana
- Low, when time for eating : Ignatia
- Increased, prevents sleep : Ignatia
- Increased : Antim crud; Ferr iod; Hepar; Lil tig; Teucrium;
Theridion; Valeriana; Taxus; Rumex
- Ravenous, 2 hrs after eating : Taxus bacc
- Ravenous : Thyroidinum

ARMS

- CA, bones : Teucrium mar ver
- Involuntary motion, except when asleep : Helleborus
- Twitching : Helleborus

ARTERIES

- Atheroma: Ammonium-i, Arsenicum-i, Aurum-i, Baryta carb,
Glonoine, Kali-i
- Rupture: Aconite, Arnica, Belladonna, Glonoine, Lachesis,
Laurocearasus
- Sclerosis: Sumbul

ARTHRITIS

BA, BV, Colch, Led, Lith carb, Medo
< Ascending: Glon, CC, Iodum

ASCITES

Carduus; Collinsonia

ASPHYXIA

- Drowsiness and coma, with: Antim t
- Foreign bodies in larynx/ trachea: Antim t
- Impending paralysis of the lungs: Antim t
- Mechanical, as from drowning: Antim t
- Mucus in bronchi, from: Antim t
- Neonatorum; death rattle: Antim t, Tarentula

ASTHMA

Passiflora, Succinum, Linum usita, Pulmo vulpis, Grindelia rob, AA, Brom, Blatta (6C), Morgan pure; Aspidosperma; Eucalyptus; Carduus; Nat sulph

- Nervous asthma: Thymus serp
- Itching of eyelids, with: Ambrosia
- During the paroxysm: Arsenicum album, Ipecac
- Used in all cases to cure intercurrently: Sulphur
- During paroxysms for speedy relief: Aconite radix tincture
- Paralysis of respiration: Curare (3C-6C potency)
- Very bad chronic cough; calcified nodules throughout the chest shown on X-ray: Bacillinum
- When Nat sulph, Arsenicum & others failed completely: Morgan pure (200- CM)
- After sneezing stage, where all other remedies failed to touch: Naja
- Asthma depending upon tuberculosis: Spongia, Bacillinum
- Old people who have to sit up in bed with rattling and wheezing: Senega (7 drops in half glass water, a tsp every hour until relieved)
- Emphysema lungs after bronchial asthma without catarrh: Naphthalinum
- Excellent drainage remedy in infantile asthma: Viola tricolor
- Purely nervous asthma: Cuprum met

- Thymic asthma: Calc carb (Taraxacum to follow if the child is constipated)
- Asthma with prostration where Arsenicum only relieves, this cures with an improved state of health: Natrum sulph
- Genetic: Bacillinum/ Tuberculinum
- Cardiac Asthma: Kali carb + Aconite + Arsenicum alb (each in 30 potency)
- Cardiac asthma: Aspidosperma 2X/3X (during paroxysms)
- Cardiac asthma: Kali nitricum
- Cardiac/ bronchial asthma: Strophanthus
- Miner's asthma: Natrum ars, Carduus m
- Millar's asthma: Sambucus, Pothos (< dust, > stool)
- Better in the mountains: Syphilinum
- Asthma in Drunkards: Sterculia tincture
- Terminal asthma: Euphorbium pil
- Cough in drunkards, night agg, severe coughing, difficult exhalation: Mephitis
- Drunkards: Carboneum sulph
- Expectoration amel: Eriodictyon, Yerba santa
- Suffocative breathing from dropsy chest; constant tickling cough; incessant spasmodic cough as if chest would fly to pieces: Lactuca virosa
- Knee-elbow position amel: Eup perf, Medo
- Standing up agg: Cann sat
- Rapid motion amel: Sep
- Hay asthma: Sabad (one drop TDS in water)
- Anti-asthma remedy, digestive irritation: Nux vomica
- Connected with Gout/ rheumatism: Viscum alb
- In sleep, not waking him up: Lachesis, Sulphur
- Agg 2-4 am, amel bending forward/ rocking/ sitting up: Kali carb
- Must sit up and bend head back: Hepar
- Asthma after suppressed eruption: Psorinum, Hepar
- Arnica: From fatty degeneration of heart
- Agg lying down: Aralia racemosa
- Pricking all over, > walking fast, chest oppression: Lob
- Dust asthma, > stool: Pothos

- Asthmatic cough: Silphium
- Cardiac Asthma: Sumbul
- < 2-4 am: K carb, Morgan pure
- > bending head back & sitting up: Hepar
- Breathing anxious, wheezing, rattling: Hepar
- Breathing short deep → suffocation: Hepar
- Breathes only on standing up: Cann sat
- Breathing labored, after being in bed for 15 mins, with chest oppression: Asparagus off
- Cardiac: Sumbul
- Choking from weakness/ spasm of the epiglottis; > lying on the face and protruding tongue: Medorrhinum
- Dates from measles/ pertussis of childhood: Carbo veg
- < Dust: Bromium, Lyssin
- > Eating: Sepia
- < Expiring: Chlorum
- Humid in children, < wet weather, cold: Nat s

Sputa green copious: Nat s

Sputa greenish gray: Copaiva

- Infantile: Morgan pure
- < Inspiring: Bromium, Iodum
- > Knee-elbow position: Eup perf
- Midnight: Ars alb
- > Motion, rapid: Sepia
- > Motion: Bromium
- Must sit or bend forward: Ars alb
- Needles piercing before an attack, as if: Lob
- Nervous asthma, without sputum: Thymus
- > Open air: Bromium
- Paroxysmal: Tabacum
- < Lying down: AA, Bromium
- Rheumatism, relating to: Viscum alb
- Sailor's: Bromium
- Sea shore on: Sepia
- > Sitting up/ bending forward/ rocking: K carb

- Sputum, doesn't come: Thymus
- > Standing up: Cann sat
- > Stool: Pothos
- Spasmodic: Lobelia
- Suppressed eruption after: Hepar, Psorinum
- Analgesics, after : Salicylic acid
- ~ Antim tart : Hippozaenium
- Anxiety, without : Zingiber
- ~Ars alb : Nat ars
- > bending forward : Cassia
- Digestion issues, with leading to heart complications : Saussurea
- Dropsy, with : Kali nit
- Elderly ppl with tobacco abuse, sad & wants to be alone :
Coca
- Extreme, he has to open his mouth : Opium
- Fear of trains/ closed spaces, with : Succinum
- Heart troubles, from : Grindelia
- Joint pains & increased uric acid, with : Viscum alb
- ~ Kali carb < 2 am : Rumex
- < lying down : Cassia; Ocimum sanc; Aspidosperma;
Scrophularia
- > lying on the face & protruding tongue : Medorrhinum
- Measles, whooping cough since : Carbo veg
- Mucus asthma : Grindelia
- < night : Cassia
- Nightly pain in urination, with : Solidago
- Skin disease, with : Cassia
- < sleep during : Grindelia
- Sleeplessness, with : Tela aranea
- Sleeplessness & Hypertension, with : Tela aranea
- Summer : Syphilitum
- Wandering rheumatism, alternating with : Tub m

ATELECTASIS LUNGS

Ammonium tart

ATROPHY

Ars, Iodum, Ol-jec, Chimaphila

AUTO-IMMUNE DISEASES

DNA or Deoxyribonucleic acid, Cyclophosphamide;
Methotraxate

AVERSION

- Being alone: K carb, Ars, Bismuth, Lyco
- Being alone: Ars, Bism, K carb, LC, LT, Lyco
- Being carried or raised: Bry
- Being disturbed: Gels, Hell, NM
- Business/ study: Con, Brom
- Coition: Graph
- Cold bathing: Antim
- Cold open air: CC, Carbo an, Cham

Ears, esp: Cham

- Company: Bary carb, Gels, Ign, NV, Cycl
- Everything; Food/ drink/ tobacco : Canth
- Exercise: China, Cycl, Nat c
- Exertion: Caps, Cycl, Nat c
- Food: Colch, FM
- Flying, never provided enough air for him: Lach
- Light: Con (without eye inflammation)
- Marriage: Pic ac, Puls
- Mental exertion: Bapt, Caps, Con
- Motion: Calad
- Open air: Caps, Carbo an, Cham, Cycl, Nat c
- Speak or be spoken to: Nat s, Iod, Sil
- Study: Nat carb

- Talking / being spoken to: Cham, Cina, Gels, Sil
- Touch: Lach
- Brandy : Lobelia
- Fats : Carbo an
- Fish, fruits, juicy vegetables : Natrum sulph
- Food : Lycopus
- Food, drinks, tobacco : Cocculus
- Fruits/ vegetables : Thuja
- Going out of the house : Cyclamen
- Hot stuffy room : Puls; Naja
- Housework; usual work : Citric ac; Citrus limonum
- Meat : Streptococcinum; Alumina; Carbo an; Crotalus cas; X-ray; Carduus
- Milk : Antim crud; Carbo an; Conium
- Pork, onion, wine : Acon, Lyco
- Salt : Carduus
- Sex : Streptococcinum
- Sweets : Tub Koch; Graphites
- Talking to anyone : X-ray
- Touch : Antim crud

AWKWARD/ CLUMSY

(Letting things fall while handling them)

Apis, Bov, Caps, Nat m

AXILLA

- Glands indurated: Carbo an, Ast rub, Ars iod
- Perspiration, stains yellow: Lac can



B



BACHELORS/ OLD MAIDENS

- BC
- Bov
- Con
- Scanty menses, with: BC

BACKACHE/ LUMBAGO

Guaco

- Abortion, after: KC
- Between scapulae: Medo
- Chilliness & weakness with, during menses: MC
- Dull severe LS pain: Aesc, Agar, BV, KC
- < Eating: KC
- Fatigue from: BV
- Intense burning heat beginning at the nape of the neck, → spine with contractive stiffness, < stretching: Medo
- < Jar: BV

- Intense pain, unbearable; super-sacral region → R nate & R sciatic N: LC
- Labor after: KC
- > Leaning back against chair: Zingiber
- Lumbar vertebrae painful/ sensitive to touch: Medorrhinum
- < Lying: BV
- Masturbation, from: NV
- < Motion, first on: LC, RT
- < Menses, before & during: KC, MC, MM, Walking during → thighs: MM
- Must sit up to turn in bed: NV
- Riding in a car, while: Nux m
- Sacrum, coccyx, back of hips, running around → limbs: Medo
- Sexual weakness from: NV
- Swallowing, from: KC
- Metrorrhagia after/ from: KC
- < Walking/ stooping: Aesc, KC
- Must sit or lie down: Aesc, KC
- During exertion, daytime: Agar
- < Rest: LC
- < Sitting: Agar, BV
- Small of back painful and sensitive to touch: BV
- > Urinating: Lyco, Medo
- Ginseng
- Pulsatilla pratensis
- Gels: Specific for Spinal congestion
- Cimicifuga racemosa
- Macrotinum: Specific
- Silicea: Spinal patients; debilitated/ hyperaesthetic nervous centers
- Aesculus: Sacrum and hips, <walking or stooping and when walking feet turn under; > standing, must sit or lie down
- Alumina: Spinal degenerations/ paralysis lower limbs. Pain as if a hot iron was thrust through lower vertebrae.
- Bryonia : < motion; > lying down/ complete rest; wants pressure or something hard under the back.

- Calc flour: Chronic lumbago. < beginning to move/ rest, > continued motion.
- Cobaltum: < sitting; > walking/ lying.
- Colocynthis: Pain in the back and small of the back which finally settles down on the upper part of the thigh and buttock. Cramp-like pain in hip; lies on affected side; pain from hip to knee; > pressure.
- Eupionum: Sacrum pain, as if broken; must lean against something for support.
- Gnaphalium: Lumbago with numbness; <continued motion; > resting especially on the back.
- Guaicum: < left side ; < slightest motion or turning the part; > touch or during rest.
- Kali carb: > motion. "Giving-out" sensation; after abortion; labor; metrorrhagia; walking
- Medorrhinum: Lame-back; legs heavy; ache all night; cannot keep them still. Pains intolerable, tensive.
- Palladium: Spasmodic pains. Dull pressing backache in afternoon, as from sitting too long in a stiff posture.
- Rhus tox: Pain and stiffness in the small of back, making rising difficult especially morning. Motion always "limbers up" the Rhus patient, worse, while sitting and hence he feels better for a time from a change of position. Specific. Intolerable pain.
- Staphysagria: Lumbago compel patient to get up early; feels better after rising; <stooping
- Sepia/ Nat mur: > pressure; support
- Lac can: Right sciatic nerve < rest and on first motion (RT); spine aches from the base of the brain to the coccyx, sensitive to touch and pressure (Chin sulph, Phos, Zincum)
- Indium
- Variolinum
- Discus Intervertebralis 30C: Slip disc, cervical/ lumbar
- Ozone: Sacral pain with slip disc
- Hydrastis: tries to get up by using arms, when getting up from seat in lumbar pain; hydrogenoid (Nat sulph), cannot tolerate vegetables (Nat sulph, Magnesia group) or bread
- After long journey : Bellis perennis

- Alternating with headache : Aloe, Brom, Melilotus
- < Bending backward : Calc, Calc phos, Chelidonium, Cimicifuga
- < Bending forward : Pic acid
- < Breathing, lying, lying on back, menses, rising from sitting : Carbo an; Thuja
- Cervical pain, > passing stool : Asafetida
- Coition after : Cannabis indica; Nitric acid; Sabadilla
- Compelled to wake up before rising due to pain : Staphysagria
- Coughing, when : Bell, Bryonia, Aconite, Amm carb, Calc, Caps, Kali bich, Merc, Nitric acid, Sepia
- Disc prolapsed; < sitting; < sitting/ standing erect; lumbar region extremely sensitive to jarring : Thuja
- > Eating : Kali nit
- Emission after : Staphysagria
- > Eructation : Sepia
- < Extending the back : Thuja; Polygonum
- > Extending back, leaning backwards : Streptococcinum
- Fasting when : Kali nit
- Fever, with : Eup perf
- Injury, after : Conium, Kali carb, Nat sulph, Thuja
- < Jarring, stepping : Bell, Graph, Silicea, Carbolic acid, Carbo an, Sepia, Theridion, Thuja
- Kneeling when : Sepia, Euphrasia
- Leucorrhoea & warts, with : Calc ova tosta
- Lumbar, bruised, < sitting : Berb vul, Chin sulph (118), Terminalia chebula
- Lumbar, > leaning back against the chair,< sitting/ standing erect; < standing; H/O diarrhea : Zingiber
- > Lying down : Terminalia chebula
- > Lying down, can only lie down after lower back injury : Acetic acid
- < Menses, during : Thuja
- > Motion, walking : Helonias
- > Nausea : Physostigma
- Paralyzed, as if : Cocculus
- < R side : Variolinum
- < Rising from sitting, sitting, standing : Thuja

- < Rising up, sitting after a walk, sitting; > walking, pressure, lying down : Ruta
- > Rubbing : Thuja
- Sacrum, breaking : Variolinum
- < Sitting from standing : Thuja, Polygonum
- Spine sensitive to touch : Agaricus, China ars, Theridion
- < Standing, when leaning sideways : Thuja
- < Standing from a sitting position; appetite increased, constipated with tendency to take cold : Hydrastis
- > Stool, passing; radiates upwards at night : Indigo
- Stool during : Phos, Podophyllum
- < Touch : Chin sulph
- > Urination : Mandragora
- When no other remedy works : Variolinum

BACK

- Emaciation : Tabacum
- > Emissions : Zincum
- < Emissions : Cobalt
- Gives out during pregnancy, leucorrhoea, prolapse : Aesc
- Injury : Conium
- Kidneys, congested, with: Senecio, Solidago
- Perspiration : KC
- Sensation as if hips and small of back were falling to pieces; wants to be bound tightly : Trillium; Aesc
- Sensation as if cold water dropping on the spine: Sumbul
- Sensitive to touch : Zincum; Chin sulph; Tarentula; Theridion, Tellurium, Phos
- Sensitive cervical spine, affected by slightest stress: Tellurium
- Stiffness, lumbar: Sanicula
- Weakness: KC
- Acne : Rumex; Tub res koch
- Disc prolapse : Ozone; Polygonum; Variolinum
- Insensibility (numbness), general : Populus
- Weak with paroxysmal cough : Castanea

BAD EFFECTS OF

- Abortion/ miscarriages : Helon
- Abuse of quinine : Nat m
- Acid food : Nat m
- Animal matter : Ars
- Alcohol : Coca, Lob, Lyco, NV, Mez
- Anger : Cocc, Colo, Cham, Ign, Nat m, Staph
- Beer : K bich, Nux m
- Bread : Lyco, Nat m
- Cauterizing with nitrate of silver : Nat m
- Chamomile tea : Val
- Charcoal vapors : Op
- Coffee : NV, Op
- Cold stones, sitting on; esp in warm weather : NV
- Decayed food : Ars
- Digitalis, repeated doses of : NA
- Disappointment in love : Aur, Antim, CP, Hyos, Ign, PA
- Excessive sexual indulgence : Con
- Exhausting diseases : CV, China, Phos, Psor
- Fright/ Fear : Acon, Hyos, Hyp, Nat m, Op
- Gonorrhoea, suppressed/ maltreated : Thuja
- Grief : Cocc, Ign, Nat m
- Hemorrhage from mucous membranes : CV, China, Ham, Phos
- Loss of sleep : Cocc, Colch, Cup, Ign, LD, NA, NV
- Loss of vital fluids : CV, Caust, Nat m
- Mechanical injuries/ Falls/ Contusions : Arn, Euph, Glon, Sul ac, Acet ac
- Medicines, aromatic/ patent : NV
- Mental affections : Nat m
- Mental excitement : Cocc, Glon
- Mental overexertion : NV
- Mercury/ syphilis : Aur, Dulc, Mez
- Mesmerism : Hyp
- Mortification with reserved displeasure : Nat m, Staph
- Mountain climbing/ Ballooning : Coca

- Onanism/ masturbation : Arg m
- Onions : Lyco
- Opium overuse : MA, Ver alb
- Overeating : Ant c, NV
- Poison wounds : Lach
- Post-mortem (person performing it, of course) : Lach, Pyr
- Prostration, after mechanical injuries : Acet ac, Sul ac
- Repercussed eruptions : Cup
- Salt, excessive use : Nat m
- Seasoned/ spicy food : NV
- Sedentary habits : NV
- Shock : Hyp
- Shock from injury : Camph, Hyp
- Spinal concussion : Hyp
- Spirituous liquors : Lyco, Nux m
- Spoiled fish/ decayed vegetables : Carbo an
- Stimulants : Coca
- Suppressed foot-sweat : Cup, Sil, Zinc
- Suppressed menses : Con
- Suppressed sexual desire : Con
- Tea, excessive; abuse of chamomile tea (→ Haemorrhage) :
China
- Tobacco : Ars, Coca, Lyco, MA, NV, Ver alb
- Typhoid, old : CV, Phos
- Vaccination : Antim t, CH, Thuja, Sil
- Vexation : Nat m
- Acute exanthemata, suppressed or imperfectly developed :
Apis, Zinc
- Wine : Lyco
- < Bad news: Gels, Lyss

BALDNESS

- Thallium
- Diospyros kaki

BASHFUL/ SHY

Coca

BATHING

- Aggravates : Antim, Caust
- Aversion : AC, Antim, Sulph
- < Cold : Antim, Cycl, Kreos, MP, Mez
- > Cold : Apis, Arg n, Asar, Nat m, Puls, Ledum, Iodum, Mephitis
- < Hot : Aloes; Sulphur
- > Hot, very: Rad brom, Stront carb, Chelidonium
- < Sea : Ars
- > Warm/ Hot : Antim crud, Nat mur, RT, Hepar, Caust, NV
- > Warm : Grindelia; Rad brom; Ars sulph flav
- < Bathing : Antim crud
- < Bathing during pain : Bellis

BED

- < Bed, in : Euphr
- Feels so hot she cannot lie on it, moves in search of a cool place, must be uncovered : Op
- Feels so hard : Arn, Bry, Pyr
- Bed-clothes, picks

Sleep during : Op

Awake while : Bell, Hyos

- Bed-covers, removes : Amyl, Arg n, Camph, Lach, Medo, Sec c, Sulph

Coldest weather, in : Amyl, Arg n, Lach, Sulph,

Cold surface of the body, with : Camph, Medo, Sec c

BEDSORES

- Ruta mother tincture for local application
- Tendency to : Nux m, Paeonia

BELCHING

- Accompanies most complaints : Arg n
- Foul, like rotten eggs : Arn
- Sour in Pregnancy : AA
- Tasting of ingesta : Antim

> BENDING DOUBLE

China, Colo, MP

< BENDING DOUBLE

Dios

BERI-BERI

Elaterium

BETRAYAL, SENSE OF

Lac leon

BILIARY REMEDIES

- Fel tauri : Calculi
- Colic : CC
- Followed by jaundice, clay colored stools : BV

- Bry

BIRTHMARKS

Carc

BITES

- Cheek, inside of : Ignatia
- Scorpion, serpent; antidote : Guaco

BITING

- Cheeks while eating : Ign, Carbo an

BIPOLAR DISORDER

Adrenalinum

BITES MOSQUITO/ INSECTS

- Allergic reaction: Eucalyptus tincture, 1:10 with water, 3-4 times a day with Caladium 30C, internally

BLADDER

- Uva ursi: Chronic irritation with pus formation
- Taraxacum: CA Bladder
- Prunus spin
- As if a ball rolling in the bladder : Lach
- Catarrh, after suppressed gonorrhoea : BA
- Pain ← Drinking water : Canth
- Pain neck of bladder : Petros

- Painful tenesmus of bladder/ bowel while urinating : Medo, M cor
- Paralysis

Labor after : Hyos

Old women : Equis

Retention / Incontinence with (full but fullness unrecognized) : Arn, Hyos, Op

- Severe dull pain as from distension, not > by urinating : Equis
- Sensation as if a ball rolling in it : Lach
- Suppression urine : Stram
- Tenesmus with intense burning in the urethra : M cor, Terebinth
- Violent burning and pains : Terebinth, Berb, Canth
- Weak : MM
- Unable to finish, seems as if some urine always remains : Alum, Hep, Sil

BLEEDING

- > : Carduus
- Diospyros kaki: Internal bleeding
- Amm carb : Intestinal bleeding with menses
- Cactus g : Epistaxis profuse/ bleeding from bowels with heart symptoms
- Silicea : Blood from vagina every time the child nurses
- Thlaspi bursa pastoris : Hemorrhage occurring from Lithaemia
- Millefolium/ Lach : H/O bleeding; give before a surgical procedure/ Tooth extraction

BLINDNESS/ AMAUROSIS

- Zinc sulph
- Tabacum : Retinal or optic nerve atrophy
- Lyco/ Physo : Night blindness
- Red/ Green : Ethambutol

BLOOD

- Coagulation : CC, Stront carb
- Polycythemia : Phos
- Capable of absorbing blood : Verbena
- Thrombocytopenia/ Leukopenia : Epipodophyllotoxin

BLISTERS

- Large: Ranunculus sceleratus
- Blood Blisters : Secale

BLOOD VESSELS

Amyl nit

- Aorta, rupture, post-hemiplegia : Vipera
- Carcinoma : Cyclophosphamide); Taxus bacc
- Degenerative condition of arteries : Vanadium
- Doubles the RBC's : Nat cac; Vanadium
- Engorgement : Melil
- Reduce blood clotting : Ceanothus; Ginkgo biloba; Betonica;
Bacopa mun
- Reduces blood pressure : Grindelia
- Vascular diseases with rheumatism : Nat iod; Vanadium

BLONDES

Bromium

BLUSHING

- Ferrum met
- Coca

- Amyl nit

BOILS/ CARBUNCLES/ FURUNCLES

- Tarentula cub
- Anthracinum
- Penicillium : Crops/ recurrence of boils
- Ichthyolum
- Hepar
- Belladonna
- Arnica
- Silicea
- Pic ac : Boil inside ear canal
- Lappa - Arctium
- Crotalus horr
- Ferr iod
- Calc picrata : Recurring/ chronic boils, on parts thinly covered by muscles, like shin bones, coccyx, auditory canal etc.
- One after the other, very sore : Arn, Sulph, Tub
- Blood : CH
- Bluish : Tarentula; Lach
- Burning pain : Ars; Anthracinum; Tarentula
- Painful with green content, slow to mature or heal, very debilitating : Sec
- Recurrent, leading to furuncles : Arnica
- Recurrent in axilla : Hippozaenium
- Small, in crops : Sulph; Tub
- Calc-like constitution : Calc pic
- Recurrent : Staphysagria; Syphilinum

BONES

- Merc viv : 2 grain doses , 3rd decimal trituration :
Pericementitis/ Dental periostitis
- Theridion : Rachitis/ Caries/ Necrosis
- Hekla lava/ Aur met : Caries/ Exostosis

- Stillingia : Exostoses
- Drosera
- Tuberculosis : Anthracinum
- Bone pathology with hormonal imbalance: Estrogen
- Platinum mur
- Abuse of mercury/ silica : FA, Mez
- Bare, crushed : CA
- Callous : CP, Symph
- Caries/ necrosis : FA, Mez

Long bones : FA, Mez

- Chilliness: Aranea diadema
- Cranial, thin brittle: CP
- Curvature : CC
- Dislocation patella on ascending : Cann s
- Exostosis, facial : FA, Hekla
- Fractured : Symph, CP
- Inflamed swollen; nightly pains from above downwards : Mez
- Irregularly developed : CC
- Non-union : CP, Symph
- Necrosis : Aur met
- Osteoporosis, softening : Aur met
- Pain as if the bones were torn to pieces : Ipec
- Pain as if the bones were broken : Eup perf; Theridion, Chin sulph
- Pains, general & severe : Bry, Eup perf, Merc
- Pain where bones lie near the surface : Cycl
- Pain periosteum long bones < least touch : Mez
- Pain < damp weather : Merc, Mez, Phyto
- Pains, pricking : Symphytum
- Pain < night : Merc, Mez
- Periosteal pains, after wounds have healed : Symphytum
- Psoric affections : FA
- Soft, develop very slowly : CC, CP
- Sprained, as if : China
- Syphilitic/ mercurial affections : Aur, FA

- Tuberculosis : Anthracinum
- Tumors soften from within out : Mez
- Venereal diseases, after : Mez
- Calcification in tendons/ bones : Solanum Mal
- Diseases with craving for fruits & increased appetite : Theridion
- Exostoses : Stillingia
- Infections with total destruction : Silicea, Hepar sulph,
Gunpowder
- Marrow carcinoma : Carboplatin
- Periosteal injury : Ruta
- Tuberculosis : Theridion
- Tumors : Hekla; Merc bin cum kali iod; Taxus bacc

BRAIN

- Arnica : Concussion
- Hell : Sensorial depression
- Lactuca vir : with hydrothorax
- Pic ac : Brain-fag
- Zinc phos : Brain fog / Alzheimer's
- Pituitarinum : Cerebral hemorrhage
- Temozolomide 9C : Tumors
- Zinc met : Encephalitis post measles
- Tuberculosis/ Hydrocephalus : Iod 3X/ Glon 3X in alternation
- Affections in children : Bell, Calc, Hell, Tub
- Affections from repercussed eruptions : Cup
- Concussion → chronic effects esp spasms : Cic
- Concussion from blow / fall where skin is cold, covered with cold sweat : Sul ac
- Disease with ↑↑ cerebral activity , non-inflammatory : Hyos
- Disease from suppressed eruptions : Cic, Zincum, Hell, Tub
- Disturbed functional activity : Caust
- Dropsy or loculated fluid : Apoc
- Emaciation and dry skin, with brain affections: Hell
- Exhaustion : Coca

PAINS, BASE OF THE BRAIN

Violent, crushing, gnawing (spinal meningitis)

Nat s

- Power wanting : Zinc
- Brain loose in forehead and falling from side to side, as if : Bell, Bry, RT, Spig, Sul ac
- R parietal hemorrhage due to trauma : Ipec
- R parietal hemorrhage due to HT : Anac
- Symptoms during dentition : Bell, Hell, Podo
- Threatened paralysis : AC, Tub, Zinc
- Tumors : Temozolomide 9C
- Arterial Atheroma : Vanadium
- Ataxia, staggering gait, stiffness, paralysis : Sulfonalum
- Brain-softening : Vanadium
- Carcinoma : Cyclophosphamide
- Cerebral palsy with athetosis : Strychnine
- Circulation : Betonica; Ginkgo biloba; Bacopa; Ceanothus
- Degenerative diseases : Ginkgo biloba; Vanadium
- Delayed development in overtaxed, over-burdened children : Zincum met
- Looseness, sense of : Thlaspi bursa
- Meningitis after acute diarrhea : Zincum
- Neurological : Crotalus cas; Nitri spir dul; Xanthoxylum
- Neurological complications since meningitis/ recurrent otitis media/ sinusitis : Pneumococcinum
- SSPE : Morbillinum
- Strengthening remedy : Hydrocotyle
- Stroke : Cocculus; Vipera; Pituitarinum
- Tabes : Nat nit
- Tumors : Cannabis indica (Gliomas); Helleborus; Iodoform

BREASTS

- *Momordica charantia* (tincture LA, 6C internally): To increase the breast size
- *Diospyros kaki*: Breast CA secondaries in bones
- *Conium* / *Lac c* / *Kali c* : Sore / hard / painful during and after menstruation
- *Lac can* / *Bryonia* / *Phytolacca* : painful < least jar, evening, must hold them firmly when going upstairs / downstairs
- *Sabal serr*
- *Lachesis* / *Asterias* / *Hydrastis* : Cancer
- *Ricinus com* : Increases breast-milk production
- Sulphur follows *Psorinum* well in breast cancer (Given in *conium*)
- *Scrophularia nodosa* : Breast tumors dissipation, after *Conium* fails
- *Kali mur* : Lump, post-inflammatory sequelae
- *Urt urens* : Agalactia
- *Plumbum iod* / *Calc flour*: Hard tumors
- Acute lancinating pain; swollen, distended; feels drawn in : *Aster*
- Cancer / Induration / swelling : *Carbo an*, *Con*, *Graph*, *Scrophularia nodosa*
- Dwindle & become flabby : *Iod*
- < Evening : *LC*
- Feels too large, full, bursting; throbs at every jar, step, pulse : *Glon*
- Heavy, stony hard : *Bry*, *Con*
- Icy-cold: *Medo*
- < Least jar : *Bry*, *LC*
- Lump due to post-inflammatory sequelae : *Kali mur* (medium to high potency)
- Milk in breasts instead of menses : *Merc*
- Milk in non-pregnant : *Merc sol*
- Milk in a male boy : *Merc*
- Milk runs out : *Cham*

- Nipples painful/ tender before & during menses : Con, Helon, LC
- Pain in opposite breast, when the child nurses : Borax
- Pale, hot & painful : Bry, LC
- Red spot → discharges, very fetid odor : Aster
- Sore, hard, painful before & during menses : CC, Con, LC, KC, Helon, Merc
- Sore to touch : Medo
- Warts: Morgan g
- Atrophy : Pituitarinum
- Carcinoma : Hydrastis; Asterias rubens; Taxus bacc; Conium; Lobelia; Fluorouracil; Lycopodium
- Carcinoma after injury / trauma : Bellis perennis
- Carcinoma, infected with black discoloration : Gunpowder
- Carcinoma, open with massive destruction : Hippozaeninum
- Carcinoma with recurrent cough : Justicia
- Carcinoma with increased hunger : Aloe vera; Hydrastis; Tamoxifen
- Carcinoma with large tumors and pain : Chimaphilla
- Carcinoma, ulcerative stage : Asterias rub
- Cold as ice, esp nipples : Medorrhinum
- Hard tumors : Ast rub; Plumb iod; Conium; Scrophularia nodosa; Cistus can; Sempervivum tec
- Malignant open ulcers : Hippozaeninum
- Milk in non-pregnant women : Thlaspi bursa
- Multiple fibrocystic : Gallium
- Nipples, sore : Geranium
- Nipple, ulceration, itching, cracks : Castor equi; Graphites
- Pain L side : Ast rub
- Pain L side to L hand : Ast rub; Bromium
- Tumors < lying down : Belladonna
- Undeveloped : Sabal serr

BREATH FOUL/ OFFENSIVE

Merc, MA, Psor

- Constipation, with : CA, Op, Psor
- Malignant affections of the mouth, with : MA
- Pubertal girls : Aur
- Ranula with fetid breath : Ambra / Thuja
- Smells of onion : Sinap
- Ulcerations with : MA
- Foul with kidney disorders : Abelmoschus; Kali Chlor

BREATHING

- Breathless when falling asleep, must awaken to get breath : AC, Grind, Lach, LC, Op
- Asthmatic : AA, Brom

Breathes only on standing up : Cann s
Midnight : AA

- Must sit or bend forward : AA
- Lying down agg : AA
- Cold sensation when inspiring : Bromium
- Gasping for breath : Brom
- Heavy during hemorrhage : Ipec
- < Least exertion : Ipec
- < Lying down in bed, difficult breathing with oppression of chest; unusual fullness of chest: Asparagus officinalis
- Nervousness/ panic attack : Carbo an
- > Standing : Cann sat
- Stertorous : Nux m, Op
- Apnea, extreme : Latrodectus
- Cheyne-stokes : Acon fer
- Difficult : Amm gummi; Antipyrinum; Ars alb; Cassia sophera; Carduus; Castoreum; Ceanothus; Lachesis; Cenchrus; Chin ars; Grindelia; Saussurea; Iodoform; Terebinth
- Difficult < ascending : Helix tosta
- Gasping for breath : Laurocerasus
- Irregular, slow / hurried : Ignatia

BRIGHT'S DISEASE

- Kali chlor
- Cerefolius
- Lac d
- Merc c
- Oxydendron
- Plumb met
- Kali carb in high can aggravate
- Dropsy, preceded by: Terebinth
- Solidago

BROODING

Ign, Naja

- Over imaginary troubles when alone : Ign
- Over imaginary troubles : Naja

BRONCHITIS

- Acute, catarrhal : Aconite, followed by Merc sol
- Bryonia followed by Sulph
- Bryonia followed by Sticta pul for the dry cough remaining after Bryonia
- Antim tart : Broncho-pneumonia, cyanosed state
- Amm iod
- Antim sulph aur : itching hands and feet
- Balsamum per
- Eriodictyon
- Hippozaenium : Aged / Ozaena
- Inula
- Kaolin
- Myosotis
- Narcissus

- Sticta pul
- Children just above 7 yrs : Nat ars
- Chronic with profuse secretions : Ceanothus
- Chronic : Nat iod
- Complimentary to Ars alb : Nat ars (to be used after Ars alb)
- Old ppl : Hippozaeninum

BRUISED SORE BEATEN ALL OVER, AS IF

Arn, Bapt, Bellis, China, Eup perf, Ham, Medo, Nux m, Phyto,
Pyr, RT, Ruta, Sulph

BULIMIA

- Brassica Napus
- Adrenalinum

BUNIONS

Hyp

BURNING

Solanum nigrum, Ars alb, Apocynum

- Internal : Ars (relief from heat, hot drink), Phos (relief from cold drinks), Apis (relief from cold application), Lyco (relief from hot drink), CV
- Esophageal : Sang can
- Piper nig : Sensation
- CV
- Abdomen/ stomach : Colch
- > Cold drinks : Phos
- > Cold applications : Apis
- & itching from mosquito/ insect bites : Calad

- Pain : Ars, Canth
- Waterbrash : AA
- Everywhere, as if sparks of fire were falling on the parts : Ars, Sec c
- Hands/ feet; wants them covered and fanned : Lach, Medo, Sulph
- Head, vertex : Sulph
- > Heat : Ars
- > Hot drinks : Ars, Lyco
- Hot coals were applied to parts, as if : Ars, Anth
- Limbs; < warmth of bed : Led
- Micturition, during & after : Kreos, Sulph
- Peppers, as from : Caps
- Scapulae, between : Lyco, Phos, K bich, Glon
- Spots between scapulae : Sulph, Phos
- Soles at night, puts them out of bed : Cham, Med, Puls, Sulph
- Soles & palms : Petr, Sang, Sulph
- Fever, during : Ocimum sanctum
- Urine, like fire : Sulph, Ars
- Vertex, round spot : Calc, Graph, Sulph
- Vertex headache : Lach
- Consequent to chronic fevers : Andersonia rohitaka; Kalmegh; Cephalandra; Azadirachta indica; Nyctanthes
- Fire-like burning : Achyranthes asp
- Hands/ feet, > uncovering/ fanning : Medorrhinum
- Heat all over : Eucalyptus; Guaco; Pyrogenium
- Legs : Anthracinum
- Pancreatic involvement : Pancreatinum
- Soles/ palms : Ichthyolum
- Stomach : Colchicum
- Throat : Solidago

BURNOUT/ EXTREME STRESS

- Adrenalinum
- Proteus

BURNS

Crab apple

- Cantharis, followed by Gaultheria
- Urtica urens : 1st & 2nd degree burns
- Cantharis : 2nd & 3rd degree burns
- Causticum : Deep Chemical burns
- Phosphorus : Electrical burns
- X-ray : Stubborn burns, refuse to heal
- Paraffin: 3rd degree burns
- Freshen up, become sore again : Caust
- Never been well since that burn : Caust
- Ulceration & ichorous discharge, with : CA
- White spots, after : Eclipta alba





C



CACHETIC

- Appearance : Sec cor
- Persons : CV. Eup perf, Iod, Nat m, NA

Frequent/ prolonged fevers : Eup perf

CALCIUM MALABSORPTION

- Bacillus gaertner, intercurrent, every 2-3 weeks, for a few months

CANCER

Ars, CA, Con, CH, Hydr, Kreos, Lach, Medo, Phos, Sulph, Schirrinum, Alumen, Ars iod; Bell; Cadmium sulph; Carcinosin; Carbo an; Ferr met; Fluorouracil; Formica rufa; Guaco; Gossypium; Gunpowder; Kali iod; Merc bin iod cum kali iod; Methotrexate; Nat cac; Teucrium; Thuja; Tarentula; Theridion

- Benign suppurations → Ichorous / Malignant conditions:
Carbo an
- Cervix: Iod
- Hard adherent: Hydr
- Lung: Anthracinum (specific)
- Open/ schirrus: Apis
- Pains: Ornithogalum
- Mammae: Aster, Carbo an, Con
- Old scars & repeated abscesses, from : Graph
- Shock, disappointment, bad news, from : Gels
- Testicles : Con
- Uterus; h'age dark fluid offensive : CH
- Vomiting of dark olive green fluid : CA, Pyr
- Carbo animalis: severe headache, with breast cancer, right side
- Hydrocotyle asiatica: pains of cervical cancer, heat within vagina, profuse sweat
- Cisplatin: Nat mur + Plat + Amm carb
- Vinca rosea: leukemia in children/ Hodgekin's disease/
choriocarcinoma/ anti-cancer effects
- Ars alb : Bleeding cancer; debility of cancer; Cancrum oris,
malignant ulceration/ phagedenic conditions; Epithelial cancer,
lips/ face/ tongue; Hydrastis after Arsenic relieves debility
- Taraxacum: CA bladder
- Asterias rubens : Bladder/ Breast cancer
- Sempervivum tec: Tumors around mouth, CA
- Hydr can : Debility of cancer; improves appetite & general
condition; blood improves; allays the pain; retards the growth of
cancer; initial stage of any cancer ; Intestine/ Breast/ Liver
cancer
- Condurango : pain traceable to cancer; pain fingers / thumb on
the affected side
- Euphorbium : Burning pains; inoperable cases
- Diospyros kaki: Leukaemia/ malignant tumors/ post-radiation
and chemotherapy complications/ breast cancer secondary in
bones
- Toxicophis pugnax: Bone cancers
- Hemorrhage with cancer: Hoang nan

- Breast CA with ulceration, excoriating: Ars iod
- Murex
- Temozolomide 9C : Brain tumors
- Syphilinum/ Cistus can : Lymph Sarcoma
- Cadmium group
- Cobaltum mur 10M & higher : Lung cancer/ malignant types of tuberculosis
- Calc ars/ Cadmium mur/ Cadmium sulph high intercurrently in a single dose : CA liver
- Malandrinum : Clearing up the remnants of cancer deposits
- Nitric acid : Recurrences after operation
- Silicea : Recurrences after operation
- Bellis perennis : When new mammary nodules have appeared after operations; toxic crisis, reduces the tendency to hemorrhage
- Calc carb : Phlegmasia alba dolens
- Opium : Very high potency, prematurely old, brownish, withered.
- Sabal serr : stinging pains of cancer of the urinary tract and prolongs life to great lengths
- Kreosote : Vomiting in gastric CA
- Kreosote : CA Cervix ; made life more supportable ; terrible odors ; prostate cancer
- Kali bich : CA Stomach beyond operative stage; perforated peptic ulcer
- Eucalyptus glob. : CA Stomach/ Lung gangrene
- Nat ars low potency : CA Stomach; beyond the operable stage for palliation
- Kreos 200 : CA Cervix
- Mag phos : Excruciating pains of cancer
- Pains of open cancer wounds: Anthracinum LM1/ Hypericum LM 1/ Vipera LM1
- Nat mur : Leukaemia / Addison's disease/ Cachexia of exophthalmic goiter
- Nat sulph : Leukaemia
- Cadmium phos : CA Prostate/ testicles
- Sabal serr : Pains of CA urinary tract

- Scrophularia nodosa: After Conium fails in breast tumors
- Conium/ Asterias rubens: Breasts/ testes, stony hardness, after bruises/ injuries of glands
- Conium/ Arsenic/ Asterias: Cancer
- Crotalus horr : CA uterus; great hemorrhagic tendency
- Kali sulph: Epithelioma/ Polypi/ Epithelial cancer
- Kali cyan: Tongue cancer
- Lachesis: Breast/ Ovarian cancer
- Ornithogalum: Pains of cancer; cancer of the intestinal tract, single dose of the tincture and wait
- Corydalis
- Guaco
- Iodum: Blood cancer; Uterine CA, wit profuse hemorrhages
- Tellurium: vile odor, purpura figurate
- TNT: Leukaemia/ any cancer with severe anemia or blood degeneration/ Aplastic anemia
- Terminalia chebula 1X: Cancer tonic
- Chelidonium tincture mixed with water: LA for lesions
- Ova tosta: Suffering of cancer
- Xanthoxylum: L sided pain with ovarian cancer
- Sedum repens: CA with abdominal pains
- Ceanothus: Lymphoblastic leukemia
- Palladium: Testicular/ Ovarian/ Bladder CA
- Americium mur: Gonad CA, extensive metastasis, lymph node involvement; when ingested, accumulates in the liver and bones, becomes carcinogenic; gonads like testicles/ ovaries, thyroid and osteosarcoma
- Plutonium nit: Extensive pathology/ metastasis; radiation sickness, mediastinal lymph node involvement, lung/ liver/ pancreatic cancer, gonadal tumors, large intestine, bone tumors like extremities, vertebrae, osteosarcoma, brain tumor, melanoma, reticulo-endothelial tissue, CA Stomach, pharynx and breast
- Carc Co: extensive pathology
- Psorinum/ Petroleum/ Iodum/ Staphysagria: Hunger ravenous with cancer
- Acid-like constitution : Citric acid

- Allergic diathesis & Tuberculosis, with : Teucrium scor
- Bladder : Bacillinum; Taraxacum; Methotrexate
- Bladder, head, neck, cervix, endometrium, lung, rectum :
Cisplatin
- Brain/ Bones/ Eyes/ Nerves : Ruta
- Bones : Methotrexate
- Breast : Taxus baccata; Lobelia
- Burning + Nat mur like depression < consolation : Anthracinum
- Children : Epipodophyllotoxin
- Choriocarcinoma : Methotrexate
- Colloid Cancer of the omentum : Lobelia
- Complimentary remedy : Thuja with Taxus baccata
- Constipation, with extreme : Ruta
- Cough, in : Saussurea lappa
- Development, extremely rapid : Lobelia
- Face/ Epithelioma : Lobelia
- Female organs : Kali brom
- Gastro-intestinal tumors : Fluorouracil
- Hemorrhages in : Sanguisuga; Tela aranea
- Hearing troubles, with : Cisplatin
- Hodgkin's disease : Acon lycoctonum; Ars iod; Merc bin cum
kali iod; Scrophularia nodosa; Cyclophos; Epipodophyllotoxin
- Hunger, with increased : Hydrastis
- Kidney with ear troubles, nausea, vomiting : Cisplatin
- Late stages : Carbolic acid
- Liver : Vipera; Epipodophyllotoxin
- Lymphatics, enlarged with : Rumex
- Mediastinal metastasis : Vincristine
- Multiple myeloma : Thalidomide
- Pains : Calc, Ova tosta; Cinnamomum
- Pancreas, head : Parotidinum
- Platelets, low; Leukocytes low : Methotrexate
- Prostate : Flutamide
- Radiation, with : X-ray
- Sepia-like personality : Citrus limonum
- Skin is tight over the wound, after removal of cancer : Kali phos
- Stomach : Agrimony; Cad sulph; Hydrastis

- Testicular/ ovarian : Cisplatin; Platina
- Tobacco intake, with H/O : Tabacum
- Ulceration, before, when pain is the main symptom : Hydrastis

☞ Side-Effects of Radiotherapy/ Chemotherapy

- Radio-dermatitis: Belladonna/ X-ray
- Radiation induced erythema: Apis
- Calendula
- Radiation induced itching: Fl ac, RT, Caust, Ignatia, Psorinum, Gamma ray, K bich
- Chromosomal damage: Ginseng/ Ruta, before & after radiation
- Chemotherapy induced stomatitis: Traumeel - Aconitum napellus, Arnica montana, Belladonna, Bellis perennis, Calendula officinalis, Chamomilla, Echinacea, Echinacea purpurea, Hamamelis virginiana, Hepar sulphuris calcareum, Hypericum perforatum, Mercurius solubilis, Millefolium, and Symphytum officinale
- Alfa-alfa tincture 5-10 drops with Cad sulph 30: Standard prescription for patients undergoing Chemo/ radiation
- Diarrhea/ vomiting after: Elaterium
- Hair-fall/ heat flushes, after: Rad brom
- Side effects of radiation: Rad brom, Cobalt nit

CARBUNCLE

Anthrac, CH, Lach, Tarentula, Coccal co; Staphysagria;
Tuberculinum

- With horrible burning pains : Anth, Tarentula
- With offensive, ichorous pus : Anthrac

CARDIAC FAILURE

Amm caust

CARIES BONES (NASAL/ PALATINE/ MASTOID)

- Aur met
- Theridion

CARPAL TUNNEL SYNDROME

- Formic acid 3X alt with Ruta 6X, for a few weeks
- H/O injury/ sprain: RT 30X

CARRIED, WANTS TO BE

Antim t, Ars, Cham, Cina, Ocimum sanc

- Teething during : Ars
- Gives no relief : Cina
- Gives relief : Cham

CAR-SICKNESS

Cocculus; Theridion

CATARACT

Cineraria mar

- Cataractinum Immature/ mature: sensitive/ aversion to light; conjunctivitis, iritis, corneal opacities, congenital cataracts, cataract cases post-op, sclerosis of lens in old people
- Cataractinum mature
- Caust : Arrests progress, perpendicular half sight
- Mag carb 6
- Nat m : Most potent
- Sep: Most potent, esp women
- Quasi amara

- RT : To control the threatened iritis & formation of pus
- Senna : promotes absorption of lens debris after ophthalmic operations
- All cepa : 5 drop doses of the tincture : Neuralgic pains after operation eye
- K sulph/ Puls
- Silicea : Office-workers, 30th potency for months , after suppression of foot sweat/ ringworm
- Conium : After contusion
- Carbo an : Senile cataract
- Thiosinaminum
- Senega: After operations

CATARRH

Silphium Lac

- Elaps : Chronic nasal discharges; offensive odor, greenish crusts
- < cold rains, open air, cold room; > warm room/ fomentation:
Dulc
- Nat carb : chronic, offensive
- Agaricus : Chronis with crusts and dryness
- Acute : Avena sat; Populus
- Chronic : Nat iod
- Eating, while : Carbo an
- Eyelids itching : Ambrosia art
- Fever, with : Eucalyptus
- Frequent : Calc iod; Eucalyptus; Iodoform
- Heat/ cold, no relief from : Gymnema
- Hoarseness/ aphonia, with : Populus cand
- Nasal with headache, pain at the root of the nose, dry & painful eyes : Nat ars
- Naso-pharyngeal : Solidago
- Purulent : Hepar sulph
- Recurrent colds of tuberculosis : Solidago
- Sinusitis, after acute coryza : Hura

- Soreness of the chest walls, with : Senega
- Thin, fetid : Hepar sulph

CAUTIOUSNESS EXCESSIVE

Graph

CELIAC DISEASE

Acet ac

CELIBACY

Conium

CELLULITIS

- Anthracinum : Cyanosis/ Decomposing/ severe burning pains

CENSORIOUS / FAULT FINDING

Helon

CERVICAL CONDITIONS

Gettysburg; Graphites naturalis; Paris quad; Guaicum;
Caulophyllum; Variolinum; Xanthoxylum

- Erosion: Nit ac alternating with Sulph ; at long intervals
- Thuja
- Sepia
- Softening : Graphites
- Retroversion/ Prolapse uterine : Ferr iod 1X
- CA Cervix : Kreos 200

- Rhus radicans
- Morgan g
- Muscle stiffness/ rigidity : Strychnine
- Pain extending to L arm : Paris quad

CHANCRE

- Hard/ hunterian : M proto, M sol
- Phimosis/ paraphimosis, with; deep round penetrating, eating through fraenum & prepuce; bleeding painful yellowish fetid discharge : M sol

CHANGEABLE SENSATIONS/ MOODS

Croc, Ign, Nux m, Puls

- From laughing → crying : Croc, Ign, Nux m
- From grave → gay, lively → serene : Nux m, Plat
- Symptoms: Berb vul

CHECKED PERSPIRATION

Acon

CHEMOTHERAPY

- Diarrhea/ vomiting after : Elaterium

CHEST

- Burning, under the sternum: Sang nit
- Constriction (thoracic), with anguish: Adrenalinum
- Constriction, esp lower part : Cact
- Constriction, esp middle part → dyspnoea : Lob
- Drawing pain from breast scapula; < nursing : CT

- Dropsy : Hell
- Fullness: Asparagus off
- Heavy weight on chest, sensation: Zinc val
- Incipient consumption with severe pain in the middle lobes : Medo
- Infection/ bronchial irritation, remaining after fever/ flu: Pix liquida, Kreosote, Kali bich
- Itching: Iod
- Lung R, lower lobe → back : Chel, Kali c, Merc
- < Lying down in bed, difficult breathing with oppression of chest; unusual fullness of chest: Asparagus officinalis
- Oppression as from weight : Cact
- Pains running ↑↑: Brom
- Pain, upper L chest: Theridion, Myrtus, Anisum, Pix liquida
- Pain 3rd L costal cartilage, where it joins the rib: Pix liquida
- Pain > rapid walking : Lob
- Pleuritic/ rheumatic pains : Bry, Carbo an, RB
- Pressure behind the sternum: Sang nit
- Rattling : Antim tart; Pyrogenium, Kali sulph, Senega
- Sensation of congestion/ pressure/ weight as if blood from the extremities was filling it; > rapid walking : Lob
- Sensitive to touch, pressure, percussion : CC
- Sharp pain L chest, < night : LT
- Sore burning, behind xiphoid cartilage: Ran scleratus
- Sore, must support with hands : Bry, Eup perf, Nat c, Nat s, Senega. Cough during : Nat s
- Stitching pain after pleurisy : Carbo an, RB
- Weakness : Arg m, Dig, Stann

L side : Arg m

Can't bear to talk : Dig

- Rattling : K sulph
- Advanced chest troubles, fear going to sleep : Grindelia (when only catarrhal, not tubercular)
- Asclepias tub : Chest muscular pains
- Myrtus : Chest pain

- Pigeon : Phos
- Anxious pressure : Vanadium
- As if a bar lay across : Hematoxylon; Naja
- Oppressed on ascending : Senega
- Oppressed with pain limbs : Solidago
- Pain, intercostal, < R precordial pain, < walking or slight exertion : Tub d
- Pain, acute, down the L arm : Latrodectus ; Naja
- Pain, acute : Oxal ac
- Pain, pricking sharp, comes from the back to L sternum towards the clavicle or L sternum to epigastrium : Oxal ac
- Pain, upper part to L back : Theridion
- Rattling mucus : Amm gummi, Senega; Silphium
- Sensation of constriction, marked : Lachesis
- Upper part, sensitive to bed clothes or any tight clothes : Naja

CHICKEN POX

Varicella

CHIKUNGUNYA FEVER

Polyporous pinicola

CHILBLAINS

Agaricus, Tamus, Plantago

- Itching/ burning intolerable : Abrot, Agar
- Painful itching with chapped hands < cold weather : Petr
- Painful, < rubbing : Zincum
- Unbroken: Terebinth
- Agaricus : < cold weather
- Puls/ K sulph : < hot weather (Alternate the two)
- Puls (morning)/ Agaricus (evening)

CHILDREN

- Abdomen, uncovered, wants; > nausea/ vomiting : Tabacum
- Abdominal affections : Cham, Ipec, Rheum, Borax, Cina, Aconite
- Acute indigestion : Ipec, Aethusa, NV, Puls, China
- ADHD: Xerophyllum tenax
- Affection needing child : Puls, Ign, Phos
- Alopecia totalis: Vinca minor, Histamine mur (loss of hair from the head/ body)
- Anticipatory anxiety : Gels, Arg nit, Silicea, Lyco
- Anxiety regarding his lessons/ homework/ classwork: Lyco, Silicea
- Anxious/ fearful child : Acon, Ars alb, Bell, Cham, Lyco, NV
- Anxious/ restless child: Nyctanthes
- Approachable/ kind child: Do not give : Acon, Ars alb, Cham, NV, Lyco
- Arrogance: Sac album
- Artistic/ creative: Carc
- Asks about life/ spirituality/ supernatural things/ matters: CC
- Asphyxia, infants : Ant t, Opium, China, Aconite
- > Assurance: Aconite
- Asthma, humid; < wet weather, cold : Nat s, Ocimum sanctum & <lying on the back, supports head with hands: Ocimum, Aralia, Lobelia, Blatta

Sputa green copious : Nat s

Sputa greenish grey : Cop & > rapid walking: Lobelia inflata (< slow walking)

- Attention-seeking: Tarentula
- Baldness/ Alopecia totalis: Vinca minor, Histamine mur (loss of hair from the head/ body)
- Banana, D: Theridion
- Bathing, aversion: Sulphur
- Bathing, cold water, aversion: Antim crud

- Boasting & Toys/ belonging, children: Sulphur
- Bossy/ organized/ like queen bees: Apis
- Brain troubles prone to: Bell, Calc, Hell, Tub
- Serous effusions with: Hell
- Breast-feed, always wanting, nursing infant: CP, Sanicula
- & Can eat solids, but wants grinded food: Sanicula
- & Weakness, cannot take solids: CP
- Bright colors, D/A: Tarentula
- Bullies: Apis, Lyco
- Bullied children: Staphysagria
- Capriciousness: Sanicula, Cina
- Caressed, A to be: Cina
- Cares, for others; do not exhibit their troubles to others: Nat mur, Cocc, Carc
- Carried, desires to be: Cham

& Aversion to be: Bryonia

& Carried in an erect posture: Antim tart (A touch)

& Does not amel: Cina

& Carried and caressed: Kreosote

& Fast, carried desires to be (wants to be cured fast): Brom (with cough on deep inspiration), Ars alb

& Will not be laid down: Benzoic ac

& Shoulder, over: Stannum (recurrent chest infections)

- > Carried, when: BA, Ars, Cham, Cina
- < Carried / raised: Bry
- Cholera with reflex irritation of the brain before effusion:
K brom
- Chorea: Stram
- Clingy: Puls, Sanicula, Borax

& children, awake terrified, knows no one, cling to those near:
Stramonium

& Cough, during: Antim tart (aversion to touch)

& Convulsions, before and after: Cicuta

& Grasps at others: Camphor

& Clinging to mother, but mischievous: Sac officinale
& Clinging to persons, furniture: Borax
& Brain tumors/ Brain tb with clinging: Iodoform
& Holds the hand of the mother/ caregiver: Bismuth, Sanicula

- Colic (see Colic): Coleus aromaticus
- Comprehension & Studying, easily: Platina, Phos, Lachesis, Coffea, Camphor, Salix-fragalis
- Concentration, difficult in studies; writes last letters of the words first: Xerophyllum tenax, Ocimum sanctum
- < consolation : Nat m
- Constipation: Alum, Caust, Lyco, Op, Silicea, Nyctanthes arbora tristis

Infants during dentition: MM

Nocturnal Enuresis, with: Caust

& Fear, stool passing, on account of pain: Sulphur

& Doesn't get affected by constipation: CC

& Laziness, sad/ morose, refuses to eat, irritability, clinging to furniture or people, all before stool; mirth/ cheerful after stool: Borax

& Hides somewhere alone to pass stool; company aversion to, agg presence of, people intolerable to her, during stool; Fear stool, with complaints of stool: Ambra

- Contrary with parents: Tub
- Convulsions: Hyos

Cerebral congestion, from: Glon

Crying, from: Op

Dentition, during: Glon, MP, Melil

Eyes half open & upturned: Op

Fright from : Hyos

Infantile Spasms : Melil

Meals after; vomits, shrieks, then insensible : Hyos

Meningitis : Glon

Nervous children : Melil

Nursing, from : Cham
 Nursing, from; after a fit of anger in the mother : Cham, NV
 Nursing, from; after fright in the mother : Op, Hyos
 Reprimands after : Ign
 Screaming before & during : Apis, Hell, Op
 Strangers, from approach of: Op
 Worms from: Cina, Hyos

- Craving for meat, with tuberculous parentage: MC
- Craving for sweets, puny rachitic children: MM
- Cries with eyes closed, at night during sleep: Hyos
- Cross/ spiteful/ Cruel: Abrot, Aesc, Cham, Cina, LC, Nat m

Spoken to, when: Nat m

- Croupy affections, disposed to: K bich
- Crying/ screaming

All day, sleeps all night: Lyco
 All the time, esp night: Jal, LC, NV, Psor
 Cries out during sleep, jerking body during sleep; wakes up
 frightened, head rolls from side to side: Zincum
 Cough, before: Bell, Arnica

- Cunning: Tarentula
- Curious: Hyoscyamus
- Cyanosis: Laurocerasus 6
- Dances, wants to, otherwise dull, becomes active: Sepia
- Dancing, wild: Tarentula
- Dandruff with hair fall: Nyctanthes arbora tristis
- Dark hair & eyes: Caust, Cina
- Deafness catarrhal & otorrhoea: M dul
- Delayed development: Sanicula
- Delicate: Hell
- Delirium with fever: Stramonium
- Demand is not met, when

& Anger: Cham, Bryonia, Kreosote (> caresses, hugs), Cina
& Blackmail, emotional; says you do not love me: Tuberculinum,
Puls

& Refused when offered, wants numerous things: Antim t, Bry,
Caps, Cham, Cina, Dulc, Ferrum, Hepar, Ipec, Kreosote,
Manganum, Phos, Physostigma, Puls, Rheum, Sec, Staph

& Refusing regarding food, wants various things: Rheum
& Temper tantrums: (sub-rubrics)

\$ difficult to breathe: Thuja

\$ Appeased easily: Phos

& Desires, many things, but refuses; biting, tumbler his; irritates
the care-giver by demanding too much: Arsenic, Cuprum

& Weeping, when refused anything: Bell, Cham, Dulc, Ign,
Spongia, Tarentula, Tritic-vg, Vanilla, Viola-o

& Weeping, tearful, tendency in children, when refused the least
thing: Cham

- Depression, intense: Mica
- Dermatitis after vaccination: Torula; Hygrophila auriculata
- Destructive behavior, plays antics: Saccharum album,
Tuberculinum, Tarentula

& Destruction, then smiles and apologizes: Tarentula

- Diarrhea: Hep, M dul

Sour smell: Calc, Hep, MC

- Diligent/ obedient: Nat carb
- Disgust, consciousness of his unnatural state of mind: Tarentula
- Disobedience: Viola odorata, Lyco, Tuberculinum, Thuja
- Disturbs the parents while talking, meddlesome with hands: Hyos
- Drowsiness/ falls asleep while answering: Ocimum sanctum,
Azadirachta indica

- Dullness: Bary carb
- Easy falling: Caust
- Emaciation, big-bellied: Sulph
- Emaciated, weak; with well-developed head & puny sickly bodies: Lyco
- Epidemic remedy: Cina
- Epidermolysis bullosa/ simplex: Mezereum 30C/ 200C (pus under the scab)
- Eruptions

Moist itching, < night: Mez & Knee joint: Xerophyllum tenax

- Escape, wants to, with shrieking: Stram
- Evading the looks of others:
- Face

Redness inflammatory: Mez

- Fat/ chubby: Calc, K bich, K brom, Sycotic co
- Fear

Betrayal: Hyos

& Dogs, dark, thunderstorms: Tuberculinum

£ Falling; grasps the crib or nurse: Bor, Gels, Sanic

- Feigning sick: Puls, Tarentula
- Fever

& Complaining, no: Cocculus

& Music, dances to, but otherwise dull, becomes active/ alive: Sep

& Gay, cheerful, during fever: Bell, Crocus, Cuprum, Hyos, Spongia, Stramonium, Ver alb

& Obstinate during: Acon

& Desires, many things, but refuses; biting, tumbler his; irritates the care-giver by demanding too much: Arsenic, Cuprum

& Bryonia, Pyrogenium, Baptisia, China, Aconite, Eup perf, Ver viride

- Flatulent: Senna
- Fussy eater: Puls
- Gestures, ringing his hands: Tarentula
- Glandular & scrofulous affections: M sol
- Grasping at the mother: Bismuth
- Growth rapid: CC, CP, Phos. Nosebleed with : Croc
- Hands, working with, likes; knitting, construction work, needle work etc.: Tarentula
- Haemorrhoids

Prolapse while urinating: MA

Suddenly appear; swollen blue, sensitive, painful to touch; too sore to bear even the touch of the sheet: MA

- Hair, unusual like beard on the face: Morgan p
- Headache from mobiles: Mobile phone/ radiation 30C (pain head/ear, irritability, noises in ear, difficult concentration)
- Head, rubbing into the pillow: Tarentula
- Hernia R sided: Lyco
- Hiding, when looked at: Bar c
- Hyperactive: Apis, Tuberculinum, Sulphur, Tarentula, Hyos, Sac alb & > coition: Tarentula
- Ill-mannered faces, making: Hyos
- Impudent/ teasing: Graph
- Inattentive/ unobserving: Baryta carb, Aconite, Arnica, Causticum, Cocculus, Nux vom, Hell, Sepia, Silicea, Staph
- Indisposed to play/ talk: Bary carb
- Industrious: Apis, Tarentula
- Intelligent: Bell, Calc, Lach, Silicea, Sulphur

& But lazy: Alum, Graph, Petroleum, Amm carb, Conium

& Narrow field (one thing), in: Bufo

- Interested, not at all, in the questions asked or the ongoing conversation, obstinate, chilly, refractory and clumsy: Capsicum
- Irritable/ fretful: Antim, Antim t, Bry, Cham, Cina, Kreos, LC, MC, Nat m, Sil, Staph & Sudden: Iodum
- Jealousy, sibling: Hyos (can hurt/ trouble the sibling), Ignatia (won't hurt the sibling)
- Kicks off the clothes at night: Hep, Sanicula, Sulph
- Laughing at foolish things: Hyos
- Laughs at reprimands: Graph
- Learning, desire for: Lyco, Sulphur, Graphites
- Leucorrhoea from atony: Calc, Mill
- Light brown hair: Cham, Cocc
- Light hair & eyes: Cocc
- Looking down, when looked at: Agar
- Looking in, all directions: CC
- Look at the child

& Shrieks: Iodum

& Weep: Antim crud, Antim t, Bromium

& Howling: Antim t

& Faces away, when spoken to: Cyclamen, NM, Thuja

& Looking everywhere except his questionnaire: Plumbum

& Looking at the wall, if someone talks to him: NM

& Laughing when looked at: Lyco

& Looking down when looked at: Agaricus

- Love, unrequited: Tarentula
- Lying on L side: Kali carb
- Malnutrition: Mica
- Mania: Belladonna, Hyos, Stram, VA
- Math, likes: Tarentula
- Marasmus

Wrinkled skin, looks like a little dried up old man: Abrot, Op

- Mentally weak/ dull: Medo

- Mischievous/ teasing: Aranea Ixobola (~ Tarentula, but doesn't like music)
- Molluscum contagiosum: Molluscum contagiosum 30C
- Naevi: FA

R temple: FA

- Mother is talking about the child, then

& Hides, desire to: Thuja

& Contradiction, disposition to: Cina

- Naked wants to be, hyperaesthesia of the skin: Hyos
- Naughty child: Bry, Cham, Cina, Ign, Lyco, NV
- Neck

& Long: tubercular remedies, Nat mur

& Short: K bich, Thuja

- Nervous/ Excitable: Cham, MC
- Nervous hysterical: Nux m
- Newborns: Cham
- Night terrors: K brom, K phos
- Nose picking: Cina, Mar v
- Obstinate: Silicea, Sulphur, Tub, Hyos

& Obstinacy alt with mildness: Cuprum

& Fever, during: Acon

& Chilly, refractory and clumsy: Caps

- Old looking, wrinkled: Abrot, Kreos, Op
- Old ppl; first & second childhood: Bary c, Mill, Op
- Pale, rachitic, dwarfed, stunted: BC, Medo
- Passive child: Calc
- Pinching/ biting D: Aranea ixobola
- Playing

& Everything with: Bell

& Only some things that amuse him: Lach

& Scrabble: Lyco, Silicea, Sulphur

- Praying, asks others to pray for her: Lyssin
- Prolapse rectum: FM
- Proud & stubborn: Silicea
- Psoric: Hell, Kreos
- Puny rachitic: MM
- Quieted, only when carried: Ars, Cham
- < reprimanded when: Ign
- Red sand in urine on the diaper: Lyco, Phos
- Rejecting child: Nat mur, Antim crud, Mag carb
- Renal colic/ Ureteric colic (B/L): Coleus aromaticus tincture
- Repeats everything said to it: Zincum
- Restless / Fidgety child: Acon, Agaricus, Ars alb, Calc hypo, CP, Cham, K brom, Zinc

& Engrossed in one toy: Lach

& Cannot play with one toy: Tuberculinum

& coition amel: Tarentula

& Touches various things, touching, impelled to: Sulphur

- Rickety, during dentition: Mag mur
- Ride, cannot, in jolting conveyance: K iod
- Scratches face continually, which is covered with eruptions: Mez
- Short-necked: K bich
- Shy / coy child: Puls, Carc, Phos, Silicea, Calc phos
- < Sitting / sleeping near open coal fire: Glon
- Slow learning to talk / speak: Agraphis, Bell, Calc, Nat m, Nux m
- Slow learning to walk: Caust, CP, Nat m
- Sour-smelling: Calc, MC, Rheum, Sul ac, Hepar
- Snuffles of infants: AC, Hep, Lyco, NV, Samb, Sticta
- Speaks, in a very childish manner, like Indian children; Gestures, makes whimsical: Opium
- Spelling, weak: Xerophyllum tenax

- Spoilt/ over-pampered child: Moschus (can hurt himself while pretending/ feigning unlike Tarentula)
- Stamina, lack of: Mag carb
- Striking/ biting: Tarentula
- Stomatitis, receding gums, mobilization of teeth, dental pyorrhoea, drooling with foul breath: Mica
- Threatening destruction/ violence, if his will is not done: Tarentula
- Thunderstorms, fear; planning everything around it, avoids the days of the storm; planning, anticipation with fear of thunderstorms: Lyco
- Thunderstorm remedies

Nat carb (mentals, nervous, hiding under the cellar; anxious/ fearful from the electric changes of the storm)

Nat mur (thunder headaches, prolonged chronic sun aggravations)

Phos (reacts to MRI, afraid of magnetic radiations, antidoted by MRI, electric lines etc., traveling in the trains, sensitive to thunder and noise, weather change, heaviness limbs during storms, < before and during storms, anticipation for thunderstorm, diarrhea/ IBS with storms)

Thuja (asthma during storms)

Medo

Merc sol

- Tongue, thick white/ yellow: Nyctanthes
- Touch-me-not: Abrotanum, Cina, Nat mur, Sepia, Antim crud, Antim tart, Arnica
- Ugly: Cham
- Under-developed children: Pituitary gland
- Undertakes many things, perseveres in nothing: Sanicula
- Unobserving: BC
- Unsteady walking of little children: Causticum
- Urging to urinate, sudden; if cannot be gratified at once jumps up & down with pain: Petros
- Urine retention: Coleus aromaticus

Nursing children, after passion of nurse: Op

- Urethritis: Doryphora decemlineata (more intense than cantharis)
- Vitiligo: Mica, Medorrhinum
- Vomits curdled milk, in large lumps (Aeth); after mother has been angry, after nursing: Val
- Wants this or that, angry when refused or when offered, rejects it: Antim t, Bry, Cham, Cina, Kreos, Staph
- Wants to be carried: Cham, Cina
- Watchful/ Alert

& For everyone who is eating: Sulph

& Every movement of the doctor: CP, FP, Phos

- Weakly: Hell
- Weather, change of, sensitivity: Nat carb, Kali carb
- Weepy, least thing makes him cry: Caust, Cina, Nat m
- Weeping, coryza during: Puls, Spigelia
- Weight, doesn't put on: Tuberculinum
- Whining restlessness: Cham
- Worms: Embilica ribes; Cuprum oxydatum nigrum (specific for tapeworms/ roundworms)

Ascarides: Cina, Mar v

Best selected remedy fails: Sulph

Diarrhea/ flatulence with worms: Embelia ribes

& Grinding of teeth: Cic, Cina, Spig

Starting & screaming during sleep: Cina

- Arrested development/ IUGR: Thyroidinum
- Undescended testicle : Aur met 200- 10M
- Heading to the asylum, normal sense has never been developed, who lie & steal : Opium
- Habitual vomiting babies: Iris v
- Harelip : Calc sulph 12X, every morning from 3rd to 7th month (both inclusive)

- Mongolism/ mentally deficient children : Medo/ Carc
- Ophthalmia neonatorum : Kali sulph, Puls, Calc sulph, Arg nit
- Jalapa : restless at night
- Speech center, lack of development : Nat mur
- Head-nodding : Sepia
- Atrophy : Oleum jec
- Obstinate : Tuberculinum 200 or 30
- Syphilinum/ Bacillinum : Old, dwarfed, wrinkled with h/o TB
- Asphyxia neonatorum : Ant-t, Opium, China, Aconite
- Cerebral palsy, with serrated teeth: Medo

CHILLINESS

Tela aranea, Psorinum; Alumina; Anthracinum; Castor equi;
 Bellis perennis; Capsicum; Carboneum sulph; Gallium;
 Antipyrinum; Apocynum; Nitri spir dulc; Gelsemium; Hekla
 lava; Helianthus; Homarus; Saussurea; Rumex; Silphium; Stront
 carb; Equisetum; Rhus tox; Flourouracil

- After anger: Bry
- Feels cold/ chilly: Led, Sepia, NV, Agaricus, CC (spots), Hepar,
 Caps (when drinks), Gels (back), Mezereum (head), Ars,
 Pyrogen , Nit ac, RT, Ipec
- Backache & weakness during menses, with: MC
- Hot head and red face, with: Aur, Bry
- One leg, esp thigh, or between shoulders or over one scapula :
 RT
- Small of back : Eup perf, NM
- Runs up the spine : Gels
- Noon : K carb
- Alternating with heat : Solidago
- Coldness, chilliness, sensitive to cold air and touch of cold
 things : Anthemis nobilis, Mandragora
- Coldness : Jatropha; Valeriana
- < Cold air : Conium; Corallium; Ginkgo
- D open air, with : Hematoxylon

- Dullness, slowness with increased appetite : Hepar sulph
- Eating/ drinking, after : Taraxacum
- Flabby, and : Graphites; Helianthus
- Menopause, during : Lycopus virg
- > Open air : Crot cas

CHILLY PERSONS

- Kali carb
- Hepar
- Alumina
- Calc
- Silicea
- Asarum eur

CHLOROSIS

China, Cycl, FM, Puls

- Erethitic < winters: FM

CHOLELITHIASIS (GALLBLADDER STONES)

- China: Continue for 1-2 months

CHOLERA

- Asiatic: Camph, Cup
- Fear of: Ars, NA
- Infantum: K brom
- Morbus: Bism, Camph, Cup
- Cramps in the abdomen/ calves, with: Cup
- Nausea/ vomiting predominates: Colch, Ipec
- Prostrating: AA, Bism, Camph, VA
- Sudden diarrhea & vomiting: Camph

- Suppressed eruption or fright: Zincum
- Vomiting, diarrhea and a cold sweat: Antim t, Camph, VA
- Vomiting predominates: Bism, Kreos
- Kali phos 12X : Specific
- Adrenalinum

CHOLESTEROL HIGH/ CHOLESTEROLEMIA

Glycyrrhiza

- Momordica balsamica 30C (Along with dietary changes/ exercise)
- Guatteria gaumeri tincture
- Cholesterinum 6X

CHOREA

Avena sat; Guaco; Strychnine

- Agg left side : Act rac
- Hysteria, singing, dancing : Croc, Taren
- Melancholy / rage, alternating with : Croc
- Smiling continuous, with: Sumbul
- Pubertal : Act rac, Caul
- Mygale
- Agaricus
- Zizia aurea : < Sleep during
- Stram

CICATRICES (SEE WOUNDS)

- Blood red or blue : Sul ac
- Green : Ledum
- Mammary abscesses, remaining after ; ↓↓ milk flow : Graph
- Old break open again : Caust, Graph

CILIARY NEURALGIA

- Aching & sharp shooting pains in globes, extending to temples, vertex, occiput, orbit, agg going upstairs, better lying down :
Actaea
- Cinnabaris
- Comocladia
- Prunus spinosa

CLAUSTROPHOBIA

Arg nit (Specific)

COCCYX

- Fall on : Hypericum
- Itches : Bovista
- Pain : Kali bich; Hypericum

COFFEE

- Prohibited with : Cham/ NV/ Caust/ Psorinum

COITION

- Agg : Agar, Kalis
- Aversion : Graph
- Burning in, during & after : Lyco, Lyss
- Dryness vagina, preventing coition : Lyco, Lyssin, Natrum
- Painful : Arg n, Lyss
- Bleeding vaginal, followed by : Arg n, NA
- Eyes weakness after coition : K carb
- Genital weakness after : Dig
- Sensitiveness of vagina → painful coition : Lyss, Thuja, Platina

< COLD

Agar, Alum, Antim, Arg n, Ars, Aur, BC, CC, CP, Caps, Caust, Coff, Cup, Cycl, Dulc, Hep, KC, Kreos, Lob, MP, Mez, Nux m, NV, Psor, Thuja

- < Drinking cold water : Ars, Hep, Nux m
- < Cold drinks or intolerance : Chel
- > Drinking cold water : Camph; Ambra
- > cold drinks, food, air : Ambra
- > Cold drinks : Lac can
- Standing in cold water or working in cold clay : Calc, MP
- < Uncovering : NV

> COLD

Aloes, Ambr, Antim t, Apis, Ars (head), Bry, Iodum, Led, Op, Phos (stomach), Sec, Tabacum, Lil tig, Sulph, Guaicum

< COLD AIR INHALATION

Aesc, Antim t

> COLD APPLICATION

Ledum, Phos (stomach), Ars (head), Apis, Puls, Aloes (piles), Arg nit (eyes)

COLD, TAKES EASILY

Ambra, AC, BC, Bell, Bor, Calc, Caps, Graph, Hep, K carb, Nat m, NA, NV, Psor, Tub

- Acute, with aphonia/ hoarseness voice: Pop c

- Beginning, to abort a cold: Quillaya saponaria
- Birds/ poultry, works with : Tub av
- Early stages: Saponaria (breaks up a cold)
- < Milk : Tub
- Open air in : K bich
- Winter in : AC
- Swimming or falling into water from : Antim, RT
- < Uncovered being : NV
- Ars alb 30, every half an hour, 4-6 doses : Cold due to change of weather
- Sulphur/ Psor : Tendency to colds/ Relapsing colds

COLDNESS

- Abdomen/ Stomach, sensation of : Ambr, CC, Colch, Meny
- Anger, after : Bry
- Back, between the scapulae : AM, Lachn
- Extremities : Diphth, Kalm, LT, Medo, Meny, Quasi amara, Heloderma

Cold sweat with : LT

& Coldness, internal, with: Heloderma, Quasi amara

- Fever during, abdomen & legs : Meny
- General : CC, CP, Camph
- Hand icy cold, other warm : China, Dig, Ipec, Puls
- Head : Val
- Heart, about the heart : Carbo an, Kali m, Nat m, Petr
- One foot cold, other hot : China, Dig, Ipec, Lyco
- Prostration and : CV; Pyrogenium
- R foot icy cold, L normal : Chel, Lyco
- Single parts : CC, K bich, Chel
- Surface of body cold to touch : CC, Camph, Led, Sec cor, Tabacum

But not subjectively cold to the patient : Led

Covered with cold sweat : Tabacum

The greater the internal congestion, colder the surface : CC

- Vertex, round spot : Sep, VA
- Elaps : stomach/ chest after drinking
- Ver alb : Coldness with collapse
- Heloderma

COLIC

M cor, Senna, Aconita, Belladonna; Chelidonium; Berb vul;
Lycopodium; Opium; Raphanus; Stannum; Granatum; Pulsatilla;
Flour ac; Gelsemium; Mag phos, Colocynth; Dioscorea; Ocimum
canum; Atista indica

- Anger, from : Colo, Cham, Staph
- > Bending double : China, Colo, MP
- < Bending double/ forward : Dios
- Breath, offensive : Sinapsis nigra
- Cutting around umbilicus : Ipec, M cor
- Dysentery with cutting colicky pains : M cor
- < Eating : CP
- Emotional cramps : Staph
- Frequent : BC, Dios
- > Hard pressure : Colo, MP, Plumbum
- > Heat : MP
- Horses/ cows when Colo fails to relieve : MP
- Infants, daily at 5 am : K brom
- < 4 pm : Colo, Lyco
- Inter Paroxysmal treatment : Berb, CC, Lyco, Sep, Chin sulph,
Hydrangea, NV, Urt-u
- > lying on abdomen: Medo
- Menstrual (See Menses)
- Right lower abdomen : Aloes
- Before and during stool : Aloes
- After stool. Ameliorates : Aloes

- < lying while : Dios
- < Night : China
- Periodic : China, Dios
- As if the intestines were grasped & twisted by a powerful hand : Dios
- Flatulence, from : Dios, MP
- Umbilicus, gripping pain around : Dios
- Regular paroxysms : Dios, MP
- > rubbing : MP
- > standing erect or bending backward : Dios
- Sides

£ L side : Berb, Canth, Tabacum

£ R side : Lyco, NV, Ocimum, Sarsaparilla

- Surgical procedures, lithotomy / ovariectomy, after : Staph; Bismuth; Hep
- Momordica balsamina: Gripping colic L side
- Chionanthus: Colic R side
- Children :

Cataria nepeta

Cham

Colocynth/ Lycopodium (4 pm)

Kali carb (after Colo to end the trouble, not in the acute stage as it will aggravate)

Mag phos

Colocynth acute/ K carb chronic

- Staphysagria : Due to violent emotions in women & children
- Plumb met : colic with constipation
- Kali carb (chronic of Colo)
- Iris v : with sick headache/ diarrhea
- Dioscorea
- Sinapis nigra : Colic with offensive breath
- Collinsonia : After Colo/ NV fail
- RT/ Colo : > bending double

- RT : > moving about
- K brom : < 5 am, infants
- Granatum
- Illicium : recurring colic
- Micromeria
- Momordica bal
- Anger/ ice water, from : Colocynth
- Dyspnea, preceded by; > Pressure, dyspnea > lying on L side :
Castoreum
- Eating, after : Gratiola
- Infantile with flatulence : Senna
- > Pressure, bending, heat : Atista; Mag phos; Colocynth
- Renal with nausea/ vomiting : Ocimum canum
- > Rubbing : Nat sulph

COLLAR, TOO TIGHT, MUST LOOSEN IT

Amyl, Lach

COLLAPSE

Camph, CA, CV, CH, Diph, M cyan, Medo, VA

CHOLERA

Skin cold, yet cannot bear to be covered : Camph, CV, Sec,
Medo, VA

COMA

- Vipera
- Ars alb: Poisoning like state
- Arnica: Brain edema
- Carbo veg: Cold skin

- Aethusa: staring eyes with dilated pupils; red spot cheek, diarrhea, cold skin
- Opium
- Zinc sulph
- Involuntary evacuations/ diarrhea, with: Arnica 10M (first remedy)
- Unable to talk, thrombotic phenomenon: Bothrops high potency; Crotalus case
- Chenopodium antihelminthicum
- Kali brom
- Vipera
- Before coma, low muttering delirium: Solanacea/ Stramonium/ Hyos

Foolish talking: Opium, Stramonium, Hyos

Stares at one spot: Ignatia

- Excessive pressure/ responsibility: Aurum, Baryta, Plumbum
- One Pupil dilated, one constricted: Cadm sulph
- Yawning in coma: Amyl nit (convulsions, 30C)
- Tuberculinum 10M/ Hell 10M/ Syphilinum 10M: Coma
- Cardiac pathology, with : Laurocerasus; Vipera
- Complimentary remedy : Betonica off
- Difficult opening of eyes : Opium
- Hot occiput and cold forehead : Zincum
- Kidney pathology, with : Terebinth

COMPLEMENTARY REMEDIES

- Antim ~ Squilla
- Apis ~ Nat m (acts well before & after it)
- Arn ~ Acon/ Hyper/ RT
- Ars ~ All s, CV, Phos, Pyr
- Bell ~ CC
- Bry ~ Alum/ RT
- CP ~ Ruta

- Calen ~ Hep/ Sal.ac.
- Carbo an ~ CP/ Phos/ CC
- CV ~ KC
- Caust ~ CV/ Petros
- Cham ~ Bell (Children's diseases : Abdominal N, Cranial N respectively)
- China: FM
- Colo ~ MS; Dysentery with great tenesmus
- Cup ~ Calc
- Dros ~ NV
- Dulc ~ BC/ Kali sulph
- FM ~ Alum/ China
- FA ~ Coca/ Sil
- Graph ~ Caust/ Hep/ Lyco
- Ham ~ Ferr in hemorrhages & haemorrhagic diathesis
- Hep ~ Calen in injuries of soft parts
- Iod ~ Lyco, Badiaga
- Ipec ~ Cup
- Lach ~ Hep/ Lyco/ NA
- Lithium carb ~ ACTH
- MC ~ Cham, ACTH
- MP ~ Cham (Vegetable Analogue)
- NA ~ Ars/ Calad
- NM ~ ACTH
- NV ~ Sulph
- Puls ~ ACTH
- Sarsaparilla ~ Merc/ Sepia
- Stannum met follows CV well
- Sulphur ~ Aloe/ Psor
- Sul ac ~ Puls
- Thuja ~ Medo; Sabina; Silicea
- Trillium ~ CP; menstrual and haemorrhagic affections
- Kali carb ~ Carbo veg
- China ~ Carbo veg
- Hyos ~ RT (Delirium)
- Bary carb ~ Antim tart/ Dulcamara
- Camphor ~ Cantharis

- Tuberculinum : Drosera/ Silicea/ Psor/ Sulph
- Alumina ~ Bryonia
- Puls ~ Silicea ~ Flour ac
- Berberis vul ~ Calc flour
- Chlamydia trachomatis ~ Histaminum
- Cina ~ Drosera (coughs)
- Citrus limonum ~ Sepia
- Colocynth ~ Staphysagria (Ovarian diseases)
- Histamine ~ Thyroidinum
- Hydrastis ~ Tamoxifen
- Ignatia ~ Carcinocene
- Lycopodium ~ Fluorouracil
- Serum ang ~ Plumbum
- Thuja ~ Taxus baccata

COMPREHENSION, DIFFICULT

(must read twice before he can understand a sentence)

Agnus, Lyco, Nat c, PA, Sep

CONCENTRATION

- Lack of, to read or study : Lac can; Bovista; Graphites; Lach; Nat carb; Sepia
- LC (Reading/ Studying)
- Aethusa
- Scutellaria

CONCUSSION

Arn, Hyper, Sul ac

- Brain : Sul ac
- Spinal : Arn, Hyper

CONDITION, GENERAL

- Cataleptic, conscious but without power to speak or move : Graph
- Deep seated progressive chronic diseases : Lyco
- Diseases with faulty nutrition with reflex affections of the nervous centers : LD
- Epidemics occurring in Jan/ Feb : Mez
- Improves for a while, then comes to a standstill : Caust, Psor, Sulph
- Mental/ physical affected/ altered by the illness : Lach
- Should not be given in lying-in period, except in very high potency : Iod
- Produces a profuse watery diarrhea with great relief to the patient : M sulph
- Recovers slowly from every sickness : Nat s
- Commence the treatment of cases that have been drugged by mixtures, bitters, vegetable pills, nostrums/ quack remedies, esp aromatic or hot medicines : NV
- Should be given on retiring, or several hours before going to bed; it acts best during repose of mind & body : NV
- Lack of vital reaction; the well selected remedy makes no impression : CV, Laur, Op, Val

CONFIDENCE, LACK OF

- In himself & others: Anac

CONFUSION

- Mental : CC, Dulc, LT

Cannot find the right words for anything : Dulc

CONJUNCTIVA

- Contusions, esp if much extravasation of blood : Led
- Coughing, from : Ham
- Ecchymosis : Led
- Scarlet red eyes like raw beef : Arg n
- Profuse muco-purulent discharge : Arg n
- Soreness intense : Arn, Calen, Ham, Led
- Sugillations/ extravasations into the eye chambers : Ham
- Orange : Lach
- Traumatic : Ham
- Yellow : CH, Lach

< CONSOLATION

Hell, Ign, LT, NM, Sep, Sil, Streptococcinum

CONSTIPATION

Tub bov; Abelmoschus; Alumina; Opium; Ast rub; Indium;
Iris v; Thallium; Silphium; Nat ars; Equisetum; Platina;
Cisplatin

- Alternating with diarrhea : Abrot, Antim crud, Chel, Iodum, NV, Sulph, VA
- Backache & cramping pain rectum, followed by : FM
- Breath, horribly offensive : CA, Op, Psor
- As if something tight would break if much effort was used : Apis
- Chronic/ tendency/ habitual: Graph, LD
- Confinement since: Lyco
- Desire, none: Opium
- Difficulty in expelling soft stool: Psor, Alum, China, Nux m
- > Drinking cold milk: Iod
- Drunkards : NV

- Hard dry difficult stool: Aesc, AM, Aster, Bry, Chel, Collin, FM, LD, MM, Nat m, Sulph
- Hard round balls like sheep's dung : Chel, MM, Op, Plumb
- > Constipation : CC
- Constriction, throbbing, fullness at anus, with : Melil
- Contraction at anus : Nat m
- Crumbling on the verge of anus : AC, AM, Mag m, Nat m, Thuja, Silicea, Sanicula
- Frequent desire : Caust, Ign, NV
- Dry heat rectum : Aesc
- Flatus, with much : AM, Collin
- Hemorrhoids, impeding, with : Caust, Collin
- Home, when away from : Lyco
- Inactivity / paresis rectum: Bry, Lach, LT, Op, Sulph; Tabacum
- Ineffectual urging: Anac, Aster, Caust, FM, Iod, LD, Lyco, NV
- Upper abdomen : Ign, VA
- Infants: Lyco
- Intestinal atony: FM
- Involuntary; knows not whether feces/ flatus escaped: Aloes, Iod, MA, Nat m, Olean, Podo
- Labor after : LT
- Lead poisoning, from : Op
- < Mental exertion : NV
- < Morning after rising : NV
- Obstinate: Aster, Cann s, LD; Syph
- Painful, dreads to go: Ign, LD, Melil, Nat m, NA, Sulph
- Paralytic origin: Ign
- Puberty since: Lyco
- Sanguine : Aur
- Sea, on going to : Bry, Plat
- Severe backache LS : Aesc
- > Stool after, for a time : NV
- Colic precedes obstinate constipation : Aloes, KC
- Mechanical removal of the stool : Aloes, CC, Sanic, Sep, Sel, Sil
- No desire or ability, until large accumulation: Alum, Arn, Bry, Lach, Melil, Op, Sulph
- No desire or ability: Bry

- No two stools alike: Amm m, Puls
- Rarely suffers from constipation: NA
- Recedes, after being partly expelled: Thuja, Sanicula, Silicea
- > Standing: Caust
- Straining/ tenesmus: Alum, Collin, LD, MM, Melil
- Strictures, rectum as if; the agony of enema is like labor : Syph, Lac c, Tub
- Bottle fed; nursing children : Alum
- Obstinate : Amm m, LD
- Old ppl : Alum., Lyco, Op
- Pregnancy : Alum, Collin
- Unfinished sensation : NV
- Whooping cough, with : Ambra, Podo
- Women

Corpulent, good natured : Graph, Op

Who habitually drink coffee : Ign

- Nat mur/ carb
- Hydrastis can tincture, 1-3 drops in water, every morning
- Bryonia : Elderly women with chronic constipation (Lac def)/ vertigo/ rheumatism
- Platina : After NV fails in obstinate constipation
- Lach/ Caust/ Nit ac : Constriction sphincter; inactivity, no urging
- Alumina/ Melilotus : No desire until large accumulation
- Alumina/ Ver alb/ Lyco/ Nux : Nursing children from artificial food; old ppl (lyco/ opium)
- Alumina/ Sepia : Rectum inactivity
- Ver alb : no desire, stool large, hard (Bry, Sulph)
- Opium/ Chelidonium/ Plumbum/ Ver alb : Round, black balls
- Ignatia/ Ver alb : Frequent desire felt in the epigastrium
- Nux vomica : Desire felt in the rectum
- Ineffectual urging : Anac; Nux vom; Lac def
- Lac def : Dry, hard (Bry/ Sulph); large, hard, straining, lacerating anus, painful extorting cries
- Cascara: with rheumatism

- Paraffin
- Alternating with diarrhea : MAP
- Concomitant : Sanicula; Ruta; Torula; Nyctanthes
- Contra-indicates : Hydrocotyle
- Hard, followed by back ache or pain rectum : Ferr m
- Joint pains, with : Gratiola
- Liver torpor, with : Stillingia
- Nux vomica, like : Collinsonia
- Obstinate : Lac def; Ruta; Term cheb; Torula, Syphilinum
- Rattling sensation, with : Bacopa mun
- Respiration, difficult, with : Cassia sophera
- Splenic disorders, in : Andersonia rohitika
- Travelers, in : Pneumococcinum
- Weak literary men with headaches : Niccolum

CONSTITUTION/ TEMPERAMENT

- Bilious : Bell, NV
- Broken down/ Worn out : CH, Eup perf, Hydr, NA
- Chlorotic : China, Cycl, FM, Puls
- Choleric : Coff
- Leucophlegmatic : CC, Cycl
- Lymphatic : Agnus, Aster, Bapt, Bell, Hep; Thuja
- Hydrogenoid : Antim t, Nat s; Thuja
- Phlegmatic : Caps, Dulc, Mez
- Plethoric : Bell
- Robust : Colch
- Sanguineous : Aur, Cact, Coff, FM, Hyos, NV
- Scorbutic : AC
- Scrofulous : BC, Brom, CP, Con, Diphth, Dulc, Iod
- Strumous : Apis, CH, Diphth
- Worn out : Coca

CONTRADICTION

- Cannot bear : Aster, Anac, Aur, Cocc, Con, FM, Ign, Helon, Lyco, Silicea
- Remedy of : Ign

CONSTRICTION/ CAGED

Anac, Cact, CA, Caps, Sulph

- As of a band /hoop around a part : Anac, Cact, Carb ac, Sulph
- < Constriction, throat/ abdomen : Lach

CONVERSATION >

Eup perf

CONVULSIONS/ EPILEPSY

- Absinthium
- Bufo
- Datura Metel
- Salamandra
- Linum usita
- Curare
- Lolium t
- Thyroidinum: Newborns when it is not due to any trauma during delivery or when it is not attended with a rise in temp
- Stigmata maydis
- Cup met : to stop the frequency of attacks; old & obstinate cases; re-establishes the discharge suddenly suppressed & lead to convulsions
- Kali hydr : curative in recent cases & palliative in chronic cases
- Kali mur : First remedy for schussler in epilepsy
- Lachesis : Comes on during sleep (Bufo); Onanism; Jealousy

- K brom : a day or two before menses; new moon; headache follows attack
- Art vul
- Hydrocyanic ac
- Indigo: due to worms

CORNS

Antim, Ranunculus sceleratus, Ferr pic; Sempervivum; Spartium

- Excruciating pain with : Hyp
- < hanging feet down: Ran sceleratus, Phytolaca
- Large, horny; soles of feet : Antim, Ran b
- Sensitive when walking : Antim
- Antim crud 50M
- Ferr pic 3X/ 3C
- Sempervivum Tec. : Specific

CORYZA/ CATARRH

- Acrid, fluent: Arum t, Merc
- Acrid with bland lachrymation: All c
- Anxiety, about the heart: Spigelia
- Bland with acrid lachrymation: Euphrasia
- Catarrh: K bich, Hydrastis, Hepar, Silica, Sanguinaria, Euphrasia, Sticta pul, Phos, Alumina
- Chronic: Thuja; Theridion
- > Cold bathing: Calc sulph
- Cold places, sitting in; on stone steps: NV
- < Damp weather: Mercurius
- Diarrhea, ends in: Selenium
- Discharge, suppressed: Puls, Asafetida, Medorrhinum, Lachesis (mind related to discharges)
- Dry at night, fluent by the day: NV, Niccolum, Sambucus, Lycopodium, Amm carb
- Eating, only when: Trombidium, Carbo animalis

- Thick green mucus, blood and pus: Pulsatilla; Thuja
- Thick yellow mucus with: Lac c
- Thick, yellow, greenish offensive: Theridion; Pulsatilla; Thuja
- Thin, watery, burning: Aesculus, Arg m
- Thirst in coryza: Acon, Ars alb, Merc, All cepa
- Exhausting: Arg m, Eup perf, Lac can
- Hawking much thick mucus from throat: Nat c
- Orange: Cina, Cantharis, CC
- < Night: Merc
- Posterior nares & throat: Nat c, Pop c, Hydrastis, Spigelia
- Raw nostrils, with: Arum t, Ars alb, All c, Merc
- Profuse fluent morning with violent cough & profuse expectoration: Euphrasia
- Profuse during day, stopped at night: Nat c, NV
- Sneezing with: Arg m, Arum t, Merc
- Taste

& Fish-brine: Sanicula, Medo, Chlamydia nosode

& Musty: E coli

& Salty: NM

& Old cheese: Hepar

- Watery, acrid corroding the nose, upper lip: AM, All c, Ars, Arum t
- < Warm room, > cold air: NV
- Long lasting/ chronic: AC, K bich
- Yellow green fetid pus-like: Merc; Theridion
- Yellow-green: Cinnabaris, Elaps, Kali sulph, Sepia, Puls, Nat sulph
- Quillaya sap
- Ars alb 30 : Every 3-4 hrs for colds due to change of temp
- Sulph/ Psor : Relapsing colds
- Trombidium : nose drip only while eating
- RT/ NV : Severe coryza, in the morning after rising from the bed with sneezing
- Kali iod : Running coryza, < warmth of bed; when merc seems indicated

- Thick white mucus: Kali mur; Lac can
- Lac can/ Arum/ Cepa : Acrid discharge, nose and lip raw
- Saponaria : Breaks up a cold

COUGH DURING

- Pregnancy: Apocynum, Conium, Cuprum, Nux m

COUGH FROM

- Bathing/ standing in water : Nux m
- Cold damp places, living in : Nat s, Nux m
- Drinking cold water : Carbo veg
- Dry spot in the larynx : Con
- Dry spot in the throat : Act rac
- Exertion violent : Mill
- Fall from a height : Arn, Mill
- Feather sensation in the throat : Dros
- Fistulous operations : BV, CP, Sil
- Irritating things like salt, wine, vinegar, pepper : Alum
- Itching low down in the lungs, behind sternum; extends through bronchi → Nasal cavity : Coc c, Con, Iod, Phos
- Laughing : Arg m, Dros, Phos, Stann
- Motion, slightest/ speaking : Bry, Cina
- Singing high notes : Arg m, Arg n, Alum, Arum
- Uncovering any part of the body, from : Hep
- Warm in bed, getting/ overheated : Nux m

COUGH

- < Candies: Medo
- Cardiac cough, < night on lying down: Prunus v
- Child cries before cough : Bell, Arnica
- Chronic : BC, Eup perf
- < Cold : Alum, BC

- > Cold : Meph, Cocc, Cactus
- Constant titillating cough as soon as the head touches the pillow : Bell, Dros, Hyos, Rumex
- > Covering mouth with a handkerchief: Rumex
- Croupy, choking strangling : Hep
- Daytime only : Euph, FM, NM
- Deep hollow : Lyco, Medorrhinum

Like coughing in a barrel : Medorrhinum

- Deep sounding hoarse racking barking : Dros, Hep, Verbascum
- > Drinking cold water : Caust, Cup met
- Dry hoarse croupy : Iod
- Dry irritating sympathetic cough in the acute stage of rheumatic carditis, or chronic organic lesions : Naja, Spong
- Dry constricted asthmatic spasmodic : Ipec, K carb
- Dry hollow, after C19: Myrtus Comm
- Dry incessant, severe painful as if mucus membranes were torn from the larynx : Medo
- < Drinking : Dros, Hyos
- < Eating/ drinking : Bry, Dros, Hyos
- < Eating, > vomiting : Mezereum
- > Eating : FM, Spongia
- < Entering a warm room : Bry, Dros
- Exhalation, on : Acon, Caust
- Not > expectoration : Lyco
- Eructation with : Ambra
- Expectoration at night, with : Caust
- Expectoration in morning, not in the evening : Ambra / Hyos
- Every spring/ fall, returns: Cina
- Feet, goes up, jerking up: Theridion, Agaricus
- > Flatus: CV, Sang
- > Getting on hands & knees : Eup perf
- Head would fly to pieces, as if : Caps
- > holding the chest with both hands: Bry, Nat s, Nic
- Abdomen, holds: Drosera
- Throat, holds: All c, Iodum

- Hands on the thighs, with: Niccolum
- Influenza, after: Medo, Sang, Amm carb
- Inhalation, on : AA, Bry, Spong
- < Laughing : Dros
- Loose after eating, dry after drinking : Nux m
- < Lying down : Bell, Con, CT, Dros, Hyos, Medo, Rumex, Prunus v

R side : Merc

Stomach on : Medo

- > Lying down: FM, Mang, Rumex, Phos, CV, Sinapsis nigra
- < Measles, during & after : Dros
- Measles, following : Eup perf
- < Midnight after : Dros
- < Motion : Cina, Bry
- < Night : Con, Dros (young ppl in tuberculosis), Eup perf, Hyos, Merc
- > Night : Mang, Euphrasia, Arg met, Thuja
- Suppressed intermittents, following : Eup perf
- Violent : Ambra, Dros
- Paroxysmal : Ambra, Caps, Con, CT, Dros, K carb, Merc

Two : Merc

- Pertussis, remaining after : Caust
- Psoric children : BC, Caust
- Eructations, with : Ambr
- Hoarseness, with : Ambr
- < Talking, reading aloud : Ambra, Dros, Hyos, Phos
- Loose, morning : Ambr, Hyos
- Nervous : Caps, Ignatia
- Dry, evening : Ambra
- Dry hard racking : Bry, Hyos, Iod, K carb, Merc
- Whooping cough, without crowing inspiration: Ambr
- Riding in a car from : Ign
- < Singing : Dros, Hyos, Phos

- > Sitting up : Dros, Hyos, Nat s
- Sneezing, with : Cina
- Sneeze, ending in : Bell, CV, Senega, Agaricus
- Spasmodic : Caps, Chel, Cina, Con, CT, Cup, Dros
- < Standing still during a walk : Ign
- < Swallowing/ drinking cold water : Spong
- > Swallowing cold water : Caust, Cup
- < Sweets : Medo
- < the more he coughs : Ign
- Tickling in the throat, dry, as from dust : AC
- Tickling trachea, causing short cough: Calc acet
- < Touching the throat pit: Rumex
- Tubercular coughs: Rumex
- < 3-4 am : AC, KC
- 11 pm : Rumex, Lach
- < Undressing : Hep, K bich
- Urging increased : Ign

Felt more in the upper abdomen : Ign, VA

- Viral illness/ flu, after: Tub, Bac, Medo, Influenzinum
- > Walking abt the room/ sleeping in a chair : CT
- < Warmth : Dros
- < Warm wet weather : Iod
- < Weeping : Dros
- Bacillinum: Grippy colds, persistent cough, single dose
- Xanthoxyllum: Dry cough
- Pix liquida: Cough rales
- Acalypha indica
- > eating: Ferrum met, Spongia
- < lying down, > sitting up: Conium, Hyos
- < uncovering: Hepar; RT
- Mentha piperita: Dry cough specific
- Senecio aur: Loose cough
- Itching chest/ throat: Conium/ Iodum
- Senega/Sticta/Rumex in alternation: Teasing cough
- Puls: Specific for loose by day, dry tickling at night

- Ignatia: The more she coughs, the more is the irritation to cough; she won't stop enough to say anything to the physician
- Carcinocene: Whooping cough when well selected remedies failed
- Kali sulph: Rattling chest < every change of weather; following an acute attack of inflammation
- Ant tart: Bronchial tubes loaded with mucus
- Sambucus tincture: Suffocative cough of children at night with wheezing/ great dyspnoea, without croup
- Alumina: Cough violent from elongated uvula
- Ferr phos: Incontinence urine with every cough
- Ferrum met: Cough with vomiting of food
- Conium/ Causticum/ Kali brom: Cough during pregnancy
- Naja/ Spongia/ Laurocerasus: Dependent on cardiac lesions, irritating dry cough
- Kali carb/ Badiaga/ Chelidonium: Mucus flies out of the mouth while coughing
- Kali sulph/ Antim tart: Rattling chest
- Cough at 5 am: K carb; N sulph
- Nervous cough of pregnancy; threatening abortion: K brom
- Hepar: Sweats with the cough; < uncovering (RT)
- Alumina: All irritating things, like salt, vinegar, wine, pepper
- Ichthyolum: Winter coughs of old men
- Oleum sant: Hacking
- Phellandrium: Tubercular cough
- Sambucus tincture: Suffocating cough, waking up in the middle of the night accompanied by wheezing and great dyspnea
- Stillingia
- Verbascum: Hoarse cough
- Ars iod: Advanced tubercular cough, to keep up strength and appetite
- Lingering coughs: Ammonium iodide 30C
- Sassurea lappa: Better by water, dry with cachexia after cancer treatment with stomach symptoms
- Better by cold water, rawness with burning: Causticum (shows rawness throat with one finger), Phos (shows rawness throat with multiple fingers)

- Holds throat cough during: Iod, All cepa
- Attention, < : Ignatia
- Bed, in, > changing position : Ignatia
- Cannot cough deep enough : Causticum
- Cardiac cough : Lycopus virg
- Change of weather, < : Justicia
- Complimentary to Drosera : Cina
- Constipation, with : Justicia
- Convulsive : Theridion
- Coryza followed by cough : Justicia
- Crying before coughing : Arnica
- Cyanosis, with : Justicia
- Drinking water, > : Saussurea; Causticum
- Dry, irritating, paroxysmal, with hemorrhages : Vanadium
- Dry tickling cough : Laurocerasus; Oleum
- Dry, unproductive with eosinophilia : Glycyrrhiza
- Dyspnea, with : Justicia
- Eating, > : Ferr met
- Entering a room and clearing the throat, < : Pneumococcinum
- Expectoration, profuse, with : Ichthyolum
- Gastric origin, with indigestion, > vomiting & drinking water :
Mezereum; Saussurea
- Haemorrhagic cough : Helix tosta
- Has to put arms on the thighs during cough : Niccolum
- Hoarseness, with; < change of weather : Sol x
- Hold chest while coughing, must : Nat sulph; Bryonia
- Loose, followed by vomiting of tough, ropy, stringy mucus :
Corallium rubrum
- Lying down, < : Aralia rac; Grindelia; Helix tosta
- Night, <, preventing sleep : Helix tosta
- Paroxysmal, > warm drinks : Castanea; Cuprum; Saussurea
- Paroxysmal, violent with coryza : Corallium
- Profuse, tenacious expectoration, > : Grindelia; Solanum
- Rawness during cough : Causticum; Saussurea (179)
- Recurrent, relapsed, dragging : Sepia; Justicia (51); Pertussinum
(174)
- Sneezing after cough : Hepar sulph (152); Senega (180)

- Spasmodic, followed by sneezing : Badiaga (103)
- Sweat, ending in : Ignatia (157)
- Winter cough of old ppl : Ichthyolum

COUGH WITH

- Belching : Anacardium
- Bright blood, raising of : Mill

Daily at 4 pm : Lyco, Mill

- Bloody/ purulent sputum : Dros
- Bloody eyes : Arnica
- Cheerfulness, with : Lyco
- Chest burning : CV, Ars, Sanguinaria can
- Chest soreness : Nat s
- Chest stitches : Bry
- Chill : RT
- Diarrhea, night : Sanguinaria can
- Easy expectoration : Arg m
- Eructations, with: Ambra
- Flatus, offensive : Caps
- Gagging/ vomiting : Bry, Cina, Dros, Euph, Ipec, K bich, K carb

Morning : Cina

- Gurgling sound, as if water being poured from a bottle : Cup
- Hemorrhoids : Mill
- Headache, as if it would fly to pieces : Bry
- Headache & congestion face : Ailanthus
- Inability to expectorate, must swallow sputa : Arn, Caust, KC
- Itching in the chest/ throat : Con, Iod
- Lachrymation/ Tears excessive : Euph, Nat m
- Menses, suppressed : Mill
- Mucus, gelatinous like boiled starch : Arg m
- Mucus flying out of mouth while coughing : Bad, Chel, KC

- Pain in distant parts : Caps, Caust (hips)
- Palpitation & oppression : Mill
- Rawness/ soreness chest : Caust
- Rattling of mucus during but no expectoration : Antim t, Brom
- Rattling mucus in the bronchi when inspiring : Antim t, Ipec
- Rattling violent and gagging of viscid mucus : K bich
- Sneezing with : Senega, Agaricus
- Threatened suffocation from mucus : Ipec
- Urination and stool, with : Mephitis
- Vomiting of water, mucus & often bleeding at the nose/ mouth :
Cup, Dros
- Weariness & lassitude : BA
- Wheezing & sawing respiration : Iod, Spong

< COVERING

Camph, Medo, Sec cor, Ignatia

> COVERING

Phos, NV, Hepar, Silicea, Bary carb, RT, Ars alb, Bell, CV (upto neck)

COVID/ C19

- Post-covid: Tub aviare (200, twice a day, for 2 days), Sarcolactic acid, Myrtus com
- Mucormycosis, post covid: Ars alb (1st stage), Merc sol (2nd stage), Sec cor (3rd stage)
- Conjunctivitis, with or post-covid: Euphrasia
- Menorrhagia, post-covid: Sabina
- Sleeplessness: NV

COWARDICE / ↓↓ COURAGE

Gels, Lyco

CRAMPS

Jatropha

- Calves : Eupion; Calc carb
- Muscles during laughing, yawning, weight-lifting : Saussurea
- Calves/ feet at night : Sulph
- Paralyzed limbs: Plumbum acet
- Piano/ violin players : MP

CRAVINGS

- Fresh air : Amyl, Arg n, Lach, Puls, Sulph
- Things that make him sick : CV
- Acids, pickles, sour : Asoka; Medorrhinum; Antim crud; Drosera; Malaria off; Veratrum alb
- Alcohol : Quercus
- Clay : Eclipta alba
- Coffee : Angustura
- Cold drinks : Rauwolfia; Nat sulph
- Fruits : Apium g; Theridion
- Green fruits : Medorrhinum
- Ice : Ruta; Medorrhinum
- Meat : Ars iod; Allium sat; Drosera; Gallic acid; Iodoform; Lil tig; Rumex
- Milk : Malaria off
- Oranges : Medorrhinum
- Potato/ tomato : Mandragora
- Salt : Streptococcinum; Causticum; Nat ars; Thuja
- Sugar : Thyroidinum
- Sweets : Asoka; Sac off; Anthracinum; Medorrhinum; X-ray

- Tobacco : Daphne indica; Mandragora; Tabacum
- Warm drinks : Lycopodium; Azadirachta ind

CROHN'S DISEASE

MAP; Tub bov

- Merc cor
- Terebinth
- Carc
- Ignatia
- Nat mur
- Staph
- Nux vom
- Lyco
- Merc sol
- Bryonia
- Podo

CROUP

AA, Acon, AA, Brom, Hep, Iod, Ipec, K bich

- Children, with light hair & eye-brows, thin white delicate skins :
Brom
 - Expectoration tough mucus or fibro elastic casts in the morning
with dyspnea : K bich
- > Lying down : K bich
< Lying down : Aral, Lach
- Exposure to dry cold wind : Acon, Hep
 - Hoarse metallic : K bich
 - Membranous : Iod, M cyan
 - Bromium : After failure of Iod, Phos, Hep, Spong; esp in
relapses after Iod

- K bich; fever without
- K brom; cyanosis with
- Lach : Distressing aggravations after sleeping ; hopeless cases of croup
- Aconite
- Spongia
- Hepar

CROWD <

Lil tig

CURSING/ SWEARING

- Lac can
- Lil tig
- Nit ac
- MAP

CYANOSIS

Antim t, Carbo an, CV, Laurocerasus 6

- Coldness, with : Laurocerasus
- Convulsions, with : Hydrocyanic ac
- Hands : Cisplatin
- Mottled : Oxal ac

CYNICAL

Do not want to get well : Cyclamen



D



DAMP WEATHER

- Agg: Elaps, Dulcamara, RT, Aranea, Arsenic, AC, Antim t, Ars, Ars i, Borax, Brom (Warm damp), CC, CP, CV, Dulc, Gels, Nat s, Tereb, Merc, RT, Thuja, Streptococcinum; Sycotic co; Ast rub; Calendula; Carboneum sulph; Causticum; Nat sulph; Nyctanthes; Chimaphila; Guaicum; Dysentery co; Teucrium; Saussurea
- Amel: Alumina, Causticum, Asar, Ars, Cham, Hep, Medo, Nit ac, NV, Carcinocene

DANDRUFF

- Badiaga
- Carbolic acid LM3
- Cochlearia armoracia tincture
- Staphysagria tincture

DARK

- < : Stram
- Eyes: Lach, MA, NA
- Hair and eyes: Acon, Aur, Bry, CP, Caust, Iodum, MA, NA
- Hair, eyes, skin: Iodum
- Children: Caust
- Complexion: Coff, Kreos, MA, NA
- Hair: K carb, MA, NA, NV
- Spots skin/ Melanoderma: Ars alb 3C/6C

DAY-BLINDNESS

- Bothrops
- Lycopodium

DEAFNESS

- Guaicum: Recurring earache, with
- Kali mur: Following purulent or catarrhal otitis media
- Salicylic ac 3C: with tinnitus
- Bary carb: From mumps / Parotid glands
- Merc dul: Advancing years
- Tabacum: Tobacco addiction, with

DEBAUCH, AFTER

- Agar
- Antim
- Asar
- CV
- Eup perf
- Lob
- NV
- Ran b

- Lupulus

DEBILITY

Ars, Diph, Hydr, Iod, Ipec, MA

- Effort least, mental/ physical: Nat c
- Emaciation with: Abrot, Iod
- Excessive; not caused by loss of fluids: Sec cor, Diph, MA
- Exhausting discharges: CV, China, Ham
- Extremes of heat/ cold, from: Lach
- Haemorrhoidal bleeding, after: Ham
- Lower jaw hangs down, slides down in bed: MA
- Old ppl: Con
- Sleepiness, with: Aeth
- Summer during: Ant c, Nat c
- Remaining after acute diseases: CP, Psor
- Sexual excesses, after: Cocc
- Straining/ over lifting: Carbo an

DEEP VEIN THROMBOSIS (DVT)

- Vipera: Bursting sensation, veins

DEFICIENCY DISEASES

- China
- Nat mur

DELICATE WOMEN

AC, FM

- With a smelling bottle continually in hand: AC

DELIRIUM

- Mania with desire to cut & tear everything esp. clothes: Ver alb, Tarentula hisp
- Religious mania: Ver alb, Hyos, Stram
- RT/ Hyos: Alternation
- Cold water running in the veins: Ver alb
- Delirium tremens: Passiflora
- Answers correctly but delirium returns at once: Arn
- Blames himself for the folly: Opium
- Constant raving, in typhoid, with: Agar
- Falls asleep in the midst of an answer: Bapt
- Friendless, he is: Alumina
- Gets out of bed and wants to go home: Bell, Bry, Act rac, Hyos, Opium, RT, Stram
- Fever, after: Arg met
- Imagines that one leg is double, that another person lies alongside of him in the same bed, that there are two babies in the bed: Petr, Val
- Loquacious, talks all the time, sings, makes verses: Stram, Bell, Hyos
- Loud moaning in typhoid: MA
- Meningitis spinal, with: Nat s
- Murmuring, with desire to get out of bed: Zinc
- Muttering: Lach, MA
- Repeats same sentences: Camphor
- Restlessness, irrelevant answers, thinks she is in the wrong place, talks of imaginary doings but has no wants and makes no complaints: Hyos
- Strength, exalted with: Agar, Hyos, Aur, Stram
- Talks constantly, eyes wide open, face red or puffed, or unconscious; eyes glassy half closed, face pale, deep coma, preceded by stupor: Opium
- Talks of business: Bry
- Thinks she is not at home: Bry, Opium
- Tremens: Cann I, Hyos, Opium

Old emaciated ppl, bloated face, stupor, eyes burning hot dry,
with loud snoring: Opium

- Tries to escape: Bell, Hell, Bry
- Violent; bites, spits, strikes, tears things; fits of laughter, gnashes teeth: Bell, Stram
- Violent, restrained and calmed with great difficulty: Zinc
- Business of day, at night: Bryonia
- Night, fever, during slow; coldness of parts: Camphora
- Headache / neuralgia with delirium: Syphilinum
- Brain inflammations / encephalitis, with delirium night: Puls
- Myelitis, in delirium night: Dulc
- Pleuritis, delirium night: K carb
- Pyemia / Infection, in delirium, night: Ars alb
- Blames himself for all of his follies: Opium
- Dropsy / constipation with delirium: Acet ac
- Redness eyes / dilatation pupils, protruding eyes, red face: Bell
- Refuses to take medicine, removes clothes, erotic; wants to be naked: Hyos
- Muttering : Taraxacum
- Night, jumps out of bed and sweats : Gallic acid
- Stammering, piercing cries; convulsions alternating with coma with a desire to escape : Solanum; Belladonna

DELIVERY

- Samb n: Debilitating perspirations after delivery which retard convalescence
- Arnica/ Hypericum: Before & after delivery
- Staph: If catheter in place
- Acon
- Arnica
- Ars alb
- Bellis
- Caulophyllum
- Cimicifuga

- Cham
- Gels
- Hypericum
- K carb
- K phos
- Puls
- Pyrogenium
- Secale cor/ Viscum alb: Retained placenta

DENGUE

Tinospora cord; Trichosanthes; Chin sulph

- Acon
- Ars
- Bell
- Bry
- Eup perf
- Gels
- China ars (1M, liquid doses, frequent repetition)

DENTAL PROBLEMS

Abscess

- Belladonna: Best used for early dental abscess accompanied by redness and throbbing.
- Bryonia: Used for acute inflammation or if pricking pain is relieved by firm pressure.
- Hepar Sulphuris: Used for abscess accompanied by pus formation.
- Myristica: Used when swelling is accompanied by numbness of the area.
- Pulsatilla: Used when the pain is accentuated by heat and relieved by cold water.
- Pyrogenium: Used when pus is present without drainage.

- Silicea: Used to hasten the discharge when pus is draining.

Apprehension

- Aconite: Used for panic, fright, and general mental and physical restlessness, or sudden violent attacks.
- Calcarea carbonica/ Phos: Used for the fearful, weary, and hopeless person who worries toward evening.
- Coffea cruda (potentized coffee): Works well as a tranquilizer.
- Chamomilla: As a tranquilizing action for restful sleep. Also raises a low pain threshold.
- Nux vomica: Works well in many high strung, nervous, irritable people with stomach problems.
- Pulsatilla: Used for states of anxiety.

Bruxism

- Belladonna: Used for grinding problems that cause painful teeth.
- Podophyllum: Used for night grinding when experiencing a burning sensation of the tongue.
- Tuberculinum: Used for children who grind their teeth.

Caries/ Necrosis

- Theridion

Gingivitis Periodontitis and Alveolitis

- Arsenicum album: Used for unhealthy, bleeding gums.
- China: Used for gum tissue that is bleeding.
- Ferrum phosphoricum: Used for poor gum tone or gums that bleed after brushing.
- Hypericum: Used for tender gum tissue and to promote healing.
- Kali chloricum: Used for acute ulcerative tissue.
- Natrum muriaticum: Tissue integrity.
- Hepar sulphuris: Tissue with suppuration, chronic abscesses.

- Silicea: Periodontal abscess with swollen glands.
- Staphysagria: Loose teeth, pain increased by pressure.
- Symphytum: Injuries to periosteum. Stimulates growth of epithelium on ulcerated surfaces.
- Mercurius solubilis: Used for acute ulcerative tissue with a coated tongue and metallic taste in the mouth.
- Nux vomica: Used for swollen painful gums when the back of the tongue has a whitish coating and when the patient consumes a lot of stimulants such as coffee and tea.
- Phosphorus: Use on swollen gums that bleed easily, and when there's an overproduction of saliva.
- Ruta graveolens: Use for injured bone and alveolitis ("dry socket").
- Merc viv: Dental Periostitis

Hemorrhage

- Arnica: Used for bleeding accompanied by bruised soreness.
- Ferrum phosphoricum: Used when there is bright red bleeding.
- Phosphorus: Used for persistent bleeding.

Neuralgia

- Aconite: Trigeminal neuralgia
- Aranea diadema: Used for radiating pain in the right side of the face that is aggravated by cold. Also used for sudden, severe pain in the teeth at night after lying down.
- Cuprum metallicum: Used for cramping of muscles.
- Gelsemium: Used to relieve headache and pain of the upper back and neck, which extends over the head and for dizziness and numbness.
- Ignatia: Used for headache as if a nail were driven through the side of the head.
- Lachesis: Left-sided complaints
- Lycopodium: Right-sided complaints
- Magnesia phosphorus: Use for spasmodic pains made worse by cold water and made better by heat and rubbing.

- Sanguinaria: Right-sided neuralgia-facial migraine.
- Spigelia: Use for pain involving the eye, cheek, and left temple areas.
- Zincum phosphoricum: Sharp pains on the right side of the head.
- Zincum valerian: Sharp pains on the left side of head.

Post-Operative Discomfort

- Apis mellifica: Good for post-injection soreness after dental work.
- Chamomilla: Give one hour prior to dental appointment for patients with a low pain threshold. It also expedites the wearing off of the numbness following the dental appointment.
- Hypericum: Used where there is an injured nerve.
- Ledum: Used for puncture wounds and soreness resulting from a dental injection.
- Magnesia phosphorica: Use for stiff, sore jaws following prolonged dental work when the muscles are cramped and feel better with warmth.
- Staphysagria: Used for incision-type wounds after soft tissue surgery.
- Symphytum: Used for trauma of bone and periosteum.

Salivation

- Baryta carbonica: Used when there is excessive saliva during sleep.
- Bryonia alba: Used for an extremely dry mouth, with dryness of mucous membranes and great thirst.
- Phosphorus: Used for hyper-salivation and when gums are swollen and bleed easily.
- Pulsatilla: Used for diminished saliva with no thirst.

Temporomandibular Joint (TMJ)

- Arum triphyllum: Used for pain in joints on swallowing.

- Calcarea fluorica: Used for hypermobile joints
- Calcarea phosphorica: Used when the mouth cannot be opened without pain.
- Carbo vegetabilis: Used for vertigo with nausea and tinnitus.
- Chamomilla: Used for low pain threshold. Unbearable spasms of pain radiating into the ear.
- Cuprum metallicum: Used for trismus of muscles.
- Granatum: Used for painful cracking of the joint.
- Magnesium phosphorica: Used for muscle spasms.
- Phytolacca decandra: Used for earaches with pain extending into teeth, jaw, and throat.
- Rhus toxicodendron: Used for joint stiffness that improves with movement and for popping” of TMJ.

Toothache

- Antimonium crudum: Used for a toothache that is worse at night and is aggravated by heat.
- Aranea diadema: Used for sudden, severe pain in the teeth after lying down.
- Belladonna: Used for throbbing teeth, worse when pressure is applied.
- Calcarea carbonica: Used for a toothache that worsens when exposed to hot or cold air.
- Chamomilla: Used for a toothache with intolerable pain that’s worse from warmth and not better with cold.
- Coffea cruda: Used for toothache that worsens with heat and is relieved by ice.
- Ferrum metallicum: Used for a toothache that is relieved by ice water.
- Magnesia carbonica: Used for a toothache that is worse at night, Patient must get up and walk about for relief.
- Magnesia phosphorica: Used for a toothache that is worse from cold and better from warmth.
- Plantago major: Used for a toothache that is better with pressure and worse without cold air.

- Pulsatilla: Used for a toothache that is relieved by holding cold water in the mouth.
- Staphysagria: Used for pain from major decay of a number of teeth.

Tooth Eruption

- Calcarea carbonica: Used for a delayed eruption.
- Chamomilla: Used for difficult teething.
- Zincum metallicum: Used for teeth gritting during difficult eruption and associated with loose teeth and bleeding gums.

Ulcerations

- Natrum muriaticum: Used for cold sores and fever blisters. Lips and corners of mouth dry and cracked lips.
- Nitricum acidum: Used for ulcers with irregular edges and a raw appearance with a tendency to bleed easily.

Wisdom Tooth Troubles (leads to ear pain)

- Calc fluor

DENTAL SURGERIES

- Acon: Fear lessening
- Cham/ Gels: Eliminate the nervous reactions to local anesthetics; calming the child/ adult before the procedure
- Arnica: Post-operatively

DENTITION

Aethusa, Ars, Cham, MP

- Solanum nig: Brain irritation
- Brain symptoms: Bell, Hell, Podo

Threatening effusions : Apis, Hell, Tub

- Convulsions/ Spasms: Caust, Cic, Glon, K brom, MP, Stann
- Difficult/ delayed: CC, CP, MM
- Diarrhea: CP, Cham, Hell
- Diarrhea & flatulence: CP, Cham
- Grinding teeth with lockjaw: Cic
- Hot summer: Aeth
- Intertrigo during : Caust, Lyco
- Milk → pain stomach; passes undigested: MM
- Painful: Kreos
- Salivation during: Bor
- Spasms with no fever: MP
- Spasms with fever: Bell
- Scrofulous children: CP
- Teeth begin to decay as soon as they appear: Kreos
- Vomiting during painful dentition: Kreos

DEPRESSION/ NERVOUS FATIGUE

Carbo an; Ignatia; Hura; Vanadium

- Every 2 weeks: Conium
- Tela aranea
- Suicidal: Aurum, Naja
- Hopeless, thinks her disease is incurable; nothing worth living for, weepy: Lac can, Actae, Aurum, Calc, Lach
- Everything is at its darkest: Lyco, Puls, Lac can
- Sadness, sits for days weeping: Ambra
- Hydrocortisone (high potency): High serum cortisol levels; with apathy, sadness, depression, disinterest
- Oxytropis: Lost reflexes
- Depression with hormonal imbalance: Progesterone 30C
- As if from insult : Staphysagria; Cocculus
- Hypertension with : Rauwolfia; Aurum
- Diabetes/ Hypertension, with : Rhus aromatica

- Female symptoms, with : Thlaspi bursa
- Liver torpor, with : Stillingia
- Osteoarthritis, with : Hura
- Puberty/ climacteric : Mancinella
- Similar to Alumina/ Nat mur : Alumen
- Sleeplessness, with : K brom
- Sudden & violent : Tub d

DESIRES

- Alone, to be : Carbo an; Helonias; Ozone
- Cold milk : Rhus tox ; Thlaspi bursa
- Company : Ars alb; Veratrum alb; Belladonna; Eup perf
- Dancing : Carcinocene
- Escape, to : Solanum; Belladonna
- Exercise : Teucrium
- Fruits : Guaicum; Sul ac
- Ice, cold drinks : Croc casc; Veratrum album; Opium
- Milk, alcohol, tobacco : Cisplatin
- Occupied, to be : Helonias
- Respect; feels like he deserved : Staphysagria; Hamamelis
- Sit in a corner without talking to anyone, to : X-ray
- Smell the food, to : Lycopus virginicus
- Stretching : Guaicum
- Traveling : Carcinocene
- Warm covering : Caulophyllum
- Warm drinks : Cedron
- Warm milk : Bryonia
- Being alone: Ign, Nux, Caps, Coca, Cycl, Gels, Hell (Lie down & sleep: Caps)
- Travels: Tuberculinum
- Open air; strong winds: Tuberculinum
- To kiss everybody: Ver alb, Crocus
- Approval and notice by others: Sycotic co
- Beautiful things/ finery: Lil tig
- Company: Bism, K carb, LC, LT, Lyco, Stram, Phos

- Death: Phytolaca
- Excitement/ stimulation: Lach
- Fanned rapidly, to be: CV
- Fanned constantly, to be: Medo
- Fanned slowly and from a distance: Lach
- Freedom to pursue his passion: Lach
- Fresh/ open air: CC, Medo, Puls, Sulph, Lach
- Great things, desires to do: Cocaine
- Hard to please, full of desires: Allium sat
- Hot drinks, very: Chel
- Joyful, cheerful, happy, stimulated: China
- Light: Stram
- Marriage: Caust, Staph
- Mental/ physical activity: Aur, Arg n
- Many things, which when offered are refused: Bry, Cina, Antim tart, Cham, Staph, Rheum
- More than she needs: Ars alb
- Perform useful deeds, to engage in work: Cereus bonplandii
- Prestige in society/ Success: Aurum
- Romantically sexual relationship: Lach
- Say sudden unpleasant/ bothersome things: Mezereum
- Setting things on fire: Anac
- Things that are not present: Kreosote
- Quiet, to be: Gels
- Unnatural things like coal: Cic, Calc, Alumina

DESPONDENT

- Apis
- Ars
- China
- Croc
- Dios
- LC
- LD
- Mez

- Puls
- Staph
- Tub
- Tabacum

DEVELOPMENT

- Arrested: Tuberculinum
- Delayed : Baryta carb; Thyroidinum

DIABETES

- Chelidonium: Specific for diabetic foot gangrene
- Insulinum 6/ Sisygium tincture: Diabetic foot
- Momordica charantia: DM, insipidus
- Vinca rosea
- Glycerine: with debility
- Solanum nig: Diabetic gangrene
- Ars brom 1X: Acne rosacea, syphilitic excrescences, indurations & carcinoma; Pruritus of diabetic patients; 3 drops 3 times a day in a glass of water
- Aurum met
- Coca: Diabetes with impotency like acid phos
- Codeinum: Involuntary twitching of muscles with trembling of the whole body; itching with warmth & numbness
- Glutamic acid: Specific
- Sac alb: Diabetic foot/ gangrene/ ulcers legs
- Helleborus niger
- Lactic acid: Morning sickness, diabetes, rheumatism; large quantities of urine passed frequently
- Phloridzin: Diabetes with fatty liver; glycosuria with no hyperglycaemia
- Uran nit 3: Emaciation, debility, nephritis, ascites, dropsy, liver degeneration, high BP, 2-3 grains administered BD, morning & night; originating in dyspepsia

- Syzygium jamb tincture: Skin eruption upper part of the body, diabetic ulcers, skin issues
- Nat phos
- Phos
- Acid phos 1X: cures the mild cases; nervous cases
- Vaccinium matus tincture
- Cephalandra indica : Burning with, insulin dependent
- Gymnema sylvestre: Thuja like case, insulin dependent (tincture)
- Abroma augusta: Rheumatism/ menstrual irregularities with
- Curare: Neurological disorders/ numbness with
- Rhus aromatica: Albuminuria/ Rhus-like joint pains; Renal pathology with DM; feeling of being stuck in situations; Large quantity of urine, with low specific gravity in DM: Phos ac, Acet ac, Rhus arom
- Glycerine: Frequent urination, weakness, rheumatism with
- Adrenalinum: Hypertension, chest constriction with
- Chionanthus: Headache, dyspepsia with
- Iris versicolor: Burning stomach with
- Pituitarinum: Metabolic disorders (slowness/ lethargy) with
- Thyroidinum: H/o repeated allergy, chilly patient, craving sweets with; symptoms appear with great rapidity and extreme weakness; specific sarcode, as an intercurrent
- Squilla: Exhausting cough with mucus, dropsy with
- Vanadium: Degenerative condition of vessels & brain with
- Pancreatinum: Acidity with
- Helonias: Backache, insomnia, > being occupied with
- Moschus: Impotency, fainting with
- Plumb iod: Brain sclerosis with
- Urea: Dropsy, metabolic intoxication, eczema with
- Morphinum: Paralysis, constipation, urinary retention with
- Lac def: polyuria, constipation, complaints starting since pregnancy
- Nat sulph: Joint pains, flatulence, diarrhea on waking up
- Tuberculinum: Blood sugar better during pregnancy
- Graphites: Diabetic complications
- Zinc met: Diabetic neuritis

- Lyco: Polyuria at night
- Kali brom
- Alloxan
- Carlsbad: Obesity/ Gout/ Liver
- Inula
- Phaseolus: Heart complaints with DM
- Insulinum 1M: fluctuating blood sugar, juvenile diabetes, chronic diarrhea, disordered liver, Insulin dependent DM
- Cortisone: Skin complications
- First stages: Helon
- Insulin dependent: Insulinum, Gymnema, Cephalandra
- Restlessness, irritability, emaciation, melancholy: Helon
- Thirst in: Uran nit, Lyco, Merc sol, Nat mur
- Acidity, with : Pancreatinum
- Allergy, repeated; chilly; craving sweets, with : Thyroidinum
- Anxiety, trauma, tension from DM : Gymnema
- Albuminuria and RT like joint pains, with : Rhus aromatica
- Backache, insomnia, > diversion of mind, with : Helonias
- Brain sclerosis, with : Plumbum iod
- Bryonia symptoms, with : Abroma augusta
- Burning feet/ soles, with (like Sulphur) : Cephalandra indica
- Burning stomach (acidity), with : Iris v
- Children : Crataegus
- Cough, exhausting with mucus, with : Squilla
- Debility, with : Curare; Glycerine; Helonias
- Debility, weight-loss & dropsy, with : Uranium nit
- Degenerative condition of vessels and brain, with : Vanadium
- Dropsy, metabolic intoxication & eczema, with : Urea
- Drug induced (vaccine-induced) with H/O recurrent cough : Pertussinum
- Gangrene : Solanum nigrum; Phaseolus; Asafetida; Calotropis; Hippozaenium
- Headaches (Bry-like) & dyspepsia, with : Chionanthus
- Homesickness & impotence, with : Eup purp
- Hypertension & chest constriction, with : Adrenalinum
- Hypertension, profuse clammy perspiration with depression : Rhus arom

- Impotency & fainting, with : Moschus
- Joint pains, morning diarrhea, flatulence, with : Nat sulph
- Menstrual irregularities & Rheumatism, with : Abroma augusta
- Metabolic disorders (slowness, lethargy), with : Pituitarinum
- Nat mur mind, with : Alloxanum
- Neurological disorders/ numbness, with : Curare
- Neuropathy + sleeplessness + skin eruptions : Dapsone
- Neuropathy, with : Taxus baccata
- Obesity, with : Syzygium
- Paralytic state, opium-like; constipation; urinary retention, with : Morphinum
- Polyuria, complaints started during pregnancy, constipation, with : Lac def
- Polyuria, with : Thyroidinum
- Pregnancy amel, with : Tuberculinum
- Rheumatoid stiffness, with : Rhus aromatica; Vanadium
- Skin disease history, with (Diabetic foot) : Syzygium; Insulin
- Sleeplessness + restlessness with increased thirst : Helonias
- Start with, if no indication : Solanum
- Sun allergy, with : Syzygium
- Thuja, similar to : Gymnema
- Ulcers : Hura
- Urging to urinate, frequent/ painless with copious urine : Taraxacum
- Urination, frequent, RT like joint pains & weakness, with : Glycerine

DIAGONALLY, COMPLAINTS APPEAR

- Upper left, lower right: Agar, Antim t, Led, Stram
- Upper right, lower left: Ambr, Brom, Med, Phos, SA

DIARRHEA

Guaco; Epipodophyllotoxin

- 3 am, after, < : Stront carb
- > : Mandragora
- Alternating with constipation : MAP; Berb vul
- Bearing down, with : Ignatia
- Carcinoma, with : Fluorouracil; Lycopodium
- Eating/ drinking, while : Ferr met
- Emotional excitement, after : Enterococcinum
- Fatty food, from : Mandragora
- Fever & nausea, with : Trichosanthes
- Fruits, from : Podophyllum
- H/o : Enterococcinum; Antim crud
- Involuntary & bloody : Trichosanthes
- Liver enlarged, with : Insulinum; Taraxacum
- Loss of appetite, with : Enterococcinum
- Mapped tongue, with : K bich; Taraxacum
- Meningitis, after acute diarrhea : Zincum
- Menses, during : Enterococcinum
- Morning : Rumex; Staphylococcinum
- Morning, 4-9 am : Dysentery co; Staphysagria; Lil tig; Nat sulph
- Pain umbilicus, with : Gambogia; Dulc
- Painless : Ferr met; Podophyllum; Trichosanthes
- Night : Ferr met; Stront carb
- Recurrent with anticipation : Dysentery co
- Stool after, > : Gambogia
- Sudden, gunshot-like, profuse, watery : Gambogia; Aloes; Podophyllum; Croton tig; Jatropha
- Uncontrollable : Staphysagria
- Vomiting, profuse, with : Veratrum album
- Lientaria or undigested stool: China/ Ferr met/ Oleander
- Crotalus horr: Black, thin, coffee-grounds, offensive; from high-game or excessive alcohol (Pyrogen)
- Bryonia/ Dulc: Warm to cold weather
- Tuberculinum/ Aloes/ Sulphur: Early morning
- Alumina: When urinates
- Nat carb: From milk
- Ver alb: Violent vomiting with profuse diarrhea
- Aconite/ Ver alb: After fright

- Arsenic/ Ver alb/ Tabacum: Prostration after
- Ver alb/ Bovista/ Amm carb: Diarrhea during menses, with vomiting and dysmenorrhea
- Gambogia: Specific remedy
- Jalapa/ Jatropha
- Opuntia
- Rheum
- Nit ac: Persons with a tendency to diarrhea
- Ricinus comm: Similar to Podophyllum
- Amel: Phos ac
- Alternating with constipation: Abrot, Antim, Chel, Collin
- Anger, from: Cham, Colo, Staph
- Anus was wide open, as if: Apis, Phos
- Appetite, good: FM
- As soon as he drinks: Arg n, Ars, CT, Trom
- Autumn dysentery: Colch, Ipec, Merc, Nux m
- Black: CA, CH
- < breakfast after: Thuja
- Cabbage from: Petr
- Change of weather from warm → cold: Bry, Dulc, Nat s
- Children: Bapt, BA
- Chronic: AA, NA
- Coffee grounds: CH; Thuja
- Cold & damp places: Dulc
- Cold, suppressed by anti-allergic: Agraphis nut
- Cold drinks, from: Nux m
- Cold drinks, when overheated, from: Bry
- Cold sweat, with: Tabacum; Ver alb
- Colic accompanied by: Merc
- Colic, preceded by: MC
- Colic & faintness with: Merc
- Copious/ Profuse: AA, Camph, CT, Sec, VA, Terebinth
- Damp foggy weather: Dulc, Nat s
- Daytime always: Petr
- Dentition: CP, Cham, Hell, Nux m
- Disposed to diarrhea: NA
- Dirty water, looks like/ Yellow: Bry, Chel, CT

- Downward motion, from: Bor, Cham, Sanic
- Drunkards: Apis
- Eruptive diseases, after or with; esp if the eruption is suppressed: Apis, Graph, Psor
- Every 3 weeks: MC
- Faintness & exhaustion, after: Terebinth; Tabacum
- Faintness & sleepiness, with: Nux m
- Fat food: Thuja
- Fever, after: Phos
- Flatus, with much: Aloes, Thuja
- Fruits, from: Bry
- Eating/ drinking while: CT, FM
- Eating/ drinking after: Trombidium, Septicaeminum
- Exhausting: AA, Ars, BA, Bism, Camph, Sec, Terebinth, Tabacum
- Gurgling, sudden, gushing, like a bullet stool: Gambogia
- 'High game', from: CH
- Hydrocephalus, during acute: Hell
- Apprehension, from: Arg n, Gels
- Milk from: Nat c

Boiled milk: Nux m, Sepia

- Sauerkraut: Bry, Petr
- Sugar/ sweets, from: Arg n
- Green frothy stool like scum on a frog pond: MC
- Green mucus like chopped spinach: Arg n, Terebinth
- Green, slimy: Tabacum
- Mucus shreddy, lumpy: Arg n, Asar, Bapt, CA, Colch
- Mucus, white: Colch
- Mucus like scrapings of intestine: Canth, CA, Colch
- Involuntary: Apis, Sec, Bapt, CA, Chel, Hell, MA

Urinating while; cannot urinate without having the bowels move at the same time: MA

Wind, while passing: Aloes, MA

- Thirst ↑↑: AA
- Dropsy, phthisis with night sweats: AA
- Flatus, much and noisy: Aloe, Arg n, Collin, Nat s, Thuja
- Forceful: Aster, CT, Gamb, Grat, Jatr, Podo, Sec, Thuja
- Light gray/ bright yellow: Chel
- Motion, from every: Apis, Bry, CT
- Offensive: Bapt, BA, Bism, CV, CA, CH, Graph, Podo, Psor
- Pain during & after stool: Merc
- Pains after stool: NA, Rata, Sulph
- Painless: Sec, FM
- Persistent in those treated with large doses of Opium: Op
- < During & after eating and drinking: Aloes, Ars, CT
- Drives out of bed early morning: Aloes, Psor, Rumex, Sulph, Tub

Rising first on, & standing on the feet: Nat s

- Ischuria, with: Arn
- Urging , fruitless: Arn
- Long interval between stools: Arn
- Morning: Aloes, Antim, Bry, Nat s, Psor, Rumex, Sulph, Thuja
- Night, at: Chel
- Old ppl: Antim, Bapt, Colch
- Onions, after: Thuja
- Pregnancy in: Nux m
- Riding in cars, from: Cocc
- Running right thru the diaper: BA, Podo
- Septic food/ noxious effluvia, from: CH
- Smoking from: Borax; Tabacum
- Sore anus, causes: Bry, M sulph
- Stale, unhygienic food, from: Septicaeminum 30
- Sudden attack: Camph, Nat s, Tabacum
- Summer: Bry, M cor, Nux m
- Suppression of skin symptoms → Diarrhea: Petr
- Tenesmus: CA, Canth, Collin, Merc (during & after), NA

Straining but little passes : NA

- Thirst in diarrhea: Nat mur, Ver alb, Ars alb
- Thunderstorm/ stormy weather during: Petr
- Tobacco, after: Cham, Tabacum
- Tuberculosis patients/ consumptives: FM
- Want of confidence in sphincter ani: Aloes
- White: BA, Chel, Colch, MC, Nux m

Fetid : Colch, Nux m

- Sensation as if stool would pass with flatus: Aloes, Oleander, MA, NM
- Sensation as if feces remained and cannot be expelled: Alum, NA
- > Stool, not; followed by chilliness & a cannot finish sensation: Merc
- Sweets after: Gambogia
- Hungry during diarrhea: Aloes
- Undigested food/ lienteria: Abrot, Bry, FM, Graph

Night : FM

- Undigested milk in nursing children: MC
- Vaccinations : Thuja
- Water, bad : Zingiber

DIATHESIS

- Haemorrhagic: CH, FM, Ham, Kreos, Lach
- Psoric: BC, CC, Caust, Diphth, K bich
- Phlegmatic: Caps, Dulc
- Rheumatic/ Gouty: BA, BV, Bry, Colch, Led
- Syctotic: Aster, Medo
- Syphilitic: Aur, BA, FA, K bich, M cor, M sol
- Tubercular: BC, Bell, Chel, Diphth

DIGESTION, WEAK/ INDIGESTION/ BILIOUSNESS

Antim, Arg n, CV, Dios, MM, Op

- Organs inactive, peristaltic motion reversed/ paralyzed; bowels seem closed: Op

DIGESTIVE TONIC

- Vanadium: After acute gastro-enteric inflammation, true digestive tonic
- Carbo veg: After NV fails
- Granatum: Poor digestion

DIPHTHERIA

- Merc cyan 30: specific
- Diptherinum 30
- Lac can
- < Cold drinks: Lyco
- Fauces intense redness & great difficulty in swallowing; pseudomembranous formation extends all over fauces; putrid gangrenous & phagedenic ulceration: M cyan
- Glandular affections L side ; fauces dark red; solids/ liquids painful when swallowing; exudation slight, easily detached: M bin
- L → R: Lach, LC (alternating sides), Sabad
- R → L: Lyco, M proto
- Laryngeal: Chlor, Dipth, K bich, LC
- Malignant: CH, Dipth, LC, M cyan
- Membrane begins in the larynx/ bronchi/ trachea and goes ↑↑ to the pharynx : Brom
- Nose → R tonsil: Lyco
- Painless: Dipth
- Prone to diphtheritic virus: Dipth

- Pseudo membranous deposits; firm pearly, fibrinous; prone to extend ↓↓ to larynx & trachea: K bich, LC
- Shiny glazed appearance of the deposit: LC
- < Sleep after: Lyco
- Stupor, but easily aroused when spoken to: Bapt, Diph, Sulph
- Thick dark gray / brownish black: Diph
- Tonsils inflamed, uvula swollen, elongated, constant desire to swallow, membrane thick gray shred-like borders adherent or free: Merc
- Vomiting/ diarrhea come on, when: CH
- < Warm drinks: Lach
- Weak/ apathetic/ prostrated: Diph

DIPLOPIA

Parotidinum; Hyosyamus

- Syph: one image seen below the other

DIRTY

Crab apple; Lac can; Antim crud

DISCHARGES

- > : Lachesis ; Zincum met
- Black : Cad sulph; Gunpowder; Tarentula
- Carion-like odor : Psorinum
- Involuntary : Carbo ac
- Long-lasting : Glycerine
- None (urine/ stool etc) : Opium
- Stain : Croton hor
- Stringy : K bich; Grindelia; Iris v; Rumex; Silphium
- Yellow, green thick : Sycoptic co
- Black: Elaps

- Offensive: Hepar
- Amel: Zinc, Lach
- Acrid/ excoriating: NA; Sulph
- Brown/ dirty yellowish-green color : NA
- Corrosive / ichorous: Kreos
- Exhausting: Ars, Carbo an
- Fetid/ Offensive: Bapt, Psor, Pyr, Diph, Kreos, NA, Tellurium, Sulphur

Acute diseases : Bapt, Psor, Pyr

- Fish pickle odor: Tellurium
- Fishy odor discharges: Medo
- Green: Sycotic co, Nat sulph
- Profuse ~ hemorrhage having effects of severe loss of blood: Ham
- Putrid: Anthr, CA, Psor, Pyr
- Ropy, stringy: Alumen, Asaf, Coccus c, Iris v, Kali bich, Kali carb, Senega
- Sour: CC, MC
- < Suppressed: Bry
- Thin: NA
- Watery transparent sticky: Graph

DISEASE

- Anxiety about his disease: NA
- Asthenic type with moaning, unconsciousness, fretfulness: MA
- Incurable, thinks (See Hopelessness) : Ars, Cact, LC, LT
- Recovery slow from every: Nat s

DIURETIC

Tribulus; Epigea; Apis; Apocynum; Adonis; Cantharis; Berberis; Hedeoma; Hydrangea; Sarsaparilla, Arg phos

- Fabiana imb
- Juncus eff
- Liatris spic
- Oniscus asel
- Spartium scop
- Urea
- Thyroidinum

DOG-BITE

- Lyssinum: Specific

DOWN'S SYNDROME

- DNA or deoxyribonucleic acid

< DRAFT OF AIR

Bell

DREAMS

- Accidents/ suicide : Cisplatin
- Animals : Granatum; Theridion; VA; Taxus bacc
- Belladonna ~ Iris v
- Bitten by dogs, being : Veratrum album
- Black things : Taxus bacc
- Body parts, teeth falling off : Theridion
- Cat : MAP; VA
- Colored : Cisplatin
- Dead/ death/ Dead bodies : Belladonna; Iris v; Thea; Cann ind; Cedron; Crot hor
- Drowning : Nat sulph; Veratrum album; Zincum
- Events, long-forgotten : Ferr iod
- Falling from high places : Guaicum; Thuja; Taxus bacc

- Fights : Ferr iod; Guaicum
- Fire : Bell, Iris v
- Fixed, upon same things : Ignatia
- Frightful : Asoka; Guaicum; Belladonna; Iris v; Paeonia; Eupion; Calc carb
- Frightful, confused consciousness on waking, so that the dream cannot be rid of : China
- Ghosts : Paeonia
- Graves : Belladonna; Iris v
- Journey : Asoka; Theridion
- Jumping/ hunting : Ver alb
- Murder, knives : Guaicum; Thea
- Rape/ sex : Cenchris
- Riots : Guaicum
- Robbers : Nat mur; Alloxanum; Ferr iod
- Snakes : Belladonna; Iris v; Lac can
- Stool : Zincum
- Tall, of being very : Ferr iod
- Toilets : MAP; Tub Koch
- Unsuccessful efforts to do various things : Ignatia
- Violence : Apocynum; Guaicum; Paeonia; Thea
- Water : Zincum
- Phos: Fire
- Thuja: Fall from heights
- Calc: Dead persons
- Lach/ Crotalus horr/ Elaps: Death/ dead bodies/ murder/ smell of cadaver
- Lac can/ Bell: Snakes
- Lac can / Sepia: Urinating, wakes up to find herself on the point of doing so
- Amm mur: Water
- Aethusa: Rats/ cats
- Rhus tox: Robbers
- Ignatia: Remembers her dreams well
- Active, long: China
- Anxious, in epidemic, influenza: Sabadilla
- Awake, while: Bell, Lach, Sil, Sulph

- Blood/ cutting human bodies/ bloody murders: Solanum tuberosum aegrotans
- Burning thirst: Nat m
- Climbing/ journeying: Bromium
- Coition with the mother: CP
- Dead persons: Calc carb
- Fall from height: Thuja
- Falling from the horse: Tarentula
- Fighting/ quarrels: Bromium
- Fire: Phos
- Flying through air: Rhus glabra, Sticta, Latrodectus mactans
- Happy, wakes up singing: Sulph
- Obstacles: Aristolochia clematitis
- Nakedness/ shame/ embarrassment/ toilets: Lac equinum
- Pursued, unable to escape: Folliculinum
- Rats and cats: Aethusa
- Remembers the dreams: Ignatia
- Robbers in the house; on waking, will not believe the contrary until search is made: Nat m, Psor, RT
- Sexual organs: Solanum tub aegrotans
- Snakes: Lac c
- Teeth falling: Niccolum
- Turkeys, beautiful peacocks: Palladium
- Water: Am m
- Women, vivid dreams: Dios, Staph

DRENCHING NIGHT SWEATS

AA

DRINKING

- Agg: Ver alb
- Agg Drinking while: Bell
- Fluid descends with a gurgling sound: Cup

DROPSY/EDEMA

Cynodon dac; Serum ang; Digitalis, Ampelopsis quin; Eclipta alba, Flour ac; Helleborus; Quercus

- Asthma, cardiac asthma; dull, stitching throbbing pains, suppurative nephritis, with sudden pace : Kali nit
- Bladder involvement, tympanitis with rapid paced dropsy : Terebinthina
- Breathing suffocative, hysteria, with : Lac v
- Calculi & spasms, with : Coccus cacti
- Cardiac related overdistension, dilated ventricles, orthopnea, ignatia-like grief, soreness of uterine disease : Convallaria
- Cardiac-hepatic backflow, enlarged prostate, low pulse, h/o tobacco, Nat mur-like constitution, D bitter, > empty stomach, depressed, < least movement : Digitalis
- Cardiac/ renal complaints with past h/o fever or infectious disease : Digitalis ; Terebinth
- Cardiac/ renal pathology, diarrhea with pain lower back, with : Liatris spic
- Cardiac/ renal pathology, can't lie on the L side, chilly, L sided, headache L sided, recurrent MI's : Naja
- Cardiac, after chronic diseases : Prunus; Spartium; Terminalia arjuna
- Cough < night, lying down; R sided headache like Sang : Prunus spin, Virginiana
- Diabetes & debility, with : Uran nit
- Digitalis-like, extreme water-logged cases : Spartium scoparium
- Dullness, sensorial apathy; nephritis, after : Nit Spiritus dulcis
- Dyspnea (Ars alb-like), diarrhea, with dropsy (DDD) : Merc sulph
- Extensive due to organic heart disease : Stigmata
- Feet, after chronic vascular diseases : Prunus
- Haematuria & kidney affections, with : Terebinth
- Hydrocele, soreness of the body as a concomitant, with : Ampelopsis

- Hypertension, with : Strophanthus
- Hypotension, collapse, carbo-veg like state, impaired renal function, with : Acetanilidum
- Infectious disease (TB, Streptococcal), after; vertigo, choking, conscious of heart's action, violent palpitations < exertion, darting pains across heart : Iberis
- Injury, arnica-like or cardiac dropsy : Terminalia arjuna
- Joint pains > warm water: Stront carb
- Kali-carb trio (backache, weakness, sweat), with : Kali carb
- Liver/ cardiac pathology, with h/o : Lac def
- Liver cirrhosis, < meat, alcohol, < hot, damp weather, salivation at night : Nitro-muriatic acid
- Liver complaints, hepato-haemorrhagic diathesis, varicosity, constipation, L lobe is sensitive, with : Carduus
- Malaria/ infectious diseases, after : Helleborus
- Malaria/ nephritis, after : Helleborus
- Metastasis from rheumatism to heart, induration of tissues & Aurum-like symptoms : Aurum Mur
- Nephritis, h/o; rheumatism, digitalis-like palpitations but higher pulse : Adonis
- Over-exertion of organs, with : Arnica
- Palpitations, fear as if death is coming, with : Phaseolus
- Perspiration excessive, thyroid disorders, with : Pilocarpine
- Prostate, swelling, prostate enlargement, with : Chimaphilla
- Prostate troubles, scanty urine, nephritis (urine suppressed) : Oxydendron
- Renal origin, Tub-like, allergy, pain in the kidney region : Solidago virgaurea
- Rheumatism or glandular tumors, < night, < damp weather, swelling in the bones, salivation, Merc-sol like : Kali iod
- Scarletina, after : Digitalis
- Sleeplessness, chilly, increased cholesterol, dyspnea on least exertion, with : Crataegus
- Sudden : Helleborus; Kali nit
- Urinary disturbances, with : Solidago; Terebinth
- Urination involuntary on coughing, cough with much mucus, which is exhausting with slow paced dropsy : Squilla

- Urine retention, pain bladder, anus, rectum, Thuja-like symptoms, with : Copaiva
- Urine, scanty, low pulse, H/O alcohol, nausea, drowsiness, with amenorrhoea : Apocynum
- Urine scanty, & slow / dull sensorium, with : Helleborus
- Urinary frequency, constant desire to urinate, burning urine, dry skin, with : Cahinca
- Warm bathing, > : Stront carb
- Upper eyelids & eye-brows: K carb
- Heart/ liver complaints, advanced albuminuria, following intermittent fever: Lac def
- Asclepias t
- Cahinca
- Elaterium
- Kali nit: sudden dropsy all over
- Oniscus asel
- Oxydendron
- Fl ac
- Drunkards: Sulph
- Lower limb R, with thirst and pitting on pressure: Apocynum
- Scarletina, after: Terebinth, Apis, Hell, Lach
- Thirst in: Apoc, Ars, Acet ac, Lyco

DRUG HISTORY

- Analgesics: Natrum salicylate
- Antibiotics: Sulphur, Antibiotic detox (best done under a professional)
- OCP: Aristolochia clematis
- Steroids: Cortisone

DRUNKARDS/ ALCOHOLICS

- Apoplectic convulsions: CH, Lach
- Complaints after abstaining: Calc ars
- Complaints of: Cocc, Hydr, Lob, NV, Op, Sulph

- Constipation: NV
- Old: BC, Eup perf
- Hemorrhoids with: Lach
- Headaches: Agar, Antim, Lach (congestive), Lob, NV, Ran b
- Horrible sensation in the stomach; pressing/ digging: Asar
- Prone to erysipelas/ apoplexy: Lach
- Trembling, internal: Sul ac
- Vomiting of dark olive green fluid: CA, Pyr

DRYNESS

Caladium

DULLNESS/ DROWSINESS

Kali brom; Antim crud; Opium; Oscillocoquinum; Ocimum sanc;
Cedron; Nat nit; Nat ars

- Convulsions, in : Hydrocyanic ac
- Debility & tumors, with : Carbo veg
- Dullness : Podophyllum; Gelsemium; China; Carbo veg;
Ichthyolum ; Echinacea; Eup perf; Bary carb; Guaicum;
Iodoform; Terebinth; Helleborus; Helonias
- Eating, after : Taraxacum
- End stages : Scrophularia nodosa
- Family/ business quarrel; patients have stopped talking to ppl
and have locked themselves up : Helleborus
- Kidney symptoms, with : Terebinth
- Malaria, after : Podophyllum
- Sleeplessness, with : Mandragora
- Waking, < : Opium

DUPUYTREN'S CONTRACTURE

Tub Koch; Calotropis; Formic ac

DUODENAL/ GASTRIC/ PEPTIC ULCER

- Lycopodium: Low potencies in cases with severe pain or it may lead to perforation
- Ornithogalum umb.: Single dose
- Anacardium: Pain when the stomach is empty
- Atropinum: Cardialgic pain of stomach ulcer
- Kali bich: Perforated peptic ulcer
- Penicillium: Peptic ulcer
- Podophyllum 1M: Complete pyloric obstruction due to ulcer

DVT

Ceanothus; Vipera

DWARFISH

BC

- Mentally, children : Medorrhinum; Baryta carb; Syphilinum

DYSENTERY

- More mucus, less blood, nausea, thirstless, griping pain at umbilicus/ irritable: Holarrhena antidysenterica
- Aconite: Cut short the attack at the very beginning
- Aconite: Sets in with violent fever
- Merc cor: Near specific
- Streptococcinum: With excessive hemorrhage & high fever with toxemia
- Merc cor/ Colocynth in alternation: Recent cases
- Ipecac/ Calc iod: Amoebic dysentery
- Merc dul
- Trombidium
- Calc iod

- Baptisia: Dysentery of typhoid state

DYSMENORRHOEA

Euph, Graph, Mill

- Spasmodic, obstinate : Pituitarinum; Xanthoxyllum
- Spasmodic labor-like : Asoka
- Back when walking → thighs: MM
- Darting lightning shooting < R side: MP
- > Cold drinks: Kreos
- > Heat / bending double: MP
- Knees drawn up & terrible bearing down, labor like pains; must press feet against support as in labor: Medo
- L sided: Xanthoxyllum
- < Menses before: MP
- < Menses after: Kreos, Xanthoxyllum, Arnica, Cup, Cham
- > Menses during or when the flow begins: Lach, MP, Zinc
- Flow thick stringy clotted, with: Croc, Ust
- Membranous: Brom, LC
- Pelvic/ portal congestion, from: Collin
- Spasmodic, obstinate: Pituitarinum
- Tardy in starting with pain: Tub, Thlaspi
- Thigh downwards, L side: Xanthoxyllum
- Colic with vomiting and hemorrhage of large clots: Thlaspi

DYSPNEA

- Lying down: Lac can, Grindelia, Amm carb Lach
- Antim ars
- Formalin 30
- Thyroidinum
- < Lying on the L side: Viscum alb/ Castoreum
- Air passages were full of smoke or sulphur vapors, as if: Brom
- Ascending: Calc, Senecio aur
- Breathes only on standing up: Cann s

- Cannot inspire deep enough: Brom
- < Cold exposure: Lob
- Concomitant: Cuprum met
- Constriction in the middle of the chest, from: Lob
- Deep breath, desires to take a; < damp cloudy weather: Nat s
- < Going up or down: Lob, Ipec
- < Exertion slightest: Lob
- Haemoptysis, with: Coca
- Inhales with ease but no power to exhale: Medo, Samb
- Old people: Coca
- Palpitation, with: AC
- Persons engaged in athletic sports: Coca
- Persons who use alcohol/ tobacco in excess: Coca
- Pregnancy, during: Viola odorata
- < Exertion: AC
- < Ascending: AC, Calc, Iod, Lob, Ipec
- Warm room agg: AC
- Wheezing & anxiety about the stomach: Ipec



E



EAR AFFECTIONS

- Ferr phos: Middle ear conditions/ mastoid affections
- Calc sulph: Double mastoids/ pus running out from both ears
- Alumen 3: Granulation on the drumhead/ inner extremity of the meatus
- Bell 30/ Merc sol 30: Boils
- Tellurium: Acute inflammation of the external auricle/ external auditory canal/ external surface of tympanum; middle ear catarrh
- Polyp: K sulph
- Hepar/ Merc/ Puls/ Skookum chuck: Offensive ear discharge
- Merc dul
- Verbascum: Scaly ears
- Viola odor/ Tellurium: Otorrhea
- Tinnitus: Ergotinum/ Iris v
- Insulinum: Chronic otorrhea/ mastoiditis in emaciated children, with chronic liver troubles or diarrhea, or as an effect of acute infectious diseases
- Pic ac: Boil inside ear canal

- Scrophularia nodosa: Eczema
- Recurrent ear infection (esp. in children): Coptis, E-Coli, Flavus, Streptococcus Haemophilus, Tuberculinum Denys
- Behind ears: Sanicula
- Catarrhal deafness & otorrhoea in psoric children; eustachian tube closed: M dul, Rosa d
- Catarrhal inflammation, middle ear: K mur, M dul, Rosa d
- Cracking in the ears on masticating of the joints or motion : Cocc, Graph, NA
- Deafness old age: M dul
- Discharging, when they cut a tooth: Gaertner 30, followed the next day by Silicea 30 (to be repeated at recurrence)
- Discharge from ear infections, smelling like fish pickle: Tellurium
- Ear piercing, ulceration: Stannum, Medorrhinum
- Eczema behind ears, discharge smells like fish pickle: Tellurium
- Eruptions discharging watery transparent sticky fluid: Graph
- Furuncles/ boils, external meatus: M sol, Pic acid
- Hardness of hearing > riding in a carriage/ train: Graph, NA
- Hot with anger: Clematis erecta
- Menopausal earache: Gels
- Otitis media: Puls, Merc

& Chronic: Thuja

& Simple, R sided: Belladonna

- Otorrhoea; bloody offensive discharge with stabbing tearing pain < R side, night, lying on the affected side: M sol
- Pain: All cepa, Puls, Cham, Bell, CC, Plantago

& Exposure to cold, hysterical children, over-sensitiveness, nervous affections: Valeriana

- Pain in sensitive children, who cry pitifully: Puls
- Pain in irritable, snappish children: Cham
- Plugged up sensation: Asar

- Polyps/ fungus excrescences, external meatus: Teucrium mar v, M sol, Thuja
- Polyps/ fungus excrescences, sensitive to touch: Caps
- Roaring > music: Ign
- Roaring & humming with deafness < before & during menses: Kreos
- Tinnitus: Ergotinum/ Iris v
- Swelling painful behind the ear (mastoid): Caps

Sensitive to touch: Caps

- Acute otitis media : Pneumococcinum
- Acute diseases, after : Phos ac
- Buzzing with fever : Chin sulph
- Chronic otorrhea with enlarged liver : Insulin
- Deafness, chronic : Ferr pic
- Deafness : Guaco; Quercus
- Deafness, with noises in the head : Quercus
- Dry scaly eruptions, scabs with pus underneath : Chrysarobinum; Mezereum
- Ear damage, tympanic rupture, hearing loss : Alchemilla vul
- Hearing acute, during chill : Capsicum
- Hearing, affected : Guarea
- Hearing, impaired, during pregnancy : Capsicum
- L : Tub av
- Noises during teething : Thlaspi
- Otorrhea with chronic inflammation of the eye : Morbillinum
- Skin disease after : Carbo veg
- Wax : Conium; Causticum

EARACHE

- Ferr p
- Pulsatilla/ K sulph
- Chamomilla
- Allium cepa

- Belladonna/ CC
- Gelsemium: Menopausal
- Plantago m: With toothache
- Merc dulc: Complicating measles
- Dulcamara: nausea, buzzing. <night, preventing sleep

EATS SELDOM, BUT MUCH

Ars

< EATING / DRINKING

Aeth, Agar, Aloes, Antim, CV, Cocc, Colo, CT, Cadm sul,
Homarus

- Cold things: Hep
- Chokes from: Anac, Cann s, Kava, NA
- < Immediately after eating: BC, KC
- > not eating regular meals: Nat m
- Breakfast, after < : Nat sulph
- Loves to eat : Thuja
- Pain after : Zincum
- Refuses to eat : VA
- Spasmodic affections, < over-eating, over-drinking :
Xanthoxylum
- Tiredness, after : Glycyrrhiza

< EATING

BC, CV, Cocc, CT, Nux m, NV

- Eating a little too much → headache: Nux m
- < eating while or immediately after: K bich, Nux m
- < Eating after: NV
- Heaviness after a meal: Puls

- Overeating: Xanthoxyllum

> EATING

Alum, Ambra, Anac, Brom, Chel, Iodum, KP, Petr, Psor, Sep

ECCHYMOSES

Large: Sec, Terebinth, Sul ac

ECZEMA/ ERUPTIONS

Hydrocotyle, X-ray

- Ars sulph
- Lyco/ Morgan nosode: Infantile
- Morgan pure: Near specific, red eruptions/ lips/ Sulphur/ Apis-like
- Morgan bacillus: Young children; moist type with scratching, exudates on its face & bleeds after the failure of Graph, Psorinum, Medorrhinum
- Croton tig
- Insulinum: Eczema with chronic liver trouble; Allergic Eczema
- Cocculus ind: Nervous type
- Vinca minor: Drainage remedy
- Tarentula hisp: Chronic dry eczema, with itching & burning, after Ars & Sulph have failed
- Antimonium Crudum: Eczema with gastric derangements. Pimples, vesicles and pustules. Urticaria, measles like eruptions. Scaly, pustular eruptions with burning and itching worse at night.
- Astacus fluviatilis: Urticaria.-Nettle-rash over the whole body. Itching. Crusta lactea, Erysipelas, and liver affections with nettle-rash.

- Bovista: Urticaria on excitement. Eczema moist: Formation of thick crusts. Pimples over the entire body; scurvy; herpetic eruptions. Pellagra.
- Cornus Circinata: Vesicular eruption associated with chronic liver disease or aphthous stomatitis. Vesicular eczema of the face in infants.
- Copaiva: Hives with fever and constipation. Roseola. Erysipelatous inflammation especially around the abdomen. Bullous eruptions.
- Croton tiglium: Pustular eruption, especially on face and genital with fearful itching. Vesicular erysipelas. Herpes zoster, smarting pain of the eruptions. Diarrhea and skin affections alternate with each other.
- Dolichos: Intense itching. Herpes zoster. Often associated with liver problems.
- Dulcamara: Herpes zoster, Pemphigus. Vesicular eruptions, Little boils, urticaria, brought on by exposure or sour stomach. Humid eruption on face, genitalia, hand etc.
- Iris versicolor: Herpes Zoster, associated with gastric derangements. Pustular eruptions, Psoriasis; patches with shining scales. Eczema with nightly itching.
- Juglans cinerea: Red eruptions like flush of scarlatina. Jaundice with pain in the liver and right scapula. Pustules. Eczema, especially on lower extremities, sacrum & hands. Erythema and erysipelatous redness.
- Lycopodium: Hives, Fissured eruption. Acne. Chronic eczema is associated with urinary, Gastric and hepatic disorders. Psoriasis.
- Nux vomica: Urticaria with gastric derangements. Acne, skin red and blotchy.
- Pulsatilla: Urticaria after rich food with diarrhea. Measles. Acne at puberty.
- Skatol: Acne with autointoxication dependent upon intestinal decomposition.
- Triosteum perfoliatum: Itching welts. Urticaria from gastric derangements.
- Tub
- Arbutus: with Gout

- Fraxinus: Infantile
- Oleander : Scalp
- Viola tric: Childhood, scalp too
- Urea: Gouty areas with eczema
- Rumex
- Skookum chuck: Dry skin, dry eczema
- Cortisone: < heat, itching with bleeding
- Covered parts, only ; burn after scratching: Thuja
- Dull red, become blue on getting cold: Syph
- Eczema : Tub

Acute: CT, RT

Copious serous exudation: Mez, Viola tric

Intolerable itching < in bed, touch: Mez ; Tub, RT, Viola tric

Lids, moist & fissured: Graph

No itching; exudation → hard lemon colored crust: Cic

Raw red inflamed, in the edges of hair; < eating salt, seashore,
ocean voyage: Nat m

Scalp: Mez, Viola tric

& Solaris: MA

Vaccination after: Mez

- Faintly developed from low vitality: AC, Apis, Zinc; Cuprum, Sulph, Tub
- Itching, burning < night: Viola tric, RT
- Menses, before; on the R groin: Sars
- Miliary rash: AC
- < Suppressed exantheams/ eruptions : Cup, Dulc, Op, Zinc

Sudden retrocession → brain paralysis/ convulsions: Op, Zinc

- Tettery, dry/ moist: Bov
- Vaccination after: Mez
- < warmth: Sulphur, Morgan pure
- First fingers : Lobelia
- Intractable with chronic liver troubles : Insulin
- Itching, without : Cicuta

- Vaccination, after : Kali mur
- Weeping : Vincristine
- Dull-red copper coloured spots, turning blue when getting cold : Syphilinum
- Small red pimples/ measles/ prickly heat : Hygrophila spinosa, Apis, RT, Tribulus
- Symmetrical : Zincum

☞ **Related Rubrics**

- Skin, eruptions, gastric symptoms; with: Ant-c
- Skin, eruptions, eczema, gastric complaints; with: Ant-c, Iris
- Skin, eruptions, herpetic, gastric complaints; with: Iris
- Skin, eruptions, urticaria, constipation; with: Cop
- Skin, eruptions, urticaria, diarrhea, with: Bov, Puls
- Skin, eruptions, urticaria, liver symptoms, with: Astac, Myric, Ptel
- Face, eruptions, acne, constipation; with: Calc-sil, Nux-v
- Face, eruptions, acne, puberty, at, girls with vertex headache and flatulent indigestion, eating amel; in anemic: Calc-p
- Face, eruptions, acne, intestinal decomposition; from: Skat
- Rectum, constipation, eruptions of skin, with: Parth
- Rectum, constipation, alternating with eruptions: Calc-p, Crot-t
- Abdomen, inflammation, Liver, chronic, vesicular eruption, with: Cornus

EDEMA

Ampelopsis quin; Eclipta alba, Flour ac; Helleborus; Quercus

- Pitting : Helleborus
- Exposure to cold/ suppressed sweat/ eruptions: Dulc
- Adrenalinum

EGG ALLERGY

- Ferr met
- Nat mur: when Ferr met fails
- Calc phos: Pain stomach after eggs

EGOISTICAL

Helonias; Sulphur

ELBOW

- Itching/ eruptions: Lac hum
- Pain : Ambra; Crota hor
- Pain alternating with knee pain : Viscum
- Stiff : Staph

ELEPHANTIASIS

- Merc sulph 30/200
- Calotropis

EMACIATION

Abrot, Brom, Iod, Nat m, Ars alb, Tub, Ver alb, Oleum

- Even while eating well: Tuberculinum
- Affected parts: Graph, Led
- Diabetes 1st stage: Helon
- General: BC, CP, MP
- Losing flesh while eating well: Abrot, Iod, Nat m, Sanicula, Tub
- Lower extremities: Amm m, Arg n, Iodum, Sanicula, Tub
- Pale face, blue rings around the eyes, dilated pupils, dark urine, anemic, milky watery skin & great debility: Nat c

- Rapid: Iod, Kreos
- Rapid with cold sweat & great debility: Ars, Tub, VA
- Ravenous appetite, with: Iodum
- Throat/ neck: Nat m
- Spreading upwards: Abrotanum
- Spreading downwards: Lyco, Nat mur, Psorinum
- Upper body with semi dropsical lower body: Lyco
- Whole body: Abrot, Syph, Iod

EMISSIONS, NOCTURNAL

Dig

EMPHYSEMA

AC

EMPTY-NEST SYNDROME

Ignatia, Ginkgo biloba

ENCEPHALITIS

- Zinc met: Post measles; Agg in the convulsion/ fever & a continuous brain cry for a cure after Zincum

ENDOCRINE SYSTEM

- Ferr-i
- Thyroidinum

ENDOMETRIOSIS

Bellis perr

ENURESIS

Bell, Plantago, Rhus arom, Causticum, Bacillinum testium, Ars iod; Croc cas

- Worms, with : Veronica anthelminthica
- Sepia 3C-6C-30-200-1M-CM: weekly single dose, increase the potency
- Opium: After hospital discharge; apparently indicated remedies fail
- Bacillinum 30 once a week
- Belladonna 30
- Sepia: 1st sleep during
- Viola odor
- CC 30th
- Tuberculinum 1M
- Children: BA, Bacillinum testium
- Old ppl: Sec, BA
- Urine pale, watery, bloody, suppressed: Sec

EPITHELIOMA

- K sulph
- Face: Con

EPILEPSY

Streptococcinum; Solanum; Cuprum; Ver vir

- Aura painful spot between shoulders : Indigo
- Consciousness, with, from beginning to the end : Strychnine
- Cuprum ~ Ver vir
- Cyanosis & drowsiness, with : Hydrocyanic ac
- Debility, with : Strychnine phos
- Eczema, suppression, after : Kali mur

- Hysteria, with : Strychnine valerianate
- Ignatia ~ Cina
- Petit-mal : Bacopa
- Punishment, after : Cham, Cina
- Sadness/ depression, with : Indigo
- Status epilepticus : Absinthium
- Touch, noise, jarring <, with painful contortions : Cicuta
- Touch, noise, odor <, > rubbing, massage, lying on the back : Strychnine
- Unconsciousness, with : Hyos, Cicuta); Hydrocyanic ac
- Weakness remaining after, of one arm/ leg : Phos, Cadmium sulph
- Worms, child quiet with closed eyes : Atista ind
- Calc ars: Aura felt in the heart
- Hydrocyanic ac
- Verbena hastata 3X: Increases mental powers and helps with constipation
- Thyroidinum: New-born babies, convulsions without rise of temp
- Opium: H/o fright in the nursing mother
- Cup met: Old and obstinate cases
- Kali hydroiodicum: Curative in recent and palliative in old cases
- Art vul: Retardation with uncontrollable Epilepsy
- Air, current of, from : Lyss
- Anger from: K brom, NV
- Aura begins in the knees & ↑: Cup
- Aura felt in the heart: Calc ars
- Aura, without: Zincum val
- Blows on head/ concussion after: Hyp
- Brain ← other organs from: Cup, Zinc
- Bright's disease during: K brom
- Clenched thumbs & blue face: Cup
- Clonic spasms beginning in the fingers/ toes → entire body: Cup
- Coldness extreme of the body with head/ occiput hot: Arn, Hell
- Congenital: K brom
- Consciousness with: NV, Strych; Stram

- Consciousness, without: Bell, Cic, Hyos, Opium
- Delivery after: Amyl nit
- Dentition during: Bell (with fever), Caust, Stann, Cham, Cic, K brom, MP (No fever), Zincum (no fever)
- Eating after: Hyos
- Eating before or during: Plumbum
- Eclampsia: Melilotus
- < Emotions: NV
- Fluids, even thinking of, from: Lyss
- Fright / vexation after: Cup, K brom
- Headache follows attack: K brom
- Head injury / fall or blow on the head, after: Cup
- High fever, teething children, jerks & twitches of single muscles:
Acon
- Hysterical: Tarentula
- Intertrigo during: Caust, Lyco
- < Jar: Cic
- Jealousy from: Lach
- Labor / parturition during: Hyos, K brom
- Light, dazzling / reflected from water or mirror, from: Lyss, Stram
- Loss of consciousness, with: Cic, Hyos
- Loss of sleep, after: Cocc
- Loss of vital fluids from: Lach
- Meningitis, basilar; dim vision, head retracted: Ver vir
- < Menses, before: K brom
- < Motion: NV
- New moon, about: Cup, K brom
- < Night: Bufo, Cic, Cup
- < Noise: Cic
- Onanism from: Lach
- Opisthotonus, with: Cic, Ver vir
- Periodicity / regular intervals / menses: Cup
- Perspiration, cold & clammy: Ver vir
- Pregnancy, during: Cup
- Puerperal: Cup, Hyos

Continue after delivery: Cic

Immediately after delivery: Amyl, Cic

Rage, incoherent speech, inclination to laugh at everything followed by epilepsy: Hyos

Suspended breathing for a few moments, as if dead: Cic

- Pubertal: Actaea rac, Caul
- Recurring at short intervals at first, then long intervals: Cic
- Restlessness great, preceded by: Arg n
- Repercussed eruptions, from: Cup
- Single muscles: Bell
- Spasms with clenched thumbs, red face, eyes turned downwards, pupils fixed & dilated, foamy mouth, locked jaws: Aeth
- Suppressed discharge, from: Cuprum
- Suppressed eruption, from: Agar, Psor, Sulph
- Suppression, with bromides: Bromium
- Screaming with red/ bluish face: Cic
- < Sleep during: Bufo, Cup, Lach
- Stomach swelling as from violent spasms of the diaphragm: Cicuta
- Syphilitic: K brom
- Tendency: Bell, K brom
- < Touch: Cic, Lyss, NV
- Tubercular: K brom
- Twitching all over: Hyos
- Twitching, general, 4-5 days before the attack: Aster
- Upper body most affected: Cic
- Valvular diseases of the heart, from: Calc ars
- Violent frightful distortion of the limbs & whole body: Cic
- Violent shocks through head/ stomach/ extremities → Jerking of the parts: Cic
- Water: Lyssin, Bell
- Wet, getting from: Cup
- Women: Cic
- Worms, from: Cic, Cina, Hyos

EPISTAXIS

- Bryonia + Merc sol
- Millefolium
- Arnica
- Kali mur
- Vipera: Specific remedy
- Hepar
- Ferr phos
- Kali carb/ Amm c/ Arnica: When washing the face in the morning
- Kali nit
- Bright red: Trillium
- Childhood origin: Ham
- Coughing during: M sol
- Daily attacks for weeks: CV
- Face very red & flushed, throbbing of carotids; before: Bell, Melil
- Face pale before & after: CV
- Flow passive: CT, Ham, Kreos, Trillium
- Flow passive, chronic, non-coagulable: CT, Ham
- < Exertion: CV
- Hangs in dark strings from the nose like an icicle: M sol
- Idiopathic: Ham
- Menses during: Nat s
- Menses instead of: Bry, Ham, Phos
- < night during sleep: M sol
- Profuse, relieves headache: Ham, Mel
- Profuse: Trillium
- Prostration, right from the onset: Ailan, Apis, CA, Diph
- Traumatic: AA, Arn, Ham
- When washing the face: AC, Arn, K carb, MC
- When washing the hands: AC
- From left nostril: AC
- After eating: AC

ERYTHEMA

- Arms to legs : Antipyrinum

ERUCTATIONS

- Chronic, < evening: Alumina, Lycopodium
- Accompanies most complaints: Arg n, CV
- Bitter: NV
- > Eructations: CV
- < Eructations: Cham
- Chronic, worse evenings: Alum, Lyco
- Empty as if every particle of food → air: Iodum, KC
- Foul like rotten eggs: Arn, MM
- Frequent: Calad
- Loud: Arg nit, Carbo veg, China, Asafetida
- Onions like: MM
- Painful parts, on pressing: Borax
- Sour taste & eructations: MC, NV, Sul ac, Robinia
- Stomach was full of dry food, as if: Calad
- Very little wind: Calad
- No relief from: China
- Constant after food : Xerophyllum
- Foul after coughing : Capsicum
- Loudest : Asaf
- Sour : Atista

ERYSIPELAS

- Bellis perennis
- Gelsemium: Specific near
- Comocladia: Malignant erysipelas; after Lach/ Ars alb
- Apis: newborn; spreads from umbilical cord; specific all kinds of the condition
- China: grave cases

- Aconite/ Bell: Phlegmonous
- Euphorbium: High fever, naso-pharyngeal mucous membrane with a tendency to suppuration/ burning
- RT/ Ranunculus/ Rhus radicans: Vesicular/ Pustular
- Constitutional tendency: Calen, Canth, Psor
- Phlegmonous: Graph

Burning: Graph

Face: Graph

R → L: Graph

ESCAPE, WANTS TO RUN AWAY

Ver alb

ESOPHAGUS

- Burning : Sang
- Reflux esophagitis: Momordica balsamica, Arg nit, NV, Asafetida, Asarum
- Esophagitis: Veratrum viride
- Hyperaesthesia : Strychnine
- Spasmodic affection : Mancinella
- Stricture : Stront carb (stenosis)

< EVENING (BEFORE MIDNIGHT)

Brom, Cham, Euph, Lyco, NA, Puls, Rumex; Thlaspi; Kali sulph;
Thuja; Flourouracil

> EVENING

NV

EXCITABLE

Asar, Aster, Cham, Con, FM, Gels, Lach, NV, Caulophyllum

- Children: Cham
- Emotion, esp contradiction: Anac, Aster, Aur, Cocc, Con
- Emotions → Flushed face: FM
- Girls, young: Ambra grisea
- Least mental excitement → Menses: CC, Sulph, Tub
- < Mentals emotions: Arg n, China, Coff, Gels, Colch, Collin
- Women: Ign

EXCORIATION FROM WALKING

Agnus

EXERTION

- > Mental: Ferrum met
- < Mental: Conium
- < Physical Overexertion: RT, Arnica
- ↑ ability to exercise: Coca, FA
- Activity, needs: Sepia
- → Dyspnoea: Lob
- → Flushed face: FM
- Inactivity, enjoys: Calc
- Mental/ physical, aversion: Aloes, Bapt, Caps, China, Nat c
- Agg: Amyl, Ars, Bry, Nat c
- Amel: Brom, Sepia
- Mental

< Mental exertion : Nat m, NV

< Unusual/ long continued: Arg n, Colch, Collin, Cup

→ Mental/ physical exhaustion: Cup

< Slightest: Aur, Nat c
> Mental exertion: FM

- Overexertion of mind & body from nursing the sick: Cocc, NA
- < Over-exertion : Zincum
- Over-exertion of organs : Ferr pic
- < Physical : Carbolic ac; Ver alb
- < Slight exertion, leading to dyspnea : Laurocerasus
- Physical

→ Abscess in R ear: CA

EXPECTORATION (SEE COUGH)

- Amel: Antim t
- Does not amel: Lyco
- Green: BA, Dulc, Nat c, Nat s
- Inability to expectorate, swallows the sputa: Arn, Caust, KC
- Expectoration in morning, not in the evening: Ambra / Hyos
- < Night: Caust
- Profuse: Euph

< Morning: Euph

- Salty: CC, Lyco, Ars, Phos, Puls
- Scanty: Bry
- Sweetish: Stannum, Sang nit, Squilla maritima
- Thick yellow, sweetish: Sang nit
- Thick yellow green, offensive, musty hard discharge from nose;
> meal: Nat c
- Thick green copious: Sycotic co
- Yellow: Dros
- > : Grindelia
- Increased : Grindelia; Coccus; Ichthyolum; Senega
- Stringy (see discharges)
- Tough, profuse mucus in the aged : Senega

EXPRESSION

- Sickly: China
- Stupid, besotted, drunken: Bapt, Gels

EXPULSION OF DEAD FETUS

Mandragora; Aristolochia

EXTREME OF LIFE, CHILDREN & OLD PPL

Lycopodium

EXTREMITIES

- > Letting legs hand down: Conium
- Restless: RT, Taraxacum
- Pain during wet weather, <warm bed; > continued walking:
Ver alb
- Pic ac: Tiredness
- Guaco: Extremities, due to blood extravasation into the spine
- Automatic motion of one hand: Hell
- Crooked deformed: CC
- Icy cold: Brom, Sec cor, Diph, Heloderma, Quasi amara

Hands, with warm body: Tabacum

Headache with: Calc, Meny, Sep

Internal coldness, with: Heloderma, Quasi amara

Legs, from knees down, trembling: Tabacum

- Pain, drawing / tearing after sitting or writing work, R upper
arm: Mur ac
- Restlessness lower extremities: Bell, Zinc
- > Stretching limbs: Secale cor
- Swollen: M sulph

- Tension, arms, hands, fingers: Meny
- Thin: Silicea
- Trembling, esp hands; paralysis agitans: Merc
- Trembling hands, while writing, menses during: Zincum
- Weakness/ weariness, sore bruised: M sol
- Asleep sensation : Guaicum
- Blotches, esp lower extremities with itching : Solidago
- Coldness, hands & feet : Cadm sulph; Carbo an, Chin ars; Crot cas; Zincum
- Heat, hands & feet : Lil tig
- Mottled appearance : Oxal ac
- Numbness, as if paralyzed : Avena sat
- Numbness with pain, arms : Kalmia
- Pain with thoracic oppression : Solidago
- Pain lower, < rest : Taraxacum
- Restless : Zincum
- Sweat : Oleum
- Swollen arm, painful, < letting it hang down, must elevate the arm or rest it on a table to relieve the bursting sensation : Vipera

EYE AFFECTIONS

Cineraria; Ratanhia

- Amblyopia from alcohol : Terebinth
- Blindness & neuro-retinitis : Vanadium
- Blindness, central : Thyroidinum; Vanadium
- Blue : Carcinocene
- Brain degenerative diseases, after : K phos
- Burning pain : Colocynthis
- Catarrhal ophthalmia : Cynodon
- Ciliary muscle, restores the power : Lil tig
- Conjunctivitis, after kajal/ eyeliner application : Gymnema
- Conjunctivitis, purulent : Eclipta
- Corneal ulcer, painless : Kali bich
- Corneal ulcer, extreme pain : Conium

- Diseases, < touch : Asafetida
- Dry scaly eruptions, scabs : Mezereum, Chrysarobinum
- Foggy : Crab apple; Lac can
- Half-open with dyspnea & cold skin : Carbo veg; Hydrocyanic ac
- Inflammation, chronic with otorrhea : Morbillinum
- Injury : Symphytum; Ledum, Sul ac
- Intraocular hemorrhage : Hamamelis (specific); Sul ac
- Iritis, with dark urine/ burning kidneys : Terebinth
- Irritation, ENT : Vanadium
- Itching with rhinitis : Capsicum
- Itching in fever : Cedron
- Joints & heart, with : Lithium carb
- L sided affections like scleritis : Thuja
- L eye to nose : Cyclamen
- Loss of sight with fever : Chin sulph
- Optic atrophy, commencing : Nat ars
- Optic neuritis, atrophy, congestion : Ethambutol; Carboneum
- Outpushing with desire to rub : Gymnocladus
- Pain, eyeballs : Bryonia, Grindelia
- Pain, burning at night : Ruta
- Paralysis/ weakness after illness : Physostigma
- Pendular movement of eyeballs : Agaricus
- Photophobia : NSD
- Pterygium : Ratanhia
- Red : Hyos , Hamamelis
- Sensation as if flies crawling over : Gymnocladus
- Sensation as if there is a string in the eye, extending to occiput : Paris quad
- Sensitive to light : Iodoform
- Sore eyes, < change of weather : Cadm sulph
- Squint after brain degenerative diseases : K phos
- Swollen, apis-like symptoms : Guarea
- Vanishing of sight : Gratiola
- Tarsal tumors/ styes: Platanus occidentalis (tincture, 6C), Apis, RT, Staph, Hypericum
- Sulphur/ Zincum/ Ratanhia: Pterygium

- Iodum: Acute dacryocystitis, violent lachrymation
- CC/ Morgan g: Corneal spots/ ulcers
- Sac lac/ Quasi amara: Amblyopia
- Digitalis/ Bell: Asthenopia
- Acon/ Sulph when Acon fails: Conjunctivitis, caused by foreign bodies
- Apis/ Amm gummi: Asthenopia; < reading
- Arg nit 30/200/ Hepar: Purulent Ophthalmia
- Lil tig: Astigmatism
- Phosphorus 6X/ Silicea 6X/ Kali mur: Corneal Opacity
- Merc cor 1X/2X: Acute Conjunctivitis, Albuminuric Retinitis
- Sulphur/ Calcarea/ Lycopodium: Fistula Lachrymalis
- Cina: Xanthopsia; as if looking through yellow glass
- Bacillinum: Specific for Corneal Ulceration in children; Inflammatory condition of the eyelids
- Graphites: Ciliary Blepharitis
- Kali iod: Iritis/ Choroiditis/ Corneitis
- Nux Vomica: Ecchymoses sclerotic coat; blood effused beneath the conjunctiva
- Causticum: Paralytic affections eye muscles, esp if caused by exposure to cold
- Datura Metel
- Lachesis: Hemorrhagic Retinitis
- Natrum mur: Muscle Imbalance; single dose/ Eye strain
- Coccus cacti: Cinder in the eye
- Rhus Tox: Specific for Orbital Cellulitis
- Kali bich/ Zinc met 200/ Cyclamen/ Ratanhia: Pterygium
- Pulsatilla/ Kali sulph/ Calc Sulph: Ophthalmia neonatorum
- Carboneum sulph
- Onosmodium
- Naphthalene
- Santonium
- Iritis: Merc cor, Kali iod
- Conium: Photophobia without inflammation; student's remedy for night's work
- Conium/ Psorinum: Intense photophobia

- *Crotalus horridus*: Clears up vision after keratitis/ kerato-iritis
- *Naja*: Ptosis both lids
- *Kali carb.*: Weak eyes after coition; abortion; measles; Edema between upper eyelid and eyebrows
- *Hepar*: eyeballs sore to touch; pain as if they would be pulled back into the head (*Oleander*; *Paris*)
- *Chelidonium*: Liver/ Chest
- *Cineraria*
- *Guarea*: Conjunctiva
- *Rhus venenata*: Conjunctivitis
- *Jequiritolum*: Granular lids
- *Paris quad.*: Eyeballs
- *Senega*: After operation, healing of eyes
- *Tilia eur.*: Neuralgias
- *Usnea*: Eye-sockets pain
- *Gels*: Blurred vision
- *Asarum europeum*: Eye strain after video games or mobile phones
- *Phos 6X/ Sil 6X*: Corneal opacity
- *Zinc sulph*, high potency: Corneal opacity
- *Cholesterinum/ Morgan g.*: Opacity of the vitreous
- Agglutinated in the morning: *Euph*, *Medo*, *Chlamydia nosode*, *Gambogia*, *Mezereum*, *Syphilinum*
- Albuminuric retinitis: *Merc cor*
- < Bathing: *Sulph*
- Black: *Iod*
- Blindness from retinal hemorrhage: *Bothrops*
- Blisters/ warts, > warmth, covering, < uncovering: *Thuja*
- Blue: *Bell*, *Brom*, *Lob*
- Ciliary neuralgia, > lachrymation: *Prun spin*, *Spigelia*
- Cinder in the eye: *Coccus cacti*
- > Closing lids tightly: *Croc*
- Conjunctivitis/ Chemosis (no discharge, only swelling): *Merc cor 1X/2X*, *Sulph* when *Acon* fails (irritation of foreign bodies); *RT*, *Euphrasia*, *Arg nit*
- Contusions: *Led*

- Cornea opaque: BC, Phos 6X/ Sil 6X
- Blue/ Grey/ Green: Silicea
- Corneal ulcer, children: Bacillinum
- Dandruff, eyebrows: Sanicula
- Dryness, too dry to close the lids: Nux m
- Dull, besotted: Apis, Bapt, Diph
- Eyebrows, connected; unibrow: Medo
- Eyestrain → Headache: Nat mur, Ruta
- Fistula lachrymalis: Sulph, Calc, Lyco
- Hemorrhage into the anterior chamber after iridectomy: Led
- Hemorrhage in the retina: Lach
- Inflammation after eruptive diseases: Apis
- Injuries: Arnica
- Pressed outward or asunder, as if; when reading: Asar

Bathing in cold water/ air amel: Asar

- Rubs eyes: Sanicula
- Snap & move quickly: Bell
- < Sunshine: Asar
- Lachrymation

Cough with: Euph, Nat m

Eating while: Carbo an

Profuse acrid: Euph

Profuse bland: All c

Writing, while: CC

Yawning, morning, while: NV

- < Light/ Photophobia: Asar, Lac felinum, Sarracenia purpurea
- Muscle imbalance: Nat mur
- Muscles paralyzed, ocular, < cold exposure: Caust
- Muscular asthenopia: Senega, Causticum
- Muscles stiffness: Kalm
- < Noon: Kalm, NM
- < Open air: Sulph

- Ophthalmia: BC
- Ophthalmia purulent: Arg nit (30th / 200th)
- Ophthalmia neonatorum: Thuja, Syph

Acute with lids adhere during sleep; pain intense at night < 2-5 am; pus profuse, > cold bathing: Syph

- Operations, eye; promotes absorption of lens: Senega
- Pain

After using eyes: Physo

R eye & orbit: Kalm

L eye & orbit: Spig

Warm room: Arg nit

- Sensation as if

Room was filled with smoke: Croc

Weeping, had been: Croc

- Pupils, pin-point: Opium
- Retinitis, after flu: Sal ac
- < Sunset: Kalm, NM
- Swelling, under eyes: Medo
- Tears, cold: Lach
- < Turning the eyes: Kalm, Spig
- Turned upwards: Hell
- Vitreous opacity and corneal ulcers: Morgan g
- Weak after coition, pollution, abortion, measles: K carb
- Weakness: Tilia
- Wide, vacant, staring; pupils dilated: Bell, Hell (pupils dilated & constricted alternating); Stram (when child reprimanded)
- < Wind: Asar
- Winking: Staph, Spigelia

EYEBALLS

- Dilatation, pupils, chronic: CC
- Intraocular pressure, increased: Saponaria
- Injury: Symphytum
- Painful soreness: Eup perf, Hep
- Pain as if they would be pulled back into the head: Hep, Olean, Paris

EYELASHES

- Dry gummy exudation; agglutinated morning: Borax
- Growth of eyelashes: Petroleum
- Turn inwards, esp. outer canthus: Borax

EYELIDS

- Agglutinated at night: Thuja, Syph
- Bag like swelling between upper eyelids & eyebrows: K carb
- Blepharitis, lids dry and crusty: Graphites, Senega
- Boils/ cystic tumors/ Chalazion: Silicea, Platanus
- Cicatricial contraction in children: Platanus
- Contusions, esp. if much extravasation of blood: Led
- Ecchymosis: Led
- Eczema; red & margins covered with scales & crusts: Graph
- Granular, with small blisters with photophobia: Nat s, Thuja
- L lower lid hangs down: Graphites
- Margins red, burning & swollen: Euph
- Ptosis

Upper heavy, has to raise them with the finger: Caul, Gels, Caust, Graph, Syph

Leucorrhoea, with: Caul

Upper & Lower: Sep

- Ridges above eyes: Bary carb
- Styes/ tarsal tumors: Conium, Thuja; Staph (After Staph partially relieves, does not cure, use Thuja), Platanus
- Swollen with pale face & blue rings around the eyes: Nat c
- Trembling upper lid with lachrymation: Ars alb
- Twitching of lids & muscles of the eyes: Agar, Physo
- Itching with coryza : Ambrosia art
- Itching : Gambogia
- Jerking : Agaricus
- Swelling upper : E coli
- Swelling under eyelids : Thlaspi
- Tumors : Zincum

EYE-STRAIN

- Sewing, from: Arg n
- > Open air: Arg n, Nat m, Ruta
- < Warm room: Arg n

Macular Degeneration

- Anti-oxidants, Vit A, E, C, Zinc, Selenium: To retard the progress

Retinal Atrophy

- Carboneum sulphuratum
- Cina maritima
- Haliaeetus leucocephalus
- Kalium chloricum
- Phosphorous
- Santoninum
- Sanicula
- Tabacum
- Vanadium

Choroidal Atrophy

- Cina maritima
- Kalium chloricum
- Kali iodatum
- Santoninum
- Veratrum viride

Tissues Salts

- Calc fluorica 8X: The tissue strengthener
- Calc phosphorica 6X: The cell builder
- Kali phosphorica 6X: Nerve nutrient
- Natrum muriaticum 6X: The fluid distributor. Dryness or excessive moisture in any parts of the body. Can be helpful in cases of wet macular degeneration.
- Carboneum sulph 30 c
- Secale cor low potency
- Sanicula
- Vanadium 200
- Sarcodes, Human retina 5C, 7C, 9C

Eye Operations

- Cataract extraction
- RT: Threatened iritis & pus formation
- Senna: Absorption of lens debris
- All cepa: Neuralgic pain within first 24 hrs, 5 drop doses of the tincture

Corneal Opacity

- Morgan g
- Zinc sulph: high potency
- Phos 6X/ Silicea 6X/ Kali mur
- Bacillinum
- CC

- Thiosinaminum
- Sac alb

Vitreous Opacity

- Cholesterinum
- Morgan g

Chalazion

- Platanus





F



FACE

- Acne: Sycotic co, Caulophyllum
- Bites inside of the cheek while talking, chewing: Ign
- Bloating: BC
- Blue: Tabacum
- Bluish around mouth: Cina
- Bluish-red: Dig
- Brown spots: Sepia, Medo
- Cold, blue, pale covered with cold sweat: Antim t, Camph, CV, CA, Tabacum
- Cold sweat on the forehead: Ver alb
- Cheek red & hot, the other pale & cold: Cham, Cina
- Cheeks red: Brom, Caps, Glon, Stram
- Cheeks/ sinuses, heaviness: Iridium met
- Dark, olive brown complexion: Aur, CP, Coff, Kreos, MP
- Deathlike: Dig
- Deep furrows, with; looks older than he is: Lyco
- Dirty, unhealthy, sallow, pale: Lyco
- Emaciation, cheeks: Tabacum

- Freckles: Lach, MA
- Frowning: Sanicula

& Frowning during headache/ migraine: Viola odor

- Greyish yellow/ greenish: CV
- Malignant growth, R cheek: Sycotic co
- Moth spots: Caul, Sep
- Neuralgia, L side: Sycotic co
- Oily shiny as if greased: Nat m, Plumbum, Thuja
- Pale extreme: FM, Kalm, Lyco, Tabacum
- Pale & cold esp in fleshy children: Iod
- Pale waxy: Abrot, AA, Ars, BV, Bism, China, Cina, Dig, Ferr, Nat c, Op, Sec
- Pale face, blue rings around the eyes, dilated pupils, dark urine, anemic, milky watery skin, great debility & emaciation: Nat c
- Puffy morning, esp under the eyes: Sycotic co
- Old wrinkled: Abrot, Op, Arg n, Lyco
- Sunken, Hippocratic: BV, Bism, Camph, China, Sec, Tabacum
- Blue rings around the eyes: BV, Bism, China, Nat c, Sec
- Expressing anxiety/ pain, linea nasalis: Aeth
- Exposure to cold: Agar
- Hot with a cool body: Arn
- Red, very: Arn, CC, FM, Stram

Chill during: Ign

Cold hands and feet: Stram

Hemorrhage before: Melil

Inflammatory redness in children: Mez

- Red or bluish during convulsions: Cic
- Sallow, yellow: Caust, Chel, Lyco
- Scratches continually, full of eruptions bloody; in children: Mez
- Sensation of a cobweb on the face: Bary carb, Alum
- Sweat

Bathed in cold sweat during vomiting: Lob

Eating, after: NV, CC, Viola tric

Eating, while: Ign, Cham

Small circumscribed spot only while eating: Ign

- Twitching, facial: Agar, Oenatha croc
- White spots/ Pityriasis alba: Aloes tincture
- Withered, dried up: Arg n
- Wrinkled: Lyco
- Epithelioma: Conium
- Caulophyllum: Discolorations with menstrual irregularities/ uterine disease
- Variolinum high potency: Pitted face of smallpox
- Sepia: Freckles
- Pale, blue, collapsed; red while lying, becomes pale on rising up: Acon, Ver alb
- Aloes tincture: White spots, pityriasis alba
- Ashy, pale : Populus
- Bloated with warm perspiration : Opium
- Burning heat cheeks < eating, emotions : NSD
- Cancer : Lob e
- Congested with anxiety, fright, terror : Bell; Solanum
- Crawling, L side : Gymnocladus
- Discoloration (~Sepia) : Cad sulph
- Epithelioma : Conium
- Facial palsy, L side, < cold air : Cad sulph
- Freckles : Badiaga
- Frowning : Helleborus
- Grimaces, makes faces; bobs head covered with cold sweat : Ver vir
- Hairy growth : Oophorinum
- Heat of head & face, intense : Opium
- Mottled, cyanotic look, esp cheeks : Oxal ac
- Neuralgia, L side, > pressure : Colocynth
- Oily : Thuja
- Puffy under-eye, < morning : Sycotic co
- Purplish, bloated : Naja
- Spasms : Laurocerasus

- Thick skin : Viola-t, Bell, Diox, Lepro, Parth, Rad-brom
- Trigeminal neuralgia, prosopalgia b/l; < cold : NSD
- Wild look : Populus

FAINTNESS

Asar, Acon, Apoc, Alum, Croc, Nux m, NV, Sulph, Sumbul, Cocculus; Galanthus

- Attacks with least exertion: CV, Sulph, Ver alb
- Coition, after: Agaricus 30, BD X 15 days
- Eating after: NV
- Frequent spells during the day: Sulph, Zinc
- Hemorrhage with fainting: Trillium
- HT, with: Sumbul
- Labor pain, after every: NV
- Menopause: CH
- Morning: NV
- Nausea, with: Croc
- Odors from: NV
- Odor of cooking food, from: Ars, Colch, Sep
- Pain from: Hep, Lach, Nux m
- Rising from lying down with vanishing of sight & unconsciousness, on: Acon, Apoc, Bry
- Sitting up, on : Bry
- Stomach: CH, Dig, LC, Lob

Excessive use of tea & tobacco, from : Lob

- Talking, must sit down: Alum

FALLING OF THE HAIR

Aur, Nat m, Sep

- Nursing women, < when touched: Nat m, Sep

FAMILY H/O

- Alcoholism: Alumina
- Mental illness: Alumina

FANNED

- Wants to be fanned, slowly & at a distance: Lachesis
- Wants to be fanned, rapidly: Carbo veg
- > Fanning : CV
- Intolerance : Cenchrus

FASTIDIOUS

Carc

< FASTING

Cina, Sulph, Iodum

> FASTING

Cham

FAT

AM, Aur, Sycotic co

- And sluggish, with thin legs: AM
- Old people: Aur

FATIGUE

- Sac lac/ Arnica: Muscular
- Tela aranea: Nervous fatigue/ depression
- Mag phos: Rejuvenator/ Exhaustion/ Painful ailments of old ppl
- Calc phos: incapable of doing much work/ depressed spirits
- Conium: Weakness following exhausting diseases
- Anacardium: Nervous exhaustion from over study
- Mephitis low potency: Nervous exhaustion
- Picric acid: Exhaustion < morning on arising; listlessness from desk work
- RT/ Ars alb/ Coca: Improves capacity for exertion/ fatigue from the journey
- Ars alb: Overtaxing muscle tissues such as prolonged exertion/ climbing mountains
- Coffea: Fatigue from long journeys esp in hot weather
- Kali carb: Exhaustion of the muscular system; excessive urates in the urine
- Senna: Simple exhaustion with excessive nitrogenous waste
- Helonias: Achy burning in the back/ legs from impaired nutrition
- Ignatia: Overtaxed child; highly developed nervous system; sensitive, bright, precocious who is doing very well at school and is being pushed
- Lac def

FATTY DEGENERATION

LD

- Heart: Aur, Phos, K carb

FAUCES

- Brownish red: Lyco
- Deep eating syphilitic ulcers: K bich
- Ulcers: M bin

FAULT-FINDING (SEE CENSORIOUS)

FEAR/ FRIGHT (F)

Acon, Ars, Hyos, Op

- Aggression: Puls
- Alone, being/ Solitude: Bism, Camph, Con, Hyos, KC, LC, LT, Lyco, Stram, Morgan pure, Sycotic co

Yet avoids society: Con, KC, Lyco

- Animals: Sycotic co
- Anxiety, from the fright of suffering in the past; F recurrence of disease, always lurking: Opium (Knerr)
- Arrested, of being: Melilotus, K brom
- Bitten being: Hyos
- Business, would fail: Silicea
- Called by his name, being: Sulphur
- Cancer: Ars alb
- Cholera: Ars, NA
- Closed spaces: Arg nit, Succinum, Bowel nosodes
- Cold air: MP
- Cold bathing: MP
- Dark: Stram, Phos, Morgan pure, Sycotic co
- Death, when alone: Camphor
- Death, imminent: Arg nit
- Death, with respiratory complaints: Ars, Lobelia
- Disease: Arg nit, Ars alb (physical annihilation), Phos

- Dogs: Sycotic co
- Downward motion: Borax, LC (Falling down)
- Eat/ drink to: Hyos
- Escapism: Phos, Sulph, Lyco
- Examination: Silicea

& Examination of medical pulse: Sanicula

- Exercise: Caps
- Exhaustion, on waking up: Lach, Syph
- Exposed, in front of people, being: Medo
- Extravagance (if the disease will spread to the whole body):
Opium
- Failure, when attempting new tasks: Silicea
- Fearlessness: Silicea
- Forsaken by god: Camphor
- Gallows, of the, sudden fear; as if he is going to be hanged in the
gallows: Bell
- Ghosts : Bary carb, Puls, Phos, Medo
- Heart disease: LT
- Heart will stop: Lach
- Heights/ high buildings: Arg nit, Morgan g
- Imaginary things, wants to run away from them: Bell, Phos
- Impending disease, of; contagious, epidemic disease: Lach, Calc
- Infection, of: Lach, Calc
- Injection/ pins/ Needles: Alumina, Silicea, Stram
- Insane/ mad becoming: Anac, Arg nit, LC, LT, Lyss
(Lyssophobia)
- Intimacy: Natrum, Kali group
- Invalidity, of: Ignatia
- Laughed at, being: Baryta carb, CC
- Losing their position/ isolation in society (due to their disease,
eg covid, cancer etc.): Staph, VA, Sepia
- Loud noises : Bary carb
- Loved, he is not: Morgan pure
- Men: Lyco, Cicuta
- Moving/ Motion: MP

- Narrow places: Morgan pure
- Nervous, fear of some calamity: Scutellaria
- New challenges, ideas, persons: Bary carb, Alumina, Lyco
- New person, of: Lyco, Strontium carb
- Open air: Caps
- Open spaces/ Agoraphobia: Arg nit
- Pins/ injections: Silicea, Spigelia, Alumina
- People: Arg nit, K brom
- Poisoned, being : Ars alb
- Poverty, although prosperous: Psorinum
- Public appearance/ stage fright: Arg n, Gels, Ignatia (Prophylactically), Silicea
- Rejection: Bary carb, Morgan pure
- Suffering, physician, dentist, needles, injections, surgery: CC
- That she will lose her reason & people will see her mental confusion: Cimic, CC
- To go out in the crowd: Acon
- To cross the street: Acon
- Death, of: Acon, Ars, Cact, Cann i, LC

Always anticipating death: Medo

Disease is incurable, thinks: Ars, Cact, LT

During pregnancy: Acon

No fear of death, does not care to live; but is sure he is going to die: LD

When alone: Ars

When going to bed: Ars

- Poisoned being: Hyos
- Punishment: Thuja
- Rejection: Aurum, Bary carb, Natrum
- Snakes: Lach, NM
- Sold being: Hyos
- Something will happen: Morgan pure
- Suffocation: Lach, Acon, Camphor (many others)
- Superstitious: RT

- Suspicious/ hate/ contemptuous of men: Cicuta
- Tied down, being, in long relationships: Lyco, Tub
- Touching affected part: MP
- Trains, being in: Succinum
- Trifles: Phos
- Uncovering: MP
- Undertaking, new things/ foods/ ideas: Lyco
- Waking up, unable to, after sleep, or surgery: Aethusa
- Water: Bell, Lyssin, Stram
- Wounds: Calc
- Solitude : Lyco, Bismuth, Kali carb, Lil tig, Lac can, Naja, Conium, Ver alb
- Aconite: darkness, ghosts, death
- Bryonia: poverty
- Phosphorus: Thunderstorms
- Bacillinum, Belladonna, China, Stramonium, Tuberculinum: dogs
- Arsenic album: death when alone
- Spigelia: pins & needles
- Stramonium: darkness
- Conium/ Kali carb/ Lycopodium/ Lac can: F being alone, yet avoids society
- Naja/ Elaps: To be left alone; rain
- Lachesis/ Hyos/ RT: Being poisoned
- Kali carb: Fear felt in the stomach
- Aurum/ Lac felinum/ Nat mur: Intruders
- Ver alb: Cannot bear to be left alone, but refuses to talk
- Lac can: F to be alone; dying; becoming insane (Lil); falling downstairs (Borax); snakes
- Lac def: No fear of death, but is sure, he is going to die
- Alone, being, of : Term chebula; Anthracinum; Sycotic co
- Alone, when : Drosera
- Animals : Sycotic co
- ~ Bell : Mandragora
- Cars, of : Anthracinum
- Closed spaces : Succinum

- Dark, of : Sycotic co; Drosera
- Dogs, of : Sycotic co
- Easily : Calendula; Hydrocyanic ac
- Fearless, daredevils : Ferr met; Agaricus; Ferr iod
- Getting hurt : Arnica
- Ghosts, of : Bell; Mandragora
- Nervous, as if something will happen : Scutellaria
- Poison : Ver vir
- Snakes : Lac can
- ~ Stram + tubercular violence + Phos cough/ hemorrhage : Gallic ac
- ~ Stram : Solanum nig; K brom
- Suffocation from respiratory paralysis : Acon fer
- Thunderstorm, of : Term chebula
- Touched/ examined, being : Arnica
- Trains : Succinum

FEET

- Burning: Sulphur
- Burning & restless: Medorrhinum
- Coldness, icy, esp. at night: Heloderma
- Cold/ clammy: CC, BC
- Cramps at night: Sulph
- Heat at night: Morgan g
- Heel pain: Tart ac, Phytolaca
- Perspiration, profuse: Sal ac, Morgan g
- R warmer than L: Morgan g
- Restless: Zincum
- Rheumatism, toes: Sabina, Ledum, Berb vul
- Sensation as if a sharp instrument was stuck under the great toe nail, only when urinates: Sulphur
- Short & thick toes: Bary carb
- Tenderness, soles: Medo
- Toenails, pain, as if the nail had grown into the flesh: Teucrium

- Wants to find a cool place: Sulph, Sang, Sanicula, Medo, Puls, Cham
- Elaps: Icy-cold feet
- < Touch: K carb
- Fidgety: Zinc
- Very cold with headache: Sepia
- Cold feet with warm hands or vice-versa: Sepia
- Hydrocotyle: Itching soles
- Rheumatism toes: Sabina, Ledum, Berb vul
- Plantar fasciitis: Graphites (LM3)
- Cramps of the heel : Crot cas
- Diabetic foot : Hippozaenum
- Dropsy, one-sided after chronic vascular disease : Prunus spin
- Impossible to raise one foot without lifting the other so makes a series of springs when rising : Ver vir
- Itching between toes : Nat sulph
- Itching/ formication : Zinc
- < Letting the feet hang down : Vipera
- Restless : Medorrhinum; Lil tig
- Restless at night : Causticum
- Stamping in madness : Ver alb

FELON

Anth, Ars, Bell, CA, Dios, Ferrum phos, Iris v, Lach, Tarentula

- Early cases with sharp pricking pains: Dios
- Worst cases: Anth, Ars, CA, Lach, Tarentula

FEVER

- Intermittent: Chin sulph, Tuberculinum, Cimex acanthia
- Intermittent with coldness, prostration, cold sweat on the forehead; deathly pallor: Ver alb
- Intermittent, > winter: Ilex aqui

- Septic: Pyrogenium
- Baptisia: Low or even tincture; first stage typhoid; unusually rapid onset; hectic fever of tb; enteric fever suspected, immediately give its 1-2 drops of 1X dilution or the strong tincture every 2-3 hrs
- Aconite: Always injurious in first stage of typhoid
- Carbo veg: State of collapse; dissolution of blood & paralytic conditions involving the whole organism
- Bryonia: Relapsing fever epidemic
- Cina: lingering remittent fevers of children
- Pyrogenium: Fevers of septic origin
- VV: Suppurative fevers/ pneumonias last stage
- Nat mur / Ars alb/ China sulph: Malaria 95% cases
- Methylene blue 6: typhoid with loose stools, tympanites, pain abdomen; obtuse temp, does not come down properly
- Absinthium: Produces sleep in typhoid when insomnia / wakefulness has been a prominent symptom
- Variolinum: Hemorrhage in typhoid
- Ars: Should be given all through; unless the attack is a very mild one; beginning of typhoid
- Arnica/ baptisia: Indicated once in a while in typhoid
- Bry/ RT: Frequently indicated in typhoid
- Acon/ Coffea in alternation: Specific (Hering), fever in the former and nervous sensibility in the latter present in the case
- Bry: 1st week of typhoid
- China: fever never at night
- Bry/ Antim crud: fever agg at night
- Puls/ K sulph: chills in hot room; thirstless in fever
- Flour ac: Body hot without rise of temp
- Tuberculinum: Anxiety/ Loquacity during fever
- Canchalagua: Tincture, anti-malarial/ anti-septic/ intermittent fevers
- Cuphea
- Nyctanthes: Bilious remittent fever
- Ostriya vir: Bilious fever
- Polyporus pinicola

- Abdomen, hot: Apis, Ars, Bry, Cham, Cic, Ferr, Graph, Ipec, Lyco, Sil
- Abuse of drugs: NV, China
- Abuse of or suppression from quinine, after: Ipec, Nat m
- Anger, after: Cham
- Annually returning: CV, Lach, Sulph
- Spring paroxysm: CV, Lach, Sulph
- Suppression of quinine previous autumn, with: Lach
- Answering, unconsciously: Arnica
- Bilious: Acon, Bell, Bry, Cham, Colo, NV, Plat, Sep
- Bitter taste: NV
- Blisters about the lips, look like pearls: Nat m
- Chill: Pyrogenium

3 pm: Apis

3 am & 3 pm: Thuja

3-4 PM: Lyco

5 am: China

9 am: Eup perf

Bitter vomiting at its close: Eup perf

Bone pains before & after chill: Eup perf

Dinner, after: Spigelia

Drinking hastens chill → vomiting: Eup perf

Headache with unconsciousness, during: Nat m

Hot room: Puls

< Noon: Eup perf

One after the other: Lyco, Calc, Sil, Hepar

Predominates; coldness felt most acutely in abdomen/
legs: Meny

Red face during: Ign

Running up & down the back: Gels

Shivering, single parts: Bell, Puls, Staph, Verat, Ars, Caust

Severe & long lasting (cholera): Camph

Spinal: Gels

Thighs, beginning in: Thuja

Thirst, always with: Apis, Ign

Thirst, without: Gels

Vomiting at the close of chill: Nyctanthes, Eup perf

< 11 am & 11 pm: Cact

< 10-11 am: Nat m

- Bilious: Acon, Bell, Bry, Cham, Colo, NV, Plat, Staph
- Burning, over the eyes: Petroleum (only remedy)
- Burning, palms & soles: Ocimum sanctum
- Catarrhal: Bry, Cham, NV
- Chronic old badly treated cases: Nat m, Tinospora
- < Covering: Ign
- > Covering: NV
- Debility: Ferr phos, Gels
- Delirium, says he is well, no complaint: Arnica
- Dentition: Acon, CC, Cham
- Desire soups warm, company: Calc ars
- Desires to wander away from home at night, during intermittent fever: Elaterium
- Ears, hot: Alum, CC, Merc, Puls
- Falls asleep in the evening fever & wakes when it stops: Calad
- Gastric: Antim Crud, Bry, Nux, Puls
- Head hot with cold extremities: Arnica, Bell, Bry, Ferr, Ip, Stram
- Headache with unconsciousness during heat: Nat m
- > Heat external: Ign
- Headache, occipital: NV
- Heat

> when high fever: Polyporus pinicola

Face red & hot : Bell, NV

Single parts: Amyl-nit, Ars, Bell, Bryonia, Merc, Ph-ac

Thirstlessness during : Ign, Puls

Thirst in: Eup perf, Acon, Bry, Nat mur, Antim crud

< Uncovering: NV

Whole body burning hot: Acon, NV

- Infectious, contagious fever: Bap, Eup Perf

- Intermittent: Apis, Camph, China, Chin s, Ipec, Nat m, Petros, VA, Aran diadema

Afternoon fever, esp tubercular: Ars, CC, Iod, Kali Carb, Lyco, Phos, Puls, Sulph

Alternate days: China

Complicating traumatic/ chronic urethritis or stricture: Petros

Daily: Aranea, Ars, Caps, NV, Puls

Every 7th/ 14th day: China

Every other/ alternate day: China, Canth, NV, Puls

Every 4th day: Ars, Lyco, Puls, Sabadilla

- Licking lips: Puls
- Moaning: RT
- Red spot on the left cheek: AA
- Intense restlessness, < evening, going to sleep : Acon
- Low grade fevers, with no response: Nitri spir dulcis
- Nausea persistent with: Ipec
- Night, never at: China
- < Night: Bry, Antim crud
- < Noise: Bry
- Sensorium clouded, staring eyes, picking bed clothes, grasping at flocks, teeth covered with sordes, tongue dry & unwieldy, involuntary stool/ urine, subsultus tendinum: Hyos
- Skin dry & hot, face red or red & pale alternately: Acon
- Skin, heat: Fl ac, Kali iod
- Skin, cold: Iod, Camph
- Hectic; skin dry & hot: AA
- > Rubbing: RT
- Septic: Anth
- Sleep, during, only; does not want to be covered: Sambucus nigra
- Slow with vertigo & disposition to anger: Cocc
- Soles, hot: Cup, Ferr, Graph, Sulph
- Spleen enlargement with: Tinospora
- Sweat, hot with: Asclepias tub

- Sweat > pains: Nat m
- Thirst

Insatiable: Eup perf

Thirstlessness, with: Puls

- Typhoid: Bapt, Hyos, Lach
- Moaning during: Bell
- > Night: China
- Prostration, with: Anth
- Delirium & fainting: Anth, Pyr
- Temp subnormal or ↓↓: Diph
- < Uncovering: NV
- Urine retention : Op

Bladder full but fullness not recognized: Op

- > vomiting, just before the chill stage of fever: Nyctanthes
- < Warm room: Apis
- Weakness/ Debility: Gels, FP, MA
- 7 am, morning : Desmodium; Oldenlandia
- ~ Phos ac : Nitri spir dul
- ~ RT : Nyctanthes; Taraxacum
- Catarrhal fever during menses : Graphites
- Changing paroxysm after abuse of homeopathic potencies :
Sepia
- Chattering/ shivering teeth at the beginning : Variolinum
- Chill without subsequent perspiration : Graphites
- Chilliness from putting hands out of the bed : Arnica, Baryta
carb, Hepar, Nux vom, Tarentula, Tuberculinum
- Chilliness with a desire to be near a fire : Cicuta
- ~ China : Chin sulph
- Continued fever accompanied by tympanitis : Kalmia
- Dry heat at night before menses : Conium mac
- Dry heat after coition : Nux vom
- Eruptions, urticaria with ; itching > cold applications : Tribulus
- Every alt day, or every 3rd day : Atista

- Extreme clinging during fever : Gelsemium
- External heat , desire to be fanned during heat stage : Carbo veg
- External heat, with yellow skin : Merc cyan
- Fever after abuse of ice water : Carbo veg
- Fever after coition : Calc, Graphites, Kali carb, Kreosote, Lachesis, Mag mur, Nux vom, Sepia
- Fever with icy coldness : Cadmium sulph
- Fever < milk : Aconite
- Flushed, hot, sweaty, congested-looking : Pyrogenium
- High : Pyrogenium
- Icy coldness of the body during chill, not better by wrapping : Acon fer
- Intermittent fever, following bronchopneumonia : Chin mur, Chin sulph
- Intermittent/ remittent in children : Desmodium; Ocimum sanctum
- Intermittent : China; Oldenlandia herbacea; Trichosanthes; Eup perf
- Loquacity, during : Teucrium mar verum
- Low grade : Echinacea; Gelsemium; Tinospora; Taraxacum
- Pain all over : Desmodium; Gelsemium
- Pain, sleepiness, headache : Desmodium; Gelsemium
- Periodicity : Cedron
- Thirst at the prodromal stage : Ars, Bry, China, Eup-per, Sulph
- Thirst during chill : Apis, Arnica, Ars, Bry, Caps, Carbo-veg, Chin-sulph, Eup-pur, Eup-perf, Ignatia, Nat mur, Verat alb
- Thirst during heat : Acon, Arnica, Ars, Bry, Cham, Cina, Chin-s, Cantharis, Colchicum, Casc, Eup-pur, Elat, Nat mur
- Thirst during sweat : Ars, China, Chin-s, Cactus, Nat mur, Stram
- Thirst, with : Ars alb; Enterococcinum; Chin sulph
- Thirstless : China

FIBROIDS

- Hemorrhage: Vinca minor

FIBROSIS

- Calc flour 3X/ 6X
- Thiosinaminum 6C

FIDGETY

Apis, K brom, Zinc, Zizia

- Feet/ lower extremities: Zinc, Zizia
- Hands: K brom
- Work, while at: Graph, Zinc
- Feet at night : Sycotic co
- Legs : Anthracinum

FINGER

Hekla; Helleborus

- Blue tips/ nails as well as toenails : Oxal ac
- Clubbing : Laurocerasus
- Coldness : Helleborus; Taraxacum
- Eruption, chronic : Stillingia
- Eruption, vesicles, between : Helleborus
- Horny/ thickened ends : Populus
- Numbness : Paris quad
- Pain > hard pressure : Lithium carb
- Contraction after sprain: Cann s
- Crushed/ mashed: Hyp
- Deep impression from using blunt instruments, scissors, knife etc.: Bov
- Deformity joints, large puffy knuckles: Medo
- Short & thick: Bary carb
- Torn lacerated, when almost entirely separated from the body:
Calen, Hyp

- Twitching: K brom
- Ulcerations: Sars, Psor

FINGER-TIP INFECTIONS

- SSC or Sulph + Sil + CV
- Ulceration, tips/ knuckles: Borax, Sep, Nat carb, Ars
- Abscesses of the joints of the fingers/ toes: Sepia

FISSURES/ CRACKS

- Finger ends, nipples, labial commissures, anus, between toes:
Graphites
- Rectum: NA

FISTULA

Carcinocene; Tub m

- Old fistulous openings: Sulphur
- Anal: Silicea 200 alternating with Flour ac

FIXED IDEAS

Ast rub

FLATULENCE

Psor, Aloes, Oleander, Saussurea; Colchicum; Hematoxylon

- Colic with chronic GI catarrh : Aegle marm
- < Empty stomach : Ignatia
- Excessive : Thyroidinum; Justicia; Guaicum; Nat sulph
- > Flatus, passing : Carbo an

- Menorrhagia/ blood in the UT/ Dysentery, with : Erigeron
- Offensive & noisiest, most : All cepa
- Piles, with : Quercus
- Tea dyspepsia & tobacco intake, with : Thea
- Abdomen

Upper: CV

Lower: Lyco

Whole: China

- Borborygmus: China
- Distended/ bloated abdomen, as if it would burst: Colch, K carb, Lyco
- Dyspepsia: Arg n, CP, CV, China, Dios, Ipec, Lyco
- > Eating: CP
- < Eating: CV, Dios, K bich

Soon after: K bich

- > Eructations: CV
- < Fruits: China, Puls
- < Lying down: CV, Dios
- No relief from eructations/ belching: China, Lyco
- Obstructed: Raphanus
- Post-operative flatulence: Raphanus
- Vaginal: Sarsaparilla, Lac can, Brom, Lyco, Nux mos, Sang
- Raphanus bul : Accumulation & retention of flatus after surgery
- CV/ Kali carb: complementary
- China/ Carbo veg: complementary
- Arg nit: If recurs after Carbo veg
- Lycopodium
- Carbo an: nightly dose, produces sleep by removing the gastric condition that prevents it; prompt relief in abdominal distension after abdominal operations
- Kali carb/ Iodum: Everything turns into gas
- Lac can/ Brom/ Lyco/ Nux mos/ Sanguinaria: Flatus from vagina

- Cajuputum
- Micromeria
- Myrica: while walking
- Raphanus: Obstructed
- Thea: Tea drinkers
- Uranium nit
- Valeriana: Hysterical flatulence

FLATUS

- Burning, offensive, copious: Aloes
- Excessive accumulation: CV, China
- Fetid: Rhus glabra
- Small stool, with: Aloes, Agar
- Profuse noisy with stool: Arg n
- Burning anus, after flatus: Aloes
- Constant discharge: Antim
- Chronic: Antim
- Dentition during: CP
- Vagina from/ Physometra: Brom, LC, Lyco, Nux m, Sang

FLESHY/ FAT PERSONS

AC, Antim, Aur, CC, Caps, K bich, Lob

- Stout women: AC
- Leading a sedentary life: AC
- Menopause: Calc ars
- Sluggish with thin legs: AM
- Young children & old people: Antim, CC
- Old people: Aur

FLUSHINGS

Amyl, CH

- Followed by sweating, hot profuse: Amyl, CH
- Followed by great prostration: Amyl
- Face, at the slightest emotion: Amyl, Coca, Ferr
- Red parts become white: Val, Ferr

FOLLICULAR PHARYNGITIS

Aesc

FOOD/ DRINKS

- A: Aversion
- Acids, lemonade D: Bell, Sec
- Acids, pickles, D: Antim, China
- Alcohol/ Whisky/ Brandy, D: Asar, Calc ars, Camphor, CV(esp old toppers), CA, Coca, Lach, SA
- Bacon: Sanicula
- Beef D: Malaria off
- Bread A: Con
- Bread fresh: Sanicula
- Buttermilk: Thlaspi bursa pastoris
- Sweetened: Elaps
- < candies/ sweets: Medo
- Cold drinks, D: Bry, Camphor, Bismuth
- Cold food, cold icy milk: Sanicula
- D: Desire
- Desires food, before menses: Folliculinum
- Egg yolk: Sanicula
- Fat/ butter D: Morgan pure
- Ham: Sanicula
- Hot drinks, D: Chelidonium
- Indigestible things, chalk, charcoal: Cic, Psor, Alum
- Starch, chalk, charcoal, indigestible things, D: Alum, Cic, Psor
- Apples, D: Aloes, Antim t
- Salt, D: CP

- Sour things, D: China
- Sugar, D: Arg n, Folliculinum, Insulinum
- Sweets, D: Cina
- Smoked meat, D: CP
- Stimulants, D: Coca, Camphor
- Tobacco D: Asarum, Caladium (destroys the craving), CA, CV, Coca, Staph, Daphne
- < Acids: Lach, Brom
- < Alcoholic drinks: Ars, Lach, Led, Lyco
- € Easy Intoxication: Alumina, Conium, Zincum
- Alcohol D: Asar, CV, CA, Calc ars, Coca, , CH, Medo, SA, Syph, Psor, Tub Sulph
- Ale D: Medo
- Apples D: Sulph
- Bananas D: Theridion
- Beer D: Sulphur, Sepia (creates aversion)
- Bread A: Nat m
- < Bread: Antim, Lyco, Nat m, Sep
- < Brandy: Ign
- < Butter/ Fat food: Antim, CV, Puls
- Butter A: Cyclamen
- Buttermilk, D: Thlaspi bursa pastoris
- Cabbage A: Petr
- Cabbage D: Ign
- Cheese D: Cistus
- < Cheese: Ars (strong cheese), Colocynth
- Chilli green D: Plumb met
- Chocolate D: Nat mur, Tarentula , Carc, Morgan pure
- < Coffee: Ign
- Coffee A: Psor, Caust, Ign, Lyco, CC
- Coffee D: Angustura, Carbo veg, Colo, Camphor, Carc, Con
- Cold drinks D: Phos
- < Cold food: Arg n
- > Cold food: Bry, Elaps
- < Cold fruits: Ars
- < Cold water: Ars

- > cold drinks/ food: Bismuth
- Eggs A: Arg nit, Ferr, Nat mur, Sycotic co, Carc
- Eggs D: CC, Morgan pure
- < Eggs: Ferr, Nat mur, China ars, Sycotic co
- Fats A: Sepia, CC, Sycotic co
- Fats D: Nit ac, Sulph, NV
- Fish A: Camphor
- Fried food/ chicken lollipop: Plumbum, Medo
- Fruits A: China, Ars
- Fruits, D: Medo, Theridion
- & Raw fruits/ green fruits: Medo
- < Fruits: China, Elaps, Puls, CT, Gamb
- Fruits green/ oranges D: Medo
- Honey D: Sabadilla
- Hot drinks, very, D: Ars, Chel, Casc, China
- < Hot drinks, food, hot tea: Brom
- Ice D: Medo
- < Ice cream: Arg n
- Ice cream D: Medo, Phos
- Jellies, D : Medo
- Junk/ street food, D : Medo
- Meals: Puls, Nat mur, Conium
- Meat A: CC, MA, NA, Tarentula, Lyco, Graphites, Tub

Cannot bear the thought or sight of meat: MA, NA

- Meat D: NV
- Milk

A: Nat c, Lac def, CC

D: RT, Tub, Phos ac, Bry

Cold: RT, Tub

→ Diarrhea: Nat c

Indigestion during dentition: MM

Mother's milk, refuses: Cina

< Milk during menses: MC

< : Sepia, CC, Mag carb, Aethusa, Nat carb

- Mixture of all tastes, D : Medo
- Orange A: Puls, Sycotic co
- Onion A: Thuja
- < Onions: Lyco, Medo, Sycotic co
- < Oysters: Brom
- < Pastry: Antim
- Pickles D: Hepar, Antim crud
- < potatoes: Alum
- Potato A: Alum, Sycotic co
- Potato D: Cicuta, CC, Malaria off
- < Pork: CV, Cycl
- Raw food, D : Medo
- Refreshing things, D : VA, Phos ac
- Salt A: Sepia, Mag mur
- Salt D: Calc, Caust, Carc, China, Con, Medo, Nat m, Nit ac, Phos, Morgan pure
- < Sausage, bad: Ars
- Sour D: Morgan pure, Con
- < Spicy food: NV
- Stimulants, D : Lach
- Sweets A: Caust, Graphites
- Sweets D: Arg nit, Medo, Sulph, Cina, Lyco, Morgan pure
- < sweets: Medo
- Sweet and sour D: Medo
- < Sugar/ Sweets/ Sweetmeats: Arg n, CT, Gamb, Medo

D in puny rachitic children: MM

- Tea D: Thuja
- Tea drinkers: Dios

→ Flatulence: Dios

- Tobacco A: Ign, CC
- Tomatoes D: Medo
- Vada pav desires: Aluminum-s, Ant-c, Calc-p, Mag-s; Med; Nat-m; Puls, Staph, Sulph, Tax, Tub

- Vinegar D: Hep
- < Vinegar: Antim
- < Warm food: Bry
- > Warm food & drinks: Lyco
- Water cold D: Tub
- < Wine, sour/ bad: Antim, Arn, BA, Lyco
- Wheat A: Psor
- Craving/ aversion/ intolerance to salt : Anthracinum
- Craving/ aversion to fish : Homarus
- < Eggs : Chin ars
- < Fat : Sycotic co
- Greedy for food but can't digest : Saussurea
- < Juicy vegetables : Capsicum
- < Meat : Causticum; Crataegus; Rumex
- < Milk : Guaicum; Homarus; Lil tig; Zincum
- < Onion : Sycotic co
- < Orange : Sycotic co
- < Salt : Carbo an
- < Sweets : Causticum
- > Warm drinks : RT, Oscillococcinum

FOOD INHIBITIONS

- Coffee: Cham/ NV/ Caust/ Psor
- < Fat foods: Puls
- < Salads, Sauerkraut: Bry
- Oysters: Lyco
- Onion: Thuja

FOOT

- Burning/ heat of soles & palms: Petr, Sang, Sulph
- Cold damp continuously in bed: CC
- One foot cold and the other hot: China, Dig, Ipec, Lyco
- R foot icy cold, L normal: Chel, Lyco
- Sweat

Destroys shoes: Sanicula

< Suppressed foot sweat: Cup, BC

Offensive: AM, Alum, BC, CC, Graph, Petr, Psor, Sanic, Sil, Lyco

Tenderness with offensive sweat: Graph, Petr, Sanic, Sil

- Tenderness of heels & balls: Medo
- Tired aching restless feet & legs: MC

FOREHEAD

- Cold sweat : Opium; VA
- Copious sweat on waking : Parotidinum

FORGETFULNESS

Anac, BC, Cann i, LC, K brom, Medo, Syph, Nat carb, Agnus, Caust, Natrum, Ocimum sanctum; MAP; Caladium

- Absent-minded : Hyos ; Nux mos ; Caladium
- Forgets usual duties, mistakes in writing : Ocimum sanctum
- Head injury, after : Nat sulph
- Begins a sentence & forgets what he was about to say: Cann i
- Calculations difficult: Syph
- Cannot remember names/ words/ initial letters: Medo, Syph
- Cannot spell correctly: Medo
- Constantly loses the conversation thread: Medo
- Forgets how to talk: K brom
- Had to be told the word before he could speak it: Anac, K brom
- Makes purchases and walks away without them: Agnus, Anac, Caust, LC, NM
- Overcrowding thoughts: Anac, Cann i, LC
- Writing, uses too many words or not the right ones; omits final letter or letters in a word: LC

FRACTURE

Arnica; Terminalia arjuna

- Glonoine: Terrible pains of a fractured skull
- Sticta 200: Sleeplessness after a wound / fracture
- Symphytum: Main remedy

FUNGAL INFECTIONS/ MUCORMYCOSIS

Candida; Caulophyllum

- Bacillinum
- Secale cor
- Ars
- Bry
- Bell
- Apis
- Agaricus
- Aspergillus c
- Boletus laricis
- Bovista
- Candida albicans
- Candida auris
- Candida parapolosis
- Cryptococcus neoformans
- Histoplasma
- Lentinula
- Mixed molds
- Mucor mucedo
- Penicillinum
- Ringworm / Trichophyton tonsurans
- Secale cornutum
- Solanum tuberosum aegrotans
- Stachybotrys chartarum

- Tree fungus
- Yeast/Torula

< FULL MOON

CC, Silicea, Alum, Iodum, Phytolaca

FULLNESS

Aesc

FURUNCLE

Arnica, Abrot, Hep, Pic ac





G



GAIT

- Staggering uncertain; as if the legs were all over the sidewalk:
K brom
- Unsteady; muscles refuse to obey the will: Aster, Alum, Gels,
K brom

GALACTORRHOEA

- Calc carb

GALL-BLADDER

Kali carb, Morgan p, Morgan gaertner, Fel tauri

- Colic : Pituitarinum
- Stones L sided : Berb vul
- Stones : Carduus; Chionanthus; Juglans; Nat sul; Juglans r;
Solanum; Vipera

- Stones with headache : Chionanthus
- Stones, large with neck stiffness : Juglans
- Stones in Puls female : Thlaspi
- Chelidonium + Chionanthus + Hydrastis can (in equal parts)
or CCH
- Dioscorea: Acute attack
- Cholesterinum 3rd trituration: Specific for colic; solitary stones
- Carduus mar: Colic
- China off: colic/ gallstones
- Hydrastis: Gallstone colic
- Nux v: colic
- Podophyllum: colic
- Bell 200: relieves in minutes
- Calc carb: Biliary colic
- Chionanthus: Liver remedy as well
- Arg nit: Calculi with subacute pleuritis
- Urt urens tincture: Gallstones
- Thlaspi bursa pastoris (low potency, repetition early): Gallstones
specific

GALLSTONES

- Colic: BV, Card m, China
- Pain R shoulder: Chel
- Theme, needs to accepted, feeling of being put down: Fel tauri

GANGRENE

Tarentula, Sec cor, All cepa; Lachesis; Solanum; Sul ac

- > Cold : Sec cor
- Dry, senile, agg external heat : Sec
- > Heat : Ars alb
- Old, neglected, offensive : Calen, Sal ac
- Prevents : Calen, Sal ac
- Ulcerations, gangrenous : AC, SA, Tarentula

GASTRIC SYMPTOMS/ DERANGEMENTS

Ant c, Ipec, Lob, MM, NV, Petr, Puls, Bry, Chel, Taraxacum, Hedeoma, Hydrastis, Rumex

- Sudden violent attack : Tub d
- Tonic: Hydrastis, Quasi amara, Gentiana lutea
- Ars alb : Mildest to the most severe
- Bismuth : Gastralgia
- NV : Gastric catarrh
- Acon : Specific
- Sanguinaria can : Burning/ thirst unquenchable/ pain/ vomiting/ prostration
- Anacardium/ Ornithogalum : Gastric/ duodenal ulcer
- K bich : Perforated peptic ulcer, malignant beyond operation stage

GENITALS

Zinc phos

- Bleeding during stool : Lyco
- Burning/ tingling whole perineum whole urethra : Petros
- Chancre (painless ulcer) treated by local means → Throat and skin troubles : Syph
- Cold: Dios
- Easily excited by touch, pressure on sitting, friction by walking: Cinn, Coff, LC, Mur, Plat
- Herpes: Petroleum
- Itching, intense : CT, Kreos, RT, Xerophyllum
- < Least touch; not even of a sheet : Murex, MA
- Sweat/ moisture: Petr
- Vaginismus : MP
- Vesicular eruption, males; so sensitive, unable to scratch; > gentle rubbing : CT
- Violent corrosive itching of the pudenda/ vagina : Kreos

- Weakness after coitus : Dig
- Eruptions around genitals : Croton tig
- Neuralgia spermatic cord : Oleum anim

GESTURES

- Winding a ball, as if : Agar
- Jumps , as if over holes : Agaricus
- Foolish : Ver alb
- Involuntary hands : Ver alb

GLABELLA, SWOLLEN

Flour ac

GLANDS

Ferr iod; Acon lycoc; Sul iod

- Calcification : Parathyroidinum
- Cervical, enlarged : Stillingia
- Enlargement : Calc iod
- Mesenteric swelling : Iodoform
- Cervical/ inguinal: BC, M proto (R side)
- Cervical/ parotid swollen: Diph
- Enlarged, indurated/ Hypertrophy: Apis, BC, Brom, Carbo an, Con, Iod, M proto, Scrophularia nodosa
- Enlarged, with breast atrophy: Iodum
- Enlarged, with chilliness: Cistus can
- Emaciation, with enlargement glands: Iodum
- Goitre, hard: Bromium, Spongia
- Hard, but seldom suppurate: Bromium
- Injuries/ blows, after: Aster rub, Con
- L sided enlargement with chilliness: Spigelia

- L sided glandular symptoms in mercury constitution: Merc bin iod
- Lower jaw / Thyroid / Submaxillary / Parotids / Testes: Brom
- Neck / Axilla / Groin / Mammae: Carbo an
- Suppuration, incipient: BC
- Scrofulous swelling: Brom
- Stony hard: Brom, Con
- Swellings with or without suppuration: Merc
- Swellings if suppurations be too profuse: Hep, Merc, Sil
- Tubercular swelling: Brom
- Enlargement from cold : Conium
- Calc / Psorinum / Conium : Swellings
- Hoang nan : Cancer glandular
- Lapis albus
- Merc iod flavus : R side
- Merc iod rubrum : L side
- Scrophullaria nodosa: Enlarged

GLAUCOMA

- Phosphorus : Surest remedy
- Osmium : Persistent hard, dry, painful cough, with
- Colo : palliative in the pain of glaucoma / iritis; pain → head, > P
- Thyroidinum : Allergic or as a complication of epidemic dropsy; may nip it in the bud if given early
- Prunus spinosa : R eye
- Cedron : L eye
- Physostigma : Following injury
- Osmium : Dim vision. Display of various changeable colors of an object when looked at from different angles like a rainbow (iridescent vision); intolerance to light.
- Bell : Acute symptoms, sudden dimness
- Comocladia: Full sensation
- Acetanilidum : Optic disc pallor in glaucoma, only remedy
- Jaborandi 6X / 30

- Saponaria
- Pneumonia, H/O : Pneumococcinum

GLEET, WITH NO SEXUAL DESIRE OR POWER

Agnus, Petros

GLIOMA

Cann ind

GLOBUS HYSTERICUS

- Sensation of a ball rising from stomach to throat, causing suffocation : Asaf, Kal, Lac def

GLOTTIS

- Sang : Edema of glottis after acute pharyngitis

GOITER

Brom, Iod, Iris v, Spong, Sul iod

- Exophthalmic with heart pathology : Ephedra vul
- Exophthalmic after menstrual suppression : Ferr iod
- Menstrual suppression, following : Ferr iod
- Pregnancy : Hydrastis; Hura
- Puberty : Hydrastis; Hura
- Acts best when given after full moon or when the moon is waning : Iod
- Dark haired people : Iod
- Ferrum : Exophthalmic

- Iodum CM : One powder every night, for 4 nights, after the full moon
- Light haired people : Brom

GONORRHEA

Tussilago pet

- Acute inflammatory stage : Cann s
- 2nd stage with burning after urination, pus like discharge : Cub
- 2nd stage, greenish discharge, < night with great burning & tenesmus : M cor
- Chronic/ suppressed : Kali i, Nat s, Greenish yellow, painless thick discharge : Kali i, Nat s, Puls
- Phimosis/ chancroids, with; green discharge < night; urging to urinate, intolerable burning in the forepart of the urethra when passing last few drops; prepuce hot swollen, sensitive to touch; of a torpid character with threatening/ suppurating bubo : M sol
- Sudden irresistible desire to urinate; intense biting itching, deep in urethra; > rubbing with rough article : Petros
- Suppressed, bad effects : Agnus, BA, Medo

GOUT

Abrot, Arn, BC, BA, BV, Colch, FA, Guaicum, Kalm, Led, Medo, Taxus bacc, Euonymus atro, Rhododendron, Pic ac

- Fear of being struck by persons near him : Arn
- Heart involvement with : Kalm
- Joint becomes the seat of nodosities & painful gout stones : Led
- Large joints : BA
- < Night : BA
- Old ppl : BC, FA, Colch
- Stiffness after gout : Acon 3X/ 3
- Acute : Urtica urens

- Colchicum : Specific
- Amm benz / phos
- Arbutus : Eczema with
- Carlsbad : Liver/ Obesity/ Diabetes
- Benzoic ac : After Colchicum fails
- Kali carb in high potency can aggravate
- Urea: Gouty eczema
- Urinary incontinence, with : Amm benz

GREEDY/ MISERLY

Lyco

GRIEF

Ign, Lach, Nat m, Ignatia; Thymus ser; Castoreum; Agrimony

- Choking sensation in the throat : Thymus serpyllum
- Feels tortured, fearful with a smiling face : Agrimony
- Silent : Anthracinum; Ignatia; NM
- → Physical/ mental exhaustion : Ign

GROWING PAINS

Nat phos

GROWTH RAPID

CC, CP, Kreos, Phos

GUILLAIN BARRE SYNDROME

Veratrum vir, Morbillinum, Conium; Grindelia

GUMS

- Bleeding easily : CV; Sul ac
- Bluish red, soft, spongy bleeding inflamed : Kreos
- Scorbutic/ ulcerated : Kreos
- Gumboils: Kali mur 6X; initial stages
- Blue line : Arg nit; Bismuth; CV, Merc, Merc nit, NM, NV, Plumb, Plut-n, Thal s, Thal m
- Gingivitis : Hydrocotyle

GYNAECOMASTIA

Testosterone





H



HALLUCINATIONS

- Fearful: Stram
- Imagines that she is double, lying crosswise etc.: Stram, Petroleum

HEMORRHAGE

Trillium; Ustilago; Sinapsis; Thlaspi; Viburnum, Cynodon;
Erechthites; Gallic ac; Sanguisuga off; Sul ac

- Anxiety, without any : Hamamelis
- Black fluid : Sul ac
- Bright-red with early morning flatulence : Ficus religiosa; Nat sulph
- Dyspnea after profuse blood loss : Tribulus
- Excessive after delivery : Menispermum
- Fluid-like blood with clots : Sabina
- Hemostatic remedy : Geranium; Hamamelis; Nat nit; Sul ac
- Hypertension & sleeplessness, with : Tela aranea

- Non-coagulative dark blood : Hamamelis
- Painful micturition, with : Erigeron
- Passive from uterus : Cinnamomum
- Abortion, after: Caul, Mill, Sec, Thlaspi
- Active or passive: Ipec, Trillium
- Black blood: Sul ac, Crot, Mur ac, Nit ac, Terebinth
- Bowels in typhoid/ typhus: CT, MA, NA
- Bowels, with ulceration: Terebinth
- Bright red fluid blood: Acon, FM, FP, Ipec, Mill, NA, Phos, Sab, Trillium
- Bright red, gushing, pure; with dysuria and rectal irritation: Erigeron
- Bright red but continuous, also dysuria: Mitchella repens
- Chronic: China
- Climacteric: Lach, Vinca minor
- Coagulates easily: FM, FP, Ipec, Phos
- Congestions > hemorrhage: Melil
- Conjunctival/ retinal with extravasation from injuries/ cough: Arn, LP, NV
- Copious: Trillium
- Dark non coagulable: CT, Lach, Sec cor
- Dark clotted: Thlaspi
- Diathesis: AC, China, FM, Ham, Kreos, Lach
- Exertion, after: Mill
- Fainting/ dizziness, with: Trillium
- Fibroids, hemorrhage: Calc, NA, Phos, Sul ac, Trillium
- Genitals during stool: Lyco
- Haemoptysis: Trillium

Cough with taste of blood, from: Ham; Trillium

Drunkards: Hyos, NV, Op

Haemorrhoidal patients: Mill

Incipient phthisis, in: Mill

Injury, after: Mill

Ruptured blood vessel, from: Mill

Venous without effort/ cough, chronic: Ham

Oppression chest & dyspnoea, with: Coca

- Inflammation, congestion, malignant tendency with hemorrhage: Terebinth
- Intestine at every menstrual period: Amm carb
- Labor, after: Caul, Mill, Sec, Thlaspi
- Mechanical origin: Arn, Mill
- Miscarriage after: Mill, NA
- Mucous outlet, from every: AA, Anth, Cact, Canth, CV, China, Croc, CH, CT, Erig, Ipec, Ferr, Ham, Mill, Phos
- Nose/ mouth, from: Bryonia
- Overexertion physical: NA
- Passive hemorrhages: Vinca minor, Ustilago, Trillium, Sec cor
- Postpartum hemorrhage, preventive: Mill, NA
- Fluid blood, degenerated RBC's: Acon, AC, CH, Ipec, Mill, Sab
- Passive, thin, watery, black: Caul, Kreos, Sec, Thlaspi
- Black thick tar-like: Anth, CT, Croc
- Black long strings hanging from the bleeding surface: Croc, Elaps
- Intestinal in septic/ zymotic diseases: CH
- Painless without fever: Mill
- Profuse, dark, grumous: Ham, NA; Thlaspi bursa pastoris
- Prostration out of proportion to the bleeding: Ham
- Purpura haemorrhagica; comes on suddenly from all orifices: CH: Terebinth, Sul ac
- Stool, at every, with cutting pain abdomen : Iod
- Tooth extraction, after: Bov, Ham
- Ulceration of bowels, from: CT, Ham
- Venous from all orifices: Ham
- Wounds, from : Arn, Bov, CT, Ham, Kreos, Lach, Mill, Phos, Sec cor
- Lachesis/ Crotalus/ Secale : Dark, non-coagulable
- Kreosote
- Phosphorus
- Sinking feeling during hemorrhage : Ver alb
- Fainting during hemorrhage : Trillium
- Cinnamomum
- Erigeron
- Erechites

- Ficus rel
- Ham
- Mangifera indica : Skin itching, with
- Melilotus : Headache, > bleeding
- Millefolium
- Thlaspi bursa pastoris : From lithaemia (Excess uric acid in the blood)
- Sanguisuga (Leech)/ Fucus: Anus bleeding or any bleeding when no remedy acts

HAEMORRHOIDS/ PILES

Aesc, BC, Ars, Aloes, AM, Collin, Ham, MA, NV, Plantago, Sulph, Zingiber

- As if back would break: Ham
- Blind: Aesc, Bromium
- Bleeding: Aloes, Collin, Ham
- Blue: MA
- Burning: Aesc, AM, Ars, Ham

& stinging in the rectum for hours after stool: AM, Aesc, Sulph

- > Cold application: Aloes
- Diarrhea, black stool, with: Bromium
- Drunkards: Lach
- Fullness/ heaviness: Ham
- < Heat: Ars
- > Heat: Mur ac
- Impeding stool: Caust
- Itching: Aloes, Petroselinum (severe itching)
- Menopausal: Lach
- Menses, after every: Cocc
- Menses scanty with: Lach
- Painful/ Sensitive to touch: Aesc, AM, Collin, Ign, MA, Lyco, Bromium, Zingiber

- Prostration from piles, out of proportion of the bleeding:
Ham, Hydr
- Protrudes every time he urinates: BC, MA
- Protrudes with every stool: Ign
- Purplish: Aesc
- Reappear when heart symptoms disappear: Collin
- Sharp stitches shoot up the rectum: Ign, Lach, NA
- < Sitting/ walking, not at stool: Ars alb
- Soreness: Ham, Zingiber
- < Standing: Plantago
- < Stool, for hours after: Ignatia, Ratanhia, Sulphur, Sedum acre, Paeonia
- Strangulated: Lachesis
- Swollen < sitting: Thuja
- Treatment with ointments, after: Sulph
- Dysentery with tenesmus: Collin
- Blue, bunch of grapes: Aloes, Ham, MA
- Constant bearing down, rectum: Aloes, Ham
- > Cold water: Aloes
- < Walking / sitting: Ars
- > Walking: Ign
- Collinsonia, followed by Aesculus
- NV/ Sulph
- K carb : Burning, better by sitting in cold water
- Arsenic : Burning better by heat
- Nit ac 10M
- Sanguisuga (Leech)/ Fucus : Anus bleeding or any bleeding when no remedy acts
- Scrophularia nodosa: Painful
- Aconite 1X or 2X or 3X: Strangulated piles. Internally, take a few drops 2 to 3 times a day. Externally, 30 drops of Plantago mother tincture in 450 ml of water apply repeatedly over the strangulated piles.

HAIR

- All over the body : Ars iod
- Fall : Eclipta alba
- Falling/ itching after acute diseases : Mancinella; Thallium
- Hairy : Rumex ; Sempervivum tec
- Oily : Thuja
- Alopecia: Sycotic co
- Blonde: Brom, Chel
- Dandruff: Thuja
- Dark, very: Aurum
- Dry, falling out: Thuja
- Eczema edges of hair: Nat m
- Excessive growth of hair on the body: Thuja, Abrotanum, Medo, Tuberculinum, Morgan p
- Falls out when touched in nursing women: Nat m, Sep
- Falls with headache: Syph
- Falling, after fever: Fl-ac
- Grief after, hairfall: Phos ac
- < Haircut: Acon, Bell, Glon
- Herpes of the hair at the nape of the neck: Nat m
- Lice: Staph, Carbolic ac, Psor, Apis
- Plica polonica: Tub, Borax, Psor
- Sensation of a hair on the tongue : Nat m, Sil
- Tangled easily, sticks at the tips : Bor, FA, Lyco, Psor, Tub
- Tongue, hair sensation on the: Nat mur
- Red: Lach, Phos
- Unusual parts: Thuja
- Wavy, thick hair: Bary carb
- Graying hair: Thyroidinum 30 for a month followed by 200, weekly again for a month
- Badiaga with Merc sol
- Iod with Merc sol
- Flour ac/ Silicea : Morning & Evening
- Oleander/ Juglans regia / Calc sulph: Eruptions head with discharge

- Arnica + Cantharis + Ceanothus + Jaborandi + Bacopa + Cochlearis tincture mix for external application in hair problems
- Ceanothus + Lyco + Phos + Rosa d 30th potency
- Viola tricolor: Matted hair/ prurigo capitis
- Red hair: Lach; Phos
- Graying at the front hairline: Psorinum
- Selenium: Grey hair
- Weisbaden: Grows rapidly and become darker

HAIR LOSS/ BALDNESS

- Aloes 6 : Specific
- Fragaria
- Flour acid : Hairfall after typhoid
- Eyebrows : Kali carb; Anantherum mur when Kali carb fails
- General hair growth : Wiesbaden 200
- Baldness : Ars alb/ Ustilago
- Hair Fall in damp weather, itching scalp : Mag mur
- Ars alb : Baldness with dry skin and impoverished follicles
- Phos ac : after acute disease/ fever

HALLUCINATIONS

Opium

HATEFUL

Aur, Anac, LC, NA

HANDS

- Cracks on the palms: Sars
- Cracked skin/ eruptions, back of hands, itching: Pix liquida
- Fidgety: K brom

- Hold anything in L hand, cannot; numbness, painful L hand, cannot hold paper for any length of time: Medo
- Hot and sweaty: Antim tart
- > laying hand on affected part: Carbo an
- Rheumatism, esp R side: Viola odorata
- Warts: Morgan g, Anacardium
- Washes frequently: Coca, Syph
- Fidgety : K brom
- Swelling, every morning : Nat chlor
- Trembling : Calc carb
- Chilly with H/O liver complaints: Calendula (Sweating palms, with performance, arg nit similar)
- Blueness : Cisplatin
- Chilly : Calendula
- Chronic eruption : Stillingia
- Clapping hands : Ver alb
- Cold : Ver vir
- Fingers : Hekla; Helleborus
- Hard/ cracked : Antim crud; X-ray
- Involuntary movements : Var alb
- Pains, center of palm when grasping anything : Calotropis
- Palms : Ferr magneticum; Anagallis
- Palms, dry : Ginkgo; X-ray
- Palms. Itching : Anagallis; Granatum; Scrophularia
- Palms, perspiration : Thyroidinum
- Psoriasis : Gallium; X-ray
- Rheumatism : Teucrium
- Rough/ scaly palms : Antim crud; Sarsaparilla; X-ray
- Tremor/ shaky : Snake poisons

HAPPINESS

Coffea; Anagallis

HARELIP (CHILD)

- Calc sulph 12X morning & evening, 3rd – 7th Month

HAY FEVER

Nat m, Rosa d

- Squirming sensation in the nostril < heat of the sun/ summer heat : Nat m
- All cepa : < damp cold winds, odor of flowers
- Amm phos : < morning only
- Aesculus : Pressure at the root of the nose, catarrh with cough
- Agraphis nutans : < Smell of lilies, cold winds
- Ailanthus
- Ambrosia
- Ars alb
- Ars iod
- Bromium
- Cyclamen
- Eucalyptus
- Eup perf
- Euphrasia
- Gels
- Hepar sulph
- Hydrastis
- Iodum
- Ipecac
- Justicia
- Kali bich
- Kali chlor
- Kali iod
- Merc cor/ sulph
- Nat ars/ mur
- Puls
- Phos

- Sabadilla
- Sanguinaria
- Squilla
- Solanum
- Trifolium pretense
- Succinic acid
- Linum usitatissimum
- Saponaria 6

HEADACHE

Bell; Bryonia; Chin sulph; Cocculus; Gelsemium; Melilotus;
 Glonoine; Iris v ; Chionanthus; Nux vom; Scutellaria; Lachesis;
 Sanguinaria; Spigelia; Theridion; Aconite; Ignatia; Piper; Apis

- Abdominal carcinoma, with : Chionanthus
- ~ Bryonia : Eup perf ; Homarus
- ~ Sanguinaria with vision problems; periodical : Iris v
- Catarrhal/ frontal with Diabetes mellitus : Gymnema
- > Closing eyes : Geranium
- > Cold application, fanning, wrapping head with a cloth and resting : Ocimum sanctum
- Empty stomach : Mandragora
- < even if anyone is walking in the room : Theridion
- Eye-brows : Kali bich
- Eye inflammation, with : Badiaga
- Eyes to all over, from; < damp : Cedron
- Diabetes mellitus, with : Chionanthus
- > Eating

Gentiana; Homarus

- Frontal, under eyebrows and upper nose : Gymnocladus
- Gallstones, with : Chionanthus
- Hammering , must lie down : Ferr met

- Head injury, after : Teucrium
- Heaviness with dim vision : Tub Koch
- Hepatic pathology & amenorrhoea, with : Chionanthus
- Lachrymation, red eyes, with : Ocimum sanctum
- < Motion, walking : Bryonia; Ocimum sanctum; Badiaga
- Must hold their heads with hands : Niccolum; Sul acNervous at menses with burning on the top : Avena sat
- > Night; < after sleep : Badiaga
- Occipital with hepatic-insufficiency : Juglans
- Occipital with vertigo, from tobacco abuse : Gelsemium
- One-sided : K bich
- Periodic with neck pain : Tub bov
- Periodical, nervous : Nicollum
- > Pressure : Bryonia; Chin sulph
- Red face, with : Guaco
- Scanty menses, from ; > free flow of menses : Asoka
- Severe, with sleeplessness; > walking, moving : Syphilinum
- Sewing, from : Cina, Ruta
- Sick : Iris v
- Stool, during : Indium
- < Sunrise to sunset : Eclipta alba
- Temple to temple : Gelsemium; Carboloc ac; Homarus
- Throbbing ~ Bell : Chin ars
- 2/3/4 days consecutively: FM
- < 10-11 am: MP
- < 4 am: Chelidonium, Raphanus, Stramonium
- < 4-5 pm: MP
- < Afternoon until midnight: Lobelia
- Appetite increased and feels very well a day before the headache: Conium
- Starts 4 pm, worse at 10-11 pm, ceases at daylight: Syphilinum
- Starts at 4 pm, ceases at 11-12 pm: Lycopodium
- Alcohol abuse, after: Lobelia, NV
- Anemic persons: Cyclamen, Nat m
- < Ascending: Calc, Menyanthes
- Aversion to eating/ drinking, with: FM

- > Bathing, cold: Ars alb, Spigelia
- Bilious headaches, at menopause, > vomiting mucus:
Morgan pure
- Blindness, preceded by: Gels, Iris, K bich, LD, Nat m

Sight returns as the pain ↑↑: Iris, K bich, LD, Natrums

- Bound by a cord, as if: Cocc
- Bursting: Bell, Caps, China, Gels, Glon, LD, MM, Nat c, Nat m,
Sarracenia purpurea
- Cervical spine: Gels, Sang, Sil
- Chronic: Thuja
- Chronic, tubercular; R eye to occiput, as if an iron hoop around
head: Anacardium, Sulphur, Tuberculinum
- Climacteric/ Menopausal: Cact, Croc, Glon, Lach, Sang, Sulph
- Coffee, from: Guarana, Ignatia
- Coldness of extremities with: Calc, Menyanthes, Sep
- Cold oil/ water, wants to pour over head, with excessive heat
felt in the head: Cupr, Tarent
- Congestive: Bell, Cact, Melil
- Constipation, with obstinate: Epiphegus, Iris, LD, Sang
- Conversation, amel: Eup perf
- Convulsions follows: K brom
- Delirium during : Syphilinum
- Dim vision, with: Cycl
- Dog bites from; whether rabid or not: Lyss
- Dull heavy: CA; Theridion
- > Epistaxis: Bufo, FP, Mag s, Melil
- Eyeballs, as if being pulled: Comocladia
- Eye strain from: Nat m
- Eyes around: China
- Face red, with: Bell, MP, Nat m
- Frowning, forehead during: Viola odor
- Throbbing/ pulsating brain & carotids, with/ beating: Bell,
Cact, Croc, FM, Glon, LD

Zig zag dazzling lightning in eyes → throbbing headache: Nat m

- Dancing from: Arg n
- Dark complexioned people: Aur, Bry, Coff, MP, NV
- Drunkards: Agar, Antim
- Delirious in fever: Agar
- Every 2nd/ 3rd week: FM : Sulph
- Every 6 weeks: MM
- Old people: BC
- Choreic twitchings & grimaces: Agar
- Fasting from: Lyco
- Forehead/ Frontal: CA, LD, MM

Every footstep: Aloes, Bell, Bry

Fullness as if it would burst: AC, Bell, Carbo an, Glon, Arg n, MM

→ Occiput: LD

Screwing in the temple: Arg n

- Gas light, working under: Glon, Lach, Nat c
- Hammering: FM
- Head, least motion, from: Theridion
- < Heat of sun: Gels, Nat c, Nat m
- Heavy eyes and nausea: Aloes
- Hemicrania, one side: Amyl, Arg n, Coff, Ign, NV, Zinc val, Senecio, Sang, Prunus spin, Bell

As if nail driven into the brain; > lying on it: Coff, Ign, NV, Thuja

As if brain were torn or dashed to pieces: Coff

Esp when affected side is pallid: Amyl

L sided clavus: Nat m

L eye/ L temple: Spigelia, Senecio

- School girls; <study, slight mental exertion: Tuberculinum
- Spinal affections: Agaricus, Silicea
- < Heat: Aloes, Nat c
- > Heat: MP
- < Exertion mental/ Mental emotions/ Hard study: Arg n, Aur, Coffea, Gels, Lyssin, MP, Nat c

- < Fat: Antim
- < Fruits: Antim
- < River bathing: Antim
- < Cold: Antim
- > Cold: Aloes, Ars
- Coughing, from: Bry, Caps
- > Eating: Anac, Psor, Lithium carb
- Eye straining, from: Onosmodium
- Hemorrhage, after: China
- Ironing, from: Bry, Sep
- Lasts for 1-2 days: Tabacum
- > leaning against something: Aralia racemosa
- Mental clarity / agility / mannered during: Badiaga
- < Least exertion: Belladonna, Nat c
- < Light: Bell, K bich, LD, Lyssin, MM, Sil, Tarentula, Tabacum
- < Lying down: Bell, China, Lach; Theridion

Back of head, on: Cocc

Head low, with: Gels

- > Lying down: MM

In bed at night: Anac

- < Noise of running water: Lyss
- < Open air: Coff, MM
- Perspiration & pallor, with: Lobelia, Tabacum
- > Perspiration: Nat m
- < Pressure: Lach
- > Pressing with both hands: Carbo an
- > Pressure / bandaging: Arg n, Apis, Bell, LD, MM, MP, Meny, Puls, VA
- Prostration with great: LD, Lob
- > When about to fall asleep: Anac
- < Before / during menses: Kreos, Sep
- > Menses, during: Bell, Zinc
- < Menses during: Cocc, Croc, Cycl, Kreos, LD, Nat m, Sep

- < Menses, before, during & after: Croc, Lach, LT, Sec
- Menses, instead of: Glon
- Menses, after profuse: Glon, Nat m
- Menses, suppressed from: Ver vir
- < Motion: Anac, Bell, Bryonia, Lach, LD, MM, Sil, Theridion
- > Motion: China
- Morning on waking: Bryonia, Cycl, Lach, LD, Tabacum
- Morning → Evening: Bry, Nat m
- Must lie down: FM
- Nausea with: Cocc, Ipec, Nat m, Ver vir, Tabacum
- Occipital: Cocc, Petr, Rhus glabra

After a fall on the occiput: Hyp

As if bound by a cord: Cocc

Forwards, going: Rhus radicans

Heavy as lead: Petr

→ Head: MP, Sang, Sil

Menses before: Nat c

Nausea with: Cocc

→ Spine: Cocc

- < Noise: Bell, K bich, LD, MM, Sil, Tarentula, Tabacum
- Persistent after Nat m: NV
- Periodic: Cactus; Tabacum
- Pressing like a weight on the vertex: Cact, Glon, Lach, Meny
- < Pressure of a hat: CP, CV, Nat, NA
- Pricking: Tarentula
- < Work: Anac
- Gastric/ Sick: All sat, Anac, Arg n, Aur, Bism, Bry, LD, Lob, NV, Taraxacum, Chel, Hydr, Tabacum, Niccolum

Morning, intolerable by noon: Tabacum

Nausea & vomiting before: Nat m

Paroxysmal: Tabacum

Sedentary ppl: Anac, Arg n, Bry, NV

Constipation, tendency: Aloe, Aur, Bry, Collin, Op

- Alternating with lumbago: Aloes
- Insufficient stool, after: Aloes
- Quarrelsome during: Aur met
- R side: Cact, Mez; Tabacum, Lyco, Mygale, Prunus spinosa, Bell, Sang

Sudden pain on the R side as if struck by a hammer: Tabacum

- L side: Lach, Nat m, Zinc val, Spigelia, Senecio aur

☞ *Reactions*

& Very proper, frowning, irritable, does not want to be disturbed; quiet wants to be; repose wants; business, stress; stimulants; ambitious; ardent; ardent; competitive: NV

& Rest D for; business, anxious for; cannot rest until the house is clean; work is done; cannot rest until things in proper place:

Bryonia

& Cannot rest, until work is done: Ars, Symphytum

& cares, full of domestic affairs of: Sepia, Puls

& Bargaining: Bry

& anguish, pain from: Acon (pain, needs assurance), Aurum, Colocynth, Glonoine (forgetful during; house is in which place; confusion; dullness)

& Answering, snappish during: Lyssin

- > Rubbing head against the pillow: Tarentula
- Sensation as if:

Being lifted up high into the air, anxiety lest she falls from this height: Hyp

Everything in the head were alive; numb, bruised as if made of wood: Petr

Thousand little hammers were knocking the brain during fever: Nat m

Thousands of needles were pricking in the brain: Tarentula

- Sick, from riding in a car: Cocculus
- Sick: Sulph, Sang
- Sexual excesses, after: China, Thuja
- Sit up, must: Carbo an
- School girls/ pubertal girls: CP, MP, Nat m, Psor, Mag carb
- < Sleep after: Lach
- Sleeplessness, from headache: Syph
- Sleeplessness, with headache and melancholy: Zinc val

& Sleeplessness, with and > motion: Mag carb

- < Smoking from: Gels, Ign, Lob
- > Standing: China
- Stool, before: Merc
- Stooping when: Bry, Lach
- Straining eyes, from: Onosmodium
- Sunday headache: Sycotic co
- < Sunrise → Sunset: Nat m
- Sunstroke, head, full throbbing arteries: Bell, Glon, Usnea, Ver vir
- Suppressed eruptions, from: Antim
- Tea, from: Thuja, Selenium
- Temples

Bursting: Lach

Temple to temple, rubber band stretching tightly from, as if a:
CA, Gels, Plat, Sulph

- Tornado inside the head: Carbo an
- < Touch, slightest: Mezereum, Tarentula
- Unconsciousness with; during chill & heat; sweat > pains:
Nat m
- > Urination, profuse: Gels, LD
- Vertex: CP, Meny

As if hair were pulled: Kali n, MC, Phos

Pressing from above downwards: Meny
School girls: CP, NM, Psor

- Vexation after: Mez
- > Vomiting, induced: NV
- < Walking on the floor, from others: Theridion
- > Walking: China
- > Washing feet: Asclepias tub
- Weakness/ prostration, with: Sulph; Sang
- Weekly: Sycotic co
- Winter, every: Bism
- > Wrapping up warmly: MM, Sil, Stront c
- Amm pic/ Yucca film : Bilious
- Athamanta
- Tongo/ Damiana : Migraine
- Bell 3/ Pic ac 200 alternation; Sepia in general, hormonal
- Bry during the attack ; followed by Nat m to cure
- Sanguinaria can : scanty urination during; copious afterwards
- Iris v : When kali bich does not cure the migraine, migraine with dyspepsia
- Melilotus alba : > bleeding
- Pulsatilla
- Ipec
- Silicea : spinal patients; debilitated/ hyperaesthetic nervous centers
- Arg nit : trembling with
- Phos : Acute sense of smell with
- Ferr phos : > Cold applications
- Naja/ Lachesis : L sided temple, orbital, going to occiput with nausea & vomiting
- Lach : drunkards with hemorrhoids ; prone to apoplexy/ erysipelas , < sleep
- Tuberculinum : Periodical sick headaches; to break down the tendency
- Nat carb : Headache, chilliness, palpitation; > eating (Ign; Sepia; Sulphur)

- Ver alb : With an icy sensation on the vertex; driving the patient to insanity/ madness
- Lac def : Forehead to occiput; < morning on rising (Bry); nausea/ vomiting/ throbbing; blindness (Epig/ Iris/ Sang) and obstinate constipation (Mag m/ Silicea), menses during (Kreos/ Sep), > pressure/ tight bandaging (Puls/ Arg nit)
- Chionanthus : Sick headache; to be given for 3 months to break the habit
- Geranium mac
- Indium : Migraine
- Juglans : Occipital with liver disturbances
- Menyanthes : with fever, icy cold limbs, no thirst
- Onosmodium/ Scutellaria lat : Migraine
- Polyporus pin
- Usnea barbata : When bell/ glon do not work, throbbing pain, burst out of sockets
- Niccolum
- Amm iodide 30C: Chronic headaches in a confinement situation like lockdown, closed classrooms/ stupid heavy look

HEAD

- > bending head backwards: Senega
- Bores the head into the pillow, rolling from side to side, beating it with hands: Apis, Bell, Hell, Podo
- Coldness: Val, CC
- Congestion alternating with heart congestion: Glon
- < Drinking water: Digitalis
- Eruptions

Thick leather crust, under which thick & white pus collects here & there; hair is glued & matted together; pus after a time is ichorous, becomes offensive & breeds vermin: Mez

- < Gas light, working under: Glon, Lach, Nat c

- < Heat: Glon, Lach, Nat c
- Heavy drawn backwards: Medo
- Hot: Bell, Cic
- Injury, chronic; effects of blows/ falls: Nat s
- Jerking/ nodding: Ver vir
- Large, enormously, feels as if: Glon, Nat c
- Large with open fontanelles & sutures: CC, CP
- Meningitis spinal; violent crushing gnawing pains at the base of the brain, head drawn backwards; violent congestion of blood to head; opisthotonus: Nat s
- Nodding: Sepia
- > Pressure/ tying up: Arg nit, Puls, Apis
- Rush of blood to the head

Alcohol after: Lach

L sided apoplexy: Lach

Meningitis spinal: Nat s

Mental emotions from: Lach

Menopause at: Lach

Menses suppressed/ irregular from: Lach

- Scalp sore to touch: Gels
- Scattered about, as if: Stramonium, Baptisia
- Scratches head: CC
- Sensation of a round ball in the forehead: Staph
- Side, L: Bromium
- Stupefied if he tries to exert himself/ inability to think or perform any mental labor: Nat c
- Sweats profusely: CC, MM, Sil, Sanic
- > uncovering: Lyco
- Vertex

Burning pain: Lach

Weight/ pressure: Lach, Sep

Coldness: Sep; Ver alb

- Weak, cannot hold it up: Abrot, Aeth

- Wild crazy feeling on the vertex: LT
- > wrapping head: Hep, MM, Psor, Sil, Stront c
- < wrapping up: Iod
- Crusta lactea: Dulc, Tuberculinum & CC, Viola tric, Ustilago
- Ringworm: Dulc
- Perspiration: Calc, Sil, Sepia, Merc
- > wrapping head: Hepar, Psorinum, Silicea
- Sensation of a lump of ice on the vertex, with chilliness : Ver alb; Sep
- Scutellaria tincture: Lice
- Beating with hands : Helleborus
- Heavy : Iodoform
- Hot with cold feet : Bell; Opium
- Injury/ Spinal injury : Arnica; Nat sulph; Opium; Cicuta; Betonica off; Helleborus; Hypericum; Polygonatum multiflorum; Pituitarinum
- Jerking : Ver vir
- Nodding : Causticum; Ver vir
- Rolling with open eyes : Cad sulph; Helleborus

HEARING

- Deafness with recurring earache: Guaicum
- Deafness following catarrhal/ purulent otitis media: K mur
- Hardness, > When riding in a car: Graph, NA
- Confused, cannot tell from which direction the sound is coming: Carbo an
- Ringing in the ears with hemorrhage & fainting: China
- Rumbling sound: Graph, NA

HEART

Laurocerasus

- Beginning with restlessness : Lycopus
- Blood pressure high with chest constriction : Adrenalin

- Chronic heart disease : Laurocerasus
- Chronic L ventricular failure : Mustard gas
- Complications from asthma & digestive issues : Saussurea
- Dilatation with stomach troubles : K bich
- Failure with acute sepsis : Crot hor
- Fatty : Vanadium
- Horrible tumultuous action : Lycopus
- Incipient rheumatic endocarditis : Nat iod
- Inflammation, endocarditis, malignant : Vipera
- Injuries, with : Terminalia arjuna
- Joints & eye troubles, with : Lith carb
- Kidney failure, with : Serum ang
- < L side, turning over to the : Snake poisons
- Liver ailments, with : Digitalis
- Mitral valve disease : Galanthus; Kalmia
- Mitral regurgitation with myocarditis : Galanthus
- Myocardial degeneration : Crataegus
- Organic heart disease with dropsy & malignant hypertension : Spartium
- Pain around the heart : Theridion
- Palpitations : Tinospora; Amyl nit; Lycopus
- People who cannot digest meat, in : Crataegus
- < R side, turning over to the : Lycopus
- Rheumatism : Avena; Nat iod
- Smokers with twitching : Scutellaria
- Tobacco heart : Phosphorus
- Tonic : Terminalia arjuna
- Tumultuous action : Amyl nit
- Uterine pathology, with : Conv maj
- Valvular diseases/ murmur : Galanthus
- Weakness : Grindelia; Digitalis
- Action labored; oppressed: Glon
- Aneurysm: Lyco, Bary carb
- Anxious sensation

About the apex: LT

As if some evil was impending: Meny

As if the heart would rise to the throat: Glon

- As if suspended by a thread: K carb, Lach
- As if it would stand still: Lob
- Blood rush to heart and rapidly to head: Glon
- Bursting sensation as if all the blood had gone to the heart; can't walk erect: LT
- Calisthenics in young girls: Caust
- Clasped/ unclasped by an iron band, as if: Cact, Iodum, LT
- Coldness about: Carbo an, Kali m, Nat m, Petr
- Debility, after influenza: Iberis
- Deep seated pain at the base: Lob
- Deep seated pain at the apex: LT
- Fatty degeneration: Aur, K carb, Phos
- Fluttering with a weak faint feeling < lying down: Lach, Nat m
- Gymnastics in growing boys: Brom
- Hypertension sudden, with cardiac complications: Tela aranea
- Hypertrophy: Brom & RT (gymnastics, from), Naja (simple/ chronic), Iberis
- Inflammation acute → Damage: Naja
- Menstrual irregularities with irritable heart: LT
- Pain/ spasm: Pituitary gland
- Pains from apex →base: Medo
- Pains from base →apex at night: Syph
- Pains from base to clavicle: Spig
- Pain while sitting, > moving about: Gels, MM
- Pain < motion: Digitalis
- Pain severe stitching: Naja
- Pain < riding in a car, lying on the side: Naja
- Paralysis, threatened; post-diphtheritic: Naja
- Pulsation shakes the body: Nat m, Spig
- Rapid heart beat; 150-170 per min: LT
- Sensation of vibration over the heart: Iodum, Spigelia
- Tonic: Prunus virginiana, Convallaria maj, Crataegus
- Troubles from reflex symptoms of uterus & ovaries: Act rac
- Valvular lesions: Naja
- Weak without valvular complications: Dig

- Crataegus : When there has been great strain/ grief that has affected the heart; tincture, 3 drops in water, after meals.
Insomnia with cardiac affections; tincture 30 drops in half a glass of water, 1 tsp every 3 hrs; when case points to Phos, Nat mur, Latrodectus mac, Arsenic, Lach but fails
- Convallaria majalis : Early cardiac failure
- Adonis vernalis : Old cardiac patients ; relieves edema with increased elimination of urine
- Amm caust : Cardiac failure
- Sac alb: Myocardial degeneration
- Arnica : weary heart; irregular in rate & volume as a result of infarction or not
- Amm carb : Audible pulsation < easy motion; dyspnea from cardiac attacks
- Acet ac : Parched mouth of the terminal cases of heart / kidney disease
- Cactus : Hemorrhage with heart trouble; cardio nephritis with high BP; Slightest heart pain
- Acon 30/ Magnolia : Carditis/ Pericarditis ; Specific
- Bry : Pericarditis/ Pleurisy
- Sulph/ Kali iod/ Iod : Pericarditis with effusion / plastic exudation
- Spigelia : Pericarditis / Rheumatic Carditis/ IM for coronary thrombosis/ Palpitation (Specific)
- Sep : With empty eructations
- Pituitarinum : Heart attacks old ppl
- Spongia : Valvular diseases; fibrinous deposits upon the valves; sudden waking in the night with a sense of suffocation
- Naja : Valvular lesions of endocarditis/ hypertrophy; damaged heart after infectious diseases
- Thyroidinum : Vasomotor disturbance
- Calc ars : Cardiac tonic; Pain/ palpitations/ dyspnea/ anasarca
- Linaria : Fainting of cardiac origin
- Calc fluor 6X : Old chronic scarred valves
- Digitalis : Bradycardia/ Heart block
- Ars iod : Weak heart with chronic lung condition
- Ver alb : Best heart stimulant; collapse stage; Sweating

- Iberis amara : Cardiac irritability following influenza
- Lachesis : Blue/ purple face in heart conditions
- RT/ Arnica : Hypertrophy from over-exertion
- Kali carb/ Phos : Fatty degeneration; as if suspended by a thread (Lach)
- Collinsonia/ Lycopus vir : Heart troubles with piles
- Kalmia lat/Lithium carb/ Magnolia : with Rheumatism
- Phaseolus : Heart and DM
- Sepia : empty eructations, with
- CV high followed by Kali carb : Coronary occlusion

HEARTBURN

Tub Koch

- Chronic : Sul ac, Robinia
- Strontium brom
- Iris versicolor tincture
- Robinia Tincture

HEAT

- < : Ambr, Aloes, Antim, Brom, Bry, Cham, Glon, Iodum, K bich, Kali iod, Lyco, Medo, Merc, Nat c, Nat m, Sec c
- > : Agar (near fire), Alum, Apoc, Ars (except head), Colo, Hep, Ign, Mur ac (piles), MP, Mezereum (face), Merc sol (eyes), Psor, Sep, RT
- Hot drinks / applications : Ars
- Burning of soles/ palms : Petr, Sang, Sulph
- Fire, stays near : Agaricus
- Fire, stays away from : Apis
- Head, as if surrounded by hot air : Aster
- < Heat of bed: Thuja, Sulphur
- < Hot/ woolen clothes : Carbo an, Psor
- Lack of animal heat : BC, CP, Caps, Carbo an, Led, Sep, Sil

- < Overheated, but after the symptoms come on, they are dreadfully sensitive to cold air : Bromium
- Upper body with coldness lower : Arn
- Great heat without fever : Fl ac

HEAVINESS SENSATION

Gelsemium; Guaco

HEELS

Hedeoma

- Burning sore pain when sitting, standing or walking in open air: Agar, Caust, Cyclamen, Phytolaca, Val
- Pain: Agaricus; Caust, Cys, Ledum; Manganum, Phytolaca, Cyclamen
- Pain after prolonged standing: Zingiber
- Pain, as soon as they keep their feet on the ground, in the morning: Medo, RT, Puls, Ign
- Shopkeeper's heel pain: Squilla
- < Sitting : Valeriana
- Tenderness: Medo
- Ulcerate with shoes: All cepa
- Pain: Agaricus, Causticum, Cyclamen, Cistus, Ledum; Manganum, Phytolacca
- Lamium: ulcers

HEMOPHILIA

- Crot h
- Gallic ac
- Adrenalinum

HEPATITIS

Tinospora; Trichosanthes; Circuma

- Hepatitis A: Carduus marianus 30C, followed by Sulph 200C, few doses

HERNIA

Cocculus

- Initial : Calendula
- Intercurrent medicine : Alchemilla vul
- Scrotalis in infants : Sul ac
- Strangulated, old ppl : Pituitarinum
- R side : Lyco
- Strangulated, esp umbilical : NV
- Acon: Incarceration started with burning pain, vomiting, great anxiety & cold sweat
- Nux vom 3/6/7: Pain in an old hernia/ very recent cases
- Plumb met: Strangulated hernia when Acon/ Bell/ NV have failed
- Lyco
- Sep : Inguinal hernia
- Pituitrin 30/ 200: Intussusception with severe pain with bradycardia / Strangulated hernia in old people with severe gripping / aching pain
- Opium : Intussusception in children/ Paralytic Intestinal Obstruction; spasmodic intestinal contractions, colicky attacks, passage of blood stained mucus, vomiting first of bile, then fecal matter
- Cocculus : Umbilical

HERPES

Dolichos; RT

- < Heat : Guaicum
- Neuralgia, after : Iris v
- Tonsurans : Chrysarobinum
- Genitals : Petr
- Lips : Upas tiente
- Zoster

Ranunculus : Itching followed by nerve pain

RT : Restless and > Heat

Arsenic : Burning > heat

Iris v : R side

Clematis : Burning severe, with urinary complaints

Apis : Stinging pain > cool compress

Mezereum : Severe neuralgic pain that shoots up

Lachesis : L side

- Acon & an occasional dose of Ars alb: Herpes zoster around the neck/ waist/ arms/ thighs
- Ars alb 200/ Merc sol 200; together in alternation
- Ars alb : Suppurating with violent burning pains
- Tuberculinum: Herpes circinata
- Iris v: herpes zoster R side
- Ranunculus bulbosus : Herpes zoster Ophthalmicus, high potency few doses
- Upas tiente/ Calc flour: Lips; specific
- Nat carb/ mur: Vesicular form
- Prunus spin: Herpes zoster

HICCUPS

- Eating, after : Teucrium mar ver; Cyclamen
- Tobacco chewing, after : Ignatia

- Brain troubles, with: Hyos
- Sulph ac
- Kali brom
- Moschus: Nervous hiccoughs
- Ratanhia
- Zincum val
- Niccolum : < Evening
- Cup met
- Zinc met
- VV: Painful/ spasm of esophagus
- Violent hiccoughs: Hyos, Ratanhia, Niccolum
- Pregnancy: Cyclamen

HIP PAINS

- Dros
- Tongo
- Lac can
- Stramonium/ Solanum mammosum: Pain L hip joint

HIRSUTISM

- Women: Bary carb

HISTORY OF

- Abortions, recurrent : Bellis per
- Acne : Granatum
- Alcohol addiction : Quercus; Ver alb
- Cancer : Anthracinum; Carcinocene; Ast rub; Syphilinum
- Cardiac pathology : Collinsonia; Carbo veg; Digitalis; Hydrocyanic ac
- Diabetes mellitus : Anthracinum; Carcinocene
- Drugs/ alcohol/ tobacco : Ver alb
- Fevers/ pain killers : Nat salicylic acid; Salicylic ac

- Fibroids : Ferr iod
- Glandular enlargements after skin suppression or menstrual suppression : Ferr iod
- Hepatitis injection : Solanum mal
- Immunizations, multiple : Torula; Thuja
- Infections : Echinacea; Ars iod; Pyrogenium; Terebinth
- Injury/ fall : Syphilinum
- Jaundice : Apocynum andro
- Malaria : Syphilinum; Zingiber
- No illness/ recurrent infections since childhood : Carcinocene
- OCP : Aristolochia clematis; Oophorinum; Thyroidinum
- Pernicious anemia : Carcinocene
- Radiation : Rad brom
- Recurrent cough : Pertussinum
- Recurrent fevers, malaria, typhoid : Zingiber
- Recurrent malaria : Chin sulph; Eup perf; Ferr met; Malaria officinalis
- Recurrent malaria leading to chilliness : Nat sulph; Aranea diadema; Chin ars
- Recurrent tonsillitis : Guaicum
- Recurrent UTI : Thuja
- Ringworm : Sanicula; Iodoform; Scrophularia
- Septic infections : Pyrogenium; Streptococcinum; Staphylococcinum; Guaicum
- Skin diseases : Asafetida; Helleborus; Scrophularia
- Skin eruptions : Helleborus
- Skin infections : Staphylococcinum
- Spinal injury : Polygonum
- Streptococcal infection & throat symptoms : Streptococcinum
- Suppressed measles or chicken-pox : Jatropa
- Suppressed skin eruptions : Cicuta
- Syphilis : Carcinocene
- Tobacco intake : Lobelia inf; Tabacum; Anilinum; Ver alb
- Tuberculosis : Solidago; Anthracinum; Carcinocene; Ars iod; Drosera; Gettysburg; Helix ; Hippozaenium; Ichthyolum; Mercbin-kali-iod; Oleum; Scrophularia nodosa; Succinum; Syphilinum; Theridion

- Tuberculosis & allergies : Solidago
- Tuberculosis & DM : Insulinum
- Urinary stones : Hedeoma
- Whooping cough therapy : Drosera
- Working in cement : K bich
- Worms : Scirrhinum (~Carcinicene); Granatum
- X-rays, repeated : X-ray
- Back injury: Conium
- Birth asphyxia/ Birth trauma/ Cord around the neck:
Baryta carb
- Brain damage, long-standing: Bary carb
- Cancer: Scirrhinum, Sarsaparilla, Tub
- Cancer and glandular enlargement: Conium
- Fever, followed by crocin/ paracetamol: Salicylic acid,
Thyroidinum
- Fever, recurrent/ severe: Thyroidinum
- Malaria, recurrence; complicated with typhoid: Malaria off
- Medication, excessive (allopathic/ homeopathic), causing over-
sensitivity: Teucrium
- Tuberculosis: Theridion, Malaria off
- Tuberculous + rheumatic diathesis: Malaria officinalis (LMK)
- Steroid therapy: Adrenal cortex 200 (rosy cheeks/ cheerful)
- Swelling/ ulceration after injection: Thyroidinum

HIV

Circuma

HOARSENESS

- Haemorrhagic cough, with : Helix
- < Night : Bacopa
- Voice overuse, after : Nyctanthes
- < Morning: CC, Caust
- < Evening: CV
- < Damp air: CV

- Painless: CC
- Professional singers & public speakers: Arg m, Alum, Arum t, Arg n
- Rawness with: Caust
- Sudden from walking against the wind: Euph, Hep, Nux m
- < Warm wet weather: CV

HODGKIN'S DISEASE

Acon lycoctonum; Ars iod; Merc bin kali iod; Scrophularia; Cyclophos; Epipodophyllotoxin

HOMESICKNESS

Caps, Iris tenax

HORMONAL DISORDERS

Tub d; Folliculinum

- Cortisone : Moon face, suppurative acne, increased hair growth, mood swings, water retention

HORRIPILATIONS

Cadm sulph

HOPELESSNESS/ DESPAIR

Ars, Hell, LC, Aurum

- Anger, with: Ipecac
- Future, health, recovery: Calc carb
- Haemoptysis, in; unwilling to die: Acalypha indica

- Itching, with: Psorinum
- Thinks he does not have a friend living, nothing worth living for: LC
- Pain, with: Aurum, Lyssinum
- Pessimism: Psorinum
- Rage, bordering with cursing: Nit ac

HOT TEMPERAMENT

Ars iod; Ars sulph flav; Ferr iod; Flour ac; Hamamelis; Hura;
Juglans; Sulphur; Mag flour; Naja; Nat iod; Oleum; Sulph iod;
Medorrhinum; Sul ac; Thlaspi; Xanthoxylum

HUNGER/ APPETITE

- 11-12 am: Sulph; Zincum
- Canine: Abrot, Calc, Cina, FM, Iod, LC, Lyco, Medo, Psor, Sec c, Stront, Sulph
- Even when the stomach is full : Staph
- As hungry after eating as before: Calc, Cascarilla, Cina, LC, Lyco, Stront
- Eats freely yet loses flesh all the time: Abrot, Iod, NM, Sanic, Tub
- Eats seldom but much: Ars alb
- Fever attack, before a: Staph
- Increased, fever after: Cimex l, Cina, Dulc, Eup-pur, Ign, Staph
- Loss of: Cocc, FM, K bich
- Must eat every 2 hrs; anxious/ worried if he does not: Cina, Iod Sulph
- < Night: Cina, Lyco, Medo, Psor, Sulph
- Ravenous/ Canine: Abrot, Calc, Cina, FM, Iod, LC, Lyco, Sec, Stront
- Satiety after a few mouthfuls: Cycl, Lyco

Food then → nausea in throat/ palate: Cycl

- Stomach is full, when the: Staph
- Thirst with; yet when they sit down to eat/ drink, they lose all desire: Petros
- Wanting, fever after: China
- < : Lobelia; Valeriana; Zincum
- Increased : Aloe vera; Apium g; Ars iod; Ars sulph flav; Asafetida; Cina; Sulph iod; Teucrium mar ver; Valeriana
- Increased or normal during acute diseases : Ars iod
- Middle of the night : Psorinum
- None or ravenous : Chin ars
- Ravenous, immediately after eating : Medorrhinum; Gratiola
- Used to increase appetite : Gentiana lutea

HURRIED/ HASTY/ IMPATIENT

Acon, Arg n, Aur, Bell, Bry, Colo, Hep, LT, Medo, Nat m, Sul ac, Psor, Sulph, Iodum; Sulph iod; Streptococcinum; Histamine; Lil tig; Sul ac; Medorrhinum; Thuja

- Eating, while : Sul ac; Zincum
- Mental work, while : Sul ac
- Movements/ walking/ writing : Sul ac
- Talking, while : Hepar; Thuja
- Aimless hurry, need to do things: LT
- Drops things from nervous weakness: Apis, Bov, Nat m
- Eating: Zincum (incipient brain disease in children)
- Eating & drinking: Bell, Coff, Hep
- Speech & drinking: Bell. Bry, Hep
- Speech: Anac, Cocc

HYDROCELE

Ampelopsis quin

- Infants : Abrotanum
- Rhododendron

- Abrotanum

HYDROCEPHALUS

Iod 3X/ Glon 3X in alternation, Cina

- Acute/ rapidly developing : Apis, Hell, Sulph, Tub
- Acute with open sutures : Apoc
- First stage : K brom
- Sight, one eye lost : Apoc
- Constant involuntary motion of one arm & one leg : Apis, Sulph, Tub
- Constant & voluntary motion of one arm & one leg : Apoc
- Constant & voluntary motion of L arm & L leg : Bry
- Deathly coldness of the forearms of the children : Arn
- Post scarlatina/ Tubercular : Hell
- K brom : 1st stage
- Hedera helix : 1 drop, single dose; second dose only if recurrence is threatened

HYDROGENOID CONSTITUTIONS

Tub d; Gymnema; Nat sulph

HYDROPHOBIA

- Extreme aversion to water, with : Stram, Bell Lyssin

HYDROTHORAX

Ars, M sulph, Senega

- Merc sulph : produces a profuse watery diarrhea with great relief
- Kali iod

- KC
- Lactuca vir

HYPERACTIVITY

Sacharum off; MMR Vaccine

HYPERAESTHESIA

- after disease suppression : Zincum
- throat : Lac can, Lachesis

HYPERSENSITIVITY

- Hepar : touch
- Lachesis : Slightest touch
- China : Slightest touch but can bear hard pressure

HYPERTENSION

Ars iod; Aur ars; Ceanothus; Tela aranea

- Arthritis, with : Strontium carb
- DM, depression, with : Rhus arom
- Headache, > pressure, rubbing : Adrenalinum
- Hot flushes & sciatica, with : Viscum album
- Malignant with cardiac dropsy : Spartium
- Tightness chest, with : Adrenalinum
- Tobacco addiction, with : Tabacum
- Aur met
- Uran nit : With dyspepsia/ GIT symptoms/ DM
- Spartium scoparium: Malignant HT for Lyco patients
- Uran nit : With dyspepsia/ GIT symptoms/ DM
- Iodum : Nasal engorgement with HT
- Viscum alb

- Veratrum viride: Pain nape of the neck, hammering headache, red face, red eyes
- Crataegus + Glonoine + Passiflora or CGP
- Adrenalinum in potency, 200 - 10M: Useful palliative
- Rauwolfia
- Nat mur
- Bary carb
- Bary mur
- Conium
- Digitalis
- Opium
- Sec cor
- Tabacum
- Glon
- Crataegus: high diastolic/ low systolic; 30 minims TDS
- Pituitarinum 200 or higher: Also relieves the headaches associated with hypertension
- Arnica : Essential HT
- Sumbul : Numbness extremities, palpitation, easily precipitated by cold, vague precordial pain
- Phos : Hypertensives who crave salt
- Acon : Severe HT with pins & needles sensation down his arms
- Convallaria majalis
- Lycopus

HYPERTHYROIDISM

Tub Koch; Cann ind; Oleum

- Puberty, at : Hydrastis
- Lithium carb

HYPOCHONDRIAC

Alum, Anac, Hep, Mez, NV, Zizia

- With hemorrhoids & constipation : Anac

HYPOTENSION

Tub d; Tub Koch; Sycotic co; Tela aranea

- Camphor
- Carbo veg
- Elaps
- Vipera
- Naja
- Viscum alb
- Tela aranea
- China mother tincture: Old age/ shock

HYPOTHYROIDISM

Thyroidinum; Nyctanthes

- Nat iod 6
- Ant pituitary 200C : Intercurrent remedy, 2-3 doses every month to taper thyroxine
- Cortisone: Intercurrent
- Fucus + Iodum + Thyroidinum 3C
- Thyroidinum

HYSTERIA

- Origanum
- Moschus : Hysterical paroxysms
- Pothos : 10 drops tincture : specific
- Amm val
- Aquilegia
- Castoreum
- Strychnine phos

HYSTERICAL WOMEN

BC, Croc, Gels, Ign, MM, Nux m, Valeriana, Puls, Asafetida;
Ignatia; Castoreum; Valeriana; Vanadium

- Inclined to : Caulophyllum; Gentiana
- Spasms, with : Strychnine val
- Persons : Hyos

& children : Nux m





I



ILEO-CAECAL REGION

- Pain R : Bell
- < Slightest touch : Bell

ILLUSION OF A MOUSE RUNNING FROM UNDER HER CHAIR

Act rac, Lac c, Aeth

IMBECILITY, IDIOCY, INCAPACITY TO THINK

- Acute: Hell
- Chronic: Aeth, BC, Nat c
- Agar: impending imbecility; marked rolling of the head with biting her own clothes
- Tarentula: impending imbecility; marked rolling of the head with biting her own clothes

IMMUNO-COMPROMISED STATES

- *Cornus circinata*

IMPATIENCE

Ign, Medo, NV

IMPETIGO

- Antim crud 6/ 30/ 200
- Antim crud 12, TDS X 2 days
- Dulc: Impetigo contagiosa; thick crusts that turn brownish

IMPOTENCY

Agnus, Arg n, Calad, Lyco, Yohimbinum, Lycopodium, Tribulus terr; Selenium; Carboneum sulph

- Spasms & cold sweat, with; from tobacco abuse : Lycopodium
- Over-indulgence, from or with urinary symptoms : Tribulus terr
- After frequent gonorrhoeal attacks : Agnus
- Erection fails, when coition is attempted : Arg.n., Agnus, CC, Sel, Yohimbinum
- Falls asleep during an embrace : Lyco
- Mental depression with : Calad
- Mucus discharge from vagina after an embrace, from : Nat c
- Nervous, with fear of never getting better: Onosmodium, Scutellaria
- Onanism/ excesses from : Lyco
- Premature emission : Lyco, Calad, Selenium, Agnus
- Relaxed penis with sexual desire & excitement : Calad, Lyco, Sel
- Sexual desire with : Ign
- No orgasm during an embrace : Calad, CC, Sel
- Young men : Lyco

- Folliculinum 6/30, 8th-15th day of cycle
- Azoospermia

Cobalt nit 12C with X-ray 200C, one dose at regular intervals

Clematis erecta

INCURABLE CASES, PALLIATIVE

Amyl

INDECISIVE/ IRRESOLUTE

Graph, Mez, Puls, Bary carb, Lyco, Silicea

INDIFFERENCE

Bapt, China, Cocc, Con, LT, Mez, PA, NA

- Business/ study : Conium

INDIGESTION

Ars sulph, Athamantha, Homarus

- Fever, after acute: China, Quassia amara

INDOLENT PERSONS

Aloes, Caps, Cocc, Con, Helon, Lach, Thuja

< INDOORS

Euph

INDURATION

- Cellular/ glandular structures : Badiaga; Ferr pic; Sulph iod

INFECTIONS

- Antiparasitic : Ichthyolum
- Nosocomial/ hospital acquired : Enterococcinum; K mur
- Recurrent : Ocimum sanctum; Tuberculinum; Silicea; Sul ac; Sulph iod; Hippozaenium

INFLAMMATION

Nat nit

- Internal organ, chronic : Apis

INFLUENZA

Tub av; Nat nit; Pyrogenium

- Pain after : Nat nit
- Weakness after : Scutellaria
- Sarcolactic acid 6- 30
- NV : Specific in the beginning to cut short the trouble; great weakness, exhaustion with loss of appetite, NV low potency completes the cure
- Nat sal : beginning & when followed by sequelae
- Mag phos : unbearable pain
- Bacillinum : grippy colds/ persistent cough
- Medo : Effects of influenza
- Pyrogenium : Cures it wonderfully
- Amm carb 200, single dose/ Phos : Tonic after influenza
- Amm carb, single dose : Cough that's left after it, and does not yield to Bry

- Lyco : intellectual sequelae after it
- Scutellaria : Neurotic sequelae afterwards
- China : long lasting weakness/ coldness/ chilliness
- Ars alb high potency 2-3 doses : Either at the beginning or when the acute symptoms have subsided, intermittent/ remittent troubles like neuralgias/ chills/ fever
- Gels : temp 99 persistently, heaviness, shakiness
- Sulph : after Bry did not remove the bronchial cough
- Sticta pul : Dry persistent cough remaining after Bry
- Iberis amara : Cardiac irritability following influenza
- Thallium alternating with Influenzinum 30: Obstinate rheumatic/ neuralgic pains with low temp/ violent pains & trembling in the lower extremities; chronic influenza; also indicated in Baldness/ locomotor ataxia
- Lobelia pur: Nervous prostration

INFRA-MAMMARY PAINS

- L side : Act rac

INIMICALS

- AC/ CA - Lach
- Apis – RT
- CC – BC (in scrofulous complaints)
- BA – Wine
- Bor – AA/ Vinegar/ Wine
- CC – NA/ Sulph → complications
- Caust – Phos/ Coff/ The Acids
- China – Dig/ Sele
- Coff – Canth/ Caust/ Coc?/ Ign
- Dulc – AA/ Bell/ Lach
- Ign ~ Coff/ NV/ Tab
- Kreos ~ CV
- Merc ~ Sil
- NA ~ Lach

- NV ~ Zinc

INJURY

- Bad effects of mechanical : Sul ac, Acet ac
- Blow/ Fall, A/F : Con, Ham, Nat s
- Blunt trauma to the torso, falling from a height, leading to hemorrhage, pulmonary contusion and haemoptysis:
Millefolium
- Mechanical, concussions/ contusions with stupor & involuntary stool/ urine : Arn
- Mechanical; post-surgery; sharp cutting instruments : Staph
- Chronic effects of head injuries/ Mental traumatism : Nat s
- Chronic effects of mechanical injuries : Con, Ham, Led
- Blunt instruments : Arn, CA, Symph, Ledum
- Clean surgical cuts : Calen, Staph
- Discoloration, long remaining after injuries; black n blue; parts turn green : Led
- Fractures : Arn, Symph

Compound, with suppuration profuse : Arn, Calen, Sal ac

- Insect stings : Led (Mosquitos)
- Laceration of soft parts : Arn, Calen, CA, Sul ac

→ Neuritis : Calen, CA, Hyper

- Mechanical : Symph
- Needles/ nails from : Hyp, Led
- Parts rich in sentient nerves; fingers, toes, nail matrices, palms, soles, hands, feet : Hyp
- Rat bites : Hyp, Led
- Reopen : Caust
- Rupture muscles/ tendons : Calen
- Slightest injury → Suppuration : Graph, Hep, MS, Petr
- Splinters from : Hyp, Led

- Sprains : RT, Ruta, Led

Easy spraining of ankles/ feet : Carbo an, Led

- Wounds (See Wounds)
- Conium/ Arnica/ Rhus : Contusions
- Glon : Pains & other abnormal sensations sometime after local injuries
- Nat sulph : Late effects of head injuries
- Dulc : smarting wounds
- Hepar/ Calendula : Injuries of soft parts
- Sports injuries : Arnica; Ruta; Symphytum; Ledum; Bellis; Acon ; Nat sulph; Opium
- Vitex trif : Indian Arnica, when Arnica fails
- Chronic : Sul ac (used after Arnica)
- Cracking sound after : Verbena
- Deep : Carbolic acid
- Eyes : Symphytum
- Head injury leading to F death : Apocynum
- Heart circulation issues, with : Term arjuna
- Muscular/ skeletal injury : Polygonum
- Nerves/ nerve receptors : Xanthoxylum, Hypericum
- Periosteal (skin covering the bone, knee, shin) : Ruta
- Stasis, exudation, bruising, swelling : Bellis per
- Tendon : Equisetum
- Tuberculosis after an injury : Millefolium

INSANITY

- Feet stamping, with : Ver alb

INSENSIBILITY

Op

INSECT-STINGS

CH, Led, Merc

- Burning & itching from : Calad
- Swelling changes color & red streaks map out lymphatics : Anth, Lach, Pyr
- Mosquito bites : Led

INSOMNIA

- Childhood : Carcinocene
- Hyperthyroidism, with : Cann ind
- Sexual excesses in alcoholics, with a h/o : Avena sat

INTESTINE

Ruta ; Glycyrrhiza; Hydrocotyle

- Chronic intestinal disorder with enlarged liver : Insulinum
- Entero-colitis, end-stage : Terebinth
- Gall-bladder & : Fel tauri
- Obstruction, intussusception, volvulus, spasms : Pituitarinum
- Polyps : Glycyrrhiza
- Peyer's patches inflammation : RT, Drosera
- Cancer : Hydrastis
- Opium : Intestinal obstruction paralytic
- Iridium met : IBS/ IBD

INTOLERANCE

- Authority by others : Lach
- Contradiction : Aurum
- Pain : Acon, Coff, Cham, China
- Milk : Aeth, Nat c

- Potatoes : Alum
- Restriction : Lach
- Smell or sight of food : Sep, Colchicum, Ars alb
- Tight clothing around the waist : Bov, CC, Lach, Sulph
- Tight clothing around the neck : Lach
- Any food that contains water : Gymnema
- Bandaging : Arnica
- Cold air : Thuja
- Egg : Sycotic co; Chin ars
- Fatty food : Mandragora
- Fish : Nat sulph
- Fruits : Nat sulph
- Juicy veg like tomatoes : Nat sulph
- Milk : Zincum
- Potato : Alumina

INVOLUNTARY MOVEMENTS

- While awake, cease during sleep : Agar
- Head and hands or head and one hand : Apoc; Bry; Hell; Zinc
- Twitchings

Face : Myg

Single set of muscles / spasmodic contractions : Agar, Croc,
Ign, Zinc

⚡ While falling asleep : Ign

IRRITABLE/ PEEVISH/ IMPULSIVE

Sycotic co; Thea

- Impulse to jump from the window : Thea
- Impulse to kill : Thea
- Impulse to throw the child into the fire : Thea
- During wet stormy weather : AC
- Hungry, when: Amm mur, Sac alb

- Nervous women : Sec, Apis, Arg n
- Persons : Arg m, Arg n, Ars, Aster, Bry, Camph, Cham, Chel, Cina, Coca, Colo, Con, Cycl, Dulc, FM, Gels, Hell, Helon, Hep, Hyos, Lyco, Medo, MA, Nat m, Nat s, NA, NV, Petr

Morning; does not wish to be speak or to be spoken to : Iod, Nat s, Sil

Throws things : Colo

- Physical irritability, excessive : NA
- Want of bodily irritability : Op

IRRITABLE BOWEL SYNDROME

Aegle Marm; Glycerine

ITCHING

Cochlearia, Pix liquida, Dolichos; Hydrocotyle

- Dry itching everywhere : Anagallis; Gallium
- < Night, undressing : Juglans r
- > Scalding water : Anacardium; Bufo
- Thighs, legs, ears : Chrysarobinum
- Toes, between : Nat sulph
- < warm water : Alumina
- > warmth, undressing : Rumex
- > Cold bathing: Fagopyrum
- No relief from: Copaiva
- Every winter: Aloes, Psor
- Dry tettery itching eruption, every winter: Alum, Petr
- Eruptions without: Dolichos
- Eruptions after vaccination: Mez
- Eruptions abdomen/ lower abdomen with insulin dependent/ DM in the family, itching: Insulinum
- Feet/ ankles; < scratching & warmth of bed: Led, Puls, RT

- Folds, sore: Sulph, Lycopodium
- Genitals; > gentle rubbing, can't scratch: CT
- Hairy parts: Fagopyrum
- > Hot water: Rhus venenata
- Intolerable from the warmth of bed: Alum, Sulph; Merc
- Intolerable at the tip of coccyx: Bov
- Meat, from: Rumex
- Mosquito/ insect bites, from: Calad
- Must scratch until parts become raw/ sore: Bov
- > Scratching: Sulph
- Treatment by medicated soaps / washes: Sulph
- Violent towards evening: Kreos
- Voluptuous: Sulph
- Fagopyrum : Eyes/ Ears/ Vulva

ITP (IMMUNE THROMBOCYTOPENIC PURPURA)

- TNT
- Sanguisuga off
- Ceanothus, 10 drops mother tincture





J



JAUNDICE

Antim t, BV, Che, Chelone; Gentiana; Stillingia; Vipera

- Mental emotion, from : Vipera
- Enlargement and induration of liver : Taraxacum
- Infantile : Lupulus 1X
- Malignant/ hematic : CH
- Pneumonia, esp of the R lung : Antim t
- Nat phos 1X with China
- Acon 30, single dose : Infantile
- China : incipient attack, wards off the development; complicated
- Crot hor: after blood transfusion; malignant; hematic rather than hepatic
- Thyroidinum : desperate cases in newborn babies
- Merc
- Podo : Moderate attacks of jaundice without fever; chronic jaundice not much interfering with general health
- Hepar/Cholesterinum : Complicated jaundice

- Dolichos
- Lupulus : Infantile
- Myrica
- Nat sulph : Jaundice with appendicitis
- App low / gone: Chel/ Lyco
- Constipation dry stool: Bry
- Cranky / coated tongue: Antim crud
- Due to malignancy: Taraxacum
- Nausea: NV
- Nausea / vomiting with burning: Ars alb

< JAR

Arn, BV, Bry, Glon

JAW

Hekla

- Small : Kali iod (Syphilitic miasm)
- Dropping of lower jaw in typhoid : Lyco, Lach, Opium
- Dislocation, easy : RT

JEALOUSY

Hyos, Lach, K sulph, Nux vom, Stramonium

- Epilepsy, from : Lach

JOINTS

Sycotic co

- Constipation, with : Gratiola
- Cracking : Causticum; Cocculus ; Hura; Kali bich

- Cracking, > stretching : Thuja
- Diabetes mellitus, with : Abroma augusta
- Dislocation tendency, knee & shoulder : Stront carb
- Eyes & heart, with : Lith carb
- < damp weather: K iod, Phytolaca, RT
- Finger joints spraining: Cann sat
- < First motion, > Continued motion: RT, Anac, Con, Caps, CF, Puls, Lyco, Strepto, Rad Brom, Ferr Met
- Gouty nodosities: Amm phos, Medo
- > massage: Calc group, Plumb met, Mag phos, Phos
- < new moon/ full moon: Thuja, Silica, CF
- Pains every joint : China, Colch, Medo

< Touch: China, Colch

> Motion: China

< Night, without swelling: Iodum

- Radiating swelling/ pains fingers: Caulophyllum (ESI- erratic intermittent stiffness)
- Redness joints: Tubercular miasm
- Serous/ inflammatory exudates : Sulph, Bry, K mur
- > slow motion : Ferr met, Puls
- Swelling all joints; puffy like windgalls: Medo
- Thumb joint swelling: Hedeoma
- Weak, easily sprained by slight exertion: Carbo an, Ledum
- Tissues next to the joints; tendons; fibrous tissue : RT
- Joint itself : Bryonia, (if Arnica fails, in injuries)
- Acute arthritis/ Polyarthritis/ Chikungunya : Formic acid
- Amm phos : Nodosities
- Angustura : Stiff/ cracking with a craving for coffee
- Franciscea : Stiffness
- Drosera : Shoulder/ Hip/ Ankle
- Hekla lava 0/3 : Lots of osteophytes, on plain X-ray of any joint
- Lubrication : Verbena
- < menses, before : Caulophyllum
- < menses, during : Cimicifuga
- Pains : Cassia sophera; RT, Equisetum arv; Guaco

- ~RT ; > motion : Iris v; Rumex; Thuja; Ver alb (203)
- Stiffness/ immovable : Guaicum; Hura; Xerophyllum
- Thumb joint painful : Hedeoma
- Uterus, & : Cimicifuga ; Caulophyllum

JOVIAL/ GOOD HUMORED/ HILARIOUS

Caps, Croc



K



KELOID

- Thiosinaminum
- Phytolacca dec 1X/3X : if Thiosinaminum fails
- Graphites : Early stage
- Silicea : Painful
- Nit ac : Splinter-like pains
- Fl ac : Itching, with
- Caust : Following burns
- Calendula : Following surgical injuries/ trauma
- Thuja : At vaccination site
- Castor oil with Staph mother tincture, 10:1: Rub locally, twice a day, for 5 mins
- Recurrent : Carcinocene

KIDNEYS

Terebinth, Canth, Ars, Apis, China, Carbo veg, Phos, Abelm;
Apocynum; Hydrangea; Solidago

- Albuminuria, blood / slime : Solidago
- Albuminuria/ Oliguria/ Anuria : Serum ang
- Apices : Tub av
- Bright's disease : Solidago; Terebinth
- Cancer/ failure : Cisplatin(with ear troubles, nausea, vomiting)
- CRF with h/o recurrent malaria : Chin sulph
- Creatinine levels, increased : Senna; Serum ang ; Terebinth; Zingiber; tribulus
- Creatinine levels, increased without edema : Serum ang
- Drainage : Tribulus terr
- Failure, dialysis : Alumina; Helleborus; Serum ang; Zingiber; Terebinth
- Haematuria : Eucalyptus
- Lumbar pain, < sitting : Berb vul
- Nephritis after exanthemata : Ferr iod
- Nephritis after malaria : Eucalyptus; Tribulus
- Nephritis after eruptive diseases : Ferr iod; Tribulus
- Nephritis, chronic : Formica rufa
- Pain : Solidago; Berb vul
- Pain, if the desire to urinate is not attended to, quickly : Conium; Sulphur
- Pain traveling to abdomen/ bladder : Berberis; Solidago
- < Pressure : Solidago
- Pyelitis : Uva ursi
- Renal colic : Pituitarinum
- Skin & mucous membranes, with : Ichthyolum
- Stones L sided : Berb vul
- Stones : Gallium; Hydrangea; Tribulus; Uva ursi
- Swelling : Ampelopsis; Tribulus
- Urea, increased : Abelm; Kali chlor
- Albuminuric retinitis: Merc cor
- Bubbling sensation: BV, Medo
- Burning/ soreness: BV; Terebinth
- Coma from kidney/ bladder pathology, Cystitis: Thlaspi
- Catheter use, avoids: Thlaspi, Solidago
- Deficient kidney function: Solidago

- Floating kidneys: Bell, Ign, Stry-ar, Cham, Colo, Gels, Lach, Puls, Sulph, Zinc
- Function ceased, complete: Zingiber
- Inflamed, after acute disease: Terebinth, Eel serum
- L side renal colic: Tabacum (deathly nausea and cold sweat); Berb, Morgan g
- Numbness/ stiffness: BV
- Pain, > urination: Lyco, Medo
- Painful pressure: BV
- Pyelitis: Uva ursi
- Recurrent calculi, when berberis/ Lyco have failed: Medo (D ice/ cold drinks)
- Stones with h/o sexual dysfunction/ masturbation: Tribulus terr
- Sudden cessation of function, high creatinine: Zingiber
- Violent burning and drawing pains in kidney, bladder and urethra: Berb, Canth, Terebinth
- Bryophyllum calycinum tincture: Renal calculi/ Urinary insufficiency/ GB stones
- Pic ac 6: To reduce creatinine levels
- Urt urens tinctures: Kidney stones
- Chimaphilla: Has to strain with legs far apart
- Cup ars (Uraemia)/ Serum anguillae: Anuria / HT/ Edema
- Arg phos/ Liatris: Diuretic
- Epigea/ Fabiana/ Juncus/ Oniscus/ Opium/ Apis/ Apocynum/ Adonis/ Canth/ Berberis/ Hedeoma/ Hydrangea/ Sarsaparilla
- Zingiber off / Stram: Cessation of kidney function in re-convalescence from typhus
- Plumb met : Bright's disease/ Interstitial Nephritis
- Pareira brava: Obstructive cases with infection
- Acon : Urine retention in the newborn/ Cystitis
- Triticum repens: Dysuria/ difficult urination
- Merc cor/ Uva ursi: Pyelitis
- Canth : Cystitis
- Merc cor : Serious kidney troubles in pregnancy/ Nephritis

- Cup ars : Excessive urea in the blood/ following operations on the genito-urinary organs
- Caust : Azoturia/ increased urea in the urine
- Tub bov : Renal tuberculosis
- Tub bov : Bowel TB
- Ipomea : Kidney affections with pain in the back
- Aur mur nat/ Calcarea flour: Floating kidney
- Iodium / Natrum Iod: Interstitial Nephritis
- Calcarea renalis: Kidney stones
- Brachyglottis
- Euonymus atro
- Kali chlor
- Merc cyan : Acute nephritis with mouth ulcers
- Ocimum can : Kidney/ bladder/ Urethra
- Nat iod : Interstitial nephritis
- Arg nit : Calculi with subacute pleuritis
- Solidago: Renal pathology, pain sensitive to pressure kidneys or while urination
- Medo: CRF
- Fuchsinum: Cortical cysts

KISS EVERYONE, WANTS TO

Croc, Veratrum, Phos, Stram (wants to be kissed)

KLEPTOMANIA

Tarentula; Absinthium

KNEE

- Cold at night: Apis, CV
- Contracted tendons in the bends of knees: Tellurium
- Cracking on motion: BA
- Gouty concretions: BA

- Herpes bends of knees: Graph, Hep, Nat m
- Housemaid's knee: Slag, Sticta, Silicea
- Pain, > pressure: Taraxacum
- Painful contractions of the hamstrings: AM, Caust, Guaicum, Nat m
- Nodosities: BA, BV, LC, Lys
- Swollen/ painful: Sal ac
- Weak: Dios
- Knee pain: Angustura vera, Ruta
- Slag, Sticta: Housemaid's knee
- Meniscus knee: Petroleum
- Cracking/ crepitus : Hura
- Dislocation tendency : Stront carb
- Pain < descending : Helianthus
- Pain < ascending/ descending : Thlaspi bursa pastoris
- Pain alternating with elbow pain & obesity : Viscum album
- Weakness : Iodoform





L



LABOR/ PARTURITION

- After-pains after long labor, groins : Caul
- After-pains after long labor, shins : CV, Cocc
- Backache violent; wants the back pressed : Caust, K carb, NV
- Constipation after labor : LT
- Convulsions during : Hyos, K brom
- Delayed from rigid os : Caul
- Dyspnoea with every pain, seems to neutralize it : Lob
- Hemorrhage after labor : Caul
- Insufficient : K carb
- Lacerations during : Calen
- Pricking pain, cervix : Caul
- Shivers in 1st stage, convulsions, rigid os, pains agg by least noise : Actaea
- Slow recovery after labor : LT
- Soreness after : Arn
- Spasmodic/ distressing : Cham
- Tearing down the legs, press upwards : Cham

- Irregular, weak, no expulsive action, fainting : Actaea rac, Caul, Sec
- PPH & complications : Arn
- Retention/ incontinence of urine, after : Arn, Hyos, Op
- Shortens it : Actaea, Caul, Puls
- Urging to stool / urine, causing : NV
- > Warm room : NV
- Cup met: Normal labor; a dose or two really helps
- Kali carb/ Causticum/ Sepia: Wants the back pressed with violent backache

LACHRYMATION

- Sneezing with : Justicia

LACTATION

Caul, Galega off

- Bring back or ↑↑ milk : LD
- Dry up milk, to : Asaf, LC
- Loss of milk while nursing without any known cause : Asaf, LC

LACTOSE INTOLERANCE

- Aethusa
- Apis
- Calc flour
- Lac vac def
- China
- Mag mur

LAMENESS

Abrot

LARYNGITIS

- Chronic, in singers : Arg m, Arg n, Alum, Arum t

LARYNX

- Child grasps it : All c, Iod
- Cold sensation on inspiration : Brom, RT, Sulph
- Constriction/ crawling : Dros
- Laryngeal diphtheria : Chlor, Diphth, Kali bich, Lac can
- < Shaving : Carbo an
- > Shaving : Brom
- Soreness as if ulcerated : Medo
- Stopped up so no air would enter : Medo
- Kali perm
- Laryngeal cancer: Chelidonium
- Aphonia : Coca, Populus
- Nodules : Berb vul

LASCIVIOUSNESS

Hyos, Phos, Thymol

- Phos : after Hyos fails

LAUGHS

- At every trifle : Cann i
- At serious matters & vice versa : Anac
- Grief, on : Ign
- Never : Alumina
- Involuntary: Lanthanum group

LAZINESS

Sulphur, Capsicum; Saussurea

LEAN PERSONS

Bry, CP, Chel, Coff, Kreos, Lach, NA, NV, Sulph, Morgan g,
Rumex; Tub koch; Oleum; Tub m

- Who cannot put on weight : Tub Koch
- With lax flabby muscles : AA
- Thin, emaciated : Ambra, Arg m, Kreos, Lach, MP
- Tall thin : Arg m, Coff

LEARNING DISORDERS

Adrenalinum

LEGS

- Burning during an electrical storm : Medo
- Cramps, calves at night : Sulph
- Heaviness, feel like lead, walking difficult, legs give away : Medo
- Icy cold, knees down & trembling : Tabacum, Brom
- Loss of nervous force in legs/ arms, exhausted by slightest effort : Medo
- Pains

Ache all night preventing sleep : Medo

Aching with inability to keep them still in bed, < when relaxing,
trying to sleep : Medo

Drawing contracting, hamstrings/ ankles; cramps calves/ soles :
Cup, Medo

Hips → knees, only when walking : Medo

- Restlessness & fidgetiness : Medo, Zinc
- Swelling, one leg: KC, Prun spin
- Thigh pain, in hydronephrosis, prostate issues, kidney stones:
Pareira brava
- Trembling with prostration : Brom
- Weak, unusually : Abrotanum
- White, become : Medo Calc flour
- Burning, itching; < air exposure : Stillingia
- Cramps calf, during walking : Carbo an
- Cramps, thighs : Vipera
- Heavy : Guaco
- Numb/ paralyzed as if they had no legs at all : Oxal ac
- Numb when sitting with legs crossed : Alumina
- One warm, other cold : Hura
- Paralytic weakness with bearing down pain : Hedeoma
- Shin injury : Ruta
- Weakness : Iodoform

LEPROSY

Tinospora

- Ignatia-like mind, with : Hoang nan, Calotropis

LEUCODERMA/ VITILIGO

- Bary carb
- Bary mur
- Calc carb
- Merc sol
- Sulphur 30, single dose followed by Ars sulph flavum 30
- Proteus 200/ 1M

LEUCORRHEA

Asoka

- Backache, with : Nat hypophos; Kali carb
- Burning/ itching : Kreosote; Hedeoma; Helonias
- Menses, after : Conium
- Profuse, soaking through the napkins & running upto the heels : Syphilinum
- Staining, < motion : Helonias
- Yellow, weakening : Ceanothus
- Acrid, profuse : Alum, AC, CA, Caul, Bor, Cocc, Con, Graph, Iod, Kreos
- Albuminous/ starchy : Bor
- Backache, with : KC, Ova tosta
- As if warm water were flowing down : Bor
- Bloody : Cocc, Con; Thlaspi
- Burning : AC, Merc
- Brown, slimy, painless : AM
- Egg white, like : AM
- Excoriating/ Corroding : AC, Graph, Iodum (destroys clothes), Kreos
- Exercise after : MM
- Exhausting : Caul
- Fishy: Medo, Sanicula
- Green, brown, offensive : CA, Sec
- Gushes day & night : Graph
- Hanging in long strings/ Stringy : Hydr
- Intermits : Con
- > Leucorrhoea; happier when leucorrhoea is worse : Murex
- Little girls : CC, Caul, Cubeba
- Meat washings, like : Cocc
- Menses, before : Sep
- Menses, before & after : Graph, Kreos
- Menses during : Iodum
- Menses after : Kreos, MM

- Menses/ Catamenia, between : Bor, Bov, Cocc, Con, Iod, Kreos, MM, Xan

2 weeks after menses for 3-4 days : MM

2 weeks, for : Bor, Bov, Con

10 days after menses : Bary c, Bor, Bov, Con, MM

Few days before and after : Thlaspi

- Menses, in place of : Cocc, Iod, Nux m, Xan
- Metrorrhagia, followed by : MM
- Milky : Con, CC, Sep
- Moth spots, forehead, with : Caul, Sep
- Offensive : Thlaspi
- Offensive like green corn : Kreos
- Preceded by pain umbilicus : AM
- Pregnancy, during : Cocc, Con
- Pregnancy, preventing : Caul
- → Pruritus / itching : Hydr, Kreos, Merc, Sulph

< Contact of urine : Merc, Sulph

- Running down to heels: Alum, Syph
- Stains yellow : Agnus, Iod, Kreos
- Stains indelibly: Thlaspi
- Stiffens linen : Kreos
- < Sitting : Cact, Cocc
- Stringy, copious, yellow: Hydrastis, K bich, Sabina, Trillium
- Stool, after every : MM
- Passes imperceptibly from very relaxed parts : Agnus
- Sticky/ viscid : Hdr
- < Daytime : Alum
- Cold bathing amel. : Alum
- Thick : Con, Hydr
- Thick bluish-white : Ambr
- Night, esp or only : Ambr, Caust, Merc, NA
- Urination, after every : AM, Plat, Niccolum, Mag mur

- Uterine spasm, with : MM
- < Walking: Tilia, Bov, Carb an, Graph
- > Walking : Cact, Cocc
- Yellow : Hydr
- 10 days after menses : Conium/ Borax/ Bovista
- Bloody/ mily/ profuse/ thick/ intermits : Conium
- Origanum
- Sep / Graph : In alternation
- Sep/ Kreos : In alternation
- Ova tosta : Specific, low potency
- Alumina/ Syphilinum : Running down to the heels
- Ambra : Thick bluish white, esp or only at night (Caust/ Merc/ Nit ac)
- Cubeba : Leucorrhoea in little girls
- Mag sulph/ K carb : with backache
- Asperula odorata 6C : Chronic, young girls

LEUKAEMIA

Vincristine (~Plumbum); Ceanothus; Cyclophosphamide

- Paediatric : Epipodophyllum

LEUKOPLAKIA

- Merc sol 200

LICHEN PLANUS

Sulph iod

LIE DOWN WANTS TO

Thyroidinum

LIENTARIA

(undigested food in stool)

Abrot, Graph, China, Ferr met

- Oleander : When China/ Ferr fail

LIGAMENTS

Gettysburg

< LIGHT, BRIGHT/ DAZZLING

Lyss

- > : Stram

LIGHT HAIR

Con, Hep, K bich, Merc, Mez, Op

LIGHT HAIR & SKIN

Agar, CC, Cham, Chel, Cocc, Hep, Lob, Merc, Petr

LIGHT HAIR & BLUE EYES

Bell, Brom, CC, Caps, Lob

LIPOMA

- Calc fluor 3X & Hekla lava 3X together
- Ferr pic 3X with Thuja 1M, intercurrently at regular intervals

- Bacillus no. 10, 200C, when bell, BC, lapis albus, CF fail
- Baryta carb
- Lapis albus

LIPS

- Cold sores: Nat mur, Pop c
- Cracked, dry, sore, ulcerated : Nat m, NA
- Cracked lower lip, at the middle : AC, Hep, NM
- Dry : Bry, Helon, Nat m
- Fever blisters like pearls : Nat m
- Licking constantly : Bufo
- Livid/ dull blue : Camph
- Picking, until they bleed: Arum t
- Redness : Sulph; Tub; Ocimum, Morgan pure
- Red lips → white : FM
- Sweat upper lip: KC, K bich, Medo, Sin nig
- Swollen with coryza : Bary carb
- Thick/ big : Bary carb, Medo
- Tumor, R lower lip, painless, spongy: CC
- Veins distended : Dig
- Crack, middle of lower: Sepia, Nat mur, Drosera, Hepar, Am c
- Cracks in commissures : Condurango
- Herpetic eruption : Sepia, Nat mur, RT
- Dry lips: Piper nig
- Cracked : Tub res Koch, Sul ac
- Large : Bacillinum, Bufo
- Pale with vertical cracks : Tub Koch
- Red : Ocimum can; Sulphur; Tuberculinum; Ocimum sanctum; Bacillinum; Tub d
- Shriveled : Amm mur; Antim t; Ars; China; Manganum; Merc-s; Oxal-ac; Sul-ac; Sulphur; Veratrum; Zincum
- Small, dry : Tub m
- Sweating, upper lip : Sul ac
- Twitching of the lower lip/ chin : Opium

LIVER/ HEPATIC REGION

Abies can, Calc, Chel, Hydr, Lyco, Phos, Sulph, Calendula;
Carduus; Quercus; Thlaspi

- Abscess : Vipera
- Ascites : Collinsonia
- Cancer/ cirrhosis : Vipera
- Cancer with podophyllum-like symptoms : Epipodophyllum
- Chronic fever leading to enlargement : Tinospora; Trichosanthes
- Constipation, with : Mag mur; Stillingia
- Degenerative condition : Vanadium
- Enlargement : Insulinum; Carduus; Chionanthus; Taraxacum; Vipera
- Enlarged & indurated : Taraxacum
- Fatty : Vanadium; Ars alb; Phosphorus; Ammonium
- Heart, & : Digitalis
- Insufficiency : Juglans; Taraxacum
- Kidney & : Agrimony ; E coli
- Lung, & : Lycopodium; Calcarea; Phosphorus; Sulphur
- Pain L lobe radiating downwards : Chelone
- Rubbing, shaking of liver with hands : Podophyllum
- Sensitive : Ferr pic
- Spleen, & : Ceanothus
- Torpor with jaundice & constipation : Stillingia
- Toxicity : Epipodophyllum
- Uterus, & : Mag mur
- Aching heaviness : Bry
- Ascites with anasarca, in organic lesions of the kidney : Terebinth
- Burning, > cold application: Nyctanthes
- Chronic inflammation with diarrhea/ dysentery; and burning anus during passage of very offensive stools: Cornus circinata
- Cirrhosis/ fatty liver, early: Senecio aur, Quasi amara, Nitro-muriatic ac

- Egotism, with; thinks he is better than others, with liver disorders: Myrica
- Enlargement: Vipera
- Hard enlarged : MM
- > Lying on R side : Bry
- < Lying on the R side : KC, MM, Merc
- < Lying on L side : Bry
- Pain lower and inner angle of L scapula : Cheno, Sang
- Pain lower & inner angle of R scapula : Chel, KC, MS
- Pain pressing < walking/ touching it : MM
- Sensation as if R Lung/ liver are small and hard, pain beneath R scapula; > legs drawn up: Abies can
- Suppuration with enlarged liver: Insulinum
- Vesicular eruptions with chronic liver complaints : Cornus circinatus
- Vanadium : Degenerative condition of liver/ arteries
- Theridion : Liver abscess with vertigo & nausea
- Mur ac : Last stage of dropsy from liver cirrhosis
- Lyco : Cirrhosis liver
- Lachesis : Yellow atrophy of the liver
- Medorrhinum : For the mother whose children are born with metabolic defects/ infantile liver
- Medorrhinum : Burning palms and feet and slight icteric tinge of conjunctiva
- Phosphorus : Infective Hepatitis
- Hydrastis : Cancer, Ascites due to cirrhosis, tincture 10 drops, thrice a day
- Amm mur : Respiratory troubles, with
- Carduus mar
- Carlsbad : Obesity/ DM/ Gout
- Cholesterinum : Liver cancer
- Cholesterinum/ Iodoform 3X: Obstinate liver conditions, L lobe, pain of liver cancer
- Euonymus atro
- Juglans cin : with headache, occipital
- Leptandra : black stools

- Ptelea : < lying on the L side
- Insulinum : Chronic hepatitis, liver enlargement, chronic diarrhea
- Nitro-mur ac: Early Cirrhosis with too much meat/ alcohol/ Liver failure
- Hydrastis MT, 10 drops, TDS: Ascites due to cirrhosis
- Aflatoxin: Liver cancer, hepatitis, cirrhosis and other pathologies. Diarrhea after bread.

LOATHING

- Food, of : Coach
- Life, of : Antim, Aur

LOCAL APPLICATIONS

- Burns with/ without blisters : Canth

Skin unbroken : Canth Potency (alcoholic solution) (with internal application)

Skin broken : Canth tincture (boiled/ distilled water) (with internal med)

- Injuries, soft tissues, clean surgical cuts, wounds etc. : Calendula Tincture
- Ophthalmia neonatorum : Arg n 200/ 1M (in water)

LOCHIA

- Acid: Kreos
- Ceases, freshens up again: Con, Kreos, Sulph
- Dark brown: Kreos
- Lumpy: Kreos
- Offensive: Kreos

- Protracted, passive oozing for days: Caul, Sec
- Sanguineous (bloody), becomes suddenly: Trillium

LOCOMOTOR ATAXIA

Ferr pic

- Pains > eating : Nat carb
- Thallium met
- Alumina
- Plumbum phos
- Oxytropis

LOOSE AND OPEN, EVERYTHING SEEMS

Sec, Trillium

> LOOSENING CLOTHES

Lyco

LOQUACITY

Cann i, Cic, Lachesis, Hyos, Puls, NV, Stram, Opium, Agaricus;
Lachesis; Paris quad; Pyrogenium; Teucrium; Thea

- Praying, beseeching, with suppressed menses : Stram

LOSING FLESH WHILE EATING WELL

Abrot, Iod, Nat m, Sanic, Tub, Calc, Conium

< LOSS OF VITAL FLUIDS

China, K carb, PA, Phos, Psor, Lyco

LOWER EXTREMITIES, MARASMUS

Abrot, AM, Arg n

LUMPS

- Small : Antipyrinum

LUNG

Bry, Calc, Kali c, Lyco, Nat s, Phos, Sulph

- Acute pulmonary edema : Mustard gas
- Advanced pathology : Gallic acid
- Apices : Tub av
- Cancer : Anthracinum; Carboplatin; Cyclophosphamide
- COPD with indigestion : Saussurea
- Digitalis of the lung : Aspidosperma
- Infections : Hippozaenium
- Liver affections, with : Calc; Phos; Sulph; Lyco
- Pleural exudation : Senega
- Pollen inhalation leading to lung hemorrhage in tuberculosis :
Solidago
- Pneumonia (basal) & heart failure : Oxal ac
- Deep lung pathology, everything tastes sweet: Phellandrium
- Digitalis of the lung: Quebracho 6C (increasing oxidative
powers of the lung), Aspidosperma
- R lung base: Lyco
- R lung lower lobe → back: Chel, KC, Merc
- Diseases of tall slender rapidly growing youth: CC, Phos, Tub
- Pneumonia

R lung: Bry, Chel, MS, Lyco
 R lung lower lobe: Chel, Merc sol, KC, Phos
 R lung middle lobe: CC, Sanguinaria
 L lung, lower lobe: Nat s
 L lung upper lobe to shoulder: Myrtus comm, Anisum stellatum,
 Sulphur, Pix liquida
 Lung L upper lobe: Antim ars
 Liver complications, with: Chel, MS
 Neglected / maltreated; to hasten absorption / expectoration:
 Lycopodium

- Serous / inflammatory exudates: Sulph, Bry, K mur
- Suppuration after hemorrhages of pneumonia: KC, Merc
- Ulceration: K carb
- Upper third of R lung: Ars, CC
- Upper third of L lung, below the scapula extending to the neck:
 Myrtus comm, Sulphur, Tuberculinum aviaire, Antim ars,
 Phosphorus, Theridion, Anisum stellatum, Pix liquida
- Lung cancer with coryza / allergic manifestations during eating:
 Carbo animalis
- Smokers with lung cancer: Lobelia, Carbo veg, Carbo animalis
- Lung cancer with cramps calf muscle during walking: Carbo
 animalis
- Hydrastis / Silicea: Interstitial fibrosis
- Elaps: Apex, R lung
- Ulceration: K carb
- R lower lobe: K carb / Merc / Phos
- L upper lung: Tuberculinum
- Central third of R lung: Sepia
- Upper third of R lung: Ars
- Lower third, L side: Nat sulph
- Interstitial Lung Disease: Kali iod
- Cobaltum: Lung cancer
- Aconite: Congestion of the lungs
- Justicia adhatoda
- Naphthalinum: Emphysema after bronchial asthma
- Ver vir: Last stage of pneumonia / lung affections

Upper R lung

Arsenicum, Elaps, Borax, CC, Chel, Aethusa, Bell

Middle R lung

Sepia

Lower R lung

KC, Merc, Phos, Bry, Bell, Carb-ac, Chel, Lyco, Sulphur

Upper L lung

Tuberculinum, Acon, FP, Sulphur

Lower L lung

Nat sulph, Chel, Sulphur, Arn, Bry, Carb-ac, Cuprum, Phos, Stram, Tub

Upper Lobe

Acon, Ant-ars, Antim-s, Ars, Bac, Bell, Borax, Caladium, Calc, Chel, Ferr phos, Iodum, Myrtus-c, Ol-jec, Stannum, Sulph, Theridion, Tub, Tub-a

Lower Lobe

Arnica, Asc-T, Brom, Bac, Bry, Camph, Chel, Cupr, Ferr-Phos, Iod, K-Bich, Kali-C, Lyco, Merc, Merc-Meth, Merc-V, Nat-Sulph, Ox-Ac, Phos, Sulph, Stram, Tub

Right Lung

Aethusa, Anisum, Ant-ars, Ant-t, Ars, Asarum, Bac, Bell, Bry, Brom, Calad, Calc, Carb-an, Card-m, Chel, Cuprum-acet, Elaps, FP, Gallic-ac, Ginkgo, Heloderma, Iodum, Kali-c, Kali-i, Lyco, Merc, Phel, Phos, Sang, Senega, Squilla, Stram, Sulfon, Sulph, Teucrium, Tub-a, Tub

LUPUS

- Thiosinaminum
- Saxifraga/ Pimpinella : To start the case with, esp in cases suppressed with methotrexate

< LYING DOWN

Ambra, Antim t, Arnica, Aurum, Bell, Con, CT, Dios, Hyos, Kreos, Meny, Nat mur, Nat sulph, Taraxacum

- L side : Brom, Nat mur, Phos
- Lying quietly : RT
- R side : Merc; Stann, Mag mur
- < lying on the painful side : Hep, K carb
- < Lying down : MAP; Grindelia
- > Lying on the back : Strychnine
- < Lying on the L side : Carduus; Ceanothus; Nat sulph; Lachesis;
Naja
- < Lying on the R side : Scrophularia
- > Lying on stomach : Medorrhinum

> LYING DOWN

Caps, NV

- Abdomen, on the : AC, AA
- Back, on the : RT, Nat mur
- Lying quietly : Bry
- Painful side : CC, Bry, Ign, Puls
- On the R : Antim t, Nat m, Tab, Sulph
- On the stomach : Medo

LYING ON AFFECTED SIDE

- < : Acon, Ars, BC, Hep, Iod, K carb, Nux mos
- > : AC, Bry, Calc, Ign, Ptel, Puls

LYMPH NODES

Scrophularia nodosa tincture, 10 drops, BD: multiple lymph nodes affected; hodgkin's lymphoma

- Axillary : Juglans r
- Enlarged : Gallium; Rumex
- Infected : Hippozaenium

- Lymphatic torpor : Stillingia

LYMPHATIC CONSTITUTION

Agnus, Aster, Bapt, Bell, Hep

LYMPHATIC GLANDS, SWOLLEN WITH HEAT/ SORENESS

Medo

LYMPHOCYTOSIS

- Pyrogen 200 : without cause

LYMPHOMA

Large cell : Epipodophyllotoxin



M



MALARIA

China, CH, Cedron; Chin sulph; Quercus

- Chilly; not better by warmth : Ignatia
- Maltreated, to start with : Sepia
- Recurrent : Eucalyptus; Helianthus
- Urticaria, with : Tribulus
- Nat mur first, then Ars alb, then China sulph
- Old cases; full of order : NM/ China
- Old cases; full of disorder : Sepia
- Terebinth : As a prophylactic in malarial and African fevers
- Ipecac : To begin with
- Parthenium

MALICIOUS / WICKED/ HATEFUL

Anac, Aur, Lyco, NV

MALNUTRITION

Hydrocotyle

MANIA

Camphor, VERATRUM ALBUM ($\frac{1}{3}$ rd cases can be treated only by this drug, Hahnemann)

- Tries to injure herself: Act rac
- Following disappearance of neuralgia: Act rac

MARASMUS

Abrotanum, Aeth, AA, Ars, AM, Arg nit, BC, CC, Glycerine, Iodum, Nat mur, Opium, Silicea, Sanicula, Sulphur, Tuberculinum

- Emaciation legs, children: Abrotanum, Iodum, Opium, Sanicula, Tuberculinum, Ars alb
- Emaciation neck: Nat m, Sanicula
- Emaciation legs: Abrotanum, AM, Arg nit
- Sac alb: To increase weight & power

MASSAGE

- Amel: Lyco

MASTOID

- Ferr p : Mastoiditis with middle ear conditions
- Capsicum : Mastoid operation seems indicated
- Foul odor of the discharge → Necrosis/ Cholesteatoma : Danger signal requires a mastoid operation

- Calc sulph : Pus in both ears

MASTURBATION, ABUSE OF SEXUAL POWERS, SEMINAL LOSSES

Agnus, Arg m, Calad, Graph, Orig, Zinc, Staph, Ustilago, Tribulus

- Pruritus vaginae, from: Calad, Orig, Zinc
- Public: Bufo

MEASLES

Morbillinum 30

- Pulmonary complications, with : Tub av
- Child will not be covered: Camph
- Eruption does not appear, when: Camph
- Pale blue Hippocratic face, with: Camph
- Sequelae/ complications: Camph
- Tuberculinum : During convalescence from measles, sudden loss of flesh, high temp, drenching sweat, prostration
- Zinc met : Encephalitis post measles
- Acon : measles
- Bryonia : measles; 2X; prevents lung affection which is a frequent complication
- Puls : measles 9 out of 10 cases, prevents complications
- Kali bich : acute bronchitis/ broncho-pneumonia of measles
- Ars alb : measles specific/ prophylactic/ curative
- Merc dulc : Earache complicating measles
- Ferr phos : with conjunctivitis / photophobia

MEDICINES

- < Narcotics: Coffea, NV

< MELTING SNOW

CP

MEMORY, LOSS (SEE FORGETFULNESS)

Anac, BC, CV, K brom, Lac c, Lyco, Nux m, Syph, Staph

- Sexual abuse, from: Staph; Anac, Aurum, Natrum, Phos ac
- Thoughts vanishing of, while reading, talking, writing; uses wrong words; does not recognize well known streets: Cann i, Lach, Nux m
- Forgets the word before he could speak it, had to be told: Anac, K brom
- Names, words, initial letters : Medorrhinum, Syphilitinum
- Weak for recent events : E coli

MENIERE'S DISEASE

- Salicylic acid
- CC : near specific
- Theridion
- Thiosinaminum

MENINGITIS

- Acute : Hell
- Basilar, acute with threatened effusion : Tub
- Cerebro-spinal : Hell
- Cri-encephalique with : Hell
- Exudation with : Hell
- Paralysis with : Hell
- Spinal : Nat s

Violent crushing gnawing pains at the base of the brain, head

drawn back, spasms with mental irritability & delirium, violent congestion of blood to the head; opisthotonus : Nat s

- Tubercular : Hell, Tub
- Acute meningitis : Ver vir
- Tuberculinum 200 : Commencement of the treatment of tubercular meningitis; prevents as well as cures; do not give anything for 6-12 hrs
- Amm carb : Non-reactive state, cold , surface of the body is cyanotic; to excite reaction
- Cic virosa : specific for cerebro-spinal meningitis
- Iodoform 6X : Every 6 hrs, when the case is unyielding to ordinary medicines; tubercular
- Arnica : When the meningeal irritation does not show until several weeks after the head injury
- Apis : hydrocephalus/ cerebro-spinal meningitis/ typhus cerebri with the hydrocephalic cry
- Agaricus : Child's case, not relieved by Apis/ Sulph, rolling of the head, forewarning of imbecility
- Tarentula : impending imbecility
- Bacillinum 10M/ 50M/ CM : prophylactic measure with tubercular inheritance; at 6-8 weekly interval

MENOPAUSE

Amyl, Arg m, Arg n, Bell, Calc ars, Con, CH, Folliculinum, Glon, Graph, Lach, Murex, Nicc, Sep, Sulph, Sul ac, Visc alb

- Anemia, profound : CH
- Cancer at : Sulph
- Faintness : CH, Sulph
- Fleshy women : Calc ars
- Flushes of heat : Amyl, Bell, Glon, Lach, Sulph

Faint spells with : Sulph

Hot perspiration with : Lach

- Flushings intense with drenching perspiration : CH
- Flushings sudden followed by great nervous weakness & irregular intermittent pulse, < least motion : Dig
- Hemorrhage : Arg m, China, CC, CH, Lach, Trillium, Vinca minor, Ustilago
- Have never been well since : Lach
- Headaches : Cact, Glon, Lach
- Menorrhagia from displaced uterus; every 2 weeks, faint, dim sight; palpitation; obstruction and noise in the ears : Trillium, Ferrum
- Mental slowness/ dullness: Folliculinum
- Metrorrhagia; profuse for weeks, flow dark, clotted, offensive; in gushes on moving with malignancy uterus : Medo, Phos, Ustilago, Thlaspi
- Nervous erethism : Arg n, Lach
- Postmenopausal diseases of women : Kreos, Lach
- Sinking at the stomach : CH
- Sleeplessness at menopause, from uterine irritation/ prolapse : Coff
- Tumors, at : Sulph
- Old maids/ women (during & after menopause) : Conium
- Glonoine: Headaches/ earaches
- Crotalus horr : Intense flushing/ drenching perspiration; dark fluid offensive metrorrhagia; profound anemia
- Lachesis/ Sanguinaria/ Sulphur : Hot flushes/ perspiration; vertex headache at or after the menopause
- Mancinella : Puberty & climacteric
- Nat salicylatum : Early menopause, has restored flow.
- Iris versicolor : Perimenopausal HT, vertigo, giddiness, changes in appetite
- Chilliness, during : Lycopus
- Early : Oophorinum; Aristolochia
- Hemorrhage : Asoka; Vipera
- Rheumatism, during : Viscum

MENSES

- < Before : K carb, MP, Puls, Senecio aureus, Folliculinum
- Premenstrual syndrome (< ovulation to menses, weight gain, migraines with chilliness limbs): Folliculinum
- < During : AC, Act rac, Aur, Graph, Ham, Hyos, K carb, , NV, Puls
- > During : Cycl, Lach, MP, Zinc
- < After : Graph, NV
- Acne, after menses: Medo

Menses

- Abdominal soreness with : Ham
- Acrid; makes the thighs sore : AC
- Backache, weakness, chilliness with : MC
- Bearing down pains, with : Bov
- Bloody stool : Amm m, Phos
- Bleeding intestine during menstrual period : Amm carb
- Cholera like symptoms/ Diarrhea at the beginning of menses : AC, AM, Bov, VA
- Constipation during : Silicea
- Dark/ clotted : Bov, Cycl, Helon, LT, MM, Medo, Murex, Trillium, Thlaspi, Ustilago
- Desires food, before menses: Folliculinum
- Dryness mouth, throat, tongue, esp while sleeping : Nux m; Tarentula
- Ears ringing, with : FM
- Epilepsy a day or two before menses : K brom
- Every 2 weeks : Bov, NV, Trillium
- Exhausting : Act rac, Alum, Cocc, FM
- Fiery red face, with : FM
- Flow, feeble : Caust, Con, Lach
- Flow, black thick, thready, stringy, clotted : Croc, MP, Ustilago
- Flow bright red, in gushes; viscid, stringy : LC
- Flow offensive/ passive/ clotted : Helon, Thlaspi

- Flow offensive : Helon, LT
- Flow only daytime : Caust
- Flow only for a day : BC, Euph
- Flow only for an hour : Euph
- Flow lasts for a week or longer, every 2 weeks : Calc phos, Trillium
- Flow only on lying down : AM, Kreos, MC
- Flow only morning : Carbo an
- Flow only on moving about: Caust, LT, Trillium
- Flow pale/ chlorotic: Cycl, FM, Graph, Puls
- Flow protracted: Kreos, Mill, Murex, Thlaspi, Sulph
- Flow stains: Medo
- Flow stops & starts again: NV, Sulph
- Flow watery: FM
- Flushes of heat during: FM, Glon, Sang
- Delayed / suppressed by mental emotion: Act rac
- Delayed from cold: Act rac
- Difficult to wash off: MC, Medo
- Epistaxis

Menses during: Nat s

Menses instead of: Bryonia, Phos

- Feet, neuralgic pain: AM
- Headache during: Cycl
- Intermits 2-3 days then returns: FM, Kreos, Sulph
- Itching genitals, >bathing: Medo
- Membranous: Cyclamen
- Metrorrhagia, after abortion, labor, miscarriage; In chlorosis: Thlaspi
- Pimples, small red over the body, with, > after the flow: Con, Dulc
- Preceded by colic: AC
- Chorea, hysteria, mania, with: Act rac
- < Mental symptoms during: Act rac
- < motion, least: Erigeron

- Irregular: Ambr, CC, Cocc, Cycl, FM, Graph, LT, Murex, NV, Puls, Sec
- Ceases on lying down: Bov, Cact, Caust, LT
- Ceases on sitting & walking about: Kreos
- Copious/ Profuse: AC, AM, CC, Cycl, FM, Ham, Helon, Kreos, LC, Medo, Mill, NV, Sec, Tub, Thlaspi, Sulph

After a blow/ fall on the ovary: Ham

Alternate period, every: Thlaspi

On lying down: Kreos

At night: AC, AM, Bov, MC

Uterine atony from: Helon

- Dark fluid: Ham, Helon, LT, MC, Sec

When sitting: AC, Zinc

- Labor like pains, with: Sec, AC, MC
- Continuous watery blood until next period: Secale
- Discharge between periods at every little exertion, eg long walk, hard stool: Ambr, Bor, Bov
- Excitement at every period: MM
- Morning sickness during: Graph
- < least motion: Trillium, Sabina
- < Motion, downward: Bor
- Rash

Menses before: Con, Dulc

Menses during profuse: Bell, Graph

- Sadness before menses: NA
- Suppressed: Con, Mill

Bathing hands in cold water: Con, LD
 Chagrin, from: Colo
 Cold bathing, from: Antim, Con
 Colic, from: Colo
 Drinking a glass of milk: LD, Phos
 Getting feet wet: Graph, Puls
 Loquacity: Stram
 Reappear when heart complaints disappear: Collin
 < Suppressed: Duly
 Taking cold, from: Con

- Sadness, with: Aur
- Scanty: Caust, Con, Euph, Graph, Lach, LT, Puls
- Short duration: Con, Euph, Lach
- < Sitting / lying at night: Cycl
- < throat/ chest/ bladder symptoms, before menses: Senecio aur
- Tongue clear with: Sepia
- Too early: Calc, Caust, Cycl, FM, Helon, Kreos, LC, LT, MP, Mill, Murex, NV, Tub, Thlaspi, Senecio, Sulph, Erigeron
- Too late: Con, Euph, Graph, LD, Puls
- Too long lasting: Calc, FM, NV; Tub; Thlaspi, Senecio, Erigeron
- Too Profuse: CC, FM, Helon, Thlaspi, Erigeron, Senecio aur

Since last miscarriage: Sulph (single dose at new moon)

- Toothache during: Cham
- Toothache, sadness; fatigue esp. thighs, with: AC
- Uterine hemorrhage / Metrorrhagia: Apoc, Arg n, CH; Thlaspi

→ Hysteria: Act rac, Caul, MM

< Night : MM

- Vertigo during: Cycl
- Vicarious without anxiety: Ham
- Vision dim during: Cycl
- > Walking: Cycl

- Weakness during; she can hardly speak, as if she will die: Alum, Carbo an, Cocc, Graph, Iodum, Haematite, Thlaspi
- Yawning & chilliness, with: AC
- Sanguisuga off: Profuse menses
- Conium : Late/ scanty/ short duration; rash of small red pimples all over the body which ceases with the flow (Dulc)
- Too early, too profuse; viscid, stringy, bright red : Lac can
- Dark, black stringy : Crocus
- Rash during profuse menses : Bell; Graphites
- Vicarious : Bryonia, Phos, Digitalis, Crotalus horr, Ustilago maydis
- Elaps : Black blood of menses and in between periods
- > Menses, during : Lachesis/ Zincum
- < before and during : Ver alb
- Scanty : Lachesis, Puls
- Feels low a week before, backache before & during : Kali carb
- Ver alb/ Alumina/ Carbo an / Cocculus : Weakness after menses
- Carbo an : Weakness during menses, as if she will die
- Lac can : Sore throat begins and ends with menses ; Breasts swollen before/ during (Conium)
- Lac def : Suppressed by putting hands in cold water (Conium); Suppression from milk, until next period (Phos)
- Ambra : Blood discharge in between periods, at every little accident, a long walk, after every hard stool etc
- Gossypium : Tardy, suppressed
- Momordica bal: Painful menses
- Pulex irr : Uterine remedy with delayed menses
- Senecio aur : Suppressed
- Amenorrhoea: Trichosanthes dioica, 3 drops daily in 1 tsp of water, OD for a few days
- Vinca minor : Profuse
- Xanthoxylum : Dysmenorrhoea neuralgic
- Amenorrhoea/ dysmenorrhoea with weak circulation : Avena sat
- Black : Ignatia
- Black clotted : Lil tig

- Copious : Millefolium; K ferr
- Copious, alternately : Thlaspi
- Copious with burning, bleeding urinary tract or dysentery : Erigeron
- Copious with vertigo : Menispermum
- Dark-staining : Juglans r
- Delayed : Asoka
- Establish normal menses in young girls : Damiana; Menispermum
- Flow on waking : Lil tig
- Irregular in lean, thin women : Hydrocotyle; Asoka
- > Menses, after : Zincum
- < Menses, before : Caulophyllum; Staphylococcinum
- Metrorrhagia, painless, passive : K ferr
- Metrorrhagia, violent : Nat hypo
- Regulator : Hedeoma
- Rheumatism, during : Viscum
- Scanty : Gossypium
- Too early : K ferr

MEN'S DISEASES

M cor, NV

< MENTAL AFFECTIONS/ EMOTIONS

Hyos, Ign, Nat m

MENTAL EXERTION

- <: Agar, Aloes, Arg n, Aur, CP, Colch, Cup, Nat c, Nat m, NV
- >: FM
- Aversion: Bapt, Caps, Nat c
- Uncommon mental activity, cannot stop thinking: Physostigma

METASTASIS

Abrotanum

- Glandular : Puls
- Mumps travels to generative organs (mammariae / testes) : Puls;
Parotidinum

METRORRHAGIA (SEE MENSES)

AA, Apoc, Arg n, CH, MM, Medo

- Vicarious: AA
- Nausea/ vomiting with: Apoc
- < Night: Medo
- Prolonged: CH
- Retained placenta: Stramonium, Sec cor, Pyrogen

MIASM

- Anxiety / apprehension: Psoric
- Artistic / creative: Tubercular
- Cancer: Carc
- Chilly feeling, can't tolerate cold air though he likes cold air:
Tubercular
- Enlargement glands: Syco-tub
- Frequent urination, excessive: Sycosis
- Likes internet surfing / easily bored: Tubercular
- Memory poor for recent / past events: Psoric
- Psora: Sulphur, and many other psoric remedies, Sulphur / Hepar
(after allopathic treatment, repeatedly from time to time), Psorinum
- Sycotic (H/o Arthritis, in family): Medo, Thuja alt with Nit ac,
Nat sulph
- Syphilitic: Alumina, Merc, Syphilinum

- Tuberculosis: Tub, Bac
- Weakness/ fatigue from slightest exertion: Psoric

< MIDDAY/ MIDNIGHT

Ars

< MIDNIGHT AFTER

Bell, Carbo an, NA

< MIDNIGHT BEFORE

Hep

MIGRAINE

- Kali bich
- Iris ver
- Adrenalinum

MILK ABSCESS

- Bryonia
- Phytolacca

MILK FLOW

- Spiranthes
- Lac def: to bring back or increase milk
- Bryonia : Threatened milk abscess
- Lac can/ Asaf : To dry up milk

MILK, SUPPRESSION

Agnus, Asaf, Lac can, Lac def, Sec

< MILK

Sepia, CC, Mag carb, Aethusa

MIND

- Abandonment theme: Bowel nosodes, Sycotic co
- Abrupt, does things suddenly and unexpectedly, almost to the point of rudeness: Tarentula, Nat mur

& Speaks bluntly: Blatta

& Yet affectionate: Puls

- Absentminded: Mezereum, Medorrhinum

& Children, autistic: Bacillinum (yellow / deformed teeth)

& Talking, while: Lycopodium

& Hands, what is in their; where is it to be taken: Lac can

& Purchases, walks out without them: Medorrhinum, Lac can

& Starts when spoke to: Sulphur

& Working, while: Hura

- Absorbed: Cocculus

& Morning hours: Nux vom

& What would become of him: Nat mur

& Horrid, general: Psorinum

- Adventurous: Aurum, Staph, Phos
- Abusive, scolding, quarrelsome: K iod

& Pain, with: Corallium rubrum
& Opposition, from: Hydrastis
& Snubs one who differed from him: Hydrastis
& Insulting to wife and children: Lyssin
& Insulting to associates: Merc sol
& Exhausted, until: Moschus, Nat carb

- Abused, imagines being: Hyos
- Accusations, unjust, from: Hyos, Staph
- Activity, increased, no sleep: Coffea

& Restless activity, night: Digitalis
& Purpose, without: Tarentula
& Creative activity: Iridium
& Activity, bedtime: DPT
& Alternating with indolence/ exhaustion: Aloes
& Alternating with stupidity and awkwardness: Agaricus
& Sadness with mortification, with: Ignatia

- Addiction, gambling: Phos
- < advice/ admonition, in children: Carc, Medo (general, 30 remedies)
- Ambitious: Aurum, NV, Palladium (or loss of ambition), Lyco

& Every possible employment, through: Lyco, Ver alb
& Ambition deceived/ business loss: Nux vom
& Loss of ambition: Erigeron

- Affectionate, returns affection: Phos, Chocolate (need for contact), Medo, Carbolic ac, Carbo veg, Carbo animalis

& Kiss and caress: Puls, Lanthanum carb
& Alternating with anger/ violence: Crocus
& Animals, towards: Medo

- Amorous/ sensuality, romantic/ passionate/ sexual: Coffea, LSD, Kola, Cannabis, Opium

- Amusement, need for entertainment or to need to make others laugh: Piper methysticum, Lachesis

& Wants to mock others, to put someone else down and be upped: Lach

& Aversion to amusement: Baryta carb

& Nothing amuses: Theridion

- Analytical/ sharp: Argentum
- Animals, loves: Sulph, Carc, Nuphar luteum
- Anger, sudden, violent but short-lived: Lach
- Anger from minor insults: Palladium

& Activity, increased, with: Platina

& Ailments from anger: Staph, Colo, Cham, Aconite, NV

& Alternating with calmness: Crocus

& alternating with cheerfulness: Spongia

& Alternating with cares/ worries or discontentment: Ran bul

& Alternating with quick repentance: Crocus, Mezereum, Oleander, Sulph, Lyssinum

& Amenorrhoea. Causes: Colo

& Anaemia, causes: NV

& Answer, when obliged to: Nux vom, Phos ac, Arnica, Ipec

& Atrophy of children, causes: Phos

& Beside oneself, in anger: Drosera

& Cataleptic state, causes: Bryonia

& Chest pains, after anger: Arg nit

& Chills, causes: NV

& > Cold amel: Sabadilla

& < Consolation, slightest: Helleborus

& Contradiction, intolerant of: Thuja, Ferrum, Taxus bacc, Niccolum

& Convulsions, causes: Plat, Bufo

& Diarrhea/ IBS, causes: NV, Aloes, Acon

& Eat, must: Ars alb

& > eating: Amm mur

& Epistaxis, after: Ars alb

& Enlarged abdomen, dull pain liver, causing, or after
 anger: Cocc
 & Gastric symptoms, causes: Colo
 & Grief/ quiet, after anger: Ignatia
 & Haemoptysis, causes: NV
 & Headache, causes: NV, Phos
 & Headache, stitches in head, with: Dulc
 & Health, anyone speaks of or speaks of his recovery: Ars alb
 & Heart pathology, causes: Phos
 & Heat flushes with sweat with, causes: Petroleum
 & Helped, about not being: Taxus bacc
 & Indifference of others, at: Taxus bacc
 & Interruption, from: Cham, Nux vom, Cocculus
 & Injustice, at: Taxus baccata, Niccolum
 & Jaundice, causes: NV, Aur mur nat, Nat sul
 & Laziness, causes: NV
 & Menorrhagia, causes: NV
 & Misdeeds of others aggravate, bitterness/ silence/ indignation
 with: Colocynth
 & Muscular dystrophy, causes: Phos
 & Paralysis/ Paresis of arms and legs/ spine irritation, causes:
 Nat mur, NV
 & Pregnancy, mental condition, causes: Nux mos
 & Psychosomatic delusions, after: Zincum
 & Pushing away table or other things: Staph
 & Recovery, when one spoke of her: Ars alb
 & Reproved, as if he expected to be: Dig
 & Respiration impeded, with: Ars alb, Lobelia (many others)
 & Restlessness/ sleeplessness, causing: Colo
 & Slightest offense, from: Anacardium
 & Song repeating in his head, due to: Myristica, Puls, Crocus
 & Speech issues, causes: Staph
 & Stabbed anyone, he could have: Hepar, Scorpio
 & Suppressed/ controlled: Staph
 & Temper tantrums, throw themselves on the floor, cannot get the
 breath: Thuja
 & Throat issues, causes: Staph

& Trembling after anger: Zincum
& Understood, when not: Bufo rana
& Vindictive/ malicious: Calc carb
& Wait, when they have to: Rhus glabra
& Will, things go against his: Thuja

- Anguish: Bismuth

& Asthma, with: Coca
& Colic, with: Coffea
& Dyspnea, with: CC
& Fever, with: CC
& Headache, in: Aurum
& Loss of his friend, from: Nit ac

- Answers (only for homeopaths, check repertory)

& Won't answer the doctor but talking to the mother; aversion to answer, sings/ talks but won't answer the questions:
Agaricus
& Refusing to answer: Agaricus, Arn, Camph, China, Sulph, Phos
& Aversion to answer
& Monosyllable, in
& Answering yes or no: Puls, Sil, Zincum, Tub, Arg met
& Nodding: Puls
& No to all questions
& Repeats the question first: Zincum
& Slowly
& Answering, reflecting long
& Interested, not at all, in the questions asked or the ongoing conversation; obstinate, chilly, refractory and clumsy: Capsicum
& Dullness, low comprehension, mathematical ability low:
Baryta carb
& whispering to the mother, and not to the doctor directly: Silicea

- Antagonism, with self: Lac can, Naja, Culex, Lachesis
- Anticipation

& Dysentery, with: Gels, Dysentery co

& Hurried: Medo

& Physician/ dentist, for: Gels

& Relatives, about: Carc

& Waking, on: Pop candicans

& When a time is set: Medo

- Antics, play: Hyos, Plumbum, Cuprum met, Tanacetum

& Destructive behavior in children: Sac-alb

- Anxiety

& Confusion, with: Alumina

& > cold drinks: Aconite, Sulphur

& > Eating: Aqua marina

& Emaciation of the body and pining, with: Aurum met

& fear, with: Lach, CC

& Guilt, with : Arg nit

& Others, for : Bary carb

& Paranoia, with : Hyos

& Looking at tall buildings, when : Arg nit

& Anticipatory: Arg nit, Silicea

& Chattering of teeth, with: Elaps

& Cold perspiration, with: Aconite

& Cold water, ameliorates: Acon

& Family, for; losing their protectors: Bary carb

& Hunger from: Kali carb

& Hypochondriacal anxiety, mania for reading medical books:

Calc carb

& Motion downward: Borax, Gels, Carboneum sulph, Coffea,

Sanicula

& Motion upwards: Borax

& Motion, airplanes: Borax

& Music, from: Nat carb

& Relationships breakups: Nat carb

& Respiration difficult, with; has to go out: Laurocerasus

& Respiration difficult, with; thinks will suffocate and die at night: *Latrodectus mactans*

& > Riding: *Aqua marina*

& Something bad is going to happen: *RT*

& Stretching of arms, with: *Nat carb*

& > Talking: *Aqua marina*

& Taste bitter, with: *Amm mur*

& Travel, from: *Ars alb*

& Trains, in; riding in a closed carriage aggravates: *Succinum*

& Twitchings, with: *Cuprum met*

& Vexation, from: *Aconite*

& > warmth: *Graphites, Phosphorus*

- Antisocial/ rebellious/ revolution: *Merc, Causticum, Kali carb, Staph*
- Apathy/ indifference: *Syph*

& Men indifferent to family: *Fl ac*

& Women indifferent to family: *Sepia*

- A Caressed: *Cina, China, Ign, Plat, Antim crud, Cup met, Bell, Calc, Nit ac*
- Appearance/ stylishness/ dress themselves: *Palladium, Manganum* (only for homeopaths, check repertory)

& Confidence, lack of, in their appearance: *Bary carb, Sabadilla*

& concerned about looks

& discontented about his own appearance

& wretched, she looks, when looking in the mirror

& fear of being disfigured: *Hepar sulph*

- Appreciation, D for: *Sanicula*
- Apologizing frequently: *Arg nit*
- Ardent, in work: *Calc flour, Nux vom*
- Artificial/ fakeness/ affectation/ pretentious, in gestures/ acts: *Stramonium*
- Ashamed, feels: *Hyos*

- Assurance, quickly amel: Aconite
- Attachment, unhealthy to their loved ones/ in a relationship: Tilia
- Attention seeking: Natrum, Puls, Gallic ac, Tarentula
- Artists/ singers/ musicians: Lach
- Atheists: Lyco, KC
- Audacity/ Bold: Agaricus, Merc, Opium, Aurum salts, Magnetis polus arcticus
- Automatism: Helleborus

& Hands/ limbs, in sleep: Phos

& One arm, one leg: Apocynum

& Feet, automatic motions: Zincum

- Avarice/ Greedy: Ars alb, CC, CF, Causticum, Calc ars, Medo

& Squandering, with: Lach

& Wants all for himself: Puls

- Aversion

& Certain people: Amm mur, Sanicula, Lyco

& children, own: Sepia, Lyco

& Family member: Sanicula

& Dark/ black, everything that is: Stram, Antim tart, Tarentula, Robinia, Kola

& going out: Cyclamen

& men, to, in women (opposite sex): Lyco

& Society: Cicuta

& Girls/Women, of her own sex: Raphanus

& Water, touch of: Amm carb

& Water, thinking of: Hamamelis

- Bargaining/ business: Bryonia
- Bed, aversion to (check repertory)
- Bed, desires to remain in (wants to work near his house etc.): Hyos

- < Bed, rest: CC
- Begging: KC, Ars alb
- Benevolence/ sympathetic/ compassionate: Opium, Puls, Coffea
- Beseeching (imploring)/ Needy: Arg nit, Phos, Stramonium
- Besides oneself (eg with pain): Ars alb

& Slightest pain: Nit ac

& Anxiety after: CC

- Bites, desire to: Hyos, Stram, Medo, Carc

& Father, only: Carb sulph

& Disturbing him, if anyone: Hyos

& Controls him, who: Bell

& Husband, only: Mandragora

& Children: Medorrhinum, Carcinocene

& nails: Morgan gaertner, Sycotic co

& Tumbler, his: Ars alb, Cuprum

- Blames others for his problems, without anger: Hyos
- Blasphemy; talking irreverently/ disrespectfully about God: Anacardium
- Blissful: Coffea, Opium, Chocolate, Kola, Cannabis, Heroine
- Blood/ knife, cannot look at: Alumina, Nux mos
- Boaster: Ver alb, Lyco, Agaricus, Lach

& Putting others down: Lach

& Audacity, talks about past exploits: Agaricus

& Impress others: Lyco

& Cheats, lies, deceives to get to a high social position: Ver alb

- Boredom/ ennui; > entertainment: Piper methysticum
- Buoyancy: Fl ac
- Breaks things: Tub

& Prized possessions of the parents: Tuberculinum

& Laughs about it after: Apis
& Fasting / hunger agg: Sac alb (D sweets)

- Brooding, about illness: Phos ac
- Buffoonery: Stram, Bell, Cicuta, Veratrum, Crocus, Cuprum
- Business, incapacity for: Selenium

& Fever, during: Sanguinaria canadensis
& Businessman, worn out; let down by partners: Kali phos, Zinc phos, Kali brom, Mag phos
& Desire for: Sulphur

- Busy, fruitlessly: CC, Theridion, Lil tig

& Everything falls out of her hands: Moschus
& must keep, < being idle: VA
& To repress sexual desire: Lil tig

- Calmness / acceptance: Medorrhinum
- Capriciousness: Cina

& Asks for things vehemently, shrieks until he gets it: Rheum
& Children: Sanicula
& During headache: Iodum
& Toothache, during: Mag carb

- Careful: Bary carb (asking how to take the medicine, food restrictions etc. to the last detail)
- Cares, full of: Cocculus, Coffea, Ignatia, Lach, Hyos, Medo

& Cares, full of ameliorates: Merc
& others, for: Sulphur
& Physically affected by cares: Phos

- Caressed, wants to be: Puls, Phos

& Would not sleep at night, unless caressed and fondled:

Kreosote

& Alternating between wants caresses, then pushes away the person: Anacardium

& Caress himself: Iridium

& Indifference to caressing: Cina

- Carried, desires to be: Cham

& Aversion to be: Bryonia

& Carried in an erect posture: Antim tart (A touch)

& Does not amel: Cina

& Carried and caressed: Kreosote

& Fast, carried desires to be (wants to be cured fast): Brom (with cough on deep inspiration), Ars alb

& Will not be laid down: Benzoic ac

& Shoulder, over: Stannum (recurrent chest infections)

- Casting off, of people, who speak against her will: Platina
- Cautious: Ars alb, Silicea, NV, CC, Lach

& About her illness, will get irrelevant tests done and visit many doctors: Causticum, Thuja, Silicea, Puls

& anxiously: Causticum

- Censorious/ critical: Ver alb, Aurum

& Seniors, parents, teachers, friends for: Lil tig

& Menses, during: NV

& Others: Ver alb

& Self: Aurum

- Changeability; joy → sorrow; laughing → weeping: Alum, Coff, Croc, Ign, Nux m, Sanicula
- Change, D for: CP, Tub, Bacillinum, Sanicula

& Change doctors: Bacillinum

& Change, A to: CC, BC, KC, Carbo an, Piper methysticum,
Solanum tub

- < Change in surroundings/ routine: Alumina (like holidays etc.)
- Chaotic: Lach, Sec cor, Agaricus, Bovista
- Charlatan: Sulphur
- Charismatic: Lach
- Chatty/ playful in small groups: Silicea
- Cheerful, with chronic cough: Lyco
- Cheerful/ optimistic/ buoyant: Fluoric ac, Coca, Coffea, Piper methysticum, Alfalfa

& Pain, with: Spigelia

& Company, in: Bovista

& clapping hands, children or otherwise: VA

& Continuous smiling, in chorea: Sumbul

& Causeless: Aurum iod

& Observing herself in front of the mirror, when: Hyos

- Childish:

& Body grows, but: Bufo

& H/o being hurt, shuts out the rest of the world: Cicuta, Opium

& Convulsion, after: Tabacum

& Puerperal, parturition after; puberty; jealous, fidgety: Apis

& Sadness, with: K brom

& Child woman, high pitched voice, silly, playing with dolls,

clingy to the mother: Lac ac

& Convulsion, in: Opium

- Clairvoyance: Phos, Cann ind, Crot casc, Lach, Medo
- Claustrophobia: Nat mur, Arg nit, Lach
- Clingy: Puls, Sanicula, Borax

& children, awake terrified, knows no one, cling to those near:
Stramonium

& Cough, during: Antim tart (aversion to touch)

& Convulsions, before and after: Cicuta
 & Grasps at others: Camphor
 & Clinging to mother, but mischievous: Sac officinale
 & Clinging to persons, furniture: Borax
 & Brain tumors/ Brain tb with clinging: Iodoform
 & Holds the hand of the mother/ caregiver: Bismuth, Sanicula

- Colors, red/ yellow/ green/ black; sensitive to; likes bright colors: Tarentula, Stramonium
- Communicative/ chatty: Lach, Chocolate, Falco-p
- Company

& When anxious: Arg nit
 & Aversion; hatred against everyone; avoids meeting people: Cicuta
 & Avoids the sight of people, lies with eyes closed: Sepia
 & Avoids company, shuts herself up: Curare
 & Cannot bear anybody: NV
 & Wants to run away from people/ circumstances; angry on oneself: Elaps
 & Aversion to company of an intimate friend: Nat carb
 & Aversion to company, even pleasant: Helleborus
 & Aversion, sits in his room, and does nothing for days: Bromium
 & Aversion: Cajuputum (spasmodic affections)
 & Aversion, with desire to pursue his own hobbies, without disturbance: Lach
 & D company, difficult childhood: Carc
 & D company, yet F people: Bufo
 & D company, wants to be watched constantly: Gallic ac

- Complaining/ quarrelsome: Lach

& Pitiful: Ars alb
 & Loud: Lach
 & Threatening/ blackmailing, and: Tarentula
 & Day and night: Colo

- Concerned about his looks/ appearance: Ars, BC, Chromium, Helix-t, Puls, Plat, Palladium, Sabadilla, Silicea, Stramonium, Tuberculinum, VA
- Concentration, lack of: LC, Bary carb
- Confident, assertive: NV, Sulphur
- Confidence

& lack of: Silicea

& Want of, self-depreciation: Ars, BC, Lyco, Sil, Nat carb, NV, Palladium

& want of, about her looks/ appearance: BC, Sabadilla

- Confiding, explain their symptoms as if they are telling a secret: Bell, Hydrocotyle asiatica
- Confusion: Alum, Phos ac

& Speaking/ thinking/ concentrating on something/ reading: Oleander

& Identity, duality, sensation of; morning on waking: Alumina

- Conscientious about trifles: Silicea, Ignatia, Cyclamen
- < Consolation: Nat m
- Contemptuous, to look down upon someone: Platina, Lach, Alumina

& Subordinates, for; aggregable and pleasant for authorities/ bosses: Lyco

& Relatives/ relations, for: Sec cor

& Oneself, for: Lac can

- Content in his/ her dependence: Puls, Natrum, Ign, Staph, Phos
- Contented: Opium, Mag sulph (oneself, with)
- < Contradiction: Aurum

& Headache during: Coffea

& Shuddering/ prickling, when contradicted: Elaps

& Has to restrain from becoming violent when contradicted:
Silica

- Contradiction, disposition to: Anac, Sanicula (even though they know they are wrong)
- Contrary, just to be spiteful; with parents: Tuberculinum
- Contradictory, intentions are contradictory to speech: Lyco
- Conversation, amel: Lac def, Pall, Kali p, Kali s, Aethusa

& D for, sublime, to hear: Hamamelis

- Coquettish: Puls, Lach
- Cosmopolitan: Tuberculinum
- Courageous: Opium, Ignatia, Merc, Tub

& Courageous alt with fear: Alumina

& Courageous, foolish: Caladium

- Cowardice: Graphites

& Sudden fits of anger: Bary carb

- Credulous/ gullible/ naïve (believes and does everything others say): Bary carb, Arg nit
- Critical of others: Ars alb
- Cruelty: Anac

& Children cannot bear to see cruelty in cinema: CC (affected by slightest violence and cannot tolerate it)

& Religiousness, with: Platina

& Animals, towards: Bell

& Children, family, husband: Kali phos

- Cursing: Anac (violent sexual lang), Hyos, Nit ac

& Cursing amel, with pains and otherwise: Cor rubrum

& Headache, during: Ars alb

& Smallest thing, at the: Anac
& Contradiction, at: Falco p
& Driving a car, while: Taxus
& Threatening destruction/ death: Tarentula

- Cut, mutilate, slit, desire to: Lyssinum
- Damsel in distress: Phos, Puls
- Dancing: Sepia, Nat mur, Ignatia

& Has no aptitude for dancing: Nat mur
& Rhythmic, desire to dancing: Carc
& Strange, fast, jerky, grotesque: Agaricus
& Maniacal disposition, merry-like state, trance like state:
Cannabis
& Easy, ingrained/ automatic, amusement, fun, enjoyment:
Piper meth
& Wild, sexual, attractive, attention-seeking: Tarentula

- Darkness

& Desire to lie down in the dark and not be talked to: Bryonia
& Fear/ desire for light: Stram, Bell, Hyos
& Aversion to light, dark amel: Conium

- Death, conviction of, clairvoyance: Arnica (only remedy in
Knerr, neuralgia facial)

& Metrorrhagia, in: Bell, Cham, Coffea
& Gastralgia, in: Camphor
& Dyspnea, in: Moschus
& Death, desires, during pains: Ratanhia
& Death desires, dishonored, instead of being: Ignis-alc
& Must settle his affairs, hurries; thoughts of death when alone:
Petroleum

- Debauchery

& Wakes up with swollen eyes, indolence and inclination to stretch: Sulphur

& Confusion, heavy head: Calendula

& Eyes, heaviness, as after debauch: Cornus circinata

& Headache and drowsiness, after: Granatum

- Deceitful/ sly: Lachesis, Elaps, Crotalus cascavella, Drosera, Tarentula, Ver alb, Opium, Ars alb
- Deeds, desire to perform, useful to others; to end the suffering of the mankind: Cereus bonplandii

& D to perform good deeds; excitability causing benevolence: Coffea tosta

& As if he could accomplish anything as though nothing can stop them; delightful sensation: Cocaine

& Makes gigantic plans: Opium

- Deep thinker, spiritually inclined: Silicea
- Defiant: Arnica, Lyco, Caust

& Anxiety for others, F dogs, something negative will happen: Caust

& Sensitive to injustice/ integrity: Arnica

- Delicate, physically/ mentally: Silicea
- Delirium

& Urinating on the floor; asking the wrong people: Plumbum

& Business of day, at night: Bryonia

& Night, fever, during slow; coldness of parts: Camphora

& Headache/ neuralgia with delirium: Syphilinum

& Brain inflammations/ encephalitis, with delirium night: Puls

& Myelitis, in delirium night: Dulc

& Pleuritis, delirium night: K carb

& Pyemia/ Infection, in delirium night: Ars alb

& Blames himself for all of his follies: Opium

& Dropsy/ constipation with delirium: Acet ac

& Redness eyes/ dilatation pupils, protruding eyes, red face: Bell
& Refuses to take medicine, removes clothes, erotic; wants to be naked: Hyos

- Despair, social position of: VA, Sulphur
- Determined, but delicate: Silicea
- Devoted to her relationship/ partner/ children: Puls, Calc
- Dictatorial, domineering: Lycopodium

& Menses, before: Lyco

& Abortion, threatening, in: Lyco

& Wants to control others: Merc

& Talks with an air of command: Arnica, Lyco

- Diplomatic: Lyco, Mag mur
- Dirty, indifferent about personal appearance; dirties himself while doing anything: Amm carb, Psorinum, Sulphur, Capsicum, Crotalus horr
- Disconcerted/ unsettling/ sudden unexpected shock: Ignatia
- Discontented with oneself, about her appearance/ looks: CP, Electricitas, Hell
- Didactic: Kali, Arsenicum, Sulphur, Lyco
- Difficult to start a task, but then easy (just like stool): Lyco
- Discernment/ judgment, lack of: Alumina
- Disconcerted: Ignatia, Brom
- Discontented: Cham

& himself, with: Sulphur, Agnus, Arsenicum, Carc, Dulc, Hepar, Kali sulph, NA, Puls

- Discouraged: Alumina

& Alternating with hope/ assurance: Alumina

- Disintegration, mental: Alum, Argentum, Merc, Nitricum, Phos ac
- Disobedience, children: Lyco, Tuberculinum, Thuja, Viola

- Disappointment: Ignatia
- Disappointment in love: Rosa d
- Discusses her symptoms with everyone: Pop c
- Disgust with oneself, one's body: Lac can, Aristolochia clematitis
- Disturbed, averse to being: Bryonia, China ars
- Dogmatic: Kali carb; Ferr met; Causticum
- Domestic affairs, only: Puls, Calc
- Domination, H/O: Alumina, Carc, Anacardium, Lyco
- Doubtful of recovery: Calc carb, Syphilinum

& Medicine is useless: Ars alb

- Dreamers: Sulphur, Phos, Natrum
- Dream, as if in a: Nux mos, Medo, Carbo an
- Dress sense, unconventional: Argentum
- Dressing clean & staid, draw-horse: Ars alb
- Dressing clean & chic, thoroughbred: Ars alb
- Dribbling while eating: Bary carb
- Dullness/ Unresponsive: Bary carb

& Mental exertion, from: Silicea

& Sluggish, unable to relate while conversation: Niccolum

& Sluggish, particularly if he makes great effort, becomes confused: Oleander

- Dwells, on a particular subject/ object/ place

& Past and offenses of others: Nat mur

& Past disagreeable events, plans to talk to them about it, forgets morning: Amm carb

& Past, after midnight: RT

& Past, after deep grief/ disappointment: Phos ac

& Past, with weeping: Ignatia

& Past, thoughts of others mistakes: Medo

- Eccentricity / extravagance / wants to do something out of the ordinary: VA
- Ecstasy through sex or meditation or drugs: Coffea, Cannabis, Opium, Phosphorus, Lachesis, Medorrhinum, Ignatia
- Effeminate: Puls
- Egotism, none: Silicea, Sepia
- Egotism: Agaricus, Sulphur, Lycopodium, Myrica (liver complaints with), Palladium

& A small drop is a lake, delusion: Agaricus

& Speaking about himself in company: Staphysagria

- Ego / honor, wounded: Palladium
- Embarrassed: Baryta carb (hides behind mother / furniture)
- Embittered: Manganum, Ambra, Nit ac, Sulphur
- Emotional lightness: Phosphorus, Lycopodium, Tuberculinum
- Emotional satisfaction over practical security: Natrum, Pulsatilla
- Emotional suppression, none: Pulsatilla
- Ennui / boredom:

& > entertainment: Piper methysticum

& sitting at writing, with restless feet: Lyco

& time passes too slowly: NV, Alumina

& alternating with creativity: Agaricus

& menses, during: Berberis

- Envy, D to possess another person's qualities / possessions: Cubeba

& especially to those whom he respected: Blatta

- Erotic / amorous disposition
- Escape, desire to, attempts to, with shrieking (crying): Bell, Hyos, Capsicum, Stramonium, Lycopodium

& From family / children: Lycopodium

& from society / mankind: Cicuta

& Restrained, difficulty with: Stramonium, Zincum
& attempts to; wants to go outside: Stramonium

- Euphoria, alternating with dullness/ sadness: Asarum europaeum
- Exaggerating her complaints: Plumbum met, Asafetida
- Excitement: Piper methysticum, Merc iod flavus, Palladium

& company, in: Palladium
& contradiction, least from: Ferr met
& fasting/ hunger during: K carb
& mental work, from: Indium
& pain during: Aurum

- Exhaustion, of students, lawyers, professional men: Silicea
- Examination funk, mental incapacity: Aethusa cynapium, Silicea
- Excitability; ecstasy with almost prophetic perceptions, with a vivid imagination: Lachesis
- Exhilarating (stillness/ deadness): Cortisone, Opium
- Expansive, talking a lot in an interesting or friendly way: Alumina
- Extravagance, show-off, ostentation, intended to get attention: VA
- Extrovert: Lachesis
- Exuberance, liveliness, cheerfulness: Stannum
- Fame: Lachesis
- Fanaticism: Thuja

& religious affections: Thuja

- Fancies, pleasant:
- Fascinated with urine/ feces: Hyoscyamus
- Fastidious: Carc, Ars alb, Syphilinum, Veratrums, NV, Natrum, Causticum

£ Work efficiency, not at home: Nux vom

£ Self-critical, guilty when the work is not perfect: Natrum

£ Anxious when the work is not perfect; standards imposed on others as well: Ars alb
& Perfectionism/ parental control: Carc

- Fear

& closed spaces, toilets, door closes: Lac def
& Downward motion: Borax, Sanicula
& everything it sees: Calc
& Failure: Alumina
& Poisoned being: Hyosyamus
& Poverty: Calc flour
& New people: Lycopodium, Stront carb
& trains/ airplanes/ / closed spaces: Succinum
& dark, being attacked, injured, dogs: Stram
& betrayed, poisoned, persecution, enemies: Hyos
& people approaching, panic attacks, death, strangulation, sold being, desire to escape: Bell
& extravagance, of the disease spreading to a life-threatening disease: Opium
& being run over (by a car) when goes out: Opium
& arrested, impending danger, dying alone, contagious disease, restless: Ars alb
& when alone, incurable disease, child wants mother to hold her hand, very ticklish: KC
& suffocation, palpitation, wakes after midnight; death, fatal disease, on waking at night: Spongia
& being alone, someone is behind him, death: Crotalus cascavella
& devil being taken by him, evil/ hell: Mancinella
& someone is behind him: Lachesis, Crotalus cascavella, Cenchrus
& bitten, being: Hyos
& business failure, of: Bryonia
& destination, being unable to reach: Lyco
& cruelties; face the world: Calc (needs protection)
& devoured by animals, being: Stramonium
& imbecile/ go mad, become: Mancinella
& Infection/ contagious disease: Calc carb

& injured, being: Hyos, Stram, Bell
 & medicine, not being able to bear any: All sativa
 & Being looked at or his condition is being observed: CC
 & poverty, of: Calc flour
 & spending money, so there will be a shortage later: NV
 & saying something wrong: Lil tig
 & losing self-control: Arg nit
 & loss of social position, high status: VA
 & busy streets: Acon
 & suffering, of: CC
 & Superstitious: RT

- Feels as if they would lose their minds: K brom
- Feigning:

& Faintness: Tarentula
 & Pregnancy, during: Crocus, VA
 & Knowledge, appearance: VA

- Fetish to watch women urinate: Anac
- Fidgety: Borax, Graphites

& case interrogation, during: Borax
 & work, during: Graphites

- Fight, desire to: Niccolum
- Finer things in life, love for: Ars alb, Silicea, Ignatia
- Finery, expensive ostentatious things: Lil tig
- Flattered

& desires to: Lyco (gives everything when flattered)
 & desires to be: CV, Carc, Lac-ac, Lyco, Mang, Pall, Puls, Sulphur

- Flattery, D (wants compliments, praise, adulation): Palladium, Sulphur, Carc

& Specific person from, about their work, talent: Palladium

& who they are, for; ego element: Sulphur
& good opinion of others: Palladium
& Does not D flattery, only his due/ well-deserved respect: Ham

- Focussed at work: Ars alb, Aurum, KC, NV

£ Robotic at work: Aurum, Kalis

- Foolish behavior: Bufo

& happiness and pride: Sulphur
& alternating with seriousness; alternating states: Sul ac

- Foppish: Lachesis
- Forebodings; something bad is going to happen: Causticum
- Forgetful for names, numbers, math: Medo, Ginkgo biloba

& what he was about to say: Medo
& word-hunting: Medo
& feels constantly forgetting something: Medo
& cannot finish sentence: Medo
& buys something and leaves the store without it; feels forgot something constantly: Iodum

- Forsaken feeling: Aurum, Camphor, Sanicula, Puls, Taxus baccata, Platina, Ham

& > talking to someone, reading: Taxus
& > consolation: Puls
& forsaken by the parents/ wife/ friends: Mag carb
& isolation on talking, like people do not hear him: ACTH
& old people: Psorinum, Ham (when not respected, neglected)
& weeping with: Aurum
& headache, in: Menyanthes

- Frivolous, doesn't take his troubles seriously, thinks it will be ok

on its own, doesn't weep easily: Bary carb, Bell, Spongia,
Merc sol

- Freedom, wants: Bell
- Frown, disposition to: Lyco, Manganum

& wrinkled forehead in brain symptoms: Stram
& must frown during headache: Viola odorata

- Fur, wraps up in summer: Hyos, Psorinum, K ars

& Foolish/ silly: Hyos

& chilliness: Psorinum

& severe anxiety with chilliness: K ars

- Gambling: Sulphur
- Generous/ reverence: Sulphur
- Gestures, makes:

& automatic: Hell, Nux mos

& repeated: Chenopodium

& brushing away something from the face: Hyos

& grasping or reaching at something: Borax

& grasping genitals: Zincum

& plays with the buttons of his clothing: Moschus

& plays with fingers: Croc casc

& strange posture, odd position: Plumbum

- Giggling: Bufo, Cann indica
- Glamourous/ Charming: Phos
- Gluttony/ greed in eating, drinking etc: VA
- Godless: Anacardium
- Gossiping: Hyos, Paris quad, VA
- Gourmand, connoisseur of food: VA
- Greedy, for wealth and material gain/ Avarice: Puls
- Greedy, grasps with both hands:
- Grief:

& deception from: Nat mur, Aurum mur nat

& future for: Nat m, Nat c

& silent, numb and shocked: Ign

& undemonstrative: Cyclamen

- Grimaces: Hyos, Bell, Cuprum met

& Ill-mannered / strange faces: Hyos

& weird gestures while talking: Bell

- Groaning: Cuprum acet (whooping cough with consumption lungs tendency)
- Groping in the dark, as if: Croc, Hyos, Opium, Plumbum (says pls tell me about my problem, no one is telling me)
- Grumbling, complaining in a muted way: Zincum, Alumina
- Guilt / Remorse / Regret: Thuja, Aurum, Nat mur, Caust

& lack: Androctonus

- Handled being, aversion to: Abrot, Cina, Nat mur, Sep
- Handle things anymore cannot, overwhelmed by stress: Anhalonium, Arg met, Bamb a, baryta-n, Calc, CP, Caust, Cocculus, Lac-e, Medo, Nat-n, Ph-ac, Sepia, Sulph
- Happy at the misfortune of others: Ars alb
- Hard-hearted: Anacardium, Androctonus
- Hard to inferiors, soft to superiors: VA, Lyco, Lach, Platina
- Hatred towards ppl who have offended him: Aurum, Natrum, Nit ac, Angustura

& towards men, hatred / suspiciousness / D solitude: Cicuta

& towards a particular absent person and forgets it or > when he meets him: Fl ac

& who do not agree with him: Calc sulph

& people who are enjoying life: Medusa (between Sepia and Puls)

& mood repulsive to everyone and he repels everyone: Aloes

& women, for: Raphanus (attracted to men)

- Haughty: Palladium

& wishes to be flattered: Palladium

- Healers: Sepia, Natrum
- Health conscious: CC
- Health/ diet/ arts, obsessive about: Ars alb, CC
- Held, wants to be: Lach
- Helplessness: Lithium carb

& Lonesome condition, over his; esp at night: Lith carb

& cough during: Cenchris

& heart and lung complaints, in: Amm carb

- Hiding/ Secretive (Different rubrics): Sepia, Aurum, Thuja, Medo

& clothing by: Thuja

& runs away, in children: Melilotus

& fear from: Hyos

& covers face with hands, looks through fingers: Baryta carb

- Hides personal troubles with extreme cheerfulness: Agrimony
- High-spirited, cheerful and lively even in difficult situations: Spigelia, Hyos, Spongia, Carc

& even with pain: Spigelia

- Home-work, anxious: Lyco, Silicea
- Home, desires to go to: Bryonia (business-like)
- Home-sickness:

& I must care for others in order to be accepted and loved:

Phos ac

& Drowsiness, with: Phos ac

& silent ill-humor, inclination to weep, during fever: Phos ac

& even in their own house: Eup purp

& indolence, with; red cheeks, heat in the throat: Caps
& old friends for: Hura

- Honor, seeks: Robinia (he thinks he deserves respect)
- Hopeful, hope for recovery: Ferrum magneticum, Tub, Sulphur

& hilarity and confidence, with; even in gravest diseases: Ferrum magneticum

- < horror/ frightful movies, watching: CC
- < horrible things, sad stories: Cicuta
- Hurriedness: Hyos, Lach, Tarentula
- Hurried

& cannot do things fast enough, get angry: Sul ac

& eating, talking, walking, working: Arg nit

& when anxious: Alum

& when eating: Lycopodium

& when nervous: Lach, Medo, Arg nit

& when walking: Arg nit

& D escape, get away (knows not where to): Alumina

& to do several things at once: Lil tig

& children: Asarum

- Hypochondriasis: Phos, Caladium

& respiratory complaints, with: Lobelia, Sepia

- Hypocrisy: Phos, Lyco
- Hysteria: Castoreum, Passiflora, Zincum val, Anhalonium

& shameless, erotic sexual: Hyos

& covers face with handkerchief: Hyos

& attention, from; when looked at: Tarentula

& fidgety feet, hypochondriasis, groundless fear: Zinc val

- Idealistic but practical: Silicea, Sepia

- Ideas abundant, clarity of mind: Coffea (not for success or failure but for others)

& especially when not working: Sulphur

& obsessed with the ideas, needs to write them: Phos ac

& constantly repeating ideas: Mag mur

& maniacal, chasing one another: Merc sol

& when alone: Ars alb

- Ideas, great, man: Sulphur
- Indifference to recovery: CC, Ars
- Indolence, aversion to work, during respiratory complaints: Puls
- Image conscious child: CC
- Imbecility:

& epileptic convulsions, during: Bufo

& children: BC, Carboneum sulph

- Imitation: Cuprum met, Spider remedies, Lach, Tarentula

& voices, gestures of animals: Stramonium

& in writing: Lyco

- Immaturity, social/ emotional: Bary carb
- Impatience:

& of playing of children: Anacardium

& coryza, in: NV

& work, in: NV

& scream and shouts and insists that the doctor cures him at once: Cham

- Impetuous, doing something quickly without thought/ care: KC
- Impressionable: Phosphorus, Crocus
- Impulsive: Arg nit, Hepar, Merc sol, Alumina

& to kill herself, when sees a knife or any sharp object, or to kill her child, postnatal stage (usually involves cutting): Alumina
& to jump when looking down from a height: Argentum
& to revolt: Merc sol
& with confusion and without any thought (delusion head belongs to another): Alumina

- Inability to think: Nat c, Nat s
- Inability to take a decision: Alumina, Anac, Sil
- Inciting others to do violent acts: Hyos
- Inconsolable in grief and sadness: VA
- Inconstancy: Sanicula
- Independent minded: Argentum, Sepia
- Independence, lack of: Anac, Bary-c, Nat m
- Indifference

& everything, during chill, typhoid, lack of reaction: Phos ac
pleasure, to: Sepia
anything being done for her, ungrateful: Lil tig
personal appearance/ lack of elegance: Sulphur
& lies with eyes closed: Cocculus, Sepia
& children, own, towards: Sep, Lyco
& fever after: Chin-ars
& loved ones; animated to strangers: Fl ac

- Indignation: Staph
- Indiscretion, lack of judgment, careless: Capsicum
- Indolence:

& with aversion to work, work would harm him: Arg nit
& aversion to work, but works well after beginning: Taraxacum
& when they do not find something exciting: Carboneum sulph,
China sulph, Piper methysticum

- Industrious, diligent, hard-working: Aurum met, Carc

& menses during, until work is finished, night: Carc

- Injuring himself, fears to be left alone, lest he should injure himself: Nat sulph, Merc sol
- Injustice, cannot support: Staph, Aurums, Mag mur (although peace-makers)
- Innocence: Phos, Bary carb, China, Puls
- Inquisitive: Agaricus, Lach

& children who ask many questions: Sulphur

& observe others with: Carbo animalis

& deep sciences and metaphysics: Crotalus casc

& spiritual/ religious world: CC

& questions in their mind, jumping from one to the other topic:

Ambra

& difficult to answer their questions: VA

- Insanity

& as if going: Syph

& early stages; to relieve brain from pressure & irritation:

Melilotus

& envy: Lyco

& erotic : Hyos

& apoplexy, after: Opium

& committing a sin, self-accusation, from: Hell, Aurum

& company amel: Stramonium

& strength increased: Tarentula, Agaricus

& touched, will not be: Thuja

- Insecurity, physical : Ars alb
- Insensitive : Sulph
- Instability of purpose: Sanicula
- Integrity/ Loyalty: Silicea
- Intellectually keen/ Intelligent: Lyco, Silicea
- Intellect, controlled by the; needs to feel emotional: Viola odorata
- < Interruption: NV
- Intolerant to suffering: Cham, NV

- Introspection: Puls
- Intuitive wisdom: Sepia, Lach
- Irresolution/ indecision: BC, CV, Tanacetum, Onosmodium

& indecision to marry, from avarice: Lyco
 & indolence/ aversion to doing anything, with: Puls
 & sleepiness, with: Hyos
 & nervous weakness, in: Curare

- Irrational/ unpredictable: Argentum
- Irritability

& Irritable men: Cham, NV
 & Irritable women: Sepia, Grat, NV
 & D to be alone: Bryonia
 & sick, when: Lyco, Ars alb
 & push, D to, parents or nurse away, on waking: Lyco
 & children, in: Lyco
 & touched, A; cannot take their pulse: Antim tart
 & idle, while: CC
 & pain, during: Opium, Ars alb
 & easy and quick remorse, with: Sulphur
 & weakness, from: Mur ac

- Isolation, sense of: Chocolate (as if separated from the world), Hamamelis (when not respected enough)
- Jaded rakes, disreputable person: Agnus castus
- Jealousy/ possessiveness/ comparison (animal remedies): Lach, Sepia, Crotalus, Apis, Cantharis, Lac can, Puls, NV, NM, Lyco, Hyos, C sulph, Sycotic co

& children in for the little sibling: Ign, Hyos, Sycotic co
 & between men: Lach, VA, Ars alb, Puls
 & irresistible: Apis
 & Comparison between women: Sepia
 & sexual: Lach
 & anger, with: Hyos

- Jestng:

& Trifles, with everything: Nux mos

& malicious: Ars alb

& erotic/ ridiculous/ foolish: Hyos

& puns, makes: Cannabis ind

& making fun of somebody: Lach

& inappropriate humor, D to do something facetious: Cactus

& aversion to: Thuja

- Joy: Coffea cruda

& insomnia, from: Coffea

& misfortune of others: Ars alb

- Judgement/ discernment, lack of: Alumina, Conium, Hepar

- Jumpng:

& Girls lively, restless, cheerful: Crocus sat

& sudden mood swings: Crocus

- Kicking: Cina

- Kicks and cross: Sanicula

- Kill, D to (wants to finish the disease/ condition): Merc sol

& kill anyone who contradicts him: Merc sol

& killed, D to be: Phytolaca

- Kleptomania: Curare

& Sweets, steals: Mag mur, Nat carb

& paralysis, with: Curare

& epilepsy in boys, with: Art v

& attractive things, for, in children: Staph

& money, steals: CC

- Knowledge, D for: Sulphur

- Lamenting: Ham

& crying, with: Bufo

& because he is not appreciated: Calc sulph

& wailing due to pain/ disease: Lach

& fever during; anxious, heat of the body, except hands: Puls

- Lasciviousness: Phos, Hyos, Lach, Bufo

& looking at women on the street: Fl ac, Pic ac

& Women: Sepia

& overwhelming sexual erethism: Fl ac

- Laughing: Hyos

& giggling, childlike: Bufo

& laughs when looked at: Lyco

& laugh at others misfortune: Apis

& reprimands, after: Graphites

& every word of others: Cann ind

& everything at: Nux mos, Blatta

- Lazy/ Indolent: Puls, Tanacetum

£ Bary carb: Persistently

£ Sulphur: Neglects family in favor of his hobbies, gets animated when he is pursuing an interest

- Learning, D to: Graphites, Lyco, Sulph
- Lewd: Fl ac, Caladium
- Liar: Morphinum, Opium, VA

& Does not know what he is saying: VA

- Libertinism/ freethinker: Fl ac
- Light, desire for: CC, Gels, Stram, Bell

& < bright light: Colchicum

& < gaslight/ artificial light: Glonoine

& sunshine, society and mankind: Grindelia, Stramonium

& delirium in: CC

- Light, A to: Conium
- Litigious: Causticum
- Loathing:

& waking, on: Lach

& must restrain herself from self-injury/ suicide: Nat sulph

- Looked at, evading to look of another person: Agaricus

& Looking down, when looked at: Agaricus

& Laughs, when looked at: Lycopodium

& Cannot bear to be looked at: Antim tart. Antim crud

& looking in all directions: Calc, Puls, K brom, Tarentula

- Longing:

& good opinion of others: Palladium

& definite opinion of others: Silicea

& great things, to do: Cocaine

& rest, repose/ tranquility: NV

& sunshine, society, good times: Stramonium, Grindelia

- Loss of identity: Carc, Folliculinum (when carc does not work)
- Lost/ disoriented: ACTH
- Loquacity: Hyos, Lach (sexual repression, from), Natrum (thyrotoxic)

& unimportant, non-related, sexual topics: Hyos

& without answering the question, that has been asked: Agaricus

& talks in questions: Aurum

& during fever: Pyrogen

& until exhausted: Nat carb

& change subjects: Lach
& talk in their sleep: Ambra grisea
& changes subject quickly; when excited: Lach
& open-hearted: Bovista

- Love affair with deathly things: Syphilinum
- Love for forbidden things: Medo
- Loved, needs, physical contact: Puls
- Love for animals: Medo
- Ludicrous, everything seems: Nux mos, Blatta
- Lustful: Hyos, Bufo
- Magnetized, D: CC, Phos
- Malicious/ vindictive:

& anger, during: Capsicum
& children, in: Androctonus
& hatred of persons who had offended him, unmoved by
apologies; long after insults: Nit ac

- Mania/ schizophrenia: Hyos
- Meddlesome/ Importunate: Hyos, Atropine, Alumina
- Miserly: Ars alb (for others), Lyco, Sepia
- Mistakes

& Talking, while : Causticum
& Writing, while : Causticum

- Moaning: China ars

& every breath, at: Belladonna

- Mocking/ Mimicry/ Imitation: CV, Lach, Tarentula, Cuprum
- Monomania: Ignatia, Silicea, Aloes, Absinthium (and others)
- Mood changeable: Valeriana
- Mood, repulsive/ Impatience/ Can't tolerate interference: NV
- Moodiness: Phos, Ign, Zizia, Valeriana, Cortisone
- < morning: Lyco

- Mutism, taciturnity (will say nothing): Lyco
- Mysticism: Anhalonium, Medo, Calc, Agrimony, Camphor, Lach
- Nail biting: Morgan gaertner
- Naked, wants to be: Hyos
- Nature loving: Medo
- Neglected his duty: Cyclamen
- Neglected, he is: Palladium, Arg nit
- Nursing, D for: Sanicula, CP
- Nurturing/ Sensuous: Puls
- Obsessive: Aurum

& Past: Aurum

- OCD: Medo
- Obstinate: Ars alb (more will power & confidence), Silicea, Sanicula, Alumina

& But appears amiable: Palladium

& Children, yet cry when kindly spoken to: Silicea

& Children, fat inclined to grow (all the more increasing obstinacy): CC

& children, chilly, refractory, clumsy: Caps

& Hysterical, obstinate, self-willed girls, needs to have her every whim gratified: Moschus, Asaf, Ignatia, Valeriana

& Weeping, with: Ignatia, Sanicula

- > Occupation: Lil tig
- < Offended by the slightest word: Angustura, Palladium
- Optimistic, sees everything in a positive light/ brighter side: Phos
- Orientation, sense of, decreased: Alumina, Glon, Nux mos
- Over-study induces nervous exhaustion: Anac
- Over-sensitive: Aurum, Bary carb
- Overwhelm/ Burnt out: Pic ac, Proteus
- Naïve simplicity: Bovista, Bary carb
- Nervous: Phos ac
- Paralyzed, as if about to be: Syph

- Paranoia: Hyos, Lach, RT, Ars
- Peace-maker: Puls, Phos
- Perfectionist: Natrum
- Perplexity, puzzled: Ignatia
- Persists in nothing: Sanicula, Sulphur, Kali-sil
- Pert (friendly boldness): Palladium, Spongia
- Pities herself, sick, desires to show: Tarentula
- Please, trying to: Puls, Natrum
- Pompous, he is very important: VA
- Postponing: Medo
- Positiveness: (no negative shade)
- Practical security over emotional satisfaction: Ars alb, NV
- Prays a lot: Aurum, VA
- Prejudiced, traditional prejudices (also when they think it's in their family): Calc, CV, Lach, Lyco, Platina, VA
- Procrastination: Tanacetum
- Prostration, fag, exhaustion, fever after: Anacardium, Selenium
- Proud: Lach
- ~ Puls: Ranunculus acris
- Quarrelsome: KC, Senega, C sulph
- Quick to act: Lach
- Rebellious teens/ youths: Lach
- Recognising the reality and endures it, care for others in extreme level: Cocc
- Red color, loves: Tarentula
- Refinement, excessive: Ars alb, Sepia, Silicea, Ignatia, China
- Refinement, lack of: Bary carb
- Refuses to take the medicine: Hyos
- Religious: Aurum, VA, Lach
- Religious turn of mind: Hyos, Plat
- Reprimands/ admonition, agg: Carc, Puls
- Reproaching oneself, from indulging in sexual fantasies: Staphysagria
- Reserved displeasure: Staphysagria, Nat mur, Ipecac
- Responsibility

inability to realize: Fl ac

- Rest, cannot, until things are in their proper place: Argentum, Arsenicum, Calc-f, Carc, Dioscorea, NV, Sepia, Staph, Sulph, Thiosinaminum
- Restlessness, with apprehension, which makes it impossible to keep still; if doesn't move, gets violent impulses: Iodum
- Restlessness: China ars, Sac alb

with respiratory complaints

drives from place to place: Prunus spinosa

- Restlessness, waiting during: Histaminum
- Respect, wants: Hamamelis
- Reveals secrets: Hyos, Agaricus
- Reverence for others: Ham
- Rigidity / fixed people: Proteus, Thuja
- Rocking, D for: Cina (very fast), Cham (while being carried), Sanicula (shrieking before urination)
- Rudeness: Palladium, China

& children in: Saccharum album

& appears amiable: Palladium

- Sadness

& from continence: Bell, Conium, Hyos, Stramonium

& conscience, as if he had committed a bad action or not done his duty: Cyclamen

& pollution / night-falls, from: K brom, NV, Ham

& slight, from an, undeserved: Ham, Arg nit

& respiratory complaints, in: Lobelia, Sep

- Scorn: Aurum, Natrum, Hamamelis, Staphysagria
- Secretive, won't tell anyone about their problems: Phos, Sep, Ignatia
- Seductive: Phos, Ign, Nat mur
- Selfish / self-obsessed: Ars alb
- Sensitive

& caring, yet detached: Sepia, Silicea
& crying of children: Caust, Phos, Positron
& Sensitive to external impressions: Phos
& Due respect, needs; old people: Hamamelis

- Seriousness/ lack of spontaneity: Aurum, Natrum
- Sexual/ violent impulses: Hyos, Plat, Alum, Lach
- Sexual exhibitionism with violence when opposed: Hyos
- Sexual perversions: Medo
- Sexual torturers: Cenchris contortrix
- Shameless: Phytolaca, Hyos, Phos, Tarentula, Palladium, Medo
- Shares freely: Phos
- Shares, only with her most special friend: Puls
- Shock feeling from cancer diagnosis: Loganacea family
- Show off, avoids: Silicea
- Shyness: Bary carb, Silicea

£ Only in the beginning, until she gets familiarized: Silicea

- Slander, disposition to: NV, Hyos, Anac, Am-c, Bell, Borax, Ipec, Lyco, Nit-ac, Petr, Sepia, Stram
- Smiling, when talking of her serious symptoms: Arnica
- Smiling, never: Alumina
- Social animal: Phos, Apis
- Sociable: Apis
- Spaced out feeling: Medo
- Speech, corrects pronunciation, grammar etc.: Ars alb
- Spiritually inclined: Lachesis
- Squanders money: VA
- Stalkers: Lachesis
- Striking/ biting: Tarentula
- Stubborn: Bary carb, Sil, Proteus
- Suicidal: Carbons, Aurums, Nat sulph

& sadness, with: Nat sulph

- Superstitious: Phos

- Survivor's guilt, exhilaration of survival alternating with grief (why me?): Opium
- Suspicious: Lach, Hyos, RT, Ars, K brom
- Sympathetic: Phos
- Sympathy, D for: Ham
- Taciturnity, mutism: Lyco
- Talks highly of self: Ver vir
- Talking, pleasure in his own talk: Nat mur, Stram, Paris quad
- Threat, constant; something is going to happen suddenly; ever ready to strike back: Nit ac
- Timidity: Puls, Silicea
- Trifles, with everything; even serious diseases are taken lightly, as they cannot bother him: Alumina
- Torments everyone with his complaints: Zincum
- Tormented about her salvation: LT, Lyco, Sulph, VA
- Tormented by a frightful image of the past: CC, Spongia
- Tranquility, in hemorrhage; when people who are disrespecting him and they move away, he feels in peace: Ham
- Traveling, D for: Sanicula
- Trusting: Phos
- Undertaking things, opposed to his intentions: Agaricus, Phos, Sepia
- Unfeeling: Anac
- Ungrateful: Lil tig
- Unreality: Alumina (loss of ego), Camphor, Medo, Cann ind, Phos ac
- Vanity/ Pride: Palladium, Platina, Nux vom, Ver alb

& feels his own importance / pompous: Sulphur, VA

& foppish / elegant / dandy: Platina, Palladium

- Victim feeling: China
- Violence, sudden: Tarentula
- Violent impulses, with mental confusion: Alum
- Visions, ecstatic, like she is the bride of jesus: Platina
- Visions, obscene: Hyos
- Waking, on: Lyco

- Washing hands compulsively / cleanliness freaks: Medo, Syphilinum
- Wealth/ prestige, love for: Ars alb
- Weeping, involuntary: Aurum, Alum, Sepia, Puls
- Weeping, gentle: Puls, Medo
- Weeping, heavy sobbing: Ignatia, Natrum
- Weeping, when telling her symptoms, repeating same symptoms: Medo
- Weeping at menopause/ old age: Sulphur
- Weeping, with difficult respiration: Ant-c, Coca, Thuja
- Withdraws into silence: Natrum, Aurum
- Workaholics: Aurum, NV
- Worrying: Aurum, Lach, Cocc

Trifles: Bary carb

MITRAL REGURGITATION

Kalmia

MOLES

Carcinocene; Thuja

- Chin : Rad brom

MONGOL CHILD/ NO BRAIN DEVELOPMENT

- Medorrhinum
- Carcinocene

MOOD

- Alternation of happy / hopeful with sad / depressed state: Sulfonal

- Changeable: Coff, Croc, Ign, Nux m, Phos, Sulfonal
- Sad, anxious: Antim, Aur, Nat c, Nat m, Nat s

< Morning: Nat s

- Ecstatic love: Antim
- < Menses, before: Puls
- Sentimental, moonlight: Antim
- Slightest thing affects her: Antim, Ign, Puls

< MOON, NEW/ FULL

Streptococcinum

< MORNING

Aloes, CC, Hep, Lach (waking up), NV, Nat s, MAP

> MORNING

Aur

MOSQUITO BITES

- Eucalyptus tincture, 1:10 with water, 3-4 times a day with Caladium 30C, internally

MOTION

- Agg: Aesc, Ars, Bell, BV, Bry, Calad, Cocc, Colch, Dig, Ign, Ipec, Led, Lob, MP, Medo, Mez, Tarentula, Spigelia, Phytolaca
- Amel: Arn, Brom, RT, Ruta, Dios, Dulc, Ferr, Ranunculus acris
- Constant L arm & L leg : Apoc, Bry, Hell
- Constant, legs, arms, trunk : Tarentula

- R arm, L leg : Tarentula
- L arm, R leg : Agaricus
- > Motion in open air : RT, Puls, Dulc
- > violent : Sepia
- < least : Ver alb
- < : Streptococcinum; Colchicum; Bryonia, Ferr phos, Gettysburg; Oxal ac
- > change in position : Nat sulph; Ars alb
- > continued motion : Mandragora; Teucrium; RT; Kali iod
- < downward motion : Vipera

MOUNTAINS, LOVES

Syphilinum

MOUNTAINEER'S REMEDY

(High altitude remedy)

Coca

MOUTH

- Anus, tongue & sphincter ani paralyzed : MA
- Bad breath (when others notice it more than himself): Clem erecta
- Burning, wants to protrude the tongue to cool it: Sanicula
- Canker sores : Antim
- Chewing motion : Hell
- Continuous white froth from the mouth : MM
- Corners, sore, cracked, bleeding : Arum t, Hell

Malignant tendency, with : Cund

Refuses food : Arum t, MS

Sleeplessness : Arum t

- Dry hot : Bor
- Dryness great : Apis, Lach, Nux m, Lyco

Without real thirst & without actual dryness of the tongue : Nux m, Lyco

- Falling of lower jaw in fever : Lach
- Lock jaw prevents : Hyp
- Malignant affections with intense prostration : MA
- Moist with increased thirst : Merc
- Nursing sore : Hydr
- Ulceration/ Aphthous/ Stomatitis: Rhus glabra, Veronica; Cornus circinata

Deep perforating, black or dark base : MA

Salivation, with profuse : Merc

Recurrent chronic ulceration of the mouth & throat: Cornus circinata

- Indium : Corners cracked
- Ulcers : Rhus glabra
- Trifolium prat: Increased saliva
- Stomatitis, ulcerative : Nit ac, Hydrastis
- TMJ Pain : Angustura vera 30
- Sempervivum tec: Mouth ulcers malignant, tumors/ CA
- Calc renalis: Salivary stones
- Burning, violent; > drinking cold water : Acon ferr
- Cracking of mouth corners : Thlaspi
- Dropping of mouth corners : Agaricus, NV, Haliae, Tellurium
- Dry : Populus
- Dryness with thirstlessness : Bell
- Offensive odor, stomatitis, pyorrhea : Abelmoschus; Saussurea
- Saliva, sticky, frothy, scanty, viscid : Opium
- Salivation : Crot hor; Iris v
- Stomatitis : Hydrocotyle
- Taste, loss of; with coryza : Hepar
- Tumors, nodulated/ hard : Gallium apar

- White lines/ whiteness around : Cina, Aethusa, Sant

MUCUS

- Albuminous / frothy : Medo
- Constantly hawking to clear the throat : Nat c
- Flies out of the mouth while coughing : Bad, Chel, K carb
- Larynx, in : Arg m, Brom
- Small green bitter balls : Medo
- Thick white with coryza : LC
- Thick yellow green offensive : Nat c
- Tough stringy tenacious : Bov, Canth, Kali bi, Hydr
- Vagina after an embrace → sterility : Nat c
- Viscid : Hydr, Medo
- Throat, posterior nares, yellow : Nat carb
- Throat, posterior nares, white : Nat mur
- Flying out from nose/ mouth on coughing : Badiaga
- Stringy : Rumex; K bich ; Grindelia; Iris v; Silphium lac

MUCOUS MEMBRANES

CT, K bich, NA, Anemopsis cali

- Catarrhal affections, eyes/ ears : M dul
- Eyes/ nose : Euph
- Intestinal tract : CT
- Mouth dry : Bell
- Mouth, nose, rectum, anus, urethra, vagina : MA, NA
- Respiratory/ throat : Diph
- Swollen, dry, raw, burn : Aesc
- Rectum : Aloes
- Secretions ↑↑ : Dulc, MC
- Ulcerations : Bapt

MULTIPLE MYELOMA

Thalidomide; Cyclophosphamide

MULTIPLE SCLEROSIS/ TRANSVERSE MYELITIS

Ast rub; Carboneum sulph; Strychnine; Ferr pic; Ginkgo biloba;
Thallium met

- Gels
- Zinc val
- Thiosinaminum
- Plumbum iod/ Plumbum phos

MUMPS

- Bromium: L sided
- Pilocarpus
- Baryta carb
- Jaborandi 6X/30
- Trifolium pratense : Prophylactic

MUSCLES

- Inco-ordination, refuse to obey the will : Gels, K brom
- Lax : Op
- Overtaxed, burn & ache : Helon
- Prostration of the muscular system : Tabacum
- Rupture : Calen
- Shortened, as if : AM, Caust, Cimex
- Soreness, excessive, after skating, dancing, exertion : Actae racemosa
- Twitchings/ spasmodic contractions of a single set : Agar, Croc, Ign, Zinc, Stram, Lupulus 1X
- Twitching upper part of body : Stram

- Weakness following excessive use of opium/ tobacco : MA
- Inco-ordination : Gels, K brom
- Sarcolactic ac : Muscular prostration
- Strophanthus : Weak heart due to muscular debility
- Sulfonal : Muscular inco-ordination
- Thallium : Muscular atrophy
- RT/ Ars alb/ Coca : Muscular fatigue
- Formic ac: Muscular pain, due to auto-immune disease
- Arnica : Over-exertion of healthy muscles or normal use of weak muscles
- Ver vir: Hypertrophic muscular paralysis

MUSCULAR DYSTROPHY (DUCHENNE'S)

Veratrum viride

MUSIC/ DANCE

- Unbearable, makes her sad : Acon, Graph, Nat c, Nat s, Sabina
- Lively music makes her sad : Nat s
- Agg : Ambra, Graph, Nat c, Nat s
- Amel : Tarentula
- During menses : Nat c
- Rhythm, natural : Sepia, Phos
- Stiff while dancing : Kali

MYASTHENIA GRAVIS

- Curare





N



NAEVI

- Children : FA
- R Temple : FA
- Flat : FA

NAILS

- Biting, until fingers bleed : Arum t, Sycotic co, Amm brom
- Brittle : Antim c, Dios, Graph; Thuja, Alum
- Crumbling deformed : Antim c, Graph
- Cutting sensation under nails: Sars, Petroleum
- Deformed : Thuja, Antim crud
- Depressed as if bent: Medo
- Finger nails grow slowly : Antim
- Hangnails; skin around the nails dry & cracked : Graph, Nat m, Petr
- Ingrowing toe-nails: Teucrium mar ver

< slightest contact : NA

- Crushed nails grow in splits like warts : Antim
- Painful sore : Graph
- Paronychia, disposition : Dios, Hep
- Thick crippled : Graph
- Nat sulph: Suppurating places around the nails; with digestive disturbances
- Sulph: when she urinates, jumps from a sharp pain under the great toe-nail
- Osmium : Adhesion nail folds
- Black : Crot hor
- Pigmentation : Tetracycline; Silicea; Nat mur; Graphites; Anantherum mur
- Suppurative grooves : Teucrium mar ver

NAUSEA

Saussurea

- Concomitant : Nat sulph
- Fever & diarrhea, with : Trichosanthes
- < menses, during : Crot hor
- Vomiting &, from tobacco abuse : Ipecac
- Vomiting &, terminal Carcinoma stage : Cisplatin
- Attacks/ constant : Asar
- Clean tongue with : Asar, Sulph
- Closing eyes : Theridion
- Constant : Asar, Ipec, Lob, NV, Tabacum
- > Drinking/ swallowing cold water : Cup
- < Eating : Asar, NV
- > Eating : Lactic ac, Petroleum
- Faintness, with : Crocus
- Feels 'If I could only vomit, I would be so much better' : NV
- Menses during : Graph
- < Morning : NV, Petroleum

- Motion, least : Theridion
- Nervous women : Theridion
- Odor of cooking food, esp eggs, fish, meat : Ars, Colch, Sep
- > Open air : Tabacum
- Operations, after: Bismuth
- Pregnancy: Asar, Ipec, Lactic ac
- Rheumatic pain, with : Ipec
- < Riding in a carriage/ boat/ railroad/ car : Arnica, Cocc, Nux m, Theridion
- Saliva increased with: Ipec, Lactic ac
- Sitting up, on : Bryonia
- Smell / sight of food : Ars, Colch, Sep
- < Smoking : NV
- < Stooping : Ipec
- Tobacco after : Ipec
- Vomiting on least motion : Tabacum
- Vomiting and, before headache : Nat m
- < washing hands/ feet with water : Phos

NECK

- Emaciated: Sars, Abrotanum, Sanicula
- Stiffness : Cimicifuga, Macrostinum, Trifolium pratense
- Unusually weak : Nat mur, Lyco
- Weak, unable to hold the head up : Abrot, CP
- Stiff: Cimicifuga (specific action on neck) / Macrostinum / Bell
- Insulinum: Support neck, glands in neck etc.
- BC: Swollen glands at the nape
- Lachnanthes : Rheumatism
- Pain, > bending backwards : Lyssin, Mancinella; Cyclamen
- Sensitive to beed clothes/ tight clothes : Naja
- Short : K bich
- Stiffness, < motion : Variolinum
- Stiffness nape of neck : Parotidinum; Guaicum; Oleum; Juglans; RT
- Suppuration of glands : Insulinum

NECROSIS

- Theridion

NEONATE

- Asphyxia/ cyanosis, after a difficult labor : Laurocerasus
- Collapse pale child after a difficult labor : CV
- Cyanosis face or just lower lip: RT 3
- Cyanosis from atelectasis lungs/ Congenital heart disease :
Amm tart
- Large head : Medo
- Malnutrition : China
- Patent foramen ovale causing cyanosis : Lach
- Skinny with a bit of snuffling, under-weight, wrinkled, old-
looking : Syphilinum
- Speech center, lack of development : Nat mur
- Undescended testicle : Aur met 200-10M
- Urinary retention : Aconite

NERVOUS EXHAUSTION/ PROSTRATION

Gels, Medo, Nat m, Alumina; Silicea; Gelsemium; Carcinocene;
Thuja

- Tobacco abuse, after : Sepia
- After sexual debauches : Agar
- Excitable weak : Ambr., Asar, Bor, Calad, K brom
- → Melancholy : Coca
- Young girls, old ppl : Ambr
- Unmarried persons : Agnus

NERVOUS

Bov, Gels, Graph, Hyos, Ign, K brom, Lach, LC, MP, Medo, Nat c, Nat m, NA, NM, NV, Sep, Theridion, Tarentula, Phos ac, Guaco

- Choleric affections, entire body or R arm and L leg : Tarentula
- L arm, R leg affected : Agaricus
- Sensitive, plethoric women : Amyl, Arn, Bell, Caps, Glon, Ign
- Sensitive, nervous at puberty, during pregnancy and climacteric : Theridion
- Excitable, weak young girls : Ambra
- Mygale
- Scutellaria lat
- Theridion : Nervous hyperaesthesia
- Pathologies : Plumbum; Carboneum sulph
- Sensory nerves/ nerve receptors injured : Xanthoxyllum
- Slow development : Zincum
- Weakness : Avena sat

NEURALGIA

Cact, K bich, Kalm, MP, Medo, Mez, Zinc, Methylene blue

- Burning pains after zona : Mez
- < Cold air : MP
- Every day at the same hour : K bich
- Facial/ supre-orbital/ infra-orbital : MP
- Facial, L sided : Spig, Zinc val
- < Heat external : MP
- Intermittent, darting, cutting : MP
- Periodic orbital R side with excessive lachrymation, tears gush out : Chel, RT
- < Pressure : MP
- < Touch : MP
- Trigeminal : Zinc val
- Ars sulph

- Tongo : facial
- Niccolium sulph: Periodic
- Thallium
- Tilia eur : Eye neuralgias
- Zincum val
- L sided: Saponaria
- Acute/ trigeminal: Mag phos; Colocynth; Spigelia; Paris; Verbascum; Prunus
- Lancinating like electric shocks : Strychnine
- Osteosarcoma : Hekla
- Ovarian : Xanthoxyllum
- Numbness, with : Guaicum; Thallium
- R side face : Sepia
- Trigeminal : NSD
- Neuritis, peripheral : Carboneum sulph

NEUROBLASTOMA

Colocynthis

NEUROFIBROMATOSIS (ALTOGETHER)

Calendula; Gallium

- Morton's neuroma : Gallium
- Calc carb 200, every 15 days
- DNA 200, weekly one dose
- Sulph 6C, thrice a day
- Calc fluor 6X, four times a day

NEUROMA

- Traumatic/ idiopathic : All c, Calen

NEUROPATHY, SENSORY

Carboneum sulph

- Peripheral : Taxus bacc
- Sensory & peripheral : Cisplatin

NEWBORNS

- Cyanosed, dyspnoea : Laurocerasus

< NIGHT

Ars alb, Aurum, Bell, Con, Cup, FM, Graph, Hyos, Led, Merc,
Mez, NA, Thuja, Syphilinum; Ast rub; Guaicum; Niccolum

> NIGHT

Chel (after dinner), Medo (> sunset)

NIGHT-SWEATS

- Myosotis
- Pilocarpinum
- Populus trem

NIGHT TERRORS

CC, K phos

- Children : K brom
- Stram 6X / 6C
- Ignatia 200
- K brom

NIPPLES

- Cold as ice to touch during menses, rest of the body warm : Medo
- Cracked : Castor equi, Ratanhia, Eu par, Graphites
- Inflamed/ tender to touch : Cham, CT, Helon, Phyto

Menses, before & during : Con, Helon, Lac c

- Milk runs out in nursing women : Cham
- Milk runs out after weaning : Con
- Retracted: Hydr, Silicea, Sars
- Sore to touch: Medo

NODULES

Hippozaenium

< NOISE

Bell, Bor, MM, NV, Theridion, Tarentula

- Every sound seems to penetrate through the whole body, causing nausea & vertigo: Theridion
- < : Lach; Opium, Lyssin

NOSE

Teucrium mar ver

- Anosmia: Mag mur, Nat mur (with lachrymation, sweat on the nose)
- & Perverted smell: Zinc mur (restless/ anxious)
- & Sleepiness, with: Opium
- Bleeding from: Bry, Mill, Trillium, Melilotus

- Bleeding black tenacious, stringy, thready: Croc

Children who grow too rapidly: CC, CP, Croc, Phos

Cold sweat forehead, with: Croc

Wants to be fanned: CV

- Big: Nat carb, CC
- Blows constantly, without discharge; head heavy: Sticta pul
- Boils, crops; intensely painful; green fetid pus: Sec, Tub
- Bones

Swollen: Merc

- Catarrhal affections of nares, throat, pharynx from mercurial amalgam fillings: M dul
- Chronic nasal catarrh: Antim sulph
- Cold & pointed: Camph
- Cracks, sides: Sycotic co
- Crusts/ elastic plugs : Lyco, K bich, Teucrium
- Discharge

Acrid, nose/ lips raw : Arum t, All cepa, Lac can, M sol

Dirty, acrid, odor of old cheese : M sol

Green casts every morning : NA

Greenish tough lumps from post nares : M bin

Plugs/ clinkers : K bich, Lyco, Teucrium

Rough, ropy; green fluid mucus, in clear masses : K bich

⚠ Stoppage → violent pain from occiput to forehead : K bich

- Digging, boring & rubbing : Cina, Mar v
- Dripping only when eating : Trombidium
- Fan-like motion of the ale nasi : Lyco, Bromium
- Hay fever : Nat m
- Herpetic eruption : Aethusa
- Obstruction : AC, Arum t, Samb, Sinapsis nigra, Iodum (with HT)

Alternating sides: Sinapsis nigra

One nostril stuffed up, other free & discharging : LC

Night agg, must breathe through the mouth : AC, Lyco,
NV, Samb

R nostril : Teuc, Alum, Lyco

R nostril or R → L nostril : AC, Bor, Brom, LC, Mag mur

L nostril: NV, K bich, Sinapsis nigra

- Mucus, profuse; hawking from posterior nares: Antim, Nat c
- Oversensitive nerves: Asar
- Picking at it, until it bleeds: Arum t, Hell
- Pigmentation/ rash, butterfly : Carbo an, Sep, Syphilinum
- Pointed: Ars alb

NASAL POLYP

- Kali nit : < R nostril
- Sang nit 3X
- Lemna minor tincture
- Teucrium mar verum CM
- Merc bin iod 3X
- Kali nit 3X
- CC
- Nit ac
- All cepa
- Phos
- K bich
- Thuja
- Polyp, mucus, R nostril; large enough so that the nose starts distending: K nit
- Sycotic co
- Post-catarhal affections: Medo
- Pressive pain at the root: K bich

& forehead: Sticta

- Mucus cold, from posterior nares: Sinapis nigra, Hydrastis
- Mucus Profuse: Hydrastis, Cor r
- Mucus Thick: Hydr, Cor r, Nat c
- Red tip: Bor, Vinca minor
- Rhinitis: NV
- & Allergic/ hay fever: Dulc, Psorinum, Naja, Wyethia
- Mucus Yellow: Hydrastis, Cor r, Nat c
- Mucus stringy: Hydrastis, Cor r
- Mucus yellow viscid from posterior nares/ fauces: Hydrastis
- Polyps: Teucrium mar verum, Hekla lava, Lemna minor
- Sinusitis: Ozone, Hydrastis, K bich, Merc, Cinnabaris, Merc sulph
- Smell, loss of, with green catarrh: Sycotic co
- Sneezing on waking, one nostril coryza: Aur mur
- Snuffles: Elderberry / Sambucus
- Tension root of the nose: Meny
- Thick yellow green offensive, musty hard discharge; > eating/
meal: Nat c
- Ulceration septum; bloody discharge or large flakes of hard
mucus: Alum, K bich, Sep, Teuc
- Ulceration septum, Chronic coryza: Fl ac, Hippozaenium
- Obstruction : Elaps
- Red-tipped in old drunkards : Lach, Ledum, Agaricus
- Bleeding : Mill
- Anosmia : Aurum met (offensive smell from the nose), Sang nit,
Sticta, Arnica, Silicea, All cepa
- Post-COVID loss of smell: Medo
- Arundo : itching with catarrh
- Hippozaenium : ozaena
- Lemna minor : Rhinitis
- Tongo : Blockage
- Triticum rep : Nose-blowing constantly
- Trombidium : Nose-drip
- Millefolium
- Blocked, R : Teucrium
- Blows constantly without relief : Teucrium mar ver; Hepar
- Boring : Helleborus

- Crusts, large, offensive : Teucrium
- Dryness : Teucrium
- Epistaxis : Ferr pic; Vipera
- Epistaxis, when nursing the child, yet weaning brought no relief : Vipera
- Fan-like motion : Amm gummi
- Icy : Cedron
- Infections : Hippozaenium; Silicea
- Itching causing sneezing : Hepar
- Loss of smell with coryza : Hepar; Teucrium
- Offensive discharge : Hydrocotyle
- Perspiration : Tuberculinum bov
- Post-nasal dripping : Corallium rub
- Runny : Justicia; Ocimum can; All cepa; Aralia; Capsicum
- Saddle across the nose : Carbo an, Chelidonium, Ictod, Lycopodium, Opium, Sanicula, Sepia, Sulphur, Syphilinum, Trillium
- Shiny : Borax, Aur-m-nat, Bell, Calc, Cantharis, Cinis-p, Sulphur, Hydrastis, Iris, Merc, Mezereum, Ox-ac, Phosphorus, Peti
- Smells like honey / tastes like honey : Apocynum
- Stuffed up : Teucrium; Eucalyptus
- Sunken (syphilitic) : Aur-m, Antim-tart, Aurum, Hepar, Merc, Psorinum, Silicea, Syphilinum
- Tumors (wings) : Bromium, Mag mur, Thuja, Teucrium

NOSTRILS

- Crusting, with dryness and constant sneezing: Sang nit
- Fan like motion of alae nasi : Brom, Antim t, Lyco
- Mucus polyp, R nostril: K nit
- Red ulcerated: M sol
- Sore, cracked, crusty: Antim, Bor
- Squirring sensation as of a small worm < heat of summer / sun: Nat m

NUMBNESS

- Cold, on becoming: Sumbul
- Fingers frequently & easily: Dig
- L sided : Xanthoxyllum
- Pain, with : Kalmia; Syphilinum
- Pain, with, but marked numbness L arm/ hand : Naja
- Persisting after a blow injury : Xanthoxyllum
- Weakness/ exhaustion, with : Oxal ac

< NURSING

Ars, Arg n, CT

NYMPHOMANIA

- Origanum
- Murex

NYSTAGMUS

Physo





O



OBESITY/ CORPULENCE

AC, Antim crud, CC, Caps, Graph, K bich, K brom, K carb, LD, Lob, Thuja, Sulphur, Carbo veg, Helianthus; Ichthyolum; Nyctanthes; Glycyrrhiza; Tub d; Ast rub; Sycotic co

- Children : Saccharum off
- Diabetes mellitus, with : Syzygium
- Early menopause with early OA changes : Oophorium
- Hypertension, with : Viscum album
- Laziness, with : Saussurea
- Moon face, swelling back of neck (buffalo hump): Cortisone
- Children : Calc, K bich, K brom
- Youth : CC
- Women : Graph
- Am m : Large body, buttocks with thin legs / Anger/ Grief/ Heel pain > rubbing
- Hydrastis : To fatten patients, treated with tuberculinum
- Carlsbad : Liver/ DM/ Gout / talkative, self content, uncommonly good humored

- Fucus ves : When CC fails, in mother tincture. Thyroid enlargement/ Goitre. Indigestion, obstinate constipation & flatulence
- Ferr met : In children also; with pale face/ anemia/ needs to lie down/ constipation
- Esculentine : Mother tincture / alternated with Phytoline
- Thyroidinum : Myxedema/ Edema/ Diuretic
- Phytolaca berry
- Phytoline
- Calotropis gigantea tincture 9 drops BD, with little warm water: After operations/ C-sections

OBSERVATIONS

- Head nodding : Sep
- Frequent winking : Staph
- Fidgety feet : Zinc
- Constant swallowing : Sabad
- No sweating: Nux mos
- Regurgitating : Lyco
- Mountain loving: Syphilinum
- Sea loving : Brom

OBSTINATE

Capsicum

- Children : Thuja

> OCCUPIED/ BUSY WHEN

CP, Helon, OA, K brom

OCD (OBSESSIVE COMPULSIVE DISORDER)

- Adrenalinum

ODOR

- < Odors : Ign
- Imaginary, as of herring or musk : Agnus
- Fetid, about the child : Bacillinum
- < odor of cooking food : Sepia, Ars, Cocc, Colchicum, Digitalis, Ipecac, Thuja
- Sour smell of the children : Hepar; Calc, Mag carb
- Sour smell of the child & stool : Rheum
- Foul: Pyrogenium, Carbolic ac
- Bodily odor : Guaicum; Hepar; Sul ac

OEDEMA/ DROPSY

AA, Apis, Apoc, Ars, Blatta, China, Dig, Hell, LD

- Abdomen : BC, Bell, Hell
- Abscesses/ cold swellings, slow to suppurate : Merc
- Abuse of quinine : FM
- Acute diseases, from : China
- Acute, serous membranes : Apoc
- Albuminuria, from far advanced : LD
- Bag like swelling under the eyes : Apis
- Bag like swelling over the eyes : K carb
- Brain of : Hell
- Brights' diseases with suppression of urine : Dig
- Cardiac diseases, from : Collin
- Chest of : Hell
- Exposure to cold : Dulc
- Fainting & organic affection of the heart : Dig, LD

- Feet, up to knees; ankle with unbearable pain when walking as from a sprain or a false step; ball of great toe; heels as if bruised : Led
- Fever & debility with : Hell
- Hands & feet with thirst : AA, Apoc
- Hands & feet without thirst : Apis
- Intermittent fever, following : LD
- Liver complaint, from chronic : LD
- Loss of vital fluids, after : FM
- Lower body semi dropsical with upper body emaciation : Lycopodium
- Post-scarlatina : Dig, Hell, Apis, Lach, Terebinth
- Suppressed eruptions, after : Dulc
- Suppressed exanthemata from : Apis, Hell, Zinc
- Suppressed intermittents : CV, China, FM, Hell
- Suppressed sweat, after : Dulc
- Suppressed urine with : Hell
- Tonsils/ fauces : CH
- Uterine soreness with : Conv

OFFENDED EASILY

Ign, Med, NV, Petr

OLD PEOPLE

Agar, Aloes, BC, Ferr phos, SC, Carbo an, Colch, Con, Eup perf, FA, K carb, Pop t, Alumen, Betonica; Saussurea

- Asthma : Coca; Senega
- Bronchitis : Hippozaenium; Senega
- Bronchitis (asthenic), with chronic interstitial nephritis or chronic emphysema : Senega
- Gastric/ urinary symptoms : Populus tremuloides
- Nervous tremors : Avena sat
- Quiet, do not talk much : Thuja

- Winter cough : Ichthyolum
- Aphthous sore mouth : Bor
- Bladder paralysis in old women : Equisetum, Pop t
- Cataract : Carbo an
- & Children : BC, Lyco, Mill, Op
- Childishness : Bary carb
- Cystitis with prostate issues: Pop t
- Dullness : Bary carb
- Feeble : Sec, Agar, Aloes
- Constipation : Alum, Lyco, Op
- Corpulent : Aur, BC
- Deafness : K mur, M dul
- Debility/ weakness : Conium
- Dementia : Bary carb, Sulphur, Lycopodium
- Diarrhea & weakness : NA
- Dyspnoea : Coca
- Gouty complaints, with : BC, FA, Colch
- Headaches : Iodum, Phos
- Injuries leading to gangrene : Sul ac
- Maids : BC, Bov, Con
- Prematurely old : FA
- Pulse slow : Gels
- Weak circulation, with : Agar
- Weak vision, with : Aur
- Prostatic affections, with : Con, Pop t
- Prostration with sweating : Aloes
- Relaxed, phlegmatic women: Aloes
- Retarding/ slowing old age: Thiosinaminum
- Rigid muscular fiber : Con
- Nervous affections, nerves worn out : Ambra
- Tired of life: Aur
- Venous plethora, blue cheeks/ lips, with : Carbo an
- Vertigo: Con, Thiosinaminum
- < weather, change of : Senega, BC
- Ichthyolum: winter coughs/ bronchitis
- Ferr phos: old people in general
- Kali salts: Stiff joints

- Causticum: Stiff joints
- Bellis: Giddiness
- Conium/ Curare: debility/ vertigo
- Corydalis: Scabs on the face
- Hippozaenium : Bronchitis
- Thiosinaminum : Retards old age
- Rhus aromatica: Bladder weakness
- Bryonia : Constipation with vertigo, slight rheumatism

OPEN AIR

Ameliorates : Acon, Allium cepa, Alum, Antim, Antim t, Apis, Arg n, Folliculinum, Iodum, Kalis, Mag c, Puls, Sab, Nat m, Nat s, Tarentula, Tabacum, Streptococcinum; Thlaspi

- Aggravates : Caps, Cham, China, Coff, Cycl, K bich, Kreos, Nat c
- > walking in the open air: Naja, Puls, Ferrum

OPERATIONS/ SURGERY

- After : Calen, Led, Ham
- After iridectomy : Led
- Clean surgical cuts : Calen
- Distension after : Carbo an
- Hiccoughs after : Hyos
- Bleeding, after : Stront carb
- Pain remains, after : Bellis per
- Shock after : Stront carb

OPHTHALMIA

- Cornea opaque : BC
- Neonatorum : Arg n, Calc sulph
- Profuse purulent discharge : Arg n

- Lids swollen agglutinated, morning : Arg n, Apis, MS, RT
- Scrofulous : BC

ORCHITIS (TESTICULAR INFLAMMATION)

- Puls
- Ham vir
- Spong

ORGANS

- Atrophy/ degeneration : X-ray
- Congenitally deformed/ atrophied : Syphilinum

ORPHAN REMEDY

Mag carb, Mag flour

OSTEOARTHRITIS

- Osteophytes on an X-ray: Hekla lava 0/3
- Stillingia

OTORRHOEA

(see Ears): Aur, M dul, M sol

- Fetid discharge : Aur

OVARIES

Gossypium herb

- Cancer : Aloe vera; Carboplatin; Taxus bacc

- L : Apium g
- Neuralgia : Xanthoxylum
- Tumors : Platina; Carboplatin; Palladium
- Cysts: Medo
- L side, pain, < during menses, walking or riding, must sit or lie down : Crocus, Ustilago, Thuja, Zizia
- Ovaritis : Apis, Bell, Lach, Iodum
- PCOD, Infertility, Amenorrhoea : Macroton, Medo
- R side : Iodum
- Palladium: R ovary
- Naja: L ovary, neuralgia; pain L groin, post-operative cases
- Apis: R ovary; cystic tumor of the ovary; hot pat, obstinate constipation, serous growth, 3 pm agg
- Vespa: L ovarian tumors with frequent burning micturition, PCOD, intense burning sensation, L ovary ~ Apis
- Naja: L ovary tumors with heart complaints, drawing sensation between ovary and heart
- Colocynthis: Cystic round tumors; pain, wants the abdomen supported by a bandage
- Iodum: R ovary cysts; pressing pain from the R ovary to the uterus
- Kali brom: Nervous uneasiness with ovarian cysts
- Podo: R ovary pain/ R sided ovarian tumor
- RT : R > L; Skin, mucous membranes and fibrous tissue
- Lachesis : Cancer
- Oophorinum 30C, intercurrent remedy, few doses, every month : Cyst
- Oophorinum 30C: After ovariectomy to counter its side-effects
- Temozolomide 9C: Specific
- Zizia: L sided cyst
- Zincum val: Neuralgia, 30C, pain from ovaries all the way to the foot
- Folliculinum 30 M & Oophorinum 30 E X 7 days: Irregular Ovulation
- Ovarian malignancy with H/O injury: Psorinum
- Brachyglottis: Ovary with kidney involvement, fluttering sensation, as if something rolling about

OVER-ACTIVITY/ UNUSUAL ACTIVITY OF MIND & BODY

Coffea

OVER-SENSITIVE

Anac, Aur, Bell, Canth, Cham, Coff, Hep, LC, Lyco, Medo, Nat c, NV, Op, Tarentula, Staph

- Bad manners : Colch
- Coffee/ narcotics, use or abuse of : Cham, NV
- Cold air : Camph, Hep, Kali mur, Psor
- Every harmless word offends : Ign, NV, Staph
- Finger-tips : Tarentula
- Heat & cold : Ipec
- Light : NV
- Mentally & physically : Hep
- Music : Nux m, NV
- Nervous system : China
- Noise : Asar, Calad, Colch, FM, Ign, MM, Medo, NV, Tarent, Ther

Crackling of paper drives him to despair : FM, Tarent

- Odors, strong : Colch, NV
- Open air : Cham, China
- Pain : Acon, Cham, China, Coff, Ign
- Pain, taste, touch, smell, hearing : Anac, Aur, Bell, Cham, Coff, Op
- Reprimands : Bary carb
- Sacrum, can't bear the slightest touch, even of a soft pillow; sits leaning forward to avoid contact with clothes : Lob
- Senses, all : Cham; Nux; Val
- Trifling ailments are unbearable : Cham, NV
- Touch : China, Colch, Lach

OZAENA

AC, Aur, NA

- Bloody nasal mucus : AC
- Fetid discharge : Aur
- Green casts every morning : NA
- When stooping, mucus discharge : AC



P



PAINS

- < 4-8 pm: Lyco
- Burning: Ars, Canth, Caps

- > Heat : Ars
- Neuralgic pains after zona: Mez

- Burning stinging, sore: Apis, Canth
- Cancer: Ornithogalum
- < Change of temp/ weather: NA
- Cheerful during pain: Spigelia
- Coition after: Arg n
- < Cold: Colch
- Come suddenly, cease suddenly: Bell, CA, Eup perf, Eup purp, Ign, K bich, MP, NA
- Come gradually, go gradually: Syphilinum, Stannum
- Comes gradually, ceases suddenly: Puls, Sul ac
- Conversation, aversion to, with: Dioscorea

- Constant pain along the lower & inner angle of R scapula: Chel, KC, MS
- Constant pain along the lower & inner angle of L scapula: Chen
- Constricting sensation with: Cact, Iod, MP, Medo, Sulph
- < Coughing: Bry
- > Coughing, walking, changing position: Apis
- Cramping in neuralgic affections of stomach, abdomen, pelvis: Caul, Colo, MP
- Darting/ lightning: Cact, MP
- Depression, lead to: Sarsaparilla
- Despair, drives him to: Acon, Aur, Cham, Coff
- Drawing, tearing: China, Colch, Cycl, Lyco
- < Evening: Cham, Lyco
- Intermittent/ paroxysmal/ spasmodic: Caul, MP
- Intolerable, drive him crazy: Acon, Aur, Cham, Coff
- Electric like pains, sympathetic with ovarian or uterine irritation, dart from side to side: Act rac
- < Eructations: Cham
- → flushed face: FM
- Gnawing here & there as from ulcers forming: NA
- < Heat: Cham
- Impatience from pain: Cham
- Insensitive to: Opium
- Insupportable during repose, must get up & walk: MC, RT
- Intolerable pains: Cham
- Knife-like, sharp, cutting: Hydr, MP
- L → R: Colch, Lach
- Lancinating/ cutting/ burning: Carbo an, Con
- < Lying on affected/ painful side: K carb, Lyco
- Medicine, half a tablet, bargaining: Bry
- < Motion: Bry, NV
- < Night: Aur, Bry; Syphilinum; Phytolaca, Merc
- Numbness of the affected part, with: Acon, Cham, Kalm, Plat
- Oversensitive; can't bear pain: Arnica, Aconite, Aurum, Chamomilla, Cantharis, China, Coffea, Ignatia
- Painlessness; complains of nothing, wants nothing: Opium, Stramonium

- Periosteal: AC, Dios, Sil
- Position, must change: Syph
- > Pressure: Caps, China, PA
- R sided, mainly: Lyco
- > Rest: Bry
- < Rest: K carb
- Restless, during pain: Cham
- Sensitive to: Cham
- > Shaking the part: Fl ac
- Shifting pains: Apis, Caul, K bich, K sulph, Kalm, LC, LT, MP, Puls, Syph
- Short attacks: Bell
- Shooting like lightning shocks → whole limb

L hip → L thigh → L knee → L popliteal fossa: Colo, MC

R hip → R thigh → R knee → R popliteal fossa: Gnaph, MP

- Shooting ↓↓: Cact, Kalm
- Shooting ↑↑: Led
- Shoulder

R: Chel, K carb, MS

L: Chen, Led

W & R hip joint: Led

- < Sleep during: NA
- Small circumscribed spot: Ign, K bich, LT
- Sticking, darting, pressing: Kalm
- Sticking, pricking as from splinters: NA
- Sticking, tearing, throbbing: Led
- Sticking tingling hard aching: NV
- Tearing, stitching: BA, Bryonia, KC
- < Touch, slightest: China, NV
- Uncivil, rude, snappish during pain: Cham

> Warm weather: Colchicum

- Weakness, with excessive: Canth
- Without symptoms, concomitants : Procainum, Penicillin 200
- Numbness with : Conium, Platina, Cham
- Stitching < rest; lying on the affected side : K carb
- Stitching > rest; lying on the affected side : Bryonia
- Pain goes to the uncovered part, when the affected part is covered : K carb
- Fainting from pain : Hepar
- Stinging : Apis, Merc
- Flying, from one part to the other : Kali bich, Puls, Lac can
- Oxalic ac : violent pain in spots
- ABC Combination remedy : Acon-Bell-Cham 1X/ 3X : Violent pain and sleeplessness
- Ascending type : Hypericum
- Burning, > cold application : Nyctanthes
- Carcinoma : Cinnamomum
- Comes & goes quickly, throbbing : Belladonna; Solanum
- Comes gradually, goes suddenly : Sul ac
- Flying : Dioscorea; Amm mur; K bich
- Hold their breath to get rid of pain : Agrimony; Belladonna
- Increase/ decrease gradually shifting , requires frequent change of position : Syphilinum
- < Motion, pressure : Hamamelis
- Numbness, with : Kalmia; Syphilinum; Thallium met; Plumbum
- Painlessness : Opium; Veratrum album; Podophyllum; Insulinum; Antim crud
- Pinching without pain : Xanthoxyllum
- Polyuria during : Lac def
- Remaining after operations; pregnancy; fibroids : Bellis
- Screaming with pain & F death : Latrodectus
- Spots, in : Ignatia
- Stabbing : Sempervivum

PALMS, HOT/ SWEATY

Tub av

PALPITATIONS

Amyl nit; Gelsemium; Collinsonia; Lycopus

- Eating, while : Mandragora
- Eructations, > : Nat nit; Carbo veg
- Excitement/ exertion, on : Coca
- Nervous : Avena sat
- Tobacco abuse, after : Phosphorus
- Anal fistula, with: Cactus
- Bearing down sensation in the abdomen, with: LT
- Chronic nervous, esp after public speaking with choking & inability to speak: Naja
- < eating after: LT
- Emotion, slightest causes: Calc ars, Lith c
- Face, felt in the: MA
- Fluttering, faint, hurried during: LT
- Heat strain, from: Coca
- Incarcerated flatus, from: Coca
- Least motion, from: Act rac, Dig
- < Least exertion: Iod, Dig
- < Least mental exertion : Cal ars
- Overexertion, from : Coca
- Menses, beginning of : Cact
- < Lying on either side : LT
- < Lying on L side : Cact, Lach, LC, Tabacum
- > Lying on the R side : Tabacum
- Night, wakes him up, > flatus, eructation, motion: Morgan g
- Nervous: Valeriana, Sumbul
- Old maids : Bov
- Piles & indigestion, with : Collin
- Rapid but weak heart's action : Collin
- Sitting while : MM
- Tendency: Lach
- > Turning to R side : LC, Tab
- Violent : Aur, Glon

- Visible beating of the carotid/ temporal A : Aur, Bell, Glon
- < Walking/ Moving about : Cact, Gels, MM
- Phaseolus
- Moschus : Nervous palpitations
- Nat carb : night, ascending, lying on the L side
- Lac can : < lying on the L side, > turning on the R (Tabacum)
- Adrenalinum

PANARITIUM

AC

PANCREAS

- Bell : Acute hemorrhagic pancreatitis
- Iris v : Pancreatic ailments
- Burning, extreme : Pancreatinum
- Carcinoma, head of pancreas : Parotidinum
- Carcinoma : Fluorouracil

PARALYSIS

KC, Cocculus; K brom; Thallium; Alumen

- Agitans : Avena
- Complete : Flour ac
- Extremities, upwards : Grindelia
- Hemiplegia : Strychnine; Vipera
- Lower limbs : Conium; Guaco
- Neurological symptoms & vertigo : Sulfonalum
- Paraplegia : Xanthoxyllum
- Tumors, with : Conium
- Weakness, paralytic : Cocculus
- Tumors & gangrene, with : Diphtherinum
- Bladder (See Bladder)

- Diphtheria, after/ post-diphtheritic : Caust, Diphth, Gels
- Downwards to upwards: Vipera (GB Syndrome)
- Dry cold wind, exposure, from : Caust
- Exhausting diseases, from: Caust
- Eyes, open with : Arnica, Nux vom
- Gradually appearing : Caust
- L side : Arn
- Lower limbs: Thallium
- Motor paralysis, entire: Gels
- Numbness with : K brom
- Organic lesions, from: Medo
- Partial/ complete: Op
- R side: Caust
- Sensation, arms, legs, spine: Aesc
- Sexual excesses after: Nat m
- Single parts: Caust
- Severe mental shock, from: Caust
- Tongue : Cup
- Typhoid, after: Caust
- Rhus radicans : Lower extremities
- Apis : After bad news, emotional stress
- Caust : Quinine/ chronic malaria
- Acon : Acute attacks with formication/ numbness/ swollen feeling
- Gels : Loss of muscle power(single/ in group)/ Peripheral neuritis
- Arg nit : Paraplegia simple from exhaustion
- Sulphur : Not very well indicated in far advanced cases with sclerosis / softening of the cord or from chronic inflammation of the meninges ; paralysis with total retention of urine and numbness extending up to the umbilicus. Give persistently for some time for cure.
- RT/ Sulph : Children from exp of the back to damp cold
- Curare : Paralysis of respiration
- Opium : paralytic ileus/ intestinal obstruction
- Lyco : Early cases paralytic ileus
- Conium : from below upwards

- Elaps : R sided paralysis
- RT/ Sulphur/ Causticum : From cold
- Nat carb : swallowing; bowels; L lower extremity with tingling
- Aragallus
- Guaco : Extremities, due to blood extravasation into the spine
- Arnica 1X : Traumatic paraplegia (20 drops)
- Plumb iod : Sclerotic degenerations, esp spinal cord
- Xanthoxyllum : Hemiplegia

PARKINSON'S DISEASE

- Oxytropis : Walks backwards, wants to be alone, < morning, pain L sciatic nerve

PAROTITIS

- Rhus tox : L sided, < night, dark-red swelling with tendency to erysipelatous inflammation
- Bromium : L side

PAROXYSMAL SYMPTOMS

Tabacum

PARTURITION

(See Labor)

PASSIVE HEMORRHAGES

Sec

PCOD

Antim crud; Colocynth; Folliculinum; Gossypium; Guaicum; K brom; Flutamide; Taxus bacc

- Calc carb
- Puls
- Sepia
- Apis : R ovary; cystic tumor of the ovary
- Macroton : Infertility due to PCOS
- Oophorinum 1M, weekly one dose: Intercurrent remedy
- Senecio aureus
- Cortisone: Intercurrent remedy

PELLAGRA

- Ars alb : low potency

PERIODICITY OF COMPLAINTS/ SYMPTOMS

China, Cedron, Cup, Ign, Ipec, Tarentula, Tela aranea, RT, Chin ars; Eup perf

- Afternoon : China
- Annually : Ars alb, CV, Lach, Sulph, Thuja
- Every 3 weeks : MC
- Intermittent dyspepsia, every other day at the same hour : Ipec
- Obstinate intermittents: Tela aranea
- Neuralgia : K bich
- Same hour : Ign, Cedron

PERIOSTEAL PAINS

AC, Dios, Sil

- Deep seated : AC, Dios, Sil

PERITONITIS

- Bry : to remove the effused fluid as soon as possible
- Merc : exacerbating fever, creeping chills, copious perspiration after the heat; prevents the further spread of the suppurative process
- Merc cor

PERSPIRATION

- Absent : Nux mos, Apocynum, Squilla, Alumina
- > Perspiration : NM, Psor, VA, Ars, Bry, Nat carb, Nat sulph
- < Perspiration during : NA, Op, Merc sol, Hepar, Ptelia, Pyrogen, Bell
- Axilla smells like onions : Bov
- Back : KC
- Bloody : CH, Nux mos, Lach
- Cold : Camph, CP, CA, CV, Lach, VA, Tabacum

Forehead : VA

Icy-coldness of the surface, with : Tabacum

Cold room : CC

- Covered parts, only : Bell
- Diminished/ Scanty : Apoc, Eup perf
- Easy & profuse : Bry, CC, China, Hep, Salvia

Back of head/ neck/ chest/ upper body : CC, MM, Sil, Sanic

Closing eyes : Con

Covered, when : China

Day & night : Hep

Debility, from: China, Rhus glabra

Every physical/ mental exertion : Hep, Psor, Sep

Sleep, during : China, Con

- Exertion, least : China, Iodum
- Face, on eating : Cham
- Foot, offensive : AM, Alum, BC, Graph, Psor, Sanic, Sil, Zinc
- Feet : Bary carb, CC, Petr, Nit ac
- Genitals smell like honey : Thuja
- Head : CC, Sil, Sep, Merc
- Head, except : RT, Bary carb, CC, Petroleum, Nit ac
- Hot after convulsions: Op
- Hot with fever: Asclepias tub
- Idle, sitting when : Sepia
- Motion, disappears on : Lycopodium
- Music, with : Tarentula
- Night-sweats, profuse after typhoid : Taraxacum
- No relief from perspiration : Merc
- Offensive : Merc sol, Nit ac
- One-sided : Puls, Lyco
- Only, no other discharges : Opium
- Open air : Causticum
- Pain, with : Cham
- Painful parts : Kali carb
- Parts laid on: Sanicula, Acon, Bell, China, Nit ac
- Profuse : Merc sol, Hepar, CC, Nit ac, Bryonia, China, Ars, Salvia
- Rare : Alumina; Graph, Nux mos, Apocynum, Squilla
- Rest, during : Sepia
- Rheumatic pains increase the sweat: Tilia
- Scanty : Eup perf
- Single parts : CC, Sep
- Skin, burning hot with : Bell, Cham
- Sleep, during: Samb, Tilia
- Sleep during, stops when he wakes up : Thuja, Conium
- Sour, offensive : Hep, Rheum
- Stains yellow, bloody : Lach, Lyco, Nux mos
- Suppressed

cold from: Dulc

< Suppressed perspiration: Dulc

Suppressed foot sweat: Acon, Puls, Sil

- Sweet, attracts flies: Calad
- Thighs: Thuja
- Thirst, increased with: China, ars, Merc sol
- Uncovers during sweat: Zinc
- Uncovered parts only or all over, except head: Thuja (Reverse : Silicea)
- Waking up, only on; stops when he sleeps: Sambucus
- Warm, wets hair: Cham
- Psor : After Calc/ Sil fail in the sweating head of rickets
- Conium/ Cinchona : day & night, as soon as one sleeps or even when closing the eyes
- Sambucus : Opp of Conium, only on waking
- Elaps : Cold, all over
- Lach/ Lyco : Stains yellow/ bloody
- Kali carb : Painful parts
- Hepar/ Silicea : Profuse without relief
- Tuberculinum : Stains linen yellow
- Sepia/ NV : Axillary sweat
- Hepar/ Psor/ Sepia : at every exertion, physical or mental
- Tabacum : Cold perspiration over entire body
- Ver alb : < during perspiration

PHARYNGITIS

Wyethia, Sang nit

- Tubercular : M bin
- Arum dracon
- Sinapis nigra
- Wyethia
- Xanthoxyllum
- Pharyngeal CA: Chelidonium

PHIMOSIS

- Cann sat

PHLEGMASIA ALBA DOLENS

- Calc carb : Palliated incurable cases
- Tellurium: vile odor and purpura figurate
- Opium : when the patient looks prematurely old, brownish, withered; in very high potencies

PHLEGMATIC

Antim t, CC, Dulc, Mez

PHOTOPHOBIA

Con, Graph, Nat s, Psor

- Gonorrhoeal/ Sycotic : Nat s
- Scrophularia nodosa

PHYSOMETRA

(See Flatus)

PID

Bellis per; Sycotic co

PIGEON CHEST

- Phos : Specific ; given for 3-6 months

PILES

Aegle m; Paeonia; Quercus

- Alternating with rheumatism : Abrotanum
- Bleeding : Cynodon; Collinsonia; Hamamelis
- Chronic constipation, with : Thuja; Term chebula; Gratiola
- Flatulence, with : Quercus
- Hard stools, with : Lamium album; Gratiola
- Itching with H/O liver complaints : Dolichos
- Mucus piles : Antim crud
- Painful, chronic : Collinsonia; Hamamelis
- < Sitting : Thuja
- Collin / Aesculus hipp : After Collinsonia has relieved, Aesculus generally cures
- NV/ Sulph/ Aesc : After NV/ Sulph have relieved, Aesculus is useful
- Ham : Bleeding piles
- Cimex acanthia
- Collinsonia : Heart troubles with piles
- Lycopus vir : with heart troubles
- Polygonum
- Sedum acre
- Acon 1X/2X/3X, few drops thrice a day & Plantago mother tincture, 450 ml of water, LA : Strangulated Piles

PINING BOYS

Aurum

PITUITARY ADENOMA

- Pituitarinum
- Corticotropinum

PITYRIASIS ALBA

- (white spots on the face): Aloes Tincture + pond's cold cream, QID

PLACENTA

- Retained: China

PLAGUE

- Operculina turp

PLETHORIC

Acon, Bell, Cact, Calc, Caps, K brom, Stram

PLEURISY

Acon, Bry, Abrot

- Pleura, inflammation, pressing remains, impeding breathing :
Abrotanum
- Acon 30 followed by Bry 30; followed by a dose of Sulphur 30/200 for permanent cure
- Apis/ Sulph : With exudation, to bring about absorption of this fluid
- Bryonia : 2nd stage
- Sabadilla : Follows Bryonia well, has cured after Aconite/
Bryonia failed

PLICA POLONICA

- Tub

- Borax
- Psor

PLUG, IN INNER PARTS

Anac

- Anus, rectum : Anac

PNEUMONIA

- Ferr phos
- Tuberculinum bov 200: Stubborn with a H/O tuberculosis
- Sulph : Incipient stages of tuberculous pneumonia
- Ant tart : Broncho-pneumonia / cyanosed / moribund state / pleuro-pneumonia
- Bryonia : Pleuro-pneumonia / Lobar
- Acon, followed by Sulph : Pneumonia with pleurisy
- Phos : Acute lobar pneumonia , if it takes typhoid form; hepatisation in pneumonia
- Hep sulph : Pus formation during resolution
- Carbo veg : Chronic pneumonia, abscess, gangrene, fetid / badly colored sputa
- Amm carb : Lobar pneumonia with heart clots
- Chelidonium : Pneumonia with R lung & liver are involved; yellow slimy diarrhea
- Insulinum (potency) : Abscess formation, easy suppuration, sequelae to acute infectious disease with liver trouble; liver enlargement at the end of typhoid / pneumonia
- Bacillus morgan : Pneumonias in infants / children
- Arsenicum alb : It ameliorates the condition but rarely cures unless a dose of Phos / Sulph follows
- Streptococcinum : When Sulph fails in handling the sequelae
- Squilla : R sided; catarrh; bryonia will lead to squilla
- Pleurisy, with : One dose of Acon, followed by one dose of Sulphur

- Ver vir: Last stage of pneumonia/ lung affections

POLIO

- Lathyrus sat 1M : Specific as a preventive/ curative
- Vipera

POLYPS

Cad sulph; Teucrium; Thuja

- Ear : K sulph
- Teucrium mar ver : Mucus polyp
- Arthritis, with : Formica rufa
- Prevents : Formica rufa

PORTAL HYPERTENSION

Vipera

PREGNANCY

Caul, Cocc

- Abortion at 3rd month : Act rac, Sab
- Albuminuria with great weakness, languor, drowsiness : Helon, Merc cor
- Anus, hot : Zingiber
- Clonic spasms during : Cup
- Cramps extremities : MP
- Diarrhea : Hell, Petr
- Dyspnea : Viola odorata
- Gastralgia : Petr
- Vomiting/ nausea : AA, Act rac, CA, Kreos, LD, Lob, Psor

Profuse salivation, with : LA, Lob

W Night : Merc

Sweetish water with ptyalism : Kreos

- Backache : Aesc
- Belching : AA
- Blood rush to the head : Glon
- Burning water brash : AA, MC
- Constipation : Alum
- Cough during : Apoc, Caust, Con, K brom

Threatening abortion : Con, K brom

- False labor like pains : Act rac
- Fetus appears to be doing somersaults: Lyco
- Hemorrhoids: Collin (later months)
- Hiccups: Cyclamen
- Labor pains: Pituitary gland
- Leucorrhoea, during : Cocc
- < Lying down : Collin
- Nausea : Asar, Ipec, Lac ac, Apomorphine, NV
- Pruritus vaginae, during : Calad, Collin
- Sleeplessness : Act rac
- Sharp pains across abdomen : Act rac
- Shortens labor : Act rac, Caul, Puls
- Toothache during : Cham

< Night : MC

- Urine retention, post-partum : Op
- Vomiting : Tabacum; Lactic ac, Psor
- General Protocol

Kali p 6; daily single dose

Cimicifuga tincture / 30; daily single dose

- Nausea / Vomiting :

Medorrhinum 200/1M, single dose

Symphoricarpos

Amygdalus persica

Cucurbita pepo

Cocculus : Nausea as soon as one lifts their head off the pillow

Nux vom

Sepia

Thyroidinum / Lac def

- Hysterical spasms/ mental disturbances: Thyroidinum in high potency
- Thirstless during: Puls
- Placenta previa : Arnica to stop hemorrhage and helps normal delivery
- Rigid os : Gels sem tincture 1-5 drops every 30 mins
- Labor preparation : Caulophyllum in low potency / Cimicifuga in high potency / Colo
- Labor, induction : Gelsemium 1M, 2hrly, 3 doses, on pain
- Mothers who have borne dead children : Caulophyllum in 1X two months before term
- Profuse hemorrhage in delivery : China 1M
- Parturition/ Delivery after : Arnica / Staph
- Retained placenta: Pyrogen
- Cramps abdomen / legs : Vib op
- Toothache : Mag carb; patient must get up & walk about
- Uterine inertia/ inactivity in primipara / delicate neurotic multipara : Thyroidinum 30 weekly in the later months of pregnancy, Bellis perr
- Back gives out when walking, last months of pregnancy : Aesculus
- Toxic conditions : Merc cor
- Albuminuria/ Serious Kidney troubles

Merc cor, in early pregnancy

Phosphorus, later months and at term

- Varicose veins : Bellis per, Puls followed by Lach, Nux vom (with Piles, constipation, irritable temper); Carbo veg
- Walking, impossible: Bellis
- Mental/ moral disturbances with pregnancy/ uterine disorder: Lil tig
- Mental/ moral disturbances with Pregnancy/ Child-bed/ Menopause : Actae racemosa
- Cough during : Conium/ Causticum/ Kali brom
- Constipation: Alumina; Lycopodium; Sepia
- Nervous hunger, night, must have crackers before sleeping : Psor
- Vomiting : Lac def, Lac ac, Psorinum
- Backache during : Kali carb; Aesc hip; Nat mur; Arnica; RT
- Diarrhea, stools at night : Puls, Nux mur, Cham (30)
- Diarrhea, with prostration and loss of flesh : Phos ac 30
- Blindness (night & day): Ran bul
- Breast tenderness : Puls
- Heartburn : Sulph/ Lyco/ Caps
- UTI : Canth/ Phos ac (< night)/ Nux vom
- Dribbling urine when coughing/ sneezing etc. : Caust
- Infantile liver in infants : Medorrhinum (to the mother)
- < During : Lac def ; Thyroidinum
- Ectopic : Methotrexate
- Hearing, impaired during : Capsicum
- Varicose veins : Bellis perennis

PREDICTS THE DAY HE WILL DIE

Acon

< PRESSURE

Lachesis (throat, abdomen)

> PRESSURE

Bor, Bry (except on stomach), China, Colo (only stomach), Ign, MP, Meny, Nat s, Guaicum

- Holding painful side with the hand amel : Bor

PRIAPISM

Canth, Fl ac

- Pain with: Canth

PROSTATE

BC, BA, Con, Chimaphila

- Bladder & : Chimaphila
- Carcinoma : Flutamide
- Enlargement : Hydrangea; Tribulus
- Forgetfulness/ emaciation, with : Tribulus
- Frequent micturition at night with recurrent UTI : Ferr pic
- Kidney & : Tribulus
- Dribbling urine, old men with enlarged prostate : BA
- Enlarged: Senecio
- Hypertrophy/ Induration : BC
- Puls 6 : Prostatic irritation in elderly men
- Caust
- Hydrangea : Enlarged prostate uncomplicated, 5-10 drops M/E, long continued
- Ferr pic
- Sabal serr
- Cadmium phos : CA Prostate
- Conium : Urine flows and intermits, then flows again

- Nat carb : Chronic enlargement
- Kreosote : cancer
- Populus trem
- Selenium
- Stigmata maydis
- Bary carb

PROSTRATION

AA, Bapt, Bism, Camph, CA, CH, Dig, Iod, LD, MA, VA

- Blood Poisoning : CH, Pyr
- Bleeding from : Kreos
- Decomposition of fluids, with : Bapt, CH, Pyr
- Discharges, from (menses/ leucorrhoea/ diarrhea): Ars, Alum, Carbo an, Cocc, Graph
- Feels as if he were dying : Dig
- Injuries, after : AA, SA
- Locomotion impaired : Gels, Physo
- Muscular system : Gels, Physo
- Piles from : Ham
- Prolonged after Nat m : NV
- Stool. After, with sweat : Aloes, AA, Bism, VA
- Surgical shock, after : AA
- Anesthetics, after : AA
- Great, rapid sinking of strength : Ars, MA
- Menses, after; physical/ mental; scarcely able to speak : Alum, Carbo an, Cocc
- Sexual from sexual abuse : Graph
- < sun / heat of summer : Ant c, Nat c
- Talking, after : Aum

PRURITUS

Caladium

- Genitals : CT, Kreos
- Vaginae : Calad, Hydr, Tarentula
- Vaginae → onanism : Calad, Orig, Zinc
- Vaginae during pregnancy : Calad, Collin
- Vaginae with mucus discharge : Calad, Hydr
- Vaginae from leucorrhoea : Hydr
- Vaginae < thinking about it : Medo
- Vulva, with leucorrhea: Fago

PSORIASIS

Phytolacca; Chrysarobinum; Xerophyllum; Nat ars; Hydrocotyle;
K brom; Ars iod; Ars sulph flavum; Psorinum; X-ray

- Burning, fire-like : Achyranthes asp
- Gastric acidity, with : Iris v
- Hands with ulcerated tumors : Galium apar
- Hard skin : Castor equi; X-ray
- > Hot water : Xerophyllum
- Fingers, started in: Morgan g
- Itching, exfoliation with crops of boils : Ichthyolum
- Psoriasis like skin: Nitro-mur ac (3-5 drops, TDS)
- Ars alb: will make the eruption redder & more inflamed; large doses to produce this after which it will start relieving
- Sepia : Psoriasis palmaris
- Borax : recent cases
- Chrysophanic acid TDS : psoriasis of nails with no indications
- Ars sulph
- Iris v
- Nat ars
- Thyroidinum (low potencies): Distressing itching, symmetrical; specific sarcode
- K sulph : Specific
- Tub
- Chrysarobinum

- Cup acet
- X-ray: Chronic, not improving with other remedies
- Teucrium: Index finger, R hand
- Ustilago: Internally/ externally
- Morgan g

PTERYGIUM

- Zinc
- Cyclamen
- Ratanhia

PTOSIS

- Sepia

PTSD

- Diospyros kaki

PUBERTY

Puls

- Acne in anemic girls : CP
- Bad breath, girls : Aur
- Chorea/ Hysteria/ Epilepsy : Actaea rac, Caul
- Delayed puberty : Pituitarinum
- Flatulent dyspepsia : CP

> Eating : CP

- Girls with depression : Hell
- Girls, tall growing rapidly : CP

- Girls with soft bones & spine curvatures : CP
- Vertex headaches: CP

PULSATION, FELT OVER WHOLE BODY

LT

PULSE

- Fast, abnormally : Pyrogen
- Full, irregular; very slow & weak; intermittent every 3rd, 5th, 7th beat : Dig
- Intermits every 3rd beat : MA
- Irregular : LT, Ver vir, Digitalis, Tabacum
- Intermittent : Ver vir, Dig, Tabacum
- Irregular in force but regular in rhythm : Naja
- Out of proportion to fever : Lil tig
- Weak & rapid : Diph
- Slow, old age : Gels
- Slow, scarcely perceptible, 30-40 pm : Kalm, Tabacum, Opium
- Quick, full, large; feeble, imperceptible : Tabacum
- Disproportionate : Pyrogenium
- Feeble : Millefolium
- Frequent/ feeble : Latrodectus

PUSTULES

Hepar sulph; Hippozaenium

- Acne : K brom
- Malignant : Anth, Lach
- Black blue blisters, fatal in a day or two : Anth, Lach, Pyr
- Run together, forming thick yellow scabs on head & face : Cic

PUERPERAL MANIA; THINKS SHE IS GOING CRAZY

Act rac, Syph

PYORRHEA

Abelmoschus





R



RACHITIS

CP, MM, Medo

> RAINS

Ars, Nit ac, Hepar, NV, Caust

RANULA

With fetid breath : Ambra, Thuja

< READING

Nat m

RECTUM

Sang nit, Ratanhia, Causticum

- Carcinoma with hemorrhages : Carduus
- Itching : Chin sulph
- Pain : Stront carb
- Pain with spasm : Hura
- Pain, after stool : Trichosanthes
- Small intestines & : Ruta
- Spasm in asthmatics : Pituitarinum
- Ulceration : Paeonia
- Bleeding : Sol tub aegrotans
- General Measures : Nature/ Amount/ Frequency etc.

Severe : Anemia : Diet/ Supplementation

Moderate : Constipation : Exercise/ Water intake/ Diet : Avoid spicy/ alcohol etc.

Piles/ Fissures : Sitz bath/ Ointment/ Tinctures in distilled water

£ Bright-red (lower colon)(local measures also imp) : Phos, Millefolium

£ Tar-like (stomach/ duodenum/ Ascending colon), with stool (melaena) : Nit ac, Sepia

£ Dark red/ Maroon/ Wine (Upper colon, lower small intestine) : Ham, Millefolium

- CA: Sol tub aegrotans
- Contracts & protrudes during stool → Piles : Lyco
- Dry heat, as if full of sticks : Aesc
- Knife like pains : Aesc, Ign, Medo, Sulph

Stool after, lasting for hours : Rata, Sulph, NA

Stool during & after : Merc, NA

- Sore with burning itching : Aesc, Ham, Sulph

- Fissures, tearing spasmodic pain during stool, even after soft stools : Alumen, Nat, NA, Rata
- Fullness & pain for hours after stool : Aesc, Aloe, Ham, Ign, MA, Sulph
- Jelly like lumps of mucus : Aloes
- Inactivity, soft stool requires straining : Alum, Anac, Plat, Sil, Sep, VA
- Neuralgia: Croton, Ratanhia
- No desire for stool : Bry, Alum, Staph tincture 2 drops night & morning
- Pain as if torn/ fissured : Nat m, NA
- Painful as if lump on the posterior surface of sphincter : Medo
- Passes stool by leaning very far back : Medo
- Prolapse in children : FM
- Straining impossible from a sensation of prolapse : Alum, Medo
- Stitching pains: Ratanhia, Sang nit
- Tenesmus, not > by stool with terrible colicky cutting pains : M cor
- Tenesmus < stool : NV
- Sensation of a ball : Sepia
- Urging, frequent, ineffectual ; < presence of others : Ambra
- RT : Rectal abscess specific

REFLEXES

Slow : Zincum met

REGURGITATION OF FOOD

Lycopodium

- An hour after eating : Aeth
- Mouthfuls in : Alum, FM
- Nausea without : FM

REJUVENATOR

- Mag phos

RELATIONSHIP OF REMEDIES

- Acon followed by Bry
- Thuja followed by Bacillinum
- Bry / RT in alternation for typhoid
- Arg nit will cure the flatulence that Carbo veg relieves
- Acon / Coffea in alternation in painful inflammatory conditions
- Sil follows Puls
- Flour ac follows Sil
- Sulph- Calc- Lyco
- Sulph- Sars- Sep
- Colo- Caust- Staph

REMEDIES

- Carefully selected fail to relieve or permanently improve : CV,
Diph, Laur, Op, Val

RENAL COLIC

- Bilious followed by jaundice : BV
- Cutting pain from L kidney → ureter → bladder → urethra : BV,
Tabacum
- Cutting pain from R kidney → ureter → bladder → urethra :
Lyco
- Intense pain ureters with sensation of passing of stone : Berb,
Lyco, Medo, Ocim c

Craving ice, with : Medo

- Either side with urging & strangury : Canth

- Repetition/ Potency
- Diph : Should not be repeated frequently. 200 & above.
- Dros : 30th potency, single dose
- LC : Single dose
- Lyco : rarely advisable to begin treatment with, unless clearly indicated, better to give another anti-psoric first; deep seated, long acting remedy which should rarely be repeated after improvement begins.
- MP : Acts best when given in hot water
- Merc : Low hastens rather than aborts suppuration
- Nat m : Cannot be repeated in chronic cases without an intercurrent, called for by the symptoms.
- NA : after repeated doses of digitalis

RESPIRATION

- Irregular, deep sighing, difficult : Dig
- Complaints with D fruits & increased appetite : Theridion
- Difficult : Cenchrus; Ars; Lachesis ; Grindelia robusta

RESPIRATORY AFFECTIONS

Caust, K bich

REST

- Agg : Arn, Brom, FM, Kreos, MC, Meny, Nat s, Taraxacum, Sulph
- Amel : Antim, Bell, Bry, Caps, Merc

RESTLESSNESS

Acon, Arn, Ars, Aur, Bapt, Bism, Dulc, Iodum, K brom, Pyr, Helon, LD, LT, MA, RT; Theridion; Ferr met; Sanicula; CP;

Scutellaria; Ver vir; Drosera; Gallic ac; Tuberculinum; Teucrium;
Nat ars

- ~ Ars : Nat ars
- DM, with : Helonias
- Hunger, from : Valeriana
- Nervousness, with; < night : Thea
- Plays with fingers : Crot cas
- Apprehension, with : Iodum
- Bed, in : Camphor
- Changes position often : Acon, Arn, Ars, Bapt, Bism, Camph, Caust, Iodum, K brom, Pyr, Helon, Nat s, Tarentula

Painful and gives little relief : Caust

> Changing position : Nat s

Surface seems hard, moves in search of a soft spot : Arn

To obtain relief from pain : RT

< walking : Tarentula

> walking : RT, Ruta

- Colic from : Colo
- Convulsions before : Arg n
- Extremities, in typhoid : Taraxacum; RT, Zincum
- Listlessness with : LT
- Mentally; too weak physically : Ars
- Night : Acon, Caust, Eup, RT
- Thunderstorm during : Nat c, Phos
- Violent impulses, with : Iodum
- Walking, aversion to, with : LT

RHEUMATISM/ GOUT/ ARTHRITIS

Ham, Kalm, Led, Medo, Rad brom, Rhamnus cal, Chin sulph,
Kali group, Causticum, Dros, Ichthyolum, Triosteum perf,
Apocynum androsa, Salicylic ac, Solanum lycopersicum,
Spiranthes, Bell; Clematis; Chin sulph; Formica rufa;

Ichthyolum; Guaicum; Colchicum; Tribulus terr; Quercus;
Nat iod

- Acidity, with : Apium
- Acute : Ver vir; Bell
- Alternating with piles : Abrotanum
- Arthritis + HT + chronicity : Stront carb
- < Beginning to move, > constant motion : RT, Stront carb;
Ver alb
- Brain disease, with : Opium
- Bryonia doesn't work, when : Colchicum
- Bursa, with : Ruta, Sticta
- ~ Calc flour : Mag flour
- Checked diarrhea, after : Abrotanum
- Chilly patient, > warmth, cont motion : RT
- Chronic : Berb vul; Stillingia; Syphilinum ; Vanadium
- Chronic gout : Ferr pic; Formica rufa
- Chronic with ankylosis : Tub res Koch
- > Cold application, external pressure : Guaicum
- Constipation, obstinate, with : Cascara sagrada
- Cracking of knee joint, with : Hura brasiliensis
- Debility, with : Colchicum (joints cold to touch)
- Deformities : Causticum
- Depression, with : Hura ; Apium graveolens
- DM, with : Abroma augusta
- Early OA changes, esp knee with early menopause : Oophorinum
- Falling forward, with : Manganum
- Female diseases, with : Actaea rac
- Fever, after, esp malaria/ dengue : Chin sulph
- Followed by weakness : Bellis
- Fungal infection, with : Caulophyllum
- Gastric complaints, with : Gnaphalium (numbness); Dulcamara
(paralytic weakness), Abrotanum
- Grief, with : Ignatia
- Grief + cracking of joints, with : Hura
- Heart complaints, with : Avena sat; Lith carb; Kalmia; Spigelia

- Hot patient, > continued motion : K iod
- Infective : Silicea, Merc, Guaicum
- Inflammatory : Sticta; Ver vir; Belladonna
- Juvenile : Oleum
- Malaria, with : Chin sulph
- Menses/ menopause, during + HT + Constipation : Viscum album
- Migratory : Apocynum
- < Motion, > Pressure : Formica rufa; Bryonia
- < Motion : Variolinum
- < Night, leading to restlessness : Caulophyllum
- OA : RT; Cassia; K bich; Stront carb; K iod
- Pain, preceding catarrh : Sticta
- Pain, preceding sweating/ numbness : Sticta
- PCOD, with : Guaicum
- Polyps, with : Formica rufa
- Shifting, chronic : Berb vul
- Specific : Causticum
- Summer : Syphilinum
- Sweating, profuse, with : Salicylic acid; Rhamnus californica; Calc carb; Formica rufa; Tilia europaea
- Swelling sensation : Paris; Sticta
- < Touch, odor : Colchicum
- Trembling gait, with : Lactic ac
- Ulcers, with : Silicea
- Urinary symptoms, with : Chlamydia trachomatis; Medorrhinum
- Uterine affections, with : Cimicifuga; Caulophyllum
- Wandering, alternating with Asthma : Tub M
- > Warm bath : Lith carb; Stront carb; RT
- Wrist : Caulophyllum
- Articular & muscular : Ham
- Ascending : Led
- Center to periphery : Kalmia
- Descending : Cact, Kalm
- Diarrhea, after : K bich

- Esp if brought to a low asthenic condition by abuse of colchicum : Led
- Fever, without : Sticta pul
- Gonorrhoea, suppressed from : Thuja
- Hands : Viola odorata
- Hips : Lac can, Dulc
- Joint hot, red, swollen : Kalm
- Nausea with : Ipec
- Pain

Suddenly shifting from one joint → another : Kalm

< Motion least : Kalm, Led

> Motion : Medo

< Night : Led, Merc

> Only when holding feet in ice cold water : Led, Sec cor

Sweat increases with the pain: Tilia

< Warmth of bed/ bed covers : Led, Merc

- Painless : Puls
- Shoulders : Kalmia, Viola odorata
- Shoulder joint < raising arm laterally : Rhus r, Syph
- Shoulder R : Sang, Viola odor
- Shoulder L : Ferr
- Swelling, without : Iodum
- Swelling, with; without pain : Puls, Lyco
- Thumb : Guaicum
- Toes : Sabina, Ledum, Berb vul
- Morgan g: neck/ back/ upper extremities R side
- Stillinga: Worse form of RA
- Propylamine : Acute with fever
- Actaea racemosa : Small joints
- Aconite followed by Bryonia
- Salol 6/ Mimosa h 6/ Bryonia/ Sal ac/ Ver vir/ Formic acid:
Acute rheumatism
- Acon 3X/ 3; Stiffness remaining after gout
- Benz ac : Gout, after colchicum fails in gout
- Kali mur: Enlarged joints after acute rheumatism

- Colchicum: Specific for Gout
- Ginseng/ Gaultheria/ Guaicum
- Nat sulph 6X: nausea & vomiting with; diet rich in fat, with
- Passiflora tincture, hourly to relieve the pain; clean tongue
- Urtica urens: Acute gout
- Medo: Pains worse day
- Syphilinum: Pains worse night
- Merc : Relapses frequent
- Apis : synovitis knee < slightest motion
- Nat phos: specific for acute pain
- Mag ferricum : Violent intermittent pain
- Berb vul 3X, every 3-4 hrs : Swelling/ stiffness/ pain of RA/ OA; gouty swelling of the big toe with scanty urine
- CP/ CF : Arthritis of the neck/ shoulder girdles
- Sticta pul: Acute bursitis knee
- Formica rufa 6X/ 12X : One dose every 4-6 weeks controlled chronic arthritis cases/ gout
- Formic acid : Acute rheumatism/ Chikungunya/ Polyarthritis
- Bell: Insomnia caused by arthritic pain
- Caulophyllum: Menopausal cases, uterus/ small joints involved; non menopausal cases too
- Colchicine: Any sort of rheumatism without taking the totality
- Ran bul: Intercostal rheumatism
- Hyos nig: Ill natured, unreasonable, complains beyond all reason
- Causticum: Difficult rheumatoid cases with deformities/ contractions < cold dry winds, > warm wet days
- Iodum/ Antim crud/ Piper meth: Specific for arthritis deformans
- Trombidium : Pains with restlessness, inability to keep quiet (similar to RT, use before RT)
- Sulphur : Confirmed gout; rheumatic fever, prevents the lingering of the convalescence or passing of the disease into a chronic form
- Silicea : Periostitis/ Caries/ necrosis bones/ joints, white swelling
- Benz ac : Gout

- Nat m : Most indicated
- Sulphur : 2nd most indicated ; Gout; rheumatic fever
- RT : 3rd most indicated ; Muscular/ articular rheumatism
- Sabina/ Ledum/ Berb vul: Toe rheumatism
- Thuja : frequent micturition with pain in the knee
- Medorrhinum followed by Colo/ RT/ Ars
- Benzoic acid/ Cochicum/ Antim Crud
- Elaps : Rheumatic constitution
- Bacillinum : Rheumatoid arthritis
- Cascara : with constipation
- Lachnanthes : neck
- Ledum : Begins in the feet
- Lithium carb: with heart troubles
- Stellaria: Shifting rheumatic pains, Puls/ kali sulph like
- Hekla lava 0/3: Lots of osteophytes, on plain X-ray of any joint
- Taxus baccata: Noises from the abdomen, when hungry
- Rhododendron: < hot weather, thunderstorm; small joints like Actaea spicata
- Streptococcinum: Recurrent throat infections, high potency
- Formica rufa: Acute RA; > rubbing; with polyps
- Rad brom: like intensified RT
- Thyroidinum: allergic constitution
- Causticum: deformities/ contractions, h/o cares/ affections
- Viola odorata: Wrist rheumatism
- Apocynum andro: Shifting rheumatism, heat feet
- Carbolac ac: Acute smell
- Lactic ac: with DM
- Mimosa: OA knee
- Tuberculinum high potency, when nothing works
- Morgan g: Wrist

RHEUMATISM IN

- Cold weather : CP
- Neck and back, stiff , lame, contracted; bellies of muscles : Act rac

- Old ppl : Colch
- Small joints : Act spic, Caul

Painfully stiff : Caul

- > Spring : CP
- Top of the shoulder/ arm / fingers : Medo
- Women : Caul

RHEUMATISM, FROM

- Changes in hot weather : Bry, Dulc
- Exposure to cold damp rainy weather → Catarrhal rheumatism : Dulc
- Suddenly checked diarrhea or other secretions : Abrot
- Suppressed gonorrhea : Clem, Daph, Medo
- Using arms in sewing, type writing, piano playing : Act rac, Agar, Ran b

RHEUMATISM ALTERNATING WITH

- Gastric complaints; one in fall, other in spring : K bich
- Heart complaints : Kalm
- Hemorrhoids with dysentery : Abrot
- Dysentery : Abrot, K bich
- Urticaria like symptoms : Urt urens

RHEUMATISM WITH

- Contraction of flexors : Caust
- Fear of being struck by persons around him : Arn
- Pains that drive out of bed at night, compel him to walk about : Cham, RT
- Stiffness of joints : Caust

- Tension/ shortening of muscles : AM, Caust, Cimex, Guaiac, NM

RHEUMATIC DYSMENORRHOEA

Act rac

RICKETS

- Theridion
- Psorinum : Sweating head, after Calc/ Silicea failed

RIDING IN A CAR

- < : Arg m, Cocc, BV, Lyss, Petr, Sanic, Theridion
- > : NA
- < Horseback : Bor, Sanic

RINGWORM

Tub, Chrysarobinum

- Offensive discharges, like fish smell: Tellurium
- Ring shaped lesions: Tellurium
- Bacillinum: Specific
- Nat mur / Sanic : On the tongue
- Dulc : Hair / head
- Tub
- Chrysarobinum
- Rumex
- Tellurium LM1 with Bacillinum 1M, every fortnight
- Senna: When indicated medicine doesn't work
- Morgan pure: near specific

> RISING FROM BED

Ambra

< RISING UP

Cocc (during pregnancy), Con

> RUBBING

Sec, Tarentula, RT, Palladium, Medo, Saussurea; Strychnine;
Thuja

RUSH OF BLOOD TO THE FACE AND HEAD

Amyl, Bell, Glon, Lach, Mel

- Head & L chest : Amyl, Calc ars, Glon
- Sanguineous brain congestion : Aster





S



SADNESS / MELANCHOLY/ DEPRESSION

Adrenalinum, Ambr, Asar, Aurum, Calad, Calc ars, Caps, Caust, China, Coca, Con, Cycl, Graph, Hell, Helon, K brom, Lach, LC, LT, Lyco, Murex, Nat c, Nat m, Nat s, NA, Puls, NV, Tub, Tabacum, Hydrocortisone

- Anger, internalization of : Aurum
- Causeless : Nat m , Puls
- CA Uterus, with : Graphites
- < Consolation : Nat m
- High cortisol levels with apathy, sadness, depression, indifference : Hydrocortisone (high potency)
- Deep mental : Helon
- Excitement, from : Con
- Evening : NA
- Girls at puberty : Hell
- Menses before : NA
- Morning on waking up : Lach, Nat s

Dislikes to speak to be spoken to : Iod, Nat s, Sil

- Nervous depression following wounds/ surgery: Hyp
- Occupied with sad thoughts: Nat c
- Pains cause: Sarsaparilla
- Religious with flushed face : Melil
- Sensation of excessive wretchedness : Tabacum
- Silent: Aurum
- Sleepiness, with: Saponaria
- Suicidal: Adrenalinum
- Suppressed menses: Hell
- Typhoid after: Hell
- < Winter: Aurum

SALIVATION

- Day and night : AA, LA
- Dentition during : Bor
- Only night : MS
- Profuse : Iodum, Merc
- Profuse, acrid, corroding : Arum t
- Profuse offensive: Merc
- Profuse: Trifolium pratense, Merc, Syphilinum
- Profuse with nausea : Ipec
- Ptyalism; tenacious soapy, stringy, profuse, fetid coppery metallic taste : Merc
- Sweetish/ metallic taste with : Cup
- Tough, ropy, viscid; frothy in the mouth & throat with constant spitting : Hydr, Lyss

SCABIES

Anthrakokali, Cynodon

SCAPULAE

- Icy sensation between them : Sepia
- Burning sensation between them : Phos, Lyco

SCARLATINA

Ailan, AC, Arum t, Camph, CA, CH

- Flaky desquamation repetitive : Arum t
- Like (red) body : AC, Ailan
- Malignant : AC, CA, CH
- Malignant with deep sleep : AC
- Post scarlatina dropsy : Dig
- Typhoid scarlatina with apathy, scanty urine & threatened uraemia : Arum t
- Chin sulph
- RT / Calc ost/ Lyco : : Parotitis accompanying scarlatina
- Terebinth/ Canth/ Ars alb/ Apis/ China/ Carbo veg/ Phos :
Kidney involvement
- Sulph / follow up with Calc carb : precursory stage
- Sanguinaria : After Bell fails

SCHIZOPHRENIA

- Cereus bonplandii 3C
- Adrenalinum

SCIATICA

Acon, Carboneum sulph, Medo, Bell, Val, Lolium temulentum,
NV, Puls, Mag phos; Colocynth; K iod; RT; Gnaphalium;
Plumbum; Valeriana; Tellurium; Causticum; Lachesis;
Medorrhinum; Syphilinum; Dioscorea; Amm mur; Ruta;
Carboneum

- > Cold, motion, sitting; < lying down : Ruta
- Edema L ankle, with; patient can't tell where the pain is :
Stront carb
- HT, with; hot flashes : Viscum alb
- L sided : Causticum; Iris v; K bich
- < Night : Nyctanthes; Syphilinum; K iod
- Numbness, with : Ferr magneticum
- R sided : Ginseng; Colocynth
- < Straightening out the limb, standing & resting the foot on the floor; > walking : Valeriana
- > Straightening the limb; < sitting : Amm mur
- < coughing, straining, night: Tellurium
- Cramps in the hip as though screwed in a vise; > lying on the affected side: Colo
- L sciatic N; L limb: Colo, Puls, Medo
- R side : Lyco, Tellurium
- R sciatic N; R limb; < lying down: Gnaph

> sitting: Gnaph

- < Standing, letting foot rest on the floor (Bell); < straightening out the limb; > walking: Valeriana
- RT : Cases of longer standing; < wet exposure, with lumbago; overlifting/ overstraining; > warmth
- Indium : When RT is indicated but fails < 3-4 am, cold; Specific
- Ars : Cases of longer standing
- Gnaphalium : numbness with
- Colo : Only in recent cases / Best remedy
- Med / Glinicum : Specific
- Viscum album 200, repeated doses

SCRATCHING OF LINEN UNBEARABLE

Asar, FM, Tarax

SCRAWNY, FEEBLE, DECREPIT WOMEN

Sec

SCREAMING

- Spasm, before & during : Op
- Starting & screaming during sleep : Cina
- Sudden, shrill piercing from children : Apis, Hell
- Awake or sleeping, when : Apis, Hell

SCROFULOUS

BC, Brom, CP, Con, Diph, Dulc, Kreos, Sulphur

- Theridion : When best selected remedies fail

SCURVY

CV

SEA-SICKNESS

Amyl, Arn, CA, Cocc, Nux m, Petr, Tabacum

- </> : Carcinocene
- Deathly nausea, pallor, coldness, < least motion, > on deck in open air : Tabacum
- < Sea-bathing: Medo
- < Seashore : Nat m
- > Seashore : Medo; Bromium
- < Going to sea : Mag mur
- < Near sea : Mag mur, Nat mur

SEBORRHEA

Sulphur in high potency, occasional doses

SEDENTARY LIFESTYLE/ HABITS

Conium

SEMINAL EMISSIONS

Lupulus 1X, Origanum

- Bloody nocturnal : Canth, Led, MS, Petr
- Coition soon after : Nat m
- Nocturnal : Dig, Dios
- Onanism, after : Arg m
- Erection, without : Arg m
- Penile atrophy, with : Arg m
- Weakness of organs with retarded emission during an embrace :
Nat m

SENSATION AS IF

- Ball rolling in the bladder : Lach
- Ball rising from stomach → throat leading to sense of suffocation : Asaf, LD
- Band around bones : Carb ac, NA, Sulph
- Band around head : NA
- Band around the head above eyes : CA, Gels, Sulph
- Blood would burst through the vessels : Aesc, LT
- Cobweb on the face : Brom, BC, Bor, Graph, Ran s
- Consciousness of the womb, feels it move when she does, it is so tender & sore : Helon, Lys, Murex
- Cutting & rubbing in the abdomen, on every movement, as of sharp stones : Cocc

- Drops of water falling on/ from parts; head, anus, stomach, heart : Cann s
- Everything in the room seems strange, as though in a strange place : Tub
- Flesh as if beaten from the bones : Thuja, Phytolaca
- Flesh as if scraped from the bones : Rhus tox
- Floating in air : Asar; Lac can, Val
- Hair on the tongue : Nat m, Sil
- Heavy black cloud settled all over her; everything is dark & confusing : Act rac
- Heart stood still, as though ceased to beat, then suddenly gave a hard thump : Aur, Sep
- Heart was being clasped/ unclasped rapidly by an iron band : Cact, Iod, Sulph
- Heart would stop

If she moved : Dig, Cocaine

Unless constantly on the move : Gels

- Hollowness in head/ other parts : Cocc, Ign
- Ice touched, ice cold needles/ hot needles, piercing the skin, as if : Agar
- Insane, as if going : Syph
- Legs are floating : Sticta
- Limbs made of glass and would break easily : Thuja
- Legs made of wood while walking : Thuja
- Needles piercing before an attack of asthma : Lobelia inf
- Paralyzed, as if about to be : Syph
- Penis is absent: Cocainum
- Sitting on a ball; swelling in the perineum/ anus : Cann
- Skull were too small for the brain : Glon
- Splinter in affected parts : NA
- Sticks/ sand/ gravel had lodged in the rectum : Aesc
- Stranger is at his side; soul and body were separated; under the influence of a superior power : Thuja
- Something alive moving in the abdomen, stomach, uterus or other parts : Croc, Cycl, Sabadilla, Thuja, Sulph, Nux m

Nausea & faintness, with : Croc

- Suffocation: Rosa d
- Thread hanging down the throat : Val
- Worms, small foreign bodies were under the skin: Cocainum
- Pierced by needles : RT, Arsenic
- Something alive in the abdomen : Sepia, Thuja, Crocus, Sanicula, Lycopodium
- Cold air was blowing on her, as if sheets were damp; even when covered : Lac def

SENSIBILITY, LOSS OF

K brom

SENSITIVE PERSONS

Gels, Glon, Ign, LC, Lyco, NA

- Approach of a stranger : Thuja
- Both heat/ cold : Carbo an
- Children : Teucrium mar ver
- Cold air : Solanum
- Draft of air : Aralia
- Noise : Ferr met; Zincum; Theridion
- Oversensitiveness : Teucrium mar ver; Thuja; Valeriana
- Reprimands : Valeriana
- Touch, to : Antim crud
- Girls/ women : Cocc, Glon, Ign
- Insensitive : Graphites
- Romantic girls : Cocc

SEPTIC CONDITIONS

- Crotalus horr : Spoilt dark incoagulable blood

- Lachesis
- Tarentula cub : Axillary Abscess
- Anthracinum : Boils/ carbuncles with burning pain
- Pyrogen : High temperature with a low pulse rate (inco-ordination)
- Sepsinum or pyrogenium
- Hepar sulph
- Silicea
- Mercurius
- RT
- Echinacea

< SEXUAL ABSTINENCE

Con

SEXUAL POWER/ DESIRE

- Absent/ decreased : Agnus, Calad, Graph, K bich, Sele, Sep; Puls, Nuphar luteum

Fleshy people : K bich

- Dysfunction: Salix nigra
- > Sexual/ menstrual discharges : Lach
- Increased : Aster, Canth, LT, Murex, Nat m, Tarentula, Staph, Yohimbinum, Xerophyllum

Emotional if not able to make love with her partner : Lach

Excessive desire for an embrace : Murex

Excessive sexual irritation → self-abuse : Orig, Zinc, Staph

Least contact of parts → violent sexual excitement : Murex

Mania, sexual : Tarentula

Paralysis after sexual excesses : Nat m

Women : Aster, LT, Murex

Must keep busy to repress sexual desire : LT
Ovulation/ Premenstrually : Lach

- Spermatorrhoea with guilty, abashed look; emission followed by backache, weakness, prostration/ relaxation or atrophy of sexual organs : Staph
- Tension, > sex : Lach
- Weakness: Titanium, Onosmodium
- Easily excited from touch, pressure on sitting, friction by walking : Cinnabaris, Lac can, Coffea, Murex, Plat
- Abuse/ mal-handling : Cenchrus
- Decreased : Damiana ; Muira; Agnus; Selenium; Tribulus terr
- Erectile problems : Muira p; Agnus castus; Selenium
- Excesses : Avena sat
- Increased : Anagallis; K brom; Bufo; Lil tig
- Psychopathy : Indium
- Seminal emissions : Scutellaria
- Weakness : Phosphorus

SEXUAL PROBLEMS

- Glutamic acid
- Nuphar lutea
- Onosmodium : Neurasthenia
- Origanum : Impulses
- Salix nigra : Moderates sexual passion
- Damiana/ Turnera: Sexual debility
- Yohimbinum : Neurasthenic impotence
- Rauwolfia : Male libido/ sexual desire

SHAMELESS

Phytolacca

< SHAVING AFTER

Carbo an

> SHAVING, AFTER

Brom

SHIVERING

- Cold shivers from any emotion : Asar
- Drink, after every : Caps
- Stool, during : Rheum

SHOCK

- Shock after surgery : Strontium carb

SHOULDERS

- Weakness between, scapular pain: Sarracenia purpurea
- L shoulder, diabetics: Acet ac
- L sided frozen shoulder: Nux mos
- Rheumatism: Granatum low potency
- Acne tub : Tub Koch
- Dislocation, tendency to : Stront carb
- Pain : Croton hor; Variolinum
- R sided pain : Croton cas; Chelidonium; Juglans

SHYNESS

Gelsemium; Hekla lava, Datura metel

SIDES

- Alternating/ changing : LC
- Right : AC, Apis, Bell, Bry, Caust, Chel, Iodum, KC, Lyco, MP, Podo, Merc I flavus, K iod
- R → L : Anac, Lyco
- Left : Aesculus, Lach, LT, Thuja, Merc I rub, RT, Puls
- L side : Lachesis, Spigelia
- R side : Sanguinaria, Lycopodium
- L to R side : Lachesis, Lac c, Sabad
- Diagonal appearance : Agaricus
- L sided : Alumina; Bellis; Berb vul; Thuja; Zincum; Ceanothus; Hydrangea; Lil tig; Theridion
- L to R : Lachesis; Agaricus; Sul ac; Colchicum
- R sided : OAN; Bell; Causticum; Crotalus cas; Formica rufa; Ginseng; Sul ac; Taraxacum; Thlaspi
- R to L : Mandragora; Lycopodium

SIGHING, INVOLUNTARY

CP, Ign, Lach, FA, Teucrium

- < lying down: Euphrasia
- Weak empty feeling at the pit of the stomach not better by eating : Hydr, Ign, Sep

SIMILAR REMEDIES/ COMPARISONS

- Agnus castus ~ Tribulus terr
- Aurum ~ Natrum
- Bary carb : Calc/ Nat mur/ Sulph
- Bryonia : Asclepias tub (Pneumonia); Polyporus (Constipation with headache)
- CV : China/ PM in neglected pneumonia, esp in old toppers

- CV : Antim.t. in threatened paralysis of lungs
- CV : Op/ Val in lack of reaction to remedies
- CV : Phos in bleeding ulcers
- CV : Puls in A/F fat food/ pastries
- CV : Sulph in offensive menses & erysipelas mammae
- CV : Ars/ Kreos in Burns
- CA : Gels/ MS/Sulph in ulcers & offensive discharges
- Caul : Actaea rac/ Bell/ LT/ Puls/ Sec/ Thlaspi/ Vib
- Caul : Puls in labor pains but mentals opposite
- Caul : Sep in moth spots & reflex symptom from uterine irregularities
- Caust : Arn; must swallow mucus
- Caust : Gels/ Graph/ Sep in Ptosis
- Caust : Rumex/ CV; Hoarseness
- Caust : Sulph; Aphonia
- Cham : Anthemis/ Bell/ Bor/ Bry/ Coff/ Puls/ Sulph
- Chel : Acon/ Bry/ Lyco/ MS/ NV/ Sang/ Sep/ Sulph
- Cenchris : Ars + Lach
- Cic : HA/ Hyper/ NV/ Strych/ Oenatha croc
- Cina : Ant/ Ant t/ Bry/ Cham/ Kreos/ Sil/ Staph; irritability children
- Cina : Mar v/ Santonine/ Spig; worms
- China : Chin s; intermittent fever; Aletris farinosa
- Cocc : Ign/ Nux; Chorea/ Paralytic symptoms
- Cocc : Antim t; Sweat of affected parts
- Coff : Acon/ Cham/ Ign/ Sulph
- Colch : Bry; Rheumatic gout with effusions; rheumatism in warm weather
- Collin : Cact/ Dig; Hemorrhoids with heart disease
- Collin : Aesc/ Aloe/ Cham/ NV/ Sulph
- Colo : Gnaph ; Sciatica
- Colo : Staph; A/F anger with indignation
- Con : Arn/ RT; contusions
- Con : Aster rub; carcinoma
- Con : Calc/ Psor; glandular swellings
- Croc : Ust; menstrual derangements

- CH (skin cold & dry) : Elaps (R Lung affections)/ Lach (Skin cold & clammy)/ Naja/ Pyr
- CT : K br/ Phos; chronic infantile diarrhea
- CT : Sil; pain nipples while nursing
- Cup : Ars/ VA; Colera
- Cup : Ipec ; vegetable analogue
- Cup : Apis/ Zinc ; convulsions from suppressed exanthems
- Cycl : China/ Ferr/ Puls; Chlorosis/ anemia
- Cycl : Croc/ Thuja; As if something alive in the abdomen
- Dios : Colo/ Phos/ Podo/ RT/ Sil
- Dros : Cina/ Cor r/ Cup/ Ipec/ Samb; spasmodic cough
- Dulc : MS; Ptyalism, glandular swellings, bronchitis, diarrhea, susceptibility to weather changes, night pains
- Dulc : Kali sulph; chemical analogue
- Equis : Apis/ Canth/ FP/ Puls/ Squilla
- Eup perf : Chel/ Podo/ Lyco; Jaundice
- Eup perf : Bry; Nearest analogue with free sweat and pains keep the patient quiet whereas Eup has scanty sweat & pains make patient restless.
- Euph : Puls; Eye affections
- Euph : All c; Lachrymation & coryza
- Gels : Bapt; Threatened typhoid
- Gels : Ipec; dumb ague, after suppression of quinine
- Glon : Amyl nit/ Bell/ Ferr/ Gels/ Melilotus/ Stram
- Graph : Lyco/ Puls in menstrual troubles
- Ham : Arn/ Calen for traumatic causes & to hasten absorption of intraocular hemorrhage
- Hell : Apis/ Apoc/ Ars/ Bell/ Bry/ Dig/ Lach/ Sulph/ Tub/ Zinc in brain/ meningeal troubles
- Helon : Aletris/ Ferr/ LT/ PA
- Helon : Aletris in debility from prolapsus, protracted illness, defective nutrition
- Hep : Sulph; Psoric skin affections

Hep : Unhealthy, suppurating, moist, sensitive to touch

Sulph : Dry itching > scratching; not sensitive to touch

- Hyos : Bell/ Stram/ VA
- Hyos : Phos in lasciviousness
- Hyp : Arn/ Calen/ Ruta/ Staph
- Ignatia : Anantherum (Toothache <cold, coffee); Elaterium (Urticaria during intermittent fever)/ Lach
- Iod : AA/ Brom/ Con/ Kali bich/ Spong; membranous croup & croupy affections; esp in overgrown boys with scrofulous diathesis
- Ipec : Ant c/ Puls ; gastric troubles
- K bich : Brom/ Hep/ Iod; Croup
- K carb : Bry/ Lyco/ NM/ NA/ Stann
- Kalm : Led/ Rhodo/ Spig; Rheumatism & Gout
- Lach : Ign/ Medo
- LC : Apis/ Con/ K bich/ Lach/ Mur/ Puls/ Sep/ Sulph
- Led : Arn/ Bellis/ CT/ Ham/ Ruta; Traumatism
- Led : Con; long lasting effects of injuries
- LT : Act rac/ Agar/ Cact/ Helon/ Murex/ NP/ Plat/ Sep/ Spig/ Tarax
- Lob : Antim t/ Ars/ Ipec/ Tab/ VA
- Lob : NV; Intoxication/ drunkenness
- Lyss : Bell/ Canth/ Hyos/ Stram ; Hydrophobia
- MM : Cham; Children's diseases
- MP : Bell/ Caul/ Colo/ LC/ Lyco/ Puls
- Medo : Ipec (Dry Cough)
- Medo : Camph/ Sec c/ Tab/ VA; Collapse
- Medo : PA; Inability to walk
- Medo : Aloes/ Sulph; morning diarrhea
- Medo : Sulph (burning feet)/ Zinc (restless feet); Medo has burning restless feet
- Melil : Amyl/ Ant c; Epistaxis after headache with no relief
- Melil : Bell/ Glon/ Sang; Congestive headache, red face, hot head
- Meny : Cact/ Calc/ Gels/ Sep/ Mag m/ Paris
- M sulph : Ars/ Cinnab/ Dig/ Sulph
- Mezereum: Caust/ Guaiac/ Phyto/ Rhus
- Mill: Erech; epistaxis/ haemoptysis, blood bright red

- Murex: Lil/ Plat; Nymphomania
- Murex: Sep; Bearing down sensation, but has no sexual erethism
- Naja: Ars/ Cact/ CT/ Lach/ Myg/ Spig
- Nat c: Nat s, yeast like vomiting; Calc/ Sep
- Nat mur: Anthracinum (chilly NM)
- Nat s: Nat m/ Sulph
- Nat s: Merc/ Thuja; Syphilis/ sycosis in gonorrhoeal constitutions
- NA: Ars; morbid fear of typhoid
- NA: Merc; dark / light haired persons
- NV: Cornus (ineffectual urging)/ Yucca fil/ Niccolum sulph
- Op: Apis/ Bell/ Hyos/ Stram/ Zinc
- Petros: Canth/ Merc; sudden urging to urinate
- Physo: Bell/ Con/ Cur/ Gels/ Hyper/ Strych
- RT: Ars met/ Xerophyllum
- Silicea ~ Sepia
- Stram: Follows Bell/ Cuprum/ Hyos/ Lyssin
- Sul ac: Ars/ Borax/ Calendula/ Ledum/ Ruta/ Rheum/ Symphytum
- Symphytum: Arnica/ Calendula/ Calc phos/ Flor ac/ Hepar/ Silicea
- Syph: Aur/ Asaf/ Kali I/ Merc/ Phyto in bone diseases and syphilitic affections
- Taraxacum: Bry/ Chel/ Hydr/ NV in gastric and bilious affections
- Tarentula: Apis/ Crotalus/ Lach/ Plat/ Mygale/ Naja/ Ther
- Terebinth: Alumen/ Arnica/ Ars/ Canth/ Lach/ Nit ac
- Thlaspi: Sinapsis/ Trillium/ Viburnum/ Ustilago
- Thuja: Cann s/ Canth/ Cop/ Staph
- Trillium: China/ Bell/ Kali c/ Mill/ Lach/ Sep/ Sulph/ Thlaspi/ Ustilago
- Valeriana: Asaf/ Asarum/ Crocus/ Ign/ Lac c/ Spig/ Sulph
- Yohimbinum: Onosmodium
- Zincum : Hell/ Tub in incipient brain diseases and suppressed eruptions
- Zizia : Tarentula/ Agaricus/ Stramonium/ Cic/ Aethusa

- ~ Aconite & Arsenic : Acon ferrox
- ~ Allium cepa : Ocimum can
- ~ Alumina : Alumen
- ~ Andersonia rohitika : Cephalandra; Kalmegh; Azadirachta; Nyctanthes; Khel papapra
- ~ Antim crud : Enterococcinum
- ~ Antim tart : Amm gummi (chilly)
- Antim tart + K bich : Senega
- ~ Apis : Guarea
- ~ Arnica Montana : Bellis per; Terminalia arjuna
- ~ Arsenicum : Aspidosperma; Carcinocene; Cenchrus; Crot hor; Grindelia; Ver alb; Solanum; Enterococcinum; Lobelia
- ~ Arsenicum & Hyoscyamus : Ver alb
- ~ Aurum : Rauwolfia
- ~ Baptisia : Ocimum sanctum
- ~ Baryta : Causticum
- ~ Belladonna : Crot cas; Agrimony; Solanum nig; Strychnine
- ~ Berberis : Solidago; Tribulus
- ~ Bryonia : Gettysburg; Ocimum sanctum; Abroma
- ~ Bryonia & Arsenicum : Cadm sulph
- ~ Bryonia & Lycopodium : Aegle marm
- Bryonia & RT, between : Phytolacca
- ~ Bufo : Kali brom
- ~ Calc carb : Calc calcinata; Eupion; Sanicula; Thyroidinum; Glycyrrhiza glabra; Lobelia
- Calc flour + Cistus Canadensis : Gallium
- ~ Calc phos : Sanicula
- ~ Cantharis : Anagallis; Tribulus; Eryngium aquaticum
- ~ Carbo veg : Carboic acid; Crot hor; Hydrocyanic ac; Ichthyolum
- Carbo veg (exhaustion + vomiting) + Lachesis (like menses, < tight clothing) : Crot hor
- ~ Carcinocene : Scirrhinum
- ~ Causticum : Solanum xanthocarpum
- ~ Chelidonium : Carduus
- ~ China : China ars; Podophyllum; Oldenlandia

- ~ Cina : Ocimum can; Ocimum sanctum; Veronica; Saccharum off
- ~ Cocculus : Menispermum; Tinospora
- ~ Colocynthis : Ocimum canum
- ~ Cuprum met : Castanea vesca; Cina; Corallium rub
- Cup met + Nux vom + Naja : Saussurea
- ~ Cypridium : Scutellaria
- ~ Ferrum : Thymol
- ~ Gelsemium : Dysentery co; Hekla; Sul ac; China; Eucalyptus (opp of China); Nat sal ac; Echinacea; Desmodium
- Gels ~ RT : Oscillocochinum
- ~ Graphites : Castor equi
- ~ Helleborus : Terebinth; K nit
- ~ Hydrastis : Hura
- ~ Hyoscyamus : Caladium; Cicuta; Thea; Parotidium; Ver alb
- ~ Ignatia : Agrimony; Calotropis; Castoreum; Causticum; Cyclamen; Hura; Thymus serpyllum
- ~ Ignatia & Lycopodium : Carcinocene
- ~ Ipecac : Justicia; Trichosanthes
- ~ Iris versicolor : Pancreatinum
- ~ Kali bich : Silphium lac
- ~ Kali carb : Colocynth
- ~ Kali mur : Enterococchinum
- ~ Lac can : Crab apple
- ~ Lachesis : Cenchrus; Guaco; Solanum
- ~ Lachesis R sided : Crotalus cascavella
- ~ Lycopodium : Gentiana; Azadirachta; Tribulus
- ~ Mancinella : Thallium
- ~ Medorrhinum : Scutellaria; Sulph ac; Chlamydia
- ~ Mercurius : Alchemilla vul
- ~ Merc cor : Erigeron
- ~ Millefolium : Cinnamomum
- ~ Nat mur : Alumen; Alloxanum (mind); Carbo an; Nat ars; Anthracinum (chilly)(mind)
- ~ Nat sulph : Ficus religiosa
- ~ Nux vom : Angustura vera

- ~ Opium : Eschscholtzia; Hydrocyanic acid
- ~ Phosphorus : Causticum; Gallic ac; Insulinum; Terebinth
- Platina (mind) + NV (gastric) : Gratiola
- ~ Plumbum : Abelmoschus; Vincristine; Carboneum sulph;
Thallium met; Vincristine
- ~ Podophyllum : Trichosanthes
- ~ Psorinum : Xerophyllum
- ~ Puls : Streptococcinum (mind); Cyclamen; Thlaspi;
Parotidinum; Clematis erecta
- Pulsatilla + Sepia + Arnica : Aristolochia clematidis
- ~ Pyrogenium : Malaria off
- ~ RT : Rad brom; Abrotanum ; Apium; Equisetum; Nyctanthes;
Rauwolfia; Taraxacum; Rhus aromatica; Ruta; OAN
- ~ Ruta : Angustura vera; RT
- Secale + Arsenicum + Lachesis : Solanum
- ~ Selenium : Thymol
- ~ Silicea : Crot hor; Equisetum arv; Gunpowder; Sanicula;
Hippozaenium; Larch
- ~ Sepia : Carbo an; Caulophyllum; Citrus limonum;
Conium; OAN
- ~ Staphysagria : Colchicum; Gelsemium; Granatum;
Hamamelis; Hydrangea; Merc-bin-kali-iod
- ~ Staphylococcinum : Coccal co
- ~ Stigmata : Prunus spinosa
- ~ Stramonium : Solanum
- ~ Streptococcinum / Staphylococcinum : Pyrogenium
- ~ Sulphur : Tub m; Capsicum; Scirrhinum; Ocimum;
Ichthyolum; Carboneum sulph; Helonias; Sanicula;
Cephalandra; Morgan pure; Tub marmorek
- ~ Syphilinum : Stillingia
- ~ Tarentula & Stramonium : Absinthium
- ~ Thuja : Ast rub; Calendula; Ferr pic; Gymnema; Sempervivum
tec; Teucrium; Torula; Flutamide
- ~ Thyroidinum : Carboneum sulph; Calcarea
- ~ Tuberculinum : Agaricus muscarius; Nat ars; Rumex; Oleum;
Ocimum sanctum; Coccal co

- Tuberculinum + Belladonna : Drosera
- Tuberculinum + Stramonium + Phosphorus : Gallic ac

SINKING, ABDOMEN

AA

- → dyspnoea : AA

SINUSITIS

- Stannum met; frontal
- Sepia
- Sticta pul : dry cases
- Sanguinaria nit : Frontal sinusitis, R sided after the thick mucus begins to drain; pains over the frontal eminence
- Kali bich/ Kali iod : Specific for frontal sinusitis
- Sulph : Tuberculous sinus
- Insulinum 30/ 200 : Sinuses formed after the suppuration of the tubercular glands; draining pus for a long time; when all the remedies fail
- Calc iod/ Tuberculinum : First stage of inflammation of tubercular glands
- Bacillinum high potency/ Oleum jec high potency : Scrofulous ulcers/ sinus
- Sinus infection

& Acute coryza, after : Hura

& Recurrent : Carcinocene

SITTING

- < : Taraxacum
- Falls down in the chair : Stannum

- Stooping : Sulph
- Upright in his chair : Aurum

< SITTING UP

Bry, Dig (erect esp), Dios, FM

> SITTING UP

Antim t, Apis

- Erect : Bell

SKIN AFFECTIONS

Hydrocotyle; Ichthyolum; Juglans

- Affections extremely sensitive to touch; pain → fainting : Hep, Lach
- Blueness: CV, Dig
- Brownish white spots here and there: Thuja
- Cold to touch, but not subjectively cold to the patient : Led
- < cold weather : Alum, Petr
- > cold weather : K bich
- Cracked dry hard, alabaster like white : Calc flour
- Cracked rough bleeding; dry / moist : Petr
- Dark complexioned : Bry, Kreos, MP
- Dark purple colored → malignancy : Lach
- Delicate, sensitive : Caust
- Discoloration, black spots: Ars alb 3C/6C, China
- Dry rough skin: Xerophyllum
- Eczema, dry: Xerophyllum
- Eruptions, fever after: Apis, Hepar, RT
- Exposure to cold damp rainy weather, from: Dulc

- Fair, delicate: Brom, Dulc
- Hands, rough & cracked; tips of fingers rough, cracked fissured
< winter: Petr
- Head/ face: Vinca minor
- Herpes genitals: Petr
- Hot perspiration after convulsions: Op
- < Hot weather: Sarsaparilla
- Itching, hairy parts, eg arms: Sulph iod
- Itching, intense with tenderness; unable to scratch, > gentle rubbing: CT
- Itching intolerable, as from insect bites, < evening, warmth of bed, > scratching: M sol
- Itching, with febrile symptoms, < night, papules on a raised base: Prim o
- Smooth, shining, scarlet red: Bell
- < Spring every: Nat s, Psor
- Dry, hot, burning: Bell
- Lichen planus: Sulph iod
- Milky watery: Nat c
- Mottled, puckered: Hydr
- Obstinate: Sulph iod
- Painful sensitiveness of the whole body, all clothing is painful: Petr
- Redness/ soreness from slight rubbing: Vinca minor
- Sensitive to atmospheric changes: Hepar, Psor, K carb, Sulph
- Slight injuries suppurate : Bor, Calad, Graph, Hep, MS, Petr, Sil
- Spring, every : Nat sulph, Psorinum
- Sudden changes in hot weather, from : Bry, Dulc
- Tension as if several sizes too small and was crowded into it by force : Meny
- Thick brown yellow crusts on scalp, face, forehead, temples, chin with reddish borders, bleeding when scratched : Dulc
- Transparent : Silicea
- Unhealthy : Bor, Graph

& breath cold : Camph, Jatr, VA

- Vesicular erysipelas : Canth
- Yellow gray : Chel
- Wilted skin : Chel

Palms : Sep

- X-ray : Skin conditions, refusing to heal
- Insulin : Irritation
- Tuberculinum/ Bacillinum : TB skin
- Hydrocotyle
- Ailanthus glan : Eruptive diseases, low type
- Ichthyolum
- Skookum Chuck
- Sulph: Solar dermatitis; great sensitivity to the rays of the sun
- Alumina/ Sulph: Itching < getting warm in bed
- Sarsaparilla 3 TDS: Cutaneous affections in very hot months
- RT : Barber's Itch
- Acon/ Ars alb (in occasional dose) : Zona
- Graph : Skin affections with obstinate constipation/ Cicatrices
- Kali ars : Inveterate skin troubles
- Skin troubles suppressed by long term steroids: Morgan pure few doses
- Sulph in high potency in occasional doses: Seborrhoea or Seborrheic dermatitis
- Anthracinum : Cellulitis with cyanosis, decomposing tissue, severe burning pains
- Cocculus : Nervous type of dermatitis/ eczema/ seborrheic
- Caulophyllum : Face discolorations with menstrual irregularities/ uterine disease
- Crotalus horr: cold & dry
- Lachesis : cold & clammy
- Dulc : Crusta lactea/ Ringworm
- Alumina/ Petroleum: Itching worse in winter
- Antimonium Crudum: Eczema with gastric derangements. Pimples, vesicles and pustules. Urticaria, measles like eruptions. Scaly, pustular eruptions with burning and itching worse at night

- *Astacus fluviatilis*: Urticaria.-Nettle-rash over the whole body. Itching. Crusta lactea, Erysipelas, and liver affections with nettle-rash
- *Bovista*: Urticaria on excitement. Eczema moist: Formation of thick crusts. Pimples over the entire body; scurvy; herpetic eruptions. Pellagra
- *Cornus Circinata*: Vesicular eruption associated with chronic liver disease or aphthous stomatitis. Vesicular eczema of face in infants
- *Copaiva*: Hives with fever and constipation. Roseola. Erysipelatous inflammation especially around the abdomen. Bullous eruptions
- *Croton tiglium*: Pustular eruption, especially on face and genital with fearful itching. Vesicular erysipelas. Herpes zoster, smarting pain of the eruptions. Diarrhea and skin affections alternate with each other
- *Dolichos*: Intense itching. Herpes zoster. Often associated with liver problems
- *Dulcamara*: Herpes zoster, Pemphigus. Vesicular eruptions, Little boils, urticaria, brought on by exposure or sour stomach. Humid eruption on face, genitalia, hand etc
- *Iris versicolor*: Herpes Zoster, associated with gastric derangements. Pustular eruptions, Psoriasis; patches with shining scales. Eczema with nightly itching
- *Juglans cinerea*: Red eruptions like flush of scarlatina. Jaundice with pain in the liver and right scapula.Pustules. Eczema, especially on lower extremities, sacrum & hands. Erythema and erysipelatous redness
- *Lycopodium*: Hives, Fissured eruption. Acne. Chronic eczema is associated with urinary, Gastric and hepatic disorders. Psoriasis
- *Nux vomica*: Urticaria with gastric derangements. Acne, skin red and blotchy
- *Pulsatilla*: Urticaria after rich food with diarrhea. Measles. Acne at puberty
- *Skatol*: Acne with autointoxication dependent upon intestinal decomposition

- *Triosteum perfoliatum*: Itching welts. Urticaria from gastric derangements
- *Ars sulph flav*
- Echinacea
- *Hura*
- *Juglans regia* : Acne
- *Mancinella* : dermatitis
- *Mangifera indica* : Haemorrhages with itching skin
- *Medusa* : Rash
- *Rad brom*
- *Rhus ven*
- *Taxus bacc*
- *Vaccinum*: After vaccines, if thuja fails, bad skin problems
- *Acrodermatitis enteropathica* : Zincum
- Asthma, with : *Cassia soph*
- Basal cell carcinoma, actinic keratosis : Fluorouracil (topically)
- Blackness : *Solanum*
- Brown colored spots : *Thyroidinum*; *Thuja*; *Flutamide*
- Cold/ clammy : *CV*; *Oxal ac*
- Cracks : *Causticum*; *Graphites*
- Cracks in winter : *Alumina*
- Diseases, < heat, > cold : *Tribulus*
- Dry : *Alumina*; *Lobelia*; *Populus*; *Fluorouracil*
- Eruptions + diabetic neuropathy + sleeplessness : *Dapsone*
- Hard : *Ars iod*; *Calotropis*; *Hura*; *Populus*; *X-ray*
- Induration/ cracks : *Calotropis*
- Itching from meat : *Ruta*
- Itching < night : *Juglans r*
- Oily : *Sycotic co*
- Pre-malignant skin condition : *Fluorouracil*
- Stinging/ burning as if eruptions will appear : *Populus*
- Thickening : *X-ray*; *Fluorouracil*
- Tuberculosis/ scrofuloderma : *Stillingia*
- < Undressing : *Carcinocene*; *Juglans r*

SLE (LUPUS)

- Arsenic album
- Tuberculinum
- Bacillinum
- Hydrocotyle
- Thiosinaminum
- Salix fragilis: Joint pains due to SLE, taper folitrax and then the suppressed symptoms will become more prominent

< SLEEP, AFTER

Apis, Cocc, Lach, Op, Stram, Spongia

> SLEEP

- Lyco
- > Short sleep: Medo, NV, Phos ac

< SLEEP, DURING

Apis, Lach, Op

> SLEEP DURING

Sang; Sep

SLEEP, POSITION

- Impossible on the back : AA
- Better on the back : Ars
- Better on the belly : AA, AC, Bary carb, Puls
- Knee-elbow position: Carc

SLEEP

- Anxious : Ars
- Catnap : Opium, Sulph
- Chews in : Cina, Ign
- Cries in sleep : Aur met; Zincum, Conium
- Drowsy day, wakes at night : Sulph
- Heavy stupid with stertorous breathing, red face, eyes half closed, bloodshot : Op
- Jerks during : Zizia
- Laughs in sleep : Hyos, Lyco
- Night terrors : K brom
- Picking of bed clothes : Op
- Screams, shrieks starts during : Apis, Hell, K brom, Sulph, Tub
- Unrefreshing : Bry, China, Con, Hep, MC, Op, Sulph
- Salivation during : Merc sol, Lach
- Screams : Apis
- Short sleep suffices : Hyos
- Sings during : Sulphur
- Sleepy but cannot sleep : Bell, Cham, Op, Stram, Caust
- Snores : Opium
- Soporose : Hell
- Startles during : Bell, CC
- Stertorous : Nux mos, Opium
- Talks in sleep : Bary carb, Puls, Lach, Nat mur
- Walks in sleep : Silicea, Phos, Puls, Nat mur
- Wide awake at night; drowsy in afternoon, after sunset : Sulph
- Aur met/ Con/ Zinc; sobs in sleep
- Bary carb/ Puls/ Lach; talks in sleep
- Hyos/ Lyco; laughs in sleep
- Sil/ Phos/ Puls/ K brom : walks in sleep
- Apis; screams in sleep
- Sulph : sings in sleep
- Opium : snores in sleep
- Merc sol/ Lach : salivation in sleep

- Cina/ Ign : Chewing in sleep
- Ars alb : anxious sleep
- Opium/ Sulph : catnap sleep
- Bell/ CC : Startles in sleep
- Apis : screams in sleep
- Opium/ Nux mos : stertorous sleep (noisy & labored)
- Sulph : drowsy day; wakes at night
- Suffocative spells in sleep : Naja, Lachesis, Grindelia, Am c, Opium
- Night-terrors, children : K brom / K phos
- >: Sepia; Phos
- Sleeps on the face : Cina, Lac can, Medorrhinum
- < loss of sleep : Lac def, Cocc, Nit ac
- Abdomen, on : Chlamydia trachomatis; Medorrhinum; Carcinocene
- Back, on ; < On either side : Lil tig
- Knee-elbow position : Carcinocene
- Open mouth, eyes half open : Opium
- < sleep, after : Homarus; Naja; Lachesis; Grindelia
- < Loss of : Cocculus
- Smothering after falling sleep : Grindelia
- Starts from sleep : Ocimum sanctum
- Unrefreshed : Berb vul
- Wakes up too early, cannot sleep off again : Bellis perennis

SLEEPINESS

Antim t, Nux m, Op, China, Nat ars (drowsiness), Clematis;
Laurocerasus

- Eating, after : Fel tauri
- Sudden : Rumex
- But cannot sleep : Bell, Cham, Caust, Op, Stram
- But can't find rest anywhere : Coca
- Dinner after : NV

- Dreamy sleep at daybreak from which he is hard to arouse, feels tired & weak after : NV
- Evening, while sitting or reading hours before bedtime; awakes at 3-4 am : NV

SLEEPLESSNESS

Coff, Hyos, Op, Chin ars; Helonias; Crataegus; Valeriana; Syphilinum; Xanthoxylum

- Constipation, with : Opium; Eschscholtzia
- Dizziness, with : Mandragora
- Gastric symptoms, with : Gratiola
- HT, with : Rauwolfia; Tela ar
- Loquacity in women, with : Paris quad
- Persistent : Thuja; Tribulus
- Restlessness/ exhaustion/ DM, with : Helonias; Piper
- Skin eruptions + diabetic neuropathy, with : Dapsone
- Tobacco intake, with : Thea
- Unwanted thoughts, because of : Coffea; Apium g
- < 3 am : China
- Acuteness of hearing, clock striking & cocks crowing keep her awake : Op
- Anxiety, for small tasks for the next day or anticipated ordeal , from : Alumina
- Awakens from cold limbs/ knees at night : Apis, CV
- Business embarrassments, from : Ambr, Act rac, Hyos, K brom, Sep
- Chronic, after the use of bromides : Bromium
- Delirium tremens, of: Sumbul (15 drops of the tincture)
- Grief from : K brom
- Headache, from : Syph
- Headache, with and melancholy : Zinc val
- Homesickness, from : Caps
- Irritable excitable persons : Hyos

- Loss of property from : K brom
- Loss of reputation from : K brom
- Menopausal : Coff
- Overactivity/ ideas crowding in the mind/ physical excitement/ mental exaltation : Coff
- Overtired when : Helon
- Sexual: K brom, Raphanus
- Uterine irritation/ prolapse, with: Senecio (also has A sweets)
- Wakes up from sleep, aroused from sleep: Medo
- Worry from: K brom
- Acon + Bell + Cham or ABC 1X/3X
- China ars 5/6 : Single dose
- Sarcosolactic acid 6- 30
- Sticta pul 200 : I sleep badly since my accident/ injury/ wounds; makes the fracture victims sleep
- Aranea diad : General sedative in cardiac affections, asthma, tuberculosis etc
- Hyos nig/ K brom/ Ambra : Sleepless from business embarrassments
- Bellis : Wakes up too early in the morning and cannot get off again
- K brom : worry/ grief; loss of property/ reputation
- Must get up, can't sleep : Ambra/ Sepia/ Actae/ Magnesia
- Inducing insomnia: Ferr phos 6X
- Adrenalinum

SLEEPING SICKNESS

Nat ars; Gelsemium

SLIGHTEST WOUNDS BLEED FOR LONG

Sec, Lach, Phos

SLUGGISHNESS

Alumina; Zincum

SMALL-POX

- Malandrinum
- Sarracenia pur
- Variolinum

SMELL

- Loss of : Justicia
- Offensive : Carbolic ac

SMELL/ SIGHT OF FOOD INTOLERABLE

Ars, Colch, Sep

SMILING

- Always : Cann ind
- Answering, while : Belladonna
- Artificial : Agrimony
- Without any reason, even in pain : Aurum; Belladonna

< SMOKING

Bor, Cocc, Ign

SMOKING

- Cigarettes with heart complaints & twitching : Scutellaria

SMOKING ADDICTION

- Tabacum 6
- Caladium 6X
- Nux vom 200
- Nicotine 6X
- Avena sativa 1X
- Scleranthus
- Cherry plum
- Staph 30
- Arnica 30

SNAKE-POISONING

- Golondrina
- Guaco
- Hoang nan : Snake bite
- Kali perm
- Viper bite : Naja CM, every 10 minutes

SNEEZING

Justicia; Aralia; Badiaga

- Asthma, leading to, with itching eyes and nose: Succ ac, Sabadilla, Ars iod
- < Night: Arum t
- Paroxysmal: Tabacum
- Sun, exposure to: Agaricus, Merc, Nat mur, Sanguinaria

SNORING

- Sleep during, when a person involuntarily raises his hands over the head: Rheum
- Nat phos

- Children : China off
- Fevers : China off

SOMNAMBULISM

K brom, Sil, Phos, Puls

- Suppressed emotions, from : Zincum met

SOLES

- Burning at night, puts them out of bed : Cham, Medo, Puls, Sulph
- Horny excrescences : Antim crud
- Raw from perspiration: CC, Graph, Sanic
- Tender: Antim crud, Medo

SORENESS

Abrot, Act rac, Arn, Caust, China, Ham, Badiaga

- Muscular, after violent muscular exertion : Act rac

SOUR ODOR OF THE WHOLE BODY

CC, Hep, MC, Rheum

SPASMS, HYSTERICAL OR EPILEPTIC, REFLEX FROM UTERINE DISEASE

Act rac

SPEECH

- Child repeats everything said to it : Zincum
- Mumbling : Silicea
- Slow / Hesitant/ Stupid : Bary carb
- Stammering : K brom, Bovista, Stram, Ignatia, Spigelia
- Delayed : Hydrocotyle
- Heaviness/ slurring : Guaco

SPINE

Guaco; Mag flour

- Cord, locomotor ataxia early stage, with fulgurating pain :
Strychnine
- H/O spinal injury : Polygonum
- Injury : Arnica; Nat sulph; Opium; Cicuta; Betonica; Helleborus;
Hypericum; Polygonum; Pituitarinum
- Sclerosis : Strychnine
- Spur formation : Polygonum
- Base of the brain → coccyx : Medo
- Burning, whole length of spine; pain < sitting, > walking about :
Cobalt, Puls, RT, Zincum
- Concussion → chronic effects esp spasms : Cic
- Congestion: Gels
- Deep seated affections of spinal / sympathetic nervous system :
Medo
- Diseases of the spinal cord / membranes: Medo
- Fall on spine : Hyp
- Headaches of spinal patients : Silicea
- < jar of foot on the floor : Theridion
- Sensitive to touch/ pressure : Agar, Chin s, Hyp, LC, Medo,
Phos, Ther, Zinc, Tarentula
- Slightest touch → Pain in chest : Tarentula
- Slightest motion of arms or neck extorts cries : Hyp
- < Morning : Agar

- < noise, least : Theridion
- Injuries : Podo
- Irritation due to sexual excesses : Agar, Kali phos, Nat m
- Pain from motion : Agar
- Pain while swallowing : Caust
- Thrombosis A Spinal A/ Brown sequard syndrome/ Spinal injury: Ergotinum
- Tightness/ contraction → whole length of the spine : Medo
- Weak, disposed to curvatures : CP, Ther

L side : CP

- Bellis per : Railway spine/ commercial travelers
- Gels : Spinal congestion
- Silicea : Headaches of spinal patients; debilitated/ hyper-aesthetic nervous centers
- Podo : Certain spinal injuries
- Hyper : Spinal injuries
- Thallium : Syphilitic spinal sclerosis; neuralgic spasmodic pains
- Strychnine phos : Anemia of spinal cord
- Guaco : Extravasation of blood into the spine, causing paralysis of extremities and tongue
- Fagopyrum: Cervical spondylosis
- Iridium: Paralysis

SPLEEN DISEASES

Rubia tinctorum, Ceanothus; Andersonia rohitaka; Quercus glandium spiritus

- Splenomegaly : Helianthus
- Epidemics, cattle, horses, sheep: Anth
- Diosma lin
- Ceanothus
- Rubia tinctorum (low potency)

SPLINTER REMOVAL

Hepar; Silicea; Anagallis

SPRAINS

Ruta; Stront carb

- Chronic : Stront carb
- > Immersion in hot water : Stront carb

SPRING

- < : Nat sulph, Lach

STAGE-FRIGHT

- Ignatia : Prophylactically a few doses on the day of the performance and a dose just before it

< STANDING

Sulph

- Weakness, drops down : Scrophularia; Stannum

> STANDING

Bell

STAMMERING

Stram, Bovista, Ignatia, Spigelia

- Children : Bov, Stram, K brom
- Imperfect speech from tongue paralysis : Cup

STAMINA

- Lack of, for mental work : Silicea

STARING

thoughtless look : Helleborus

STERILITY/ INFERTILITY

- Nat carb/ X-ray : Obstinate cases
- Nat mur 6X; in brandy in the evening followed by intercourse that night
- Rawolfia serpentina 30, BD, 5-cup method : Males, H/O brain fag
- Pituitarinum
- Thyroidinum: Azoospermia
- Women : Pituitarinum; Saraca ind

> STIMULANTS

Conium

< STIMULANTS

Opium, Naja

STOMACH/ GASTRIC

Ant c, Hydr, Ipec, Puls

- Antrum diseases: Tilia, Kali hyd, Chel
- Anxiety / worry, from: NV
- Band drawn tightly around the body: MP
- Brandy / coffee / drugs: NV
- Burning / icy coldness: Colch
- Bursting with wind, as if: Arg n, CV, Colch, K carb
- Clutching / squeezing / gripping as from a hand: Ipec
- Coldness from water, not from alcoholic drinks: Sul ac
- Cold fruits, ice cream, ice water, bad sausage, alcoholic drinks, strong cheese: Ars alb
- Emptiness, not better by eating: Ign
- Faintness / sinking: CH, Dig, LC, Lob, Tabacum
- Gnawing hungry faint feeling at the epigastrium, leading to distension of abdomen and palpitation, if the hunger is gratified: Abies can
- Indescribable feeling at the epigastrium from excessive use of tea or tobacco: Lob
- < Motion: Ipec
- Pain, crampy / spasmodic: Bism, MP
- Pain when stomach is empty, > constant eating: Anac, Chel, Petr, Sep
- Pit swollen like inverted saucer: CC, K carb
- Pressing, horrible sensation in drunkards: Asar
- Pressure as from a stone in one spot: Bism, Bry, K bich

> Eructation: Bry, NV, Puls

< 1-2 hrs after eating: NV

< immediately after eating: Kali bich, Nux m

- Relaxed as if hanging down: Agaricus, Ign, Ipec, Staph; Tabacum

Nausea with: Tabacum

- Round ulcer: Gym, K bich
- Sinking all gone sensation: Murex, Sep; Tabacum
- Spasmodic / Neuralgic affections: Caul, Colo, MP, MC

- Tightness, must loosen clothing: NV
- Vomiting in CA Stomach: Kreos
- Weak, empty, all-gone sensation at 11 am: Sulph; Nat c
- Weak, empty, all gone sensation, < 10-11 am, > eating: Nat c
- Cancer : Agrimony; Hydrastis
- Empty, not > eating : Teucrium
- Gastroenteritis : Enterococcinum
- Pain when hungry, > eating : Pneumococcinum

STONES

Tribulus; Thlaspi bursa

- Bladder : Cynodon; Tribulus
- Extreme cases : Parathyroidinum

STOOL

- → Anal soreness : M dul
- Ball like with constriction / inertia of bowels : Lach, Medo
- Bloody, slimy : Merc, M cor
- Clay colored : Calc, Hep, Podo
- Solid but involuntary with lumps of mucus : Aloes
- Before stool, rumbling, violent urging, heaviness rectum : Aloes
- Blood streaks/ bloody, with : Carb.an., Canth, Colch, Ipec, M cor
- Brown liquid : Graph
- Burning after stool : CV
- Cadaverous smelling : CV, Graph, Kreos (with vomiting)
- Coming out like a shot : CT, Gamb, Grat, Podo, Thuja
- Crumbling at the verge of anus : AC, MM, Nat m
- Delayed, chalky : Dig
- During stool, tenesmus and flatus : Aloes, Collin
- After stool, faintness : Aloes
- > After stool : Aloes
- Dark colored, offensive : Ars, Cham, Op
- Foamy slimy like frothy molasses : Ipec

- Frequent : CV, CT
- Grassy Green : Cham, Ipec, M dul
- Green mucus like chopped spinach : Arg n
- Large, too : Graph, K carb, LD, MM, Sulph
- Large hard lacerating anus : LD
- Light colored, ash colored : Dig
- White/ pale/ red/ tough mucus like scrapings from intestines :
Canth, CA, Colch, Ipec, M cor
- Hard, difficult : FM, MM, Nat m
- Hard, knotty, covered with mucus : Alum, Collin, Graph, MM
- Hard round black, balls : Aster, Chel, MM, Op, Plumb, Thuja,
Cimex
- Hot : Cham, M cor
- Involuntary : Aloes, CV, Dig, Hell, Iod, MA, Nat m, Olean, Podo

Fright after : Gels, Op

Knows not whether feces or flatus passed : Aloes, Iod, MA, Nat
m, Olean, Podo

Urination, with : MA

- Mucus

Tenacious colorless mucus, white jelly like mucus like frog spawn
: Hell

- Never get done sensation: Merc, Senna
- Offensive like rotten eggs : Cham, M dul, M cor
- Offensive : M cor, Op
- Painful extorting cries : LD, Medo
- Pipe-stem : Dig
- Profuse : M dul
- Receding : Op, Sil, Thuja
- Scanty : MM, M cor
- Shining like grease : Caust
- Shivering during : Rheum
- Soft, clayey; adhering to parts : Alum, Plat
- Soft voided with difficulty : Alum, CV

- > Standing, passes : Caust, Alum
- Intolerance of others, during stool : Ambr
- Frequent, ineffectual desire : Ambr, FM, NV
- Great desire, but passes away without evacuation; as if anus was plugged up : Anac
- Ribbon like stool : Arnica
- Swashing intestines before stool : CT
- Tardy/ sluggish : Collin
- Tenacious clay like : Medo
- Thirst after stool : Caps
- Urging constant : CT, LT

Prolapsus, with; from pressure in the rectum : LT

- Watery : Ars, Bism, Cham, CT, Hell, VA
- White, almost : Dig
- E-histolytica on culture: Holarrhena antidysenterica
- Cold : Conium
- Thigh pain during : RT
- Clay colored : Hepar, Calc, Podophyllum
- Soft, adhering to parts : Alumina, Platina
- Soft, requires great straining : Alumina, Anac, Veratrum, Silicea, Platina
- < during : Ver alb
- Leptandra : black stool with liver troubles
- Green, like green paint, chopped spinach: Ars, Cham
- Chopped eggs, chopped spinach: Cham
- Diarrhea after sugar, forcible/ sudden gushing: Gambogia
- Bloody, leading to weakness : Trichosanthes
- Breakfast/ tea, after : Thuja; Flutamide
- Fluid-yellow or greenish; never-get-done sensation : Senna
- Hurried urging on waking; > passing flatus : Homarus
- Ineffectual urge : NV; Term chebula; Berb vul; Geranium; Lil tig
- Involuntary : Helleborus; Aloes
- Pain, during & after stool : Paeonia
- > Passing stool : Carbo an; Nat sulph
- Straining : Ratanhia

- Sudden urging with quick stool : Gratiola
- Undigested : Ferr m
- Unsatisfactory, even after purgatives : Saussurea

< STOOPING

Aesc, Glonoine, Solanum

STRABISMUS

- Tabacum : Brain troubles
- Spigelia : As if caused by worms

STRETCHING

- < : Medo
- > : Medo, Sec cor
- Constant: Amyl

STRICTURE

- Esophagus : Phos
- Thiosinaminum
- Urinary, commencing : Clematis erecta (~Puls); Causticum;
Solanum xanthocarpum

STROKE/ COMA

- After: Pituitarinum (high potency)
- Involuntary evacuations/ diarrhea, with: Arnica 10M (first remedy)
- Unable to talk, thrombotic phenomenon: Bothrops high potency;
Crotalus casc
- Chenopodium antihelminticum

- Kali brom
- Vipera
- Before coma, low muttering delirium: Solanacea/ Stramonium/ Hyos
- Foolish talking: Opium, Stramonium, Hyos
- Stares at one spot: Ignatia
- Excessive pressure/ responsibility: Aurum, Baryta, Plumbum
- One Pupil dilated, one constricted: Cadm sulph
- Yawning in coma: Amyl nit (convulsions, 30C)
- Open eyes/ mouth with tongue paralyzed : Croton hor

STUPOR

Bell, Bapt, Diphth, Hell, Lach

- Apoplexy, after : Apis, when Opium fails

STYES

- Puls
- Staph: R upper lid
- Lappa – Arctium: Obstinate
- Tarsal tumors/ styes: Platanus occidentalis (tincture, 6C), Apis, RT, Staph, Hypericum
- Recurrent : Staphysagria

< SOUPS

Alum

SUFFOCATION

- Night, on closing eyes : Carbo an
- < sleep, after : Naja; Lachesis

SUN EXPOSURE UNBEARABLE/ SUNSTROKE

Antim, Bell, Canth, Glon, Lach, Nat c, Nat m, Usnea, Ver vir,
Geranium; K bich; Thuja

- Sun rising & mid-day : Kalmia
- Eyes, to : Asar
- Depression, from : Gels
- Double or partial vision : Gels; Glon; Ver vir
- Headaches from : Nat c, Nat m
- Sunburn/ erythema : Canth

SUICIDAL

Antim, Aur, Naja, Nat s, NV

- Driving his car into a wall : Aurum
- Drowning by : Antim
- Afraid to die, but : NV
- Jumping off the bridge or a window : Aurum
- Shoot himself, wants to; satiety of life : Nat s

SUMMER COMPLAINTS

- Mental Depression: Gels 1M
- Vertigo : Psorinum 200, Phos 1Ma
- Conjunctivitis (granular) : Sepia 200
- Headache : Nat Carb 30, Glonoine 1M
- Coryza : Gels 200
- Cold/ coryza with diarrhea : Dulcamara 200
- Pimples : Bov 30, Muriatic acid 30
- Freckles : Sulphur 1M
- Rough face after exposure to sun : Kalmia 200
- Toothache : Ant crud 200
- Stomach complaints : Guaicum Q

- Colitis : Vaccinium 30
- Constipation : Bry 200
- Periodical Diarrhea/ Dysentery in every summer : Kali Bich 6
- Diarrhea after taking cold drinks : Nux Mos 30
- Diarrhea after taking cold food : Acid Phos 30
- Asthma after taking cold : Ars Alb 0/3
- Asthma : Syphilinum 10 M
- General respiratory and laryngeal complaints : Argentum Nit 30
- Summer Cough: Sang Can 30
- Burning Soles : Vespa 30
- Restless Sleep : Ferrum picric 200
- Weakness and sleepiness due to heat of summer : Cornus Circinatus
- Fever : Capsicum 30
- Cracked skin : Coccus Cact 30
- Jaundice : Chionanthus Q
- Skin Eruptions : Kali Bich 1M
- Convulsions: Stramonium 200
- Fainting of school children (and adults) in summer due to exposure to sun: Ant Crud 200.

SUNSTROKE

- Gels
- Nat mur
- Nat carb

SUPPURATION

- Prevents : Calen, Sal ac

SURGERY

- Retention urine after operation : Causticum
- Surgical shock : Stront carb

- Mammary nodules reappear after several years of operation :
Bellis per
- Cancer recurrence after operation : Nit ac, Silicea
- Mastoid operation : Caps
- Cataract extraction : RT (Threatened iritis & pus formation);
Senna (absorption of lens debris); All cepa (Neuralgic pain
within first 24 hrs, 5 drop doses of the tincture)

☞ **Abdominal Operation**

- Staphysagria : wound is unduly painful
- Carbo an : Flatulent distension after operation
- Hyos : Hiccoughs after operation
- China : Flatulence & encourages peristalsis
- Lyco : Distension after operation
- Ferr met : Post-operative vomiting induced by eating
- Kali carb : Re-establish peristalsis after operation, loss of blood
from operation; laxity, muscles relaxed, incarcerated flatus, as if
something cold in the intestines, regurgitation, tympanitis.
- Raphanus bulb : Accumulation/ retention flatus
- Carbo veg/ China : Collapse following spinal caries operation/
opening a cold abscess
- Stront carb : Sudden collapse following an operation, surgeon's
carbo veg

SUSPICIOUS

Anac, Hyos, VV, MAP

- Everything around him : Anac
- Plot, of some : Hyos

SWALLOWING

- < : Stram
- Burning stinging with dry constricted fauces : Aesc, Apis, Bell

- Choking on swallowing; things go down the wrong way : Anac, Cann s, K carb
- Constant inclination : Ign, LC, Sabadilla
- Difficulty, even spasm of the esophagus from swallowing liquids; gagging when swallowing liquids : Lyss
- Frequent : Aesc, Ign, LC, Lyss, Merc
- Hasty : Anac
- Impossible, liquids/ solids : Medo, Merc, Sul ac, Lac can, Merc cor
- Involuntary : Merc cor
- Liquids only : Bapt, BC, Sil
- Liquids only but averse to them : Sil
- Painful, almost impossible : LC, Merc
- Painless; liquids come back through the nose : Diphth
- Solids cause gagging/ choking : Merc cor, Graphites
- > Swallowing : Ign

SWEAT

- > : Clematis; Eup perf
- Attracts flies : Caladium
- Cold : VA; VV
- Drenching during sleep : Aralia; Chin ars
- Easily on exertion : Eupion; CC
- Eating, after : Sul ac
- Extremities : Oleum
- Night during sleep : Conium; Thuja
- Profuse : Hepar; Hydrocotyle
- Profuse after acutes, relieves everything : Psorinum
- Profuse & offensive : Hydrocotyle; Silicea; Equisetum
- Single part : Thuja
- Sleep, during; must move in bed, < lying still : Thuja
- Staining yellow : Carbo an

SWELLING

- Upper eyelids and eye-brows : K carb

SYCOTIC

Chimaphila

SYMPTOMS REAPPEAR WITH A CHANGE OF LOCALITY/ SIDE

Antim, Lac can, Tub

SYNCOPE

- Fatal when being moved to an upright position : Dig

SYPHILITIC

K iod; Syphilinum; Calotropis; Stillingia





T



TABES DORSALIS

- Plumb iod
- Thiosinaminum: Lightning pains

TACHYCARDIA

Iberis

TALKING

- Fatigue, faint; must sit down : Alum
- Agg : Ambr, Arg m, Cocc, Nat m
- Rhymes/ verses in : Antim

TALL

Phosphorus; Gossypium

TAPEWORM

- Granatum
- Pelletierine
- Cina
- Koussou: Brayera; ½ oz in warm water, let stand for 15 mins, stir well & administer; preceded by lemon juice
- Malotus: Kamala

TASTE

- Bitter : Nat s
- Metallic : Cocc, Cup, MS
- Salty : Cycl
- Sour : Lyco
- Sugar tastes bitter : Sang
- Sweetish : Cup
- Sabina: milk tastes bitter
- Sang: sugar tastes bitter
- Iod: plums taste bitter
- Acon/ Ars: water tastes bitter
- Puls: bread tastes bitter; food / drink don't have their natural taste
- Rumex: food tastes bitter
- NV: Taste bitter but food / drinks tastes normal
- Acon/ Stann: everything except water tastes bitter
- Nat m: no taste of any kind
- Bitter : Ocimum sanctum; Taraxacum
- Water tastes bad : Thlaspi

TEA DRINKERS

Dios, Lob

- Tea dyspepsia : Anthemis nob; Thea

TEETH

Hekla lava

- Grey : X-ray
- Grinding : Cann ind
- Serrated : Bacillinum; Lachesis; Medorrhinum; Plumbum met; Staphysagria; Tuberculinum; Thuja
- Tartar : Calc ren
- Yellow : Lycopodium; Thuja; Bacillinum; All-c; Ars alb; Asc-t; Belladonna; Bryonia; Cadmium; Iodium; KC; Kreosote; Medorrhinum; Mercurius; Nit ac; Phos ac; Calc ren; Tetracycline
- Begin to decay as soon as they appear : Kreos
- Black, dark streaks : Staph
- Bleeding after tooth extraction : Trillium, Ham; Kreos
- Biting cheeks : Ignatia
- Caries, prevents : Coca, Calc flour
- Caries rapid : FA
- Crowns decay, roots remain : Merc
- Crowns intact, roots decay : Mez; Thuja
- Dark oozing after extraction : Ham, Kreos
- Decay at the edge of the gum and break off, cupped, edges serrated : Syph; Staph
- Dwarfed in size, converge at the tips : Syph; Staph
- Edges decay : Staph ; Syph
- Elongated feel : Mez
- Extraction, after : Arnica, Trillium
- Fistula dentalis : FA
- Grinding at night, during sleep : Cic, Cina, K brom, Spig
- Loose : CV
- Pain: Plantago
- Pain > eating: Plantago
- Pain, < eating: Verbascum
- Yellow, crumbling : Thuja, Syphilinum, Medo
- Pain only when eating < when touched by anything warm/ cold : K carb

- Hemorrhagic patient, before a tooth extraction : Mill/ Lach
- Coccinella : Neuralgia
- Dental periostitis: 3rd decimal trituration of Merc viv (2 grain doses)
- Pain, carious teeth: Kreosote MT, in the space between the decayed teeth

TEETHING

Aeth, Ars

- Indigestion, vomitings : Aethusa
- Pale, weak, fretful : Arsenic

TEMPERATURE

- ↓ affected by temperature: Fl ac
- < Extremes: Lach

TENDONS

RT 1M (every 15 mins or every hourly), Anacardium

- Injury : Equisetum

TENSION

Amyl nit

TESTICLES

- Azoospermia: Medo, Thyroidinum (low potency)
- Carcinoma: Con, Cadmium phos
- Pain, crushed: Arg m, Rhod, Salix nigra (painful movement)

- Hypertrophy / induration: BC, Con
- Under-developed: Aurum
- Undescended: Aur met 200- 10M
- Carcinoma : Scrophularia; Cisplatin; Vincristine
- Orchitis : Clematis; Hamamelis
- Tumor : Epipodophyllum
- Undescended : Thyroidinum

TETANUS

- Cold clammy sweat, face; cold breath, drenching sweating, last stage : Carbo veg CM
- Idiopathic / traumatic; < slightest breath of air from a person passing : Hyper, Lyssin, Nux, Physostigma, Strych
- Splinters in flesh, from : Cic, Hyp
- Traumatic injuries after : Hyp, Physo

THEORIZING CONSTANTLY

Cann i

THIN

- Lachesis
- NV
- Ars iod

< THINKING OF HIS COMPLAINTS/ DISEASE

BC, OA, CP, Helon, Medo

> THINKING OF HIS COMPLAINTS/ DISEASE

Camph, Hell

THIRST

- Burning : Ars

With no desire to drink : Ars

With desire for cold water, little & often at a time : Ars

- Constant, even dreams she is drinking : Medo
- Coryza, in : All cepa, Ars, Acon, Merc sol
- Diabetes, in : Uran nit, Lyco, Merc sol, Nat mur
- Diarrhea, in : Nat mur, Ver alb, Ars alb
- Drinks cold water greedily while unconscious : Hell
- Dropsy, in : Apoc, Acet ac, Ars, Lyco
- During chill : Ign, Caps
- Fever, in : Eup perf, Acon, Bry, Nat mur, Antim crud
- Frequent : Ars alb
- Hot drinks, for : Ars alb, Chel, Lyco
- Hunger with; yet as soon as they begin to eat or drink, they lose all desire : Petros
- Increased with much appetite : Iodum
- Increased for large quantities : AA, Acon, Bor, Bry, Helon, Merc, Medo

At long intervals : Bry

Moist tongue & profuse saliva, with : Merc

- Insatiable before & during chill & fever : Eup perf
- Large quantities, for : Bry, Sulphur, Nat mur, Ver alb, Ignatia, Merc sol
- Shivering after drinking : Caps
- Stomach symptoms, in : Belladonna
- Stool, after every : Caps
- Increased : Sang
- Hot drinks : Cala, Chel, Ars, Sabad, Lyco, Spig, Calc flour
- Drinks/ Water : Acet ac, Apoc, Ars, Bism, Bry, Cham, Eup, Medo, MS, NM, Phos, Podo, Sang, Sec, Sulph, VA

- Thirst during chill : Ign, Caps
- Thirstless during chill : Ars/ Spong
- Thirst in coryza : Ars / Acon/ Allium/ Merc
- Thirst in diarrhea : Nat mur/ Ver alb/ Ars alb
- Thirst in dropsy : Acet ac/ Apoc/ Ars alb/ Lyco
- Thirst in diabetes : Uran nit/ Lyco/ Merc sol/ Nat mur
- Thirst in fever : Eup perf/ Acon/ Bryonia/ Nat mur/ Ant crud
- Thirst for large quantity : Bryonia / Sulph/ Nat mur/ Verat alb/ Ign / Merc sol
- Frequent thirst : Ars alb
- Thirst hot drinks : Ars alb/ Chel/ Lyco
- Thirst increased in stomach symptoms : Bell
- Thirst for cold water, a few hours after dinner ; thirst, afternoon; thirst between chill and heat : Nat carb
- Thirst for large quantities of very cold water, acid drinks; wants everything cold : Ver alb
- Constantly, dreams of drinking : Medorrhinum
- Increased : Hydrangea; Parotidinum; Chin sulph; Helonias
- Sips of water : Ars alb; Chin ars

THIRSTLESS

Aeth, Apis, China, Puls, Ipec

- Chill in : Ars, Spongia
- Coryza, in : Calc carb
- Days for : Caladium
- Diarrhea, in : Camphor, Ipec, Podo, Puls
- Dropsy, in : Apis
- Fever, in : AA, Ign, Ferr, Gels
- Heat of fever : Ign
- Pregnancy, in : Puls
- Stomach troubles, except in : Bell
- Thirstless during pregnancy : Puls
- Thirstless in fever : Apis/ Ferr/ Gels
- Thirstless during heat : Ign

- Thirstless except in stomach troubles : Bell
- Thirstless in coryza : Calc carb
- Thirstlessness : Aeth, Apis, Nux mos, Gels, Puls, Sarsaparilla
- Thirstlessness for many days : Calad
- Thirstless in dropsy : Apis

THOUGHTS

- Death, of : Graph
- Uncommon mental activity; cannot stop thinking : Physo

THROAT

- Cervical/ parotids are enormously swollen : M proto
- Clergyman's : Arum t, Dros
- Cold severe with aching bones : Medo
- Coldness, larynx : Brom
- Constant desire to swallow : LC, Lyss, Merc
- Constantly filled with thick gray bloody mucus from the posterior nares : Hydr, Medo
- Emaciation of children during summer complaints : Nat m, Sanic
- < Empty swallowing : CH, Ign, LC
- Intolerance of tight bands; sensitive to touch of clothes : Lach, LC
- Lump sensation, burning, obstruction: Sinapis alba
- < Menses before : MC, Senecio aureus
- < Menses during : CC
- Mucus offensive, morning : Euph
- Mucus, constantly hawking to clear the throat, dropping into the throat from posterior nares : Nat c
- Catarrh, profuse during the day, stopped up at night : Nat c, NV
- Painless : Bapt
- < Talking, singing : Arum
- R side affected, as if splinter embedded, below the angle of the jaw: Dolichos

- Sensitive : Lach
- Swallowing & coughing on : Arg m
- < when not swallowing : Caps, Ign
- Tonsils, gangrenous ulceration : AC
- Glands engorged : AC
- Sore : AC, Arg m, Arum t, Lyss

Begins & ends with menses : LC

Begins L side : Lach, LC

Begins R side : Lyco

Pain →→→ Ears : Hep, K bich, LC

R side most affected : M proto

> Swallowing : Ign

Yellow white patches : LC

- Splinter/ fish-bone/ plug when swallowing, as if : Arg n, Dolich, Hep, NA, Sil
- < warm drinks : M proto
- Lach/ Lac can: Sore/ sensitive throat
- Hydrastis: Septic state of throat
- Sang: Edema of glottis after acute pharyngitis
- Lach/ Hep/ Sil/ K carb/ Arg n/ Dolichos/ Nit ac: Fish-bone sensation
- RT: Dryness with thirst, esp night, for cold drinks which aggravate
- Swallowing liquids > painful than solids: Lachesis; Ign; Bell; Bry
- Lac can: < empty swallowing (Ign); constant inclination to swallow (Ign); swallowing, painful, almost impossible (Merc); begins L side (Lach); with rheumatic symptoms
- Pains extend to ears: Lac can; Hep; Kali bich; Phytolaca
- Hepatica: Scraping with free expectoration
- Homarus: sore throat
- Wyethia: Feels swollen
- Scarlatinum 30: Recurrent sore throat/ pharyngitis/ tonsillitis
- Kali mur: Eustacian catarrh with milky coated tongue
- Streptococcinum/ Diphtherinum: Throat infection out of control

- Recurrent throat infections (strep) with high fever: Merc cyanatus 200; if fails, intercurrent dose of Diphtherinum
- Aphonia : Coca, Populus
- Burning : Solidago
- Choking, < empty swallowing : Thymus serp
- Choking < night : Ignatia
- Dry, constricted burning, as if spiders had spun webs : Populus
- Foreign body sensation : Aralia
- Hospital sore throat : Kali mur
- Sensitivity : Lac can, Lachesis
- Recurrent : Homarus
- Sore : RT; Aur mur; Guaicum; Dulcamara; Aethusa; Mercurius; Phytolaca; Baptisia; Lachesis; Lycopodium; Hepar sulph; Wyethia; Hepatica triloba; Kali mur; Psorinum; Tuberculinum
- Sore, < change of weather : Eucalyptus
- Sore with dark livid redness of fauces & tonsils : Gymnocladus
- < Thinking of complaints : Medorrhinum
- Viscid tenacious phlegm with continuous hawking : Hepatica triloba

THROMBOSIS

Bothrops

THUMB

- Myristica
- Berberis
- RT : Rheumatic swelling of the big toe joint

< THUNDERSTORM, BEFORE

Agar, Gels, Meli, Phos, Psor, Nat c, Petr, Medorrhinum;
Mandragora

< THUNDERSTORM, DURING

Nat c, Petr, Phos, Psor

> THUNDERSTORM, AFTER IT HAS SET IN

Rhus radicans

THYROID

Thyroidinum, Sycotic co, Tub Koch; Belladonna; Calc iod;
Ferr iod

- Cardiac complaints, with (HT) : Ephedra vul; Lycopus virginicus
- Enlargement at puberty : Calc iod
- Thyrotoxicosis : Lycopus virginicus
- Hard, indurated : Bromium
- Brom 6/ Lyco 30; alternation
- NM
- KC
- Thyroidinum
- Spongia
- Nat iod 6C
- Folliculinum
- Anterior pituitary 200: Intercurrent remedy, 2-3 doses per month

TIGHTNESS <

Cenchrus (~Ars/Lach); Lachesis; Nat sulph; Naja

TIME AGG

- < after 3 pm : Bell

- < daylight → sunset : Medo
- < Midday/ Midnight : Ars
- < sunset → daylight : Syph
- < 4 – 8 pm : Hell, Lyco
- < 4 – 9 pm : Colo, MP
- < 3 am : Kali carb; Thuja
- < 3 pm : Thuja, Bell
- < 4-6 am : Ferr phos
- < 5 pm : Puls
- < 9 am : Cham
- < 9 pm : Bry
- < 10 – 11 am : Nat m
- < Night : Syph
- < 2-3 am : Sycotic co
- < 3-5 am : Mandragora
- < 4-8 pm : Lycopodium; Azadirachta ind; Millefolium
- < Afternoon : Hura
- < Alternate day : Chin off
- Passes too slowly : Streptococcinum

TIME PASSES TOO SLOWLY

Alum, Cann i, Arg n, Medo; Nux mos

- & distance exaggerated : Cann i

TIME PASSES TOO QUICKLY

Cocc, Theridion

TIMIDITY

CC, Coca, Graph, LT, Lyco, Sil, E.coli; Equisetum

TINEA CAPITIS

Iris v

TINNITUS

- Iris v
- Ergotinum
- Thiosinaminum
- Theridion
- Sal ac

TIRED/ FATIGUED/ EXHAUSTED/ LANGUID

- Aching, restless : MC
- Consumptive fatigue : Medo
- Easily : CC, Caps, Cycl, MP, Nat c, Amm gummi; Caulophyllum
- Physical/ mental exhaustion : Lach, Nat c
- Unable to sit up : MP
- Walking during : CC

< TOBACCO SMOKING/ SMOKE

Ars, Brom, Cic, Gels, Ign, Lyco; Tabacum, Plantago, Lobelia; Caladium; Thea

- Bad effects of chewing : Ars alb
- Gastric symptoms after smoking : Nux vom
- Addiction with cardiac symptoms like HT : Tabacum
- Aversion to tobacco, to create : Tabacum
- Gastric symptoms next morning after smoking : NV
- Hiccoughs, after chewing : Ignatia
- Impotency, spasms, cold sweat : Lycopodium
- Occipital headache and vertigo : Gels

- Nausea/ vomiting : Ipec
- Neuralgic affections, R face, sedentary occupations; dyspepsia; chronic nervousness : Sepia
- Palpitation, tobacco heart, sexual weakness : Phos
- Tobacco chewing : Ars alb
- Tobacco toothache : Clematis/ Plantago

TOBACCO CRAVING

- Daphne ind
- Ars alb: Chewing tobacco
- Ignatia: Smoking tobacco
- Sep: Dyspepsia from tobacco
- Lyco: Impotency from tobacco
- Nux vom: Bad taste after tobacco
- Caladium: To create aversion to tobacco
- Phos: Tobacco heart
- Lobelia ~ Tabacum; Chest tightness, nausea, dyspepsia, chest oppression

TONGUE

- Burnt, feels : Ver vir; Sang
- Burning, with sore tip: Rhus radicans
- Clean with nausea : Asar, Ipec, Sulph
- Clean or slightly coated : Ipec
- Clean with spasms stomach : MP
- Coated tongue with teeth imprints : Yucca fil, Merc
- Cold flabby trembling : Camph
- Cold with cold breath : CV
- Cracked/ bleeding : Arum t, Bor
- Dirty greenish gray/ brown coating : Nat s
- Dirty, morning: Morgan g
- Dry black trembles, protruded with difficulty : Lach
- Dry cracked ulcerated : Bapt, Bry, Merc
- Dry as if burnt : Bry

- Dry, red and shining, burning at the tip: Terebinth, Bell, K bich, Nux mos, Arg nit
- Edges coated, shrunken, dry leather like, paralyzed : MA
- Fiery red, smooth, polished : CH, Pyr

Swollen intensely : CH

- Golden yellow coating at the base : N phos
- Greenish gray coating at the base : N sulph
- Hair on the tongue, as if : Nat m
- Large flabby with teeth imprints : Chel, Hydr, Merc, M sol, Podo, RT
- Mapped : Lach, Merc, Nat m, Tarax, Ranunculus sceleratus

Red insular patches : Nat m

White film, feels raw; film comes off in patches, leaving dark red very sensitive spots : Taraxacum ; Ran s

- Paralysis : Cup
- Protruding frequently : Cup; Lach
- Thick milky white coating : Antim, Antim t
- Thick yellow with red edges, showing teeth imprints : Chel, Podo
- Thick yellow coating at the base ; K bich, M proto
- Tip & edges red : M proto
- Red: Morgan pure
- Red → white : FM
- Red edges, papillae; red & dry middle : Antim t
- Red streak down the middle: VV
- Ringworm on the sides : Ars, Lach, Merc, Nat m, NA, Tarax
- Ulcers, red/ white : Merc
- Smooth, glossy red : Terebinth; Pyrogen
- Snake : Cuprum
- Very red, swollen with little coating : Diphth
- White coated with red papillae & dry yellow brown center : Bapt
- White or yellow, with red streak in the middle : Ver vir

- Crot horr: Fiery-red, smooth, polished, intensely swollen
- Paralysis: Crotalus casc
- Guaco: Paralysis in consequence of extravasation of blood into the spine
- Pyrogen: Smooth/ polished/ fiery-red
- Lachesis: trembles, difficult to protrude
- RT: Triangular red tip
- Kali cyan: Cancer
- Sempervivum tec: CA
- Bleeding : Sempervivum
- Carcinoma : Castoreum(center, rounded elevation, size of a pea, surrounded by angry suspicious looking base)
- Chirrus : Alumen
- Clean : Millefolium
- Coated milky white : Enterococcinum; Antim crud
- Coated yellowish-white with a red clean stripe in the center : E.coli
- Dry , red, furrowed : Tub-m
- Dryness : Cann ind; Populus
- Glossy : Terebinth
- Heavy, difficult to move : Guaco
- Mapped : Taraxacum
- Paralyzed, < R side : Opium
- Swelling, redness, one-sided discoloration : Gymnocladus
- Thick-yellow at the base : Nat sulph
- Tumors : Gallium apar (slow growing)
- White : Hedeoma; Senna
- White & cracked : Carduus

TONSILS

BC, Caps, Crab apple; Lac can

- Recurrent : Pyrogenium; Streptococcinum; Staphylococcinum
- Chilly patients : BC
- Constriction/ soreness/ burning throat : Caps

- Dark purple appearance : Lach, Naja
- Dark red swelling : Diphth
- Edema : CH
- < Empty swallowing : CH
- < Hot drinks : Lach
- L → R : Lach, Lac can, Sabad
- R → L : Lyco
- Prostration out of all proportion to the appearance of throat : Lach
- < Sleep after : Lach
- Suppuration, with : BC, Hep, Psor
- Swallowing of liquids more painful than solids : Bell, Bry, Ign, Lach
- Ulcers : M bin
- Vomiting/ Diarrhea come on, when : CH
- Tonsillolith: Hawking of pea like balls of disgusting taste and carrion like odor, recurrent : Psorinum

TOOTHACHE

- Anything warm taken into the mouth, from : Bism, Bry, Cham, Coff
- < Biting : Mez
- > biting/ chewing : Staph
- Blowing nose, pain hollow tooth : Thuja
- Carious teeth : Kreos, Mez
- < Coffee : Ignatia, Anantherum
- < Cold things : MP; Staph, Ignatia, Anantherum
- > Cold things/ cold water/ cool air : Bry, Coff, FP, Nat s, Puls, Staph
- < Cold & warm things : Merc
- < Damp weather : Merc
- < Eating/ when food touches the teeth : MM, MP, Staph
- Eating, only when : KC
- > Eating salty things : Carbo an
- < Eating after : Staph

- Entering a warm room/ in bed : Cham
- > Heat : MP
- > Holding cold water in the mouth; returns when the water becomes warm : Bism, Bry, Caust; Coff, Nat s, Puls, Sep
- Intermittent : Coff
- Menses, during : Cham; Staph
- > Mouth open & drawing in air : Mez
- < Night : MP, Mez
- < noise shrill : Theridion
- Nursing the child, while : China
- Pregnancy, during : Cham, MC
- Pulsating, tearing, lacerating, shooting →→ face / ears : Merc
- > Rubbing the cheek : Merc
- Shifting rapidly : MP
- Tea drinking, from : Thuja
- < Warm food : Phos, Lachnanthes
- < Warmth of bed : Merc
- < When touched by anything warm/ cold : K carb; Staph
- < When touched with tongue : Mez
- Bary carb/ Hepar/ Psorinum: Tonsillitis prone to suppuration
- Bary carb, followed by Psorinum to eradicate tendency to quinsy
- Hep sulph 2 in water; 3 doses at 2 hourly intervals
- Chronic hypertrophy with hardness of hearing: Hepar; Baryta; Lycopodium; Plumbum; Psorinum
- Bary mur: Acute phase (instead of Bary carb)
- Psor : Intercurrent dose
- Bary carb/ Silicea: Most unfailling; rarely leads to suppuration
- Lach : Breaking up the attack or prompting resolution at a later stage
- Tuberculinum : Sore throats with frequent tonsillitis/ enlarged tonsils
- Bell: Beginning of the case when the throat is bright red
- Merc : Dark red throat with ulcerations/ foul breath
- Hep : when suppuration threatens
- Crotalus horr : Tonsillar gangrene/ edema, < empty swallowing
- Baryta iod : Stunted growth, with

- Guaicum
- Sycotic co
- Recurrent throat infections (strep) with high fever: Merc cyanatus 200; if fails, intercurrent dose of Diptherinum
- R sided extending to ear : Parotidinum
- Tobacco : Clematis

TORPIDITY/ INACTIVITY

- Opium: good energizer, arouses reaction

TOUCH/ CONTACT

- Agg: Arg m, Apis, Asaf, Bell, Bry, Cact, Carbo an, Cic, China, Euph, Hep, Ign, K carb, Lach, Lob, MP, Mez, Murex, MA, NA, NV; Plumbum, Tarentula, Strych
- Amel: Arn
- < touch of hat : Glon
- Sensitive to touch, extremely: Apis, Bell, Cact, Camph, Hep, Lach, Murex, MA; Tarentula
- Sensitive to slight touch but can bear hard pressure: China
- < : Lach; K carb (esp feet)

TRACHEA

- Food easily gets into it : K carb
- Raw spot over bifurcation : Arg m
- Talking agg : Arg m

TRANSVERSE COLON

- Protrudes like a pad : Bell

TRAUMA (PTSD)

- Absinthium
- Aconite
- Agaricus
- Anacardium
- Anhalonium
- Ambra grisea
- Ars alb
- Aur met
- Gels
- Kali brom
- Nat mur
- Opium
- Nit ac
- Stram
- Mental shock leading to cancer : Star of Bethlehem
- Suppressed, mental leading to cancer : Agrimony

TRAUMATISM

Arn, Acon, Calen, Ham, Nat s

- Mental : Nat s

TRAUMATIC EPISTAXIS

Arn, AA, Ham

TREKKING REMEDIES

Hill climbing: RT, Arsenic, Coca

TREMBLING

Caust, China, Cocc, Gels, Lach, Medo; Sul ac, Thallium met;
Tribulus terr; Vanadium

- Extremities : Cocculus
- Internal : Caulophyllum; Sul ac; Gelsemium
- Excitement, from : Cocc
- Exertion, from : Cocc, Merc
- Hands : Calc
- Internal, drunkards : Sul ac
- < Morning : Lach, Sulph, Tub
- Nervous : Lupulus 1X
- Pain, from : Cocc
- Subjective : Medo
- Young persons from mental/ physical disturbances : Physo
- Paralytic Weakness: Curare 6, Lolium temulentum 6, Oxytropis
- Trigeminal Neuralgia
- L sided: Saponaria

TRIO OF SYMPTOMS

- Ptosis/ intertrigo/ bearing down : Sepia
- Stool/ drink/ chill : Capsicum
- Backaches/ sweat/ weakness : Kali carb
- Fair/ fat/ Flabby : Calc carb
- Acrid discharge/ Pulsation/ bleeding : Kreosote
- Dryness/ Drowsiness/ Chilliness : Nux mos
- Restlessness/ > heat/ Prostration : Ars alb

TUBERCULOSIS

Theridion: Formica rufa; Gallic ac; Ichthyolum; Vanadium

- Allergic diathesis & cancer, with : Teucrium scor

- Brain/ abdomen : Iodoform
- H/O : Solidago ; Ichthyolum
- H/O alcoholism : Ichthyolum
- Injury, after : Millefolium
- Intestinal : Glycerine
- Lymphadenitis, leading to Skin tuberculosis/ Scrofuloderma :
Stillingia
- Recurrent colds : Solidago
- Spinal : Theridion
- Tubercular meningitis : Iodoform
- Worsening of active tuberculosis : Morbillinum
- Bone : Anthracinum
- Night cough : Dros
- Repeated colds: Solidago
- Ichthyol
- Kali hydr. 1X & Cann sat 1X (in alternation) : According to
Zopfy
- Anthracinum : Bone TB
- Puls : Constitutional specific in early tuberculosis
- Bac 30 : Early stages, one dose every 10-14 days for several
months; no use in later stages
- Tuberculinum 6X : Children; localized manifestations
- Iodine/ Ars iod/ Phos/ Sulph/ Silicea : Children pulmonary
form
- Calc carb : Scrofulous diathesis, incipient
- Drosera : Early, Abdominal / cervical glands greatly affected
- Lyco : Pulmonary pthisis/ suspected tuberculosis in young men
- Bac 10M/ 50M/ CM at 6-8 weeks interval : Tubercular
inheritance
- Tuberculinum with syphilinum : Family H/O Tuberculosis
- Tuberculinum bov : Bony suppuration/ bowel tuberculosis
- Tarantula cub : Dying sufferers ; palliation
- Bacillinum / Tuberculinum 30/ 200 : Tuberculosis skin/ Lupus
- Ars alb : persistent use in Lupus
- Hydrocotyle : Lupus nonexedens
- Sanguinaria can : Threatened tuberculosis/ bad bronchial cough
after pneumonia/ bronchitis with ill smelling sputum

- Digitalis : Hectic fever, most reliable remedy
- Ars iod : Advanced stages to keep up the strength & increase appetite; incipient; corrosive discharges
- Guaicum : Pleurodynia with tuberculosis
- Theridion : Scrofulosis; Phthisis Florida (Galloping consumption)
- Sulph : With early morning diarrhea ; when this aggravates, give Rumex.
- Tuberculinum : Personal or Family h/o TB; ill-health after TB, incipient
- Bacillinum : Cerebral/ Pulmonary TB
- Tuberculinum/ Drosera/ Silicea/ Calc : TB bones & glands
- Silicea : for eradicating the tubercular tendency
- Gallic ac
- Kali carb in high can aggravate
- Ferrum : Stops the end stage diarrhea but the patient will not live long after that
- Formalin 30 : Acute stage/ attack
- Insulinum : Recurrent tuberculosis

TUMORS

Sulph iod; Teucrium; Theridion; Tarentula; Thuja

- Bone : Hekla
- Brain : Iodoform
- Gastro-intestinal : Fluorouracil
- Haemangioma/ Blood-related tumors : Flour ac; Hamamelis
- Hard : Sempervivum
- Indurated ulcers, with : Flour ac
- Sensitive to touch : Hekla

TWITCHINGS

- Mygale
- Scutellaria lat

- Zizia aurea : < sleep during
- Agaricus
- Adrenalinum
- Jerking & a general tremor of all the muscles : Strychnine

TYPHOID

Bapt, CH, Hyos, Desmodium gang; Ocimum sanctum

- Deep stupid sleep, unconscious while awake, loud moaning or muttering, involuntary fetid stools while passing urine, slides down in bed with prostration : MA
- Bleeding passive : Kreos
- Decubitus : Arn, Bapt, MA, Pyr
- Old episode : CV
- Pneumonia scarlatina → Typhoid : Hyos
- Profuse night sweats after typhoid : Taraxacum
- Septic : CH
- Bryonia/ RT in alternation
- Flour acid : Hairfall after typhoid
- Ars alb : Beginning of cases
- Arnica
- Baptisia : Dysentery typhoid type
- Hyos nig/ Bapt : Fear of an attack of typhus; best preventives
- Syphilinum : Slow convalescence after typhoid in a syphilitic
- Eucalyptus glob
- Upas tien : when Bry fails in typhoid
- Methylene blue





U



ULCERATIVE COLITIS

Pituitarinum; Glycyrrhiza; Aegle marmelos; Glycerine

- Zingiber
- Trichosanthes dioica: Acute relapse (~Ars alb)

ULCERATIVE STOMATITIS

- Nit ac
- Hydrastis can : Locally as a wash too
- Hydrastis mur 2X : Loss of appetite, some gas, tongue coated yellowish, bowels sluggish, pain after eating. It has saved an operation for the symptoms of ulcer several times in cases which came with that prognosis.

ULCERATIONS

Stillingia; Sul ac

- After abuse of mercury/ chlorate of potash : Hydr
- After mercury/ syphilis/ both : NA
- Bleeding easily, corners of the mouth : Nat, NA
- Burning, intolerable with : Anth, Ars
- > Cold : FA
- Corroding acrid pus : M cor
- Decubitus : FA
- Excessive pus : Calen, FA
- Fauces deep eating syphilitic ulcers : K bich
- Fungus like growths & pseudo-like membranous deposits of intestinal tract : MA
- Gastric/ duodenal ulcers: Symphytum
- Gangrenous : AC, Anth
- Gums : Kreos, Merc
- Intestinal ulcerations with passive bleeding : Terebinth
- Irregular, edges undefined, dirty unhealthy look; lardaceous base surrounded with a dark halo, apt to run together : Merc
- Irregular edges; base looks like raw flesh; exuberant granulations, engrafted on a scrofulous base : NA
- Irritable, inflamed, varicose : Calen
- Linen sticks to them, they bleed when it is torn away : Mezereum
- Lung : K carb
- Malignant : Anth, Ars, Tarentula
- Modifies/ arrests ulcerations/ sloughing : Calen, Hyp
- Mucous membranes : Bapt
- Nasal septum : K bich
- Painful : Lach, Tarent
- Painful as if beaten : Arn, Calen
- Pain as if streaks of lightning, confined to a small spot : FA
- Pains splinter-like, < contact : Hep, NA
- Painless : Opium
- Red edges & vesicles : FA, Mez
- Round ulcer stomach : Gym, K bich
- Shiny glazed appearance : LC
- Surrounded by little small pimples/ pustules coalescing to a small spot : Hep

- Thick yellowish white scabs under which thick yellow pus collects : Mez
- Tongue, throat, inside of the cheek with profuse salivation : Merc
- Vesicles appear around ulcers, itch & burn violently : Hep, Mez
- < Warmth : FA
- Spreading & do not heal : Dulc, Ars
- Intense pain : Tarentula; Lach
- Cinnabaris : Syphilitic ulcers
- Geranium mac : Gastric
- Ornithogalum umb/ Anacardium : Gastric/ Pylorus/ Duodenal
- Ferr met : Old syphilitic, phagedenic
- Atropine : Cardiac pain of gastric ulcer
- Old ulcers: Momordica charantia
- Punched out: K bich
- Deep ulceration: Hoang nan
- Blisters with ulcers: Ars iod, Fluoric acid
- Spreading ulcer with H/O pleurisy, tuberculosis, jaundice: Chelidonium
- Blood impurities, due to : Tribulus terr
- Coccyx, below; rectal; navel, below : Paeonia
- Diabetic : Hura
- Gastric with gastric symptoms : K bich
- Hypopyon, with; boils with disordered liver : Insulin
- Indurated with tumors : Flour ac
- Mouth : Crab apple; Lac can
- Painful/ raw : All cepa
- Peptic with vomiting : Geranium mac
- Sensitive to touch : Asafetida; Corallium rub
- Sourness, with : Sul ac

UMBILICUS

- Bloody fluid oozing in infants : Abrotanum, CP
- Moisture from : Abrotanum
- Pain : Vipera

- Urine oozing from : Hyos
- Pain/ eruptions : Dulc
- Colic : Gentiana; Vipera
- Pain with dark-clotted hemorrhage & backache : Hamamelis

UNCONSCIOUSNESS / DELIRIUM

- Answers slowly when questioned : Hell
- When spoken to, answers correctly but delirium & unconsciousness return at once : Arn
- Falls asleep in the midst of a sentence : Bap
- Greedily swallows cold water and bites spoon when unconscious : Hell
- Typhoid; unconscious while awake : MA

UNCOVERING

- < head : Bell
- < Uncovering : Caust, Hep, MP
- Amel : Sec, Apis; Tabacum, Puls, Sec cor, Camphor, Acon, Lycop
- Chilly when : Arg n

Smothered when wrapped : Arg n

- Cannot tolerate covering : Oleum
- Extremities : Apocynum
- Heat, in : Opium

UREA/ CREATININE INCREASED

Apocynum andro; Kali chlor ; Abelmoschus

URETHRA

- Burning/ cutting pain during urination : Canth, Equis, Petros

- Burning, when not urinating : Staph, Nat carb
- Chronic/ traumatic urethritis : Petros
- Dribbling after urination: Par brava, Selenium
- Inflammation, with painful excretions: Terebinth, Canth
- Itching with sudden desire to urinate : Petros
- Pain urethral orifice → backwards; burning, biting posteriorly :
Cann s
- Pain while urinating : Cann s, Equis
- Pain after urination : Nat m, Sars
- Sensitive to touch/ pressure, cannot walk with legs closed :
Cann s
- Tearing pains in a zigzag direction : Cann s
- Urging to urinate, has to sit for hours : Staph

Bladder prolapse : Staph

Coition, after : Staph

Difficult labor, after : Staph, Opium

Prostatic troubles of old men : Staph

Young married women : Staph

- Burning while urination : Hydrangea; Terebinth
- Pain, burning, before/ during/ after urination : Berb vul

URIC ACID DIATHESIS

Tribulus terr; Hedeoma; Ichthyolum; Thlaspi bursa

- Intercurrent : Allopurinol
- Rheumatic symptoms with : Allopurinol
- Ichthyolum
- Thlaspi bursa : Hemorrhage from excess uric acid in the blood
- Urt urens (Nettle tea as well)

URINARY TRACT AFFECTIONS

Causticum, Conium, Equisetum, Terebinth, Sycotic co, E coli
(when well selected medicines fail)

URINARY SYSTEM

- Canth: Bladder/ urethra; haematuria
- Bell : Neck of bladder/ 1st stage of kidney affection
- Physalis : Polyuria with gravel in the urine
- Tereb : 1st stage of kidney affection
- Merc : Kidney affection when albumin is being effused
- Merc cor : Pyelitis
- Apis/ Ars: 2nd stage of kidney affection when there is dropsy
- Cupr ars/ Carbo veg/ Acon/ Ars/ Caust/ Hyos : Anuria
- Ars alb/ Caust/ Hyos nig : Retention of urine after parturition; no desire
- Acon : Infants/ Newborns retention; Cystitis/ Bladder inflammation
- Caust : Retention after operation; Increase of urea in the urine/ Azoturia
- Sabal serr : Pains of CA urinary tract
- Apis : After Canth, Digitalis, Helleborus fail in scarlatina, albuminuria
- Dulc : Urging to urinate/ stool as soon as he gets chilled or in a cold place; catarrhal ischuria in grown up children after wading in cold water
- Hepar/ Alumina/ Silicea : Unfinished sensation; flow impeded; some urine remains
- Alumina : Diarrhea when urinates; has to strain at stool in order to urinate
- Asterias rub : Cancer bladder
- Apium grave : Retention urine
- Cochlearia/ Oleum sant : Burning micturition
- Doryphora
- Epigea rep

- Eryngium aqua
- Hedeoma : Ureteric pain
- Methylene blue : Pus in the urine, B coli
- Mitchella : Bladder
- Naphthalin : Black urine
- Nitro Muriatic ac : Oxaluria
- Ocimum can : Bladder / Urethra
- Petroselinum : Urethra itches ; sudden urge
- Solidago/ Thlaspi bursa pastoris : Makes the use of catheter unnecessary
- Squilla : Urine spurts on coughing
- Stigmata maydis
- Thymolum : Polyuria
- Triticum rep : Dysuria
- Uva ursi : Cystitis / Pyelitis, slimy urine; pus/ blood in the urine/ recurrent UTI/ burning micturition with frequency of urination
- Methylene blue: Large quantity of pus in the urine/ surgical kidney/ albuminuria/ painful polyuria
- Viola odo : Enuresis
- Viola tricolor: Cat-like odor
- B coli (bowel nosodes, 200/1M)/ Holarrhena antidysenterica (kurchi, tincture in acute and higher in chronic): To stop recurrent UTI
- B coli found on urine culture: Holarrhena antidysenterica
- Sycotic co: Recurrent cystitis, when Medorrhinum fails
- Morgan g: Frequency of micturition, enuresis, cystitis, nephritis
- Albuminuria : Vanadium
- Bladder calculus : Cynodon
- Bladder chronic infection : E coli; Uva ursi
- Bladder papilloma/ malignancy : Bacillinum; Taraxacum; Terebinth; Cyclophosphamide
- Bladder + Prostate pathology/ symptoms : Chimaphila
- Burning : Cantharis; Tribulus terr; Eryngium
- Burning, after slimy urine : Uva ursi
- Cannot retain for long, > urination : Hedeoma
- Carcinoma : Anilinum; Taraxacum; Terebinth

- Clear/ offensive urine : Solidago
- Cystitis with bloody urine : Uva ursi
- Dark colored urine, due to blood decomposition; blood in the pelvis of the kidney : Terebinth
- Dribbling after : Clematis
- Dysuria with pain kidneys : Solidago
- Fetid urine : Terebinth
- Forgets until asked : Saussurea
- Frequent urging : Hedeoma; Thuja
- Frequent with pain : Thuja
- Gastric symptoms in old ppl, with : Populus tremuloides
- Gout & urinary incontinence : Amm benz
- Haematuria : Eucalyptus; Terebinth; Uva ursi; Vanadium
- Incontinence with worms : Veronica anthelminthica
- Increased : Guaco
- Involuntary : Ars iod
- < Motion : Berb vul
- No desire to urinate : Opium
- Pain along ureter : Hedeoma
- Pain after urination : Ruta
- Retention/ suppression : Cynodon
- Scanty urine : Colchicum; Saussurea, Solidago
- Stones/ calculi : Calcarea ren; Hedeoma; Tribulus; Uva ursi
- Sweetish odor of the urine, resembling violets : Terebinth
- > Urination, after : K bich
- UTI, catarrhal infection : Sycotic co; Uva ursi
- UTI, recurrent : Sycotic co; Uva ursi; Thuja
- Waits/ presses a long time before urination : Opium

URINATION

Sycotic co

- < Before urination : Bor, Canth
- < During urination : Cann s, Canth
- < After urination : Canth

- Burning/ smarting during & after micturition : Kreos, Sulph
- Can only urinate when bearing down with abdominal muscles : MM
- Can only urinate while lying down : Kreos
- Can only urinate while sitting bent backwards : Zincum
- Can only urinate while standing : Sarsaparilla
- Can only urinate with feet wide apart and body inclined forward : Chimaphila
- Catheter, makes it unnecessary: Solidago
- Constant desire on seeing running water: Canth, Lyss, Sulph
- Diminished, quantity/ Scanty : Apoc, Bry
- Diarrhea with : Alum
- Difficult : Con, Saururus cernuus
- Dribbling after urination: Par brava, Selenium
- Flow impeded; voided slowly, has to wait : Hep
- Flow intermits, then flows again : Con
- Frequent : Bor, Canth, Eryngium aquaticum, LT, Merc, Quasi amara
- Impacted at the meatus, must hold knees to strain, rolls on the floor : Pareira brava, Sars
- Incontinence/ Enuresis : Apis, Caust, Cina, Kreos, MP, Nat m, Quasi amara

Ammoniacal high colored urine in bed every night; < over-work/ over-play; extremes of heat & cold; when the best selected remedy fails with a h/o sycosis : Medo

Burning, scalding & irritation of the parts : Apis

Catheterisation after : MP

Coughing, sneezing or blowing nose : Caust, Nat m, Puls, Squilla, VA

First sleep during; difficult to wake him up : Kreos, Sep

Sudden urging : Apis

Scanty : Apis

Bloody : Apis

Nervous irritation, from : MP

Night : Equis, MP, Medo, Merc

W Bloody : Led, Merc, Sars

Unconsciously day & night : Arg n, Caust

Urging but cannot get out of bed quickly enough : Apis, Kreos, Petros

- Pain at the beginning or before urination: Rhus arom
- Pain at the close of urination: BV, Equis, Sars, Thuja
- Pain cutting in urethra after : Nat m
- Passes few drops : Apis, Canth
- Passes slowly; must wait a long time, has to press so that anus protrudes: MA
- Presses a long time before it appears, goes back to urethra from glans and causes pain: Prunus spin
- Passes slowly, has to wait a long time for it to pass if others are present: Hep, MA, Nat m
- Profuse: Gels
- Screams/ cries before urination: Bor, Lyco, Sanic, Sars
- Strains at stool to urinate : Alum
- Strangury/ tenesmus : Canth, Medo, Saururus cernuus
- Sudden desire : Apis, Canth, Kreos, Petros
- Sudden desire with itching urethra : Petros
- Toe nail, sharp pain every time she urinates : Sulph
- Urging, constant : Canth, LT

If not attended to, sensation of congestion chest : LT

Lying on the back : Puls

Rectum from, with prolapse : LT

- Urine trickling in the urethra, after urinating : Thuja
- Not > urination : Equis

URINE

- Albuminuria : Colch, Hell, Helon, M cor; Terebinth (blood and albumin > casts and epithelium), Sycotic co

& Damp places: Terebinth

& Diphtheria, scarlatina and typhoid, after: Terebinth

- Black : Terebinth
- Bloody : Canth, Colch(clots), Kreos, M cor, Terebinth
- Burning hot : M cor
- Burning after discharge of slimy urine : Uva ursi
- Catarrhal ischuria : Dulc

Grown up children : Dulc

From wading bare feet in cold water : Dulc

Involuntary : Dulc

- Cloudy : Lyss; Terebinth
- Coffee ground sediment : Hell; Terebinth
- Cold when it passes : NA
- Dark : Nat c
- Dark brown color / Black : BA, Colch, Hell, M cor, NA
- Dark inky : Bry, Colch; Terebinth
- Dark yellow / green : Iodum, Bovista
- Deep red color : BA, BV, Hell, Lob
- Drops with great pain : M cor
- Glycosuria : Colch, Lyss
- Large quantity, with low specific gravity in DM: Phos ac, Acet ac, Rhus arom
- Milky : Dulc
- Mucus with : BV, Cann i
- Navel, from : Hyos
- Odor, violets : Terebinth
- Offensive: NA (horse's urine), Solidago, Sycotic co
- Oxaluria: Senna, Nitro-muriatic ac (specific)
- Painless: Terebinth
- Pale yellow : MM
- Profuse: Terebinth
- Profuse clear watery urine: Equis, Helon, Kreos, MP, Merc
- Pus cells, high: Sycotic co
- Red sand : Lyco, Phos, Paris quad, Thlaspi
- Scanty : Apis, Bry, Canth, Colch, Hell, Lyss, M cor, NA

- Turbid when passed, turns milky after standing : Cina
- Uric acid ↑↑: BA
- Odor, highly strong & offensive : BA, Sycotic co
- Retention

Atony of fundus, from: Terebinth (Spasmodic retention)

Bladder full: Op

Bladder/ Sphincter paralysis: Op

Children nursing, after passion of nurse: Op

Constipation, from: Cann s

Fever/ acute illness: Op

Post- partum: Op

Tobacco excessive use: Op

- Sediment, reddish/ jelly-like : BV, Lob, M cor
- Suppressed : Bell, Colch, Helleborus (with dropsy), M cor
- Turbid, looks like remains of a cider barrel : NA

URTICARIA

Dulc, Copaiva, Prim o, Antipyrinum; Ichthyolum

- Apis-like itching, > cold washing : Histamine
- Chronic, in women : Antipyrinum
- Malaria, with : Tribulus terr
- Without itching : Uva ursi
- > Cold : Dulc
- < Exercise violent: Apis, Calc, Hep, Nat m, Sanic, Urt u
- Fever, without: Dulc
- Fever, after: Apis, Hepar, RT
- Fever, with: Prim o
- Intermittent fever, during: Ignatia, Elaterium
- Itching, burns after scratching: Dulc
- Itching, without: Uva ursi
- Rheumatism, alternating with: Urt urens
- Seashore, at: Ars

- < Warmth: Dulc
- When no other remedy works: Thyroidinum 30C*
- Whole body: Dulc, Nat m
- Chin sulph
- Linum Usita
- Sulph acid: specific ; itching/ tingling/ formication of the skin; lichen, prurigo, chronic urticaria
- Bovista: when RT indicated but fails to cure in chronic urticaria
- Dulc: From cold (Allen: < warmth; > cold)
- Antipyrinum
- Rumex
- Apium grave
- Astacus flu
- Chloralum
- Copaiva
- Fragaria
- Pinus syl
- Strophanthus
- Tilia euro
- Triosteum per: Gastric derangements
- Urtica urens / Medusa
- Uva ursi: Without itch
- Adrenalinum: Acute urticaria
- Morgan g: Arms, large wheals

UTERINE AFFECTIONS

Conium, Murex, Platina

- Anteversion/ retroversion/ subinvolution from atony/
weakness : Helon, LT, Sep
- Bearing down with sore uterus, hot sweat, without much relief:
Tilia
- Carcinoma : CH

H'gic, dark, fluid, offensive : CH

- Consciousness of the womb, feels it move when she does, it is so tender & sore : Helon, Lys, Murex
- Disposed to curse, strike, think obscene things alternating with uterine irritation : LT
- Endometritis, chronic : Viscum alb
- Hemorrhage, active/ passive : Ham, Ipec, Vinca minor (excessive, 30/200/1M.10M)

After a fall/ rough riding : Ham

Fibroids, hemorrhage : Calc, NA, Phos, Sul ac, Trillium

Hips/ back were falling to pieces, > tight bandages: Trillium

Passive hemorrhages: Vinca minor, Ustilago, Trillium, Sec cor

Profuse clotted : Ipec

- Headaches/ mental ailments depending upon uterine irritation/ displacements : LT
- Hysterectomy/ suppression of uterine disease: Thlaspi Bursa pastoris
- Prolapse: Sepia, Platina, Bell. Stannum

& < Stool, during: Stannum

- Puerperal inflammation of the uterus/ metritis: Tilia
- Sore pain; distinct sensation of a womb : Helon, Lyss, Murex
- Spasmodic & hysterical affections with : MM
- Tormented about her salvation with uterine/ ovarian affections : LT, Lyco, Sulph, VA
- Tumors: Aur mur nat, Calc iod
- Retroversion/ Prolapse uterine : Ferr iod 1X
- Prolapse : Bell, followed by Calc carb
- Fraxinus amer: Enlarged
- Pulex irr : Delayed menses
- Aurum mur natronatum : Uterine tumors
- Palladium
- Sep 30 or higher, daily or every 2nd day
- Nat carb 200
- Aletris Farinosa (Uterine Tonic)

- Arctium lappa : Uterine magnet; bearing down pains/ uterine prolapse
- Stasis : Bellis
- Battered/ bruised uterus : Bellis / Arnica
- Hypertrophy: Fraxinus / Helonias
- Cancer: Crotalus horr/ Kreosote/ Caltha pal/ Iodum
- Eupion: Displacements
- Mitchella
- Nat chlor
- Polygonum pin
- Pyrogen: Arouse its activity and expel its contents
- Bearing-down: Bell, Sepia, Nat carb
- Endometriosis: Folliculinum
- Bearing down < motion with paralytic weakness of the legs : Hedeoma
- Cancer : Aloe vera
- Cysts, R side : Asoka
- Displacements : Eupion; Ferr iod; Lil tig; Nat hypophos
- Joints & : Cimicifuga; Caulophyllum
- Liver & : Nat hypophos
- Pain abdomen, with, hemorrhage : Hamamelis
- Pain + palpitations : Conv majalis
- Passive hemorrhages : Cinnamomum; Hamamelis
- Prolapse < hot weather : K bich
- Prolapse/ retroversion : Ferr iod
- Subinvolution + fibroids, with gastric pain & debility : Nat hypophos; Gossypium herb
- Ulceration : Hydrocotyle

UTERINE FIBROIDS

Calc iod; Ferr iod; Nat hypophos

- Lapis albus 30: Hemorrhages for months
- Aur mur nat
- Calc iod

- Fraxinus americanus
- Kali mur
- Calc carb
- Thlaspi bursa past
- Trillium
- Calc flour
- Ferr met
- Ipec
- Kali carb
- Amm carb
- Sabina
- Ham
- Ustilago
- Cyclamen
- Mag phos
- Puls
- Erigeron
- Bryonia
- NV
- Thuja
- Sepia
- China
- Ferr phos
- Conium 6C
- Folliculinum
- Thyroidinum 2X
- Fibroids, pain after : Bellis

UTERINE PROLAPSE

Aesc, Lil, Murex, Sep, Arg m, Aur, Bell, Helon, Lyss, Sanicula

- Atony from : Helon, LT
- Bearing down sensation as if all the organs would be pushed out : Agar, LT, Murex, Nat c, Nat m, Sep

Must sit down & cross limbs; > pressure : LT, Murex, Nat m, Sep
< Sitting, > moving : Nat c

- Backache and fatigue from walking, with : Aesc
- Acrid dark leucorrhoea, with : Aesc
- Hand on vulva: Sanicula
- < Hot weather : K bich
- Overreaching/ overstraining, from : Aur, Podo, RT
- Hypertrophy, from : Aur, Con
- Indurated uterus : Aur
- < Morning : Bell, LT, MA, Sep
- Pain in the L ovary : Arg m
- Pain in the R ovary : Pall
- Post climacteric, unbearable bearing down : Agar
- → Sleeplessness at menopause : Coff
- > Standing / sitting erect : Bell



V



VACCINATION

- Bad effects: *Crotalus horri*
- Post-Covid Vaccination symptoms
- Pain in the arm: *Ledum pal* 1M, TDS X 3 days
- Weakness excessive: China mother tincture 10-15 drops, TDS X 7 days
- Body-ache sudden: *Arnica* 200/1M, TDS X 5 days
- Cough: *Coccus cacti* 1M, BD X until subsides
- Fever: *Gels* 1M, TDS X 3 days
- HT/ DM/ Thyroid imbalance: *Thuja* 1M, single dose
- Sneezing, cold: *Histamine* 1M, TDS X 3 days
- Dyspnea after: *Pulmo vulpis* 1X/ 2X/ 3X, TDS X 3 months
- Rash/ itching: *Mezereum* 200/ 1M, BD X 3 days
- Diarrhea: *Ars alb* 200/ 1M, BD X 3 days
- H/O repeated : *Thuja* (197); *Torula*
- Measles : *Morbillinum*

VAGINA

- Bleeding every-time the child nurses: Silicea
- Dryness, during climacteric: Folliculinum
- Mucus discharge after an embrace → sterility: Nat c
- Mucus membrane: NA
- Sensitive, can't even wear a napkin: Staph, Plat
- Vaginismus: MP
- Lac can/ Brom/ Lyco/ Nux mos/ Sanguinaria : Flatus from vagina
- Menthol/ Caladium : Pruritus
- Spiranthes

VARICOSITIES

Carduus; Flour ac; Solanum; Bellis perennis

VEINS

- As if blood will burst through veins : Aesc, LT
- Distended on lids, ears, lips, tongue : Dig
- Varicose : FA, Ham, Ferr met, Puls, Vipera, Aran

< hanging the legs down : Vipera
Long standing obstinate cases : FA
Multiparous women : FA
Stinging pricking pain : Ham
mouth or tongue : Ambra; Thuja

- Ham : 1X/ 2X
- Acid flour : Old cases
- Calc flour
- Puls/ Ferr met
- Aristolochia clem : Diluted tincture for varicose ulcers;
inveterate skin conditions

- Mangifera indica
- During Pregnancy : Bellis perr 1X
- Phlebitis : Vipera

VENEREAL DISEASES

Jacaranda

VENOUS

- Congestion : Ham
- System predominates : CV, Sulph

VERTIGO/ DIZZINESS

MA, Quercus; Valeriana

- Bathing, after : Physostigma
- Concomitant : Conium
- Emotional origin : Mandragora
- Giddiness : Hydrangea
- Headache, extreme, with; during fever : Trichosanthes
- < Lying down, motion : Mandragora
- Old ppl : Bellis
- Salivation & extreme hunger, with : Granatum
- Spasmodic jerking of head forward & knees upward : Theridion
- Specific : Cocculus
- Tobacco abuse/ smoking, from : Gelsemium
- Weakness, with : Sulfonalum
- As if head became suddenly elongated : Hyp
- Balancing sensation as if on water : FM
- Cerebellar origin with weakness, ataxia: Sulfonal
- Closing eyes : Arnica; Lach; Theridion; Thuja
- Crossing a bridge over water : FM, Lys

- Death-like pallor → loss of consciousness : Tabacum
- Descending on : Bor, FM, Sanic
- Diplopia/ Dim vision, with : Gels
- When stooping or when rising after stooping : Bell, Bry, Cocc, Kalm
- Rising on : Bry, Petr
- Every change of position : Bell
- Falls to the L side, tendency to: Sal ac
- Flowing water, on seeing : FM
- Intoxicated when trying to move, as if : Gels, Petr
- Looking down, on : Kalm, Spig
- Looking up : Puls, Silicea, Tabacum
- Lying down or turning in bed; < any motion of head/eyes : Con
- Menses during : Cycl
- Motion of the car, from : Bry, Cocc
- Motion slow, > during violent exercise : Mill
- Nausea: Theridion
- Night with urging to urinate : Hyp
- < least noise : Theridion
- Occiput, spreading from : Gels, Petr, Sil
- Old ppl : Con
- > Open air : Tabacum
- Opening eyes : Tabacum
- Ovarian/ uterine complaints, with : Con
- Paroxysmal : Tabacum
- Persistent after Nat m : NV
- Salivation, extreme hunger, with: Granatum
- Sensation of falling to the L : Eup perf
- Stimulants, from : Colo
- < Turning head : Conium
- Turning head quickly, esp L : Colo
- > Vomiting : Tabacum
- Transparent : Cyclamen
- < lying on the R side : Ceanothus, Mur ac, Gels, RT
- Pyrus malus : Dr. Cooper; Labyrinthine vertigo
- Athamanta

- Granatum
- Oxytropis
- Bellis per : Giddiness elderly ppl/ cerebral stasis
- Nat mur : Labyrinthine vertigo
- Nat salicylicum
- Sal ac
- China
- Theridion : With liver abscess
- Conium / Cocculus : when turning in bed
- Conium/ Colocynth : turning the head to the left
- Conium/ Phosphorus : < looking up
- Adrenalinum

VICARIOUS

- Metrorrhagia : AA
- Menstruation : Bry, Ham, Phos, Dig

Debilitated constitution : CH, Dig, Phos

Mental anxiety, without : Ham

Crotalus horr : Debilitated constitution

VICTIMIZED FEELING

Staphylococcinum

VIOLENT

Bell

VISION

- Amaurosis from retinal or optic atrophy : Tabacum
- Asthenopia or weak/ painful vision : Apis/ Amm gummi

- Astigmatism : Lil tig
- Blindness with D wink : Ph ac
- > covering/ shading eyes with the hand : Phos
- Dim during menses : Cycl
- Dim as of fog or smoke : Cycl, Tabacum (as if looking through a veil)
- Dim/ double with vertigo : Gels
- Dimness when stooping, writing : Nat mur
- Dim from blur or film; objects mixed : Physo
- Diplopia, image seen below the other : Syph
- Double vision, better by bending the head backwards: Senega
- Flickering/ fiery sparks as of various colors/ glittering needles : Cycl
- Floating black spots, flashes of light : Physo
- Focus, difficult: Onosmodium
- Hemipopia with sexual weakness: Titanium
- Hemipopia, sees only the lower half : Aur
- Hemipopia, sees only the L half : LC, Lyco
- Keratitis, kerato-iritis, after : CH
- Letters seem to turn, go ↑ / ↓ or disappear, when reading : Cic, Cocc
- Loss

Hemorrhage, general coldness & convulsions, with : FM, Phos

Headache preceding : Gels, K bich, Lac d

⚡ Sight returns as the pain ↑↑ : Iris, K bich, Lac d, NM

Vertigo with : Gels

- Objects look red : Phos
- Objects look yellow/ Xanthopsia : Cina
- Loss of vision of L eye after cataract operation: Senega tincture
10 drops in water, twice a day X 15 days; 10 drops once a day, 15 days (2nd month)
- Cataractinum mature 30C, 1 dose, before R eye operation
- Cataractinum immature
- Objects look red : Conium, Hyos, Phos

- Objects look black : Stramonium
- Cina : Xanthopsia ; yellow vision
- Everything looks twice as large : Berb ver
- Blurred : Gels

VITALITY/ VITAL REACTION VERY LOW/ EXHAUSTED

Diph, Kreos, Medo

VITILIGO/ LEUCODERMA

- Bary carb
- Bary mur
- Calc carb
- Merc sol
- Ars sulph flavum
- Diospyros Kaki
- Momordica charantia, externally and internally

VOICE

- Aponia / Lost, completely : Acon, Arum t., Hep

Exposure to northwest winds, after : Acon, Arum t, Hep

- Cracked, toneless; requires exertion to speak : Arum t, Dros
- Hoarse : Arum t, Dros
- Inaudible : Brom
- Lost, when overheated : Antim
- Lost, professional singers/ public speakers : Arg m, Arum t, Arg n, Caust, Phos, Sel
- Alteration in the timbre of voice / changeable/ uncertain/ uncontrollable : Arg m, Arum t, Dros
- < Using : Arg m, CV

VOMITING

Lob

- Anger with indignation , from : Colo, Cham, Staph
- Appetite good, with : Lob
- Bilious : CH
- Black, coffee grounds : CH
- Blackish fluid with pain stomach: Pix liquida
- Blood & ropy mucus : K bich
- Chronic : Lob
- Dark green : CH
- > Drinking/ swallowing cold water : Cup
- Face bathed with cold sweat, with : Lob
- Food as soon as it is eaten : FM
- Green olive fluid : CA, Pyr
- Incessant with no relation to food : LD
- Incessant with cadaverous stool : Kreos
- > Induced : NV
- Laparotomy, after : Bism, NV, Staph
- Light, bright, from : Stram
- Long intervals : Bism
- Midnight immediately after : FM
- Metrorrhagia during : Apoc
- Milk, after : Aeth, Mag c
- Motion, least, on: Theridion, Tabacum
- Nausea with : Lob
- Nausea, without : Apoc
- Operations, after: Bismuth, Phos, NV
- Salivation profuse, with : LA, Lob

Night : Merc

- Sour acid : FM, Lyco, SA
- Sudden attacks : Camph, FM

Can sit down & eat again : FM

- In any position, except lying on the R side : Antim t
- Fainting, drowsiness/ sleepiness & prostration, causing : Antim t, CH, Ipec
- Food & water as soon as it reaches the stomach : AA
- Hysterical girls, obstinate : Sulphur 30
- < Lying on the R side/ back: CH
- < Menses, after : CH
- Profuse : Bism
- Pregnancy : Tabacum, Lactic ac, Psor
- Prostration with : Lob
- No relief after vomiting : Ipec
- Raises head from the pillow : Stram
- Repercussed eruptions, from : Cup
- Respiratory complaints, with: Lobelia
- < Riding in a car : Arn, Cocc, Nux m
- Undigested food, intensely acid; then of bitter water : LD
- Violent with cold sweat, < least motion : Tabacum
- Water as soon as it reaches the stomach, immediately after water : Bism
- Water, a few minutes after drinking : Phos
- White glairy mucus profuse : Ipec
- Ferr met; post operative, induced by eating
- Ferr phos/ Cuphea: Undigested food
- Aeth / Valeriana off: Milk vomiting in children
- Iris v : Habitual vomiting in children
- Podo 1M : Pyloric obstruction, projectile vomiting in children, weight issues, constant hunger
- Sulph 30 : obstinate vomiting of hysterical girls
- Crotalus horr : every month after menses, < lying on the R side/ back; dark-green or black vomitus
- Ver alb : < drinking; least motion (Tabacum); great prostration and weakness ; violent vomiting with profuse diarrhea
- Lac def : No relation to eating; undigested food; then of bitter water
- Apomorphia

- Sarcolactic ac
- Tabacum : Icy-cold, with vomiting
- Bismuth/ Ferr met : Vomiting of what was eaten days back
- Bilious complaints : Cynodon
- Diarrhea, with : Ver alb
- Easy with coldness of the body : Jatropha
- Sour : Iris v



W



< WAKING UP

Ambra, Lach, NA, Alumina; Lycopodium; Opium

- Wakes up with a shrinking look, as if afraid of the first object seen : Stram

WALKING

- < : Aesc, BV, NA
- > : BC, China, Dios, FM, Iodum, Ign, Op, Puls
- Cannot walk on uneven ground : LT
- Delayed/ difficult learning : CC, CP, Sil
- Difficult : Dios
- Erect impossible from bruised feeling in the pelvis : Arn
- → Fatigue : LD
- Open air : BC
- Seems to be walking on air; does not seem to touch the bed when lying : Asar, LC
- With uncertainty : Agar, Arg n, Caust

- Inability, except with eyes open and in daytime; tottering/
falling with closed eyes : Alum, Arg n, Gels
- Stooping : Sulph
- Inability, except with eyes open and in the daytime, falls when
closing eyes : Alumina, Arg nit, Gels
- Can't walk on uneven ground : Lil tig
- Learning to walk late : Thlaspi Silicea
- Restlessness, from; continuously : Valeriana
- > Walking slowly : Ferr met

WANT OF SUSCEPTIBILITY TO WELL SELECTED REMEDIES

CV, Diph, Laur, Op, Val

> WARM AIR

RT

< WARMTH OF BED

Led, MC, Merc; Sulph

> WARMTH OF BED

Ars

WARM DRINKS

- < : Ambra
- > : Lycopodium; Fluorouracil

WARMTH OF THE ROOM

- < : Antim t, Apis, Brom, Bry, Caust, Euph, Ambra, Medo, SA

- > : Ars, Aur, Bell, Camph, CC, Caul, Caust, Cycl, Dulc, Equisetum, Hep, Kreos, MP, Populus, Sepia, Stram

WARTS

Anac, Caust, Carcinocene; Iris v; Sempervivum; Thuja; Calc calcinata; Ferr pic

- Eyebrows : Anan-m; Anac; Brucel; Causticum; Nit ac; Thuja
- Backache + leucorrhoea, with : Calc ova tosta
- Hard & indurated : Castor equi
- Muco-cutaneous : Sycotic co
- Back of hands : Dulc, Thuja
- Bleeding easily : Caust, NA (on washing)
- Breasts/ nipples: Morgan g
- Eyelids : Caust
- Face : Caust, Dulc
- Fingers : Dulc, Thuja
- Fleshy : Dulc
- Hair, on : Thuja
- Hands : Anac, Morgan g
- Large jagged : Caust, Dulc, NA
- Large, seeded : Thuja, Staph

Location

- nose : **CAUST**, *Nit-ac*, **THUJA**
- inside nose: NA
- face : *Calc*, **CAUST**, **DULC**, *Kali-c*, Lyco, NA, *Sep*, Sulph, *Thuja*
- chin : Lyco, Thuja
- lips : *Caust*, *Kali-s*, **NIT-AC**, Thuja
- mouth : Cund, Psor
- external throat: NA, Sil, Thuja
- sternum : NA
- back : NA, Sil, Thuja
- cervical region : NA, Thuja

- upper limbs : Ars, Bov, **CALC**, Carb-an, *Caust*, Dulc, Kali-c, Lyco, Merc, NAT-C, Nat-m, *Nat-s*, *Nit-ac*, Petr, Phos, Rhus-t, SEP, *Sil*, *Sulph*, *Thuja*
- elbow bend: Calc fluor
- forearm : Sil
- hand : Anac, *Ant-c*, **BAR-C**, Berb, Bov, Bufo, **CALC**, **CAUST**, **DULC**, Ferr-mag, Ferr-pic, *Ferr*, *Fl-ac*, Kali-c, Kali-chl, *Lach*, *Lyc*, *Nat-c*, *Nat-m*, **NIT-AC**, *Ph-ac*], Phos, *Psor*, *Rhus-t*, *Sep*, Sil, **SULPH**, **THUJA**
- flat : Berb, **DULC**, *Lach*, *Ruta*, *Sep*
- horny : *Ant-c*, *Caust*, *Sep*, *Thuja*
- itching : *Sep*
- large : Dulc
- sensitive: Nat c
- sore: Ambr, *Fl ac*, *Ruta*
- Knuckles : Pall
- palm: *Anac*, Berb, *Dulc*, Nat-c, *Nat-m*, *Ruta*
- flat: Dulc, NM, *Ruta*
- painful on pressure: NM
- fingers: Ambr, *Bar-c*, Berb, *Calc*. Carb-an, *Caust*, *Dulc*, *Ferr*, *Fl ac*, **LAC-C**, *Lach*, Lyco, *Nat-m*, *Nit ac*, Petr, *Psor*, *Ran-b*, *Rhus-t*, Sang, *Sars*, *Sep*, *Sulph*, *Thuj*
- joints: *Sars*
- tips: *Caust*, Dulc, *Thuja*
- first, horny: *Caust*
- 2nd: Berb, *Lach*
- 3rd: Nat sul
- close to nails: *Caust*, Dulc, *Fl ac*
- Thumb: Berb, *Lach*, *Ran b*, *Thuja*
- nates: Con
- thigh: Medo
- toes: Spig
- breast: castor
- forehead: Castorea
- genito-anal: *Thuja*
- neck/ arms/ hands, soft and smooth: Am c
- nose/ fingertips/ eyebrows: *Caust*

- prepuce: Cinnab, Phos ac, Sab
- Moisture, exuding : Caust, NA
- Nose : Caust
- Palms : Anac, Nat m

Sore to touch : Nat c

- Pedunculated : Caust, NA, Thuja, Staph
- Prepuce : Cinnabaris
- Red-colored: Medo
- Small all over the body : Caust
- Smooth : Dulc
- Sticking pain : NA, Staph, Thuja
- Sycotic/ syphilitic : NA
- Tongue : Aur mur
- Ruta : Palms
- Thuja
- Nit ac
- Nat mur : Palms/ soles
- Graphites
- Ferr pic : Small pointed warts appearing in large groups
- Dulc : back of hands/ face; large, smooth, fleshy or flat
- Causticum : Large warts on the face/ nose
- Calc carb / Calc calcinata 3D
- Antim crud
- Cinnabaris : Molluscum contagiosum/ Senile keratosis/
Sinusitis tendency
- Aur mur : Tongue
- Ferr mag : Hands

WASHING

- Aversion : AC, Ant c, Sulph
- < : AC, Antim, BC, CC, Kreos, MP, Sulph, Caps
- > : Apis, Nat m, Iris ver
- Impulse to : Psor, Syphilinum

< WATER, SIGHT OR SOUND OF RUNNING OR POURING

Lyss

WEAKNESS

Ars alb, Carbo an; Chelone; China; China ars; Conium; Ferr iod;
Ferr met; Ferr pic; Gelsemium; Sul ac; Pic ac; Ginseng;
Ginkgo bil

- Acne/ boils, with : Calc pic
- Analgesics, after : Salicylic ac
- Anorexia, with : Tub av
- Can't stand/ walk : Glycerine; Phos ac
- Emaciation, < change of weather : Teucrium
- Extreme fatigue : Acids; Kali phos; Helonias
- Fever, after : Salicylic ac; Chelone
- Influenza, after : Nat sal; Scutellaria
- Liver pathology, with : Taraxacum
- Numbness, with : Oxal ac
- Seminal emissions, after : Tinospora
- Sexual debility with premature ejaculation : Selenium; Indium
- Spasms, with : Strychnine phos
- Sudden attacks : Tub d
- Tendency to faint, with : Cocculus
- Trembling/ quivering, with : Sul ac (188); Gelsemium
- Tuberculosis, with : Solidago
- Vertigo with : Sulfonalum
- Wasting diseases : Vanadium
- Weak literary men : Nicollum
- < Ascending : Calc, Iodum
- Bleeding from : China, Ham
- Deep-seated dyscrasia: Sul ac, Sulph, Psor
- Disease, serious, after: Iridium, China, Laurocerasus
- Exhausting illness, after: Castoreum
- Flu, after: Sarcolactic ac, Sal ac, China, Abrotanum

- Influenza, after: China, Kali phos, Nat sal, Sal ac, Scutellaria, Tuberculinum
- Lack of strength: Caust, Cocc, Gels
- Loss of blood & excessive pain, from: Calen
- Joints: Bov
- Menses during: Alum, Carbo an, Cocc, Graph, Iod
- Morning, on waking up : Syph, Lach
- Muscular exhaustion: Sarcolactic ac
- Nervous, after flu: Scutellaria, Butyric ac
- Persistent after any disease: Bromium
- Physical/ mental both: BC, Camph
- Prostration; unable to stand: Abrot, Aeth, Antim t, FM, M cyan
- Sinks down from: Lach

< Morning: Lach, Sulph, Tub

- Typhoid, after: Castoreum
- Vomiting, stool, spasm, after; weakness with sleepiness: Aeth, Antim t
- Morning, sinks down from weakness : Lachesis; Sulphur; Tuberculinum
- Menses during : Ver alb; Carbo an, Cocc, Alum
- Lac def
- Kali sil
- Rhus glab
- Selenium
- Tanacetum vul : Unusually tired
- Pic ac/ Phos ac/ Cocculus : Weariness
- Exhausting fevers: Alstonia constricta
- Sarcolactic ac: Post COVID

WEARINESS

Cocc, Phos ac, Pic ac, Cocc ind

- Hands/ feet : Bov

- Limbs with pain soles/ calves : Cup
- Too weak to talk loudly : Cocc

WEATHER

- < Change of : CC, CP, Chel, MC, MS, Melil, NA; Tarentula, Sulph, RT, Strong carb
- < Clear fine weather : Asar, Caust
- < Dry weather : Asar, CV, Ipec, NV
- > Dry weather : AC, CC, CP, Nat s, Sulph
- < Damp weather : AC, Antim t, Aran, Ars, Ars i, Melil, Nat s, Tereb
- > Damp weather : Alum, Caust, Asar, NV, Medo
- < Cold weather/ winter : Alum, Asar, BC, CC, CP, Caps, Caust, Dulc, Hep, Ipec, Kreos, Petr
- < Hot weather/ Summer : Antim, Brom, Bry, CV, CT, Iod, K bich, Lach, Nat c, Sulph
- > Hot weather/ Summer : Alum, Ars, Aur, CP, Camph, Cham, FM, Hep, Ign, Kreos, MC, Petr
- < Extreme weather, hot/cold : Antim, Lach
- < Spring : Antim t, KS, Lach, NS
- < Autumn : Antim t
- Overheated, feels : Apis, Puls, Arg nit, Mephitis, Sepia, Nat mur
- Unaffected by any change : Fl ac
- Unaffected by extreme heat of sun :Thuja
- < Winter : Aur met (Only in)
- < Damp : Elaps, Dulc, RT, Arsenic, Nat sulph, Tuberculinum
- < cold wet : Silicea, Tuberculinum
- < Autumn : Dulc
- < Spring : Lach, Nat sulph, Carbo veg, Sulphur
- < Summer : Lachesis
- < warm to cold : Dulc
- < Extremes of temp : Merc, Lach
- > warm wet : Hepar
- < Cold dry : Acon, Hepar
- < storm, before : Tuberculinum

- > damp wet : Hepar; Caust; NV; Alumina
- Complaints only in winter : Aur met
- Complaints agg in winter : Petroleum
- Complaints only in hot weather : Kali bich

WEEPING

Ambr, Apis, Antim, Caust, Cycl, LT, Nat m, Puls

- All day, can't calm herself : Lyco
- Alternating with fun & mischief/ laughter : Cann i, Coff
- Cannot speak without : Medo
- Causeless : Nat m, Puls, Caust

< Consolation : Nat m

> Consolation : Puls

- Cannot weep, expected to when : Nat mur
- Cries when thanked : Lyco
- Delight, from : Coff
- Moment, at any : Act rac, Aur, Calc, Lach, LC
- Paralysis, with: Causticum
- Suddenly screaming and grasping the cradle : Apis, Bor, Cina, Stram
- Unavoidable : LT
- Uncontrollable fits & profound melancholic delusions : K brom
- Uncontrollable, fits : K brom
- Weeping after anger: Arnica, Bell, Nux vom, Platina
- Anger, from; do not want company : Belladonna
- Can't speak out : Medorrhinum
- Followed by coughing : Arnica
- Followed by urination : Lycopodium; Borax; Sarsaparilla
- Troubles after much weeping : Scrophularia

WEIGHT

- Sac album: to increase weight and power in wasting diseases, anemia etc.

< WET, GETTING

All c, Apis, Caust, RT

☞ **When**

- A case is confused by remedies : Arsenic, Calc, Sulph, Sepia, Ipec
- Continually relapsing complaints : Sulph
- Slow recovery after acute disease : Sulphur
- Best selected remedies fail in acutes : Sulph
- Best selected remedies fail in chronic cases : Psor
- Best selected fails to relieve or permanently improve in syphilitic affections : Syph
- Phos does not hold : Kali phos/ Calc phos
- Prostration, depression, hopeless of recovery, weakening night-sweats after acute diseases : Psorinum
- To begin treatment with in chronic diseases, complaints appear atypically : Moschus
- Aconite/ Spongia/ Drosera, incomplete action : Sulphur; Carcinocene
- Acute/ indicated remedy fails : Sulphur
- Agnus/ Selenium fail : Muira p
- Arrested development of the disease : Zincum met
- Arsenicum/ Nat sulph, after : Thuja
- Carefully selected remedies fail : Sulphur (acutes); Psorinum (chronic)
- Crataegus/ Convallaria do not help : Terminalia
- Highly under-developed pathology & suppression, co-related with allopathic medication : Zincum met
- Nat sulph, after : Oxal ac

- Nat sulph fails : Apocynum
- Nothing else works, last stage remedy : Syphilinum
- Patients want continuous reassurance even when they feel better; who want to progress but are having setbacks : Gentiana
- Ruta does not act : Equisetum
- Sepia, after : Helonias
- Stramonium, after : Guaicum
- Tarantula doesn't act : Theridion
- To complete action of other remedies : Ferr pic

WHISKEY ANTIDOTE

Puls : Better than NV

WHITLOW

Myristica, Silicea, Crotalus horr, Lachesis

WHOOPIING COUGH

Antim, Brom, Cup, Dros, Ipec, Justicia

- Recurrent/ relapsed/ dragging : Sepia
- < 6-7 am : Coc c
- 3 attacks successively : Cup, Stann
- Bleeding from nose / mouth : Indigo, Ipec
- Blue face, rigid, stiff : Cup, Ipec
- Bronchial catarrh following whooping cough : Coc c
- Cataleptic spasm with each paroxysm : Cup
- Croupy with hoarseness : Brom
- Daytime only : Euph, FM, NM
- Dyspnea threatening suffocation, with : Cup, Ipec, Lob
- Epistaxis profuse during almost every paroxysm : Cor r
- > Expectoration profuse : Coc c

- Lachrymation excessive during : Euph
- < Overheating : Antim
- Cold bathing/ washing agg : Antim
- Laryngeal phthisis following whooping cough : Dros
- Long lasting : Cup
- Minute gun during the day, whooping at night : Cor r
- Spasms during : K brom
- Spasmodic : Cup
- Strangling with gagging & vomiting of mucus : Ipec
- Violent, paroxysms follow each other rapidly : Dros
- Vomiting solid food after regaining consciousness : Cup
- Cup met : Spasmodic stage
- Carcinosis : when well selected remedies failed
- Dros : Single doses
- Tarentula cub : Marvelous remedy
- Ipec
- Castanea vesca
- Mephitis : > cold bath
- Naphthalene
- Amm brom
- Pertussin
- Hydroc ac : magical influence; diminishing the severity / frequency of paroxysms almost immediately
- Sanguinaria : Cough returns every time the patient takes cold
- Formalin
- Brom: persistently for 10 days
- Dros: single dose in 200

WIDOWS

Apis, Arg n

WILM'S TUMOR

Cyclophosphamide

< WINE

Alumina, Conium, Antim, Arn, BA, Lyco, Zincum

WICKED

Anac

WILLS, TWO & OPPOSITE, AS IF

Anac

WINKING

Staph, Spig

WOMEN'S REMEDIES

Caul, Graph, Helon, Ign, MM

- Chronic ovaritis, salpingitis, pelvic cellulitis, fibroids, cysts, other morbid growths of the uterus/ ovaries; if symptoms point to malignancy with or without sycotic origin : Medo
- Dark hair & skin : Ign
- Excitable : Ign
- Fair complexion : Puls
- Hysterical :
- Indecisive : Puls
- Insane women, will not be touched or approached : Thuja
- Menstruation troubles : Cocc
- Mild : Ign, Puls
- Postmenopausal diseases : Kreos, Lach
- Pregnancy troubles : Cocc

- Sensitive : Ign
- Slow : Puls
- Quick to perceive, rapid in execution : Ign
- Unmarried/ childless women : Cocc
- Ign / Tuberculinum : Nervous women who constantly change their complaints
- Gratiola : Overwhelming pride in women
- Hirsutism : Flutamide
- Large pendulous with multipara : Helonias
- Loquacity with insomnia : Paris quad

WORMS

Cina, Atista; Chelone

- Grinding teeth with nocturnal enuresis : Veronica; Cina
- Sexual weakness, with : Thymol
- Ascarides : Mar v
- Choking : Terebinth; Cina; Spig
- Foul breath with : Terebinth
- Scirrhinum 200 : When Cina/ Teucrium had no effect
- Carboneum tetramer tincture/ 3C/ Chen-a, Thymolum : Hookworm infection
- Chelone tincture : For all worms ; (Twice a day) 10 drops in ½ cup of water
- Chenopodium oil (Thrice a day): Ten drops a dose and three doses in a day every two hours : Hookworms and roundworms.
- Cina 200 (One dose daily) : Roundworms/ Threadworms/ Tapeworms
- Cucurbita pepo Q (One dose daily) : Tapeworm expulsion
- Cuprum oxy. nig. 1x (Thrice a day) : Tapeworms/ Trichinosis
- Helminthochortos (Thrice a day) : Intestinal worms or roundworms
- Hydrocotyle 6x (Thrice a day) : Filaria/ Thread worms
- Santoninum 3x (Thrice a day) : Threadworms & roundworms

- Santonine 1X, 3 grains, X 7 Days, Morning
- Spigelia (Thrice a day) : Umbilical pains < touch
- Teucrium mar. (Thrice a day): Tingling / tickling nose; ascarides, pinworms / roundworms
- Thymolum 6 (One dose only) : Hookworm in adults
- Ratanhia / Santonin / Teucrium / Spigelia: Pin-worms
- Chelone tincture
- Granatum
- Pelletierine
- Cina : roundworms
- Koussou : Brayera; ½ oz in warm water, let stand for 15 mins, stir well & administer; preceded by lemon juice
- Malotus: Kamala
- Thymolum

WORN OUT PERSONS

Coca, Eup perf, Helon

- Drunkenness, from : Eup perf
- Hard Work, mental / physical : Helon
- Physical / mental strain of a busy life, from : Coca

WOUNDS

- Bleed profusely, esp after a fall : Arn, Ham, Mill
- Bluish discoloration : Lach, Lyss
- Chronic : Hyp
- Cicatrices old become red around edges & threaten to become open ulcers : Caust, FA, Graph
- Cold to touch : Led
- Dissecting : CH
- Gangrenous : Anth
- Hemorrhage from : Bov, Ham
- Incised, lacerated, contused : Arn, Ham
- Punctured lacerated incised : Hyp, Led

- Septic fever & prostration, with : Anth, Ars, Pyr
- Slightest bleed for long : CT, Kreos, Lach, Phos, Sec cor
- Sore painful : Hyp, Led
- Smarting : Dulc
- Bleed easily, > cold water : Anthracinum

WRINKLES

- Due to some diseases : Sars, Arg nit, Stram, Lyco, Nat mur
- Sarsaparilla
- Lyco
- Arg nit
- Nat mur
- Stram

WRISTS

- Gout : Abrot
- Pain as if dislocated : Eup perf
- Rheumatism: Morgan g
- Ganglion : Ruta 50M
- Increasing type of pain : Viola odorata
- Rheumatism : Caulophyllum

WRITER'S CRAMPS

MP

- < Writing : Nat m
- Writing, mistakes : Bary carb

WRITING, MAKES MISTAKES

Lyco, Lach, Lac can

WRY-NECK

- Lachnanthes
- Bell : Stiff neck of rheumatic origin/ from cold





Y



YAWNING

Amyl, Asar, KC, Quassia amara, RT, Oenatha croc, Castoreum

- Drowsiness, without : Taxus bacc
- Dyspnea, with : Bromium
- Yawning and stretching: Quassia amara, RT

YEAST INFECTIONS

- Merc sol 200, once daily
- Ars alb 200; with excessive itching; twice daily
- Kreosote 30; violent itching & burning with profuse watery discharge causing soreness genitals
- Hydr can tincture wash
- Calc carb 30; profuse persistent milky yellow discharge with itching & burning
- Sep 30
- Nat mur 30

YELLOW FEVER

CH

YOUNG PERSONS

Fl ac

- who lead a sedentary life : Acon



Index

A

1. *Abelmoschus*
2. *Abies canadensis*: *Abies can*
3. *Abroma augusta*
4. *Abrotanum* : *Abrot* (Southernwood)
5. *Absinthium*
6. *Acalypha indica*
7. *Acetanilidum*
8. Acetic acid : AA (Glacial Acetic acid)
9. *Achyranthes aspera*
10. *Aconitum ferox*
11. *Aconitum lycoctonum*
12. *Aconitum Napellus* : *Acon* (Monkshood)
13. *Aconite radix*
14. *Actaea Racemosa* : *Act rac* (Black Cohosh)
15. ACTH or Corticotropinum
16. *Adonis vernalis*
17. *Adrenalinum*
18. *Aegle marmelos*
19. *Aesculus Hippocastanum* : *Aesc* (Horse Chestnut)
20. *Aethusa Cynapium* : *Aeth* (Fool's Parsley)
21. *Aflatoxinum*
22. *Agaricus Muscarius* : *Agar* (ToadStool)
23. *Agnus Castus* : *Agnus* (Chaste Tree)
24. *Agraphis nutans*
25. *Agrimonia eupatoria*: *Agrimony*
26. *Ailanthus glandulosa*: *Ail*
27. *Alchemilla vulgaris*
28. *Aletris farinosa*: *Aletris*
29. Alfa-alfa
30. *Allium Cepa* : *All c* (Onion)
31. *Allium sativum*: *All sat*
32. *Allopurinolum*
33. *Alloxanum*
34. *Aloes Socotrina* : *Aloes* (Socotrine Aloes)
35. *Aloe vera*
36. *Alstonia constricta*
37. *Alstonia scholaris*: *Alstonia*
38. *Alumen*

39. Alumina : Alum (Aluminium Hydrate)
40. Aluminum sulphatum
41. Ambra Grisea : Ambra (Ambergris)
42. Ambrosia artemisia
43. Americium muriaticum
44. Ammoniacum gummi
45. Ammonium benzoicum: Amm benz
46. Ammonium Carbonicum : AC (Smelling Salts)
47. Ammonium causticum: Amm caust
48. Ammoniacum gummi: Amm gummi
49. Ammonium iodide
50. Ammonium Muriaticum : AM or Am m (Sal Ammoniac)
51. Ammonium phosphoricum: Amm phos
52. Ammonium valeriana: Amm val
53. Ampelopsis quinquefolia
54. Amygdalus persica
55. Amyl Nitrosum : Amyl (Nitrite of Amyl)
56. Anacardium Orientale: Anac (Marking Nut)
57. Anagallis arvensis
58. Anantherum
59. Andersonia rohitaka
60. Androctonus amoreuxii hebraeus: Androc
61. Anemopsis cali
62. Anhalonium lewinii
63. Angustura vera
64. Anisum stellatum
65. Anterior pituitary
66. Anthemis nobilis
67. Anthracinum : Anthrac or Anth (Anthrax Poison)
68. Antimonium arsenicosum: Ant ars
69. Antimonium Crudum : Antim or Ant c (Sulfide of Antimony)
70. Antimonium sulphuratum: Antim sulph
71. Antimonium Tartaricum : Antim t (Tartar Emetic)
72. Antipyrinum
73. Apis Mellifica: Apis (Poison Honey Bee)
74. Apium graveolens
75. Apocynum androsa
76. Apocynum Cannabinum: Apoc (Indian Hemp)
77. Apomorphinum
78. Aqua marina
79. Aquilegia vulgaris
80. Aragallus lamberti
81. Aralia racemosa
82. Aranea diadema: Aran
83. Aranea Ixobola
84. Anilinum

85. Anthrakokali
86. Antipyrinum
87. Arbutus andrachne
88. Arctium lappa
89. Aristolochia clematidis
90. Argentum Metallicum: Arg m (The Metal)
91. Argentum Nitricum: Arg n (Silver Nitrate)
92. Arnica Montana: Arn (Leopard's Bane)
93. Argentum phosphoricum: Arg phos
94. Arsenicum Album: Ars or Ars alb (White Oxide of Arsenic)
95. Arsenicum bromatum: Ars brom
96. Arsenicum iodatum: Ars-i
97. Arsenicum sulphuricum: Ars sulph
98. Arsenicum sulphuricum flavum: Ars sulph flav
99. Artemisia vulgaris
100. Arum dracontium
101. Arum Triphyllum : Arum t (Indian Turnip)
102. Arundo
103. Asafetida: Asaf
104. Asarum Europaeum: Asar (European Snakeroot)
105. Asclepias tuberosa
106. Asoka janosia: Asoka
107. Asparagus officinale
108. Asperula odorata
109. Aspergillus candidus
110. Aspidosperma
111. Astacus fluviatilis
112. Asterias Rubens: Aster or Ast rub (Starfish)
113. Athamanta
114. Atista indica
115. Atropinum
116. Aurum iodatum: Aurum-i
117. Aurum Metallicum : Aur (Gold)
118. Aurum muriaticum: Aur-mur
119. Aurum muriaticum natronatum: Aur mur nat
120. Avena sativa
121. Azadirachta indica

B

1. Bacillinum: Bac
2. Bacillinum testium
3. Bacillus gaertner
4. Bacillus no. 10
5. Bacillus Proteus
6. Bacopa monnieri

7. Badiaga
8. Balsamum peruvianum
9. Bambusa arundinacea: Bamb a
10. Baptisia Tinctoria: Bap (Wild Indigo)
11. Baryta Carbonica: BC (Barium Carbonate)
12. Baryta nitricum: Baryta-n
13. Belladonna: Bell (Deadly Nightshade)
14. Bellis perennis: Bellis
15. Benzenum dinitricum
16. Benzoic Acid : BA (Flowers of Benzoin)
17. Berberis aquifolium: Berb aq
18. Berberis Vulgaris : BV (Barberry)
19. Betonica officinalis
20. Bismuth: Bism (Hydrated Oxide of Bismuth)
21. Blatta orientalis: Blatta
22. Borax: Bor ($\text{Na}_2\text{B}_4\text{O}_7 + 10\text{H}_2\text{O}$)
23. Boletus laricis
24. Bothriocephalus lactus
25. Bothrops lanceolatus
26. Bovista: Bov (Puff Ball)
27. Bowel nosodes
28. Brachyglottis repanda
29. Bromium: Brom (Bromine)
30. Brachyglottis repens
31. Brassica Napus
32. Bryonia Alba: Bry (Wild Hops/ White Bryony)
33. Bryophyllum calycinum
34. Bufo rana
35. Butyric acid: Butyric ac

C

1. Cactus Grandiflorus: Cact (Night Blooming Cereus)
2. Cadmium iodatum: Cad iod
3. Cadmium muriaticum
4. Cadmium phosphoricum
5. Cadmium sulphuratum
6. Cahinca recemosa
7. Cajuputum
8. Caladium: Calad (American Arum)
9. Calcarea aceticum
10. Calcarea Arsenicum: Calc ars (Arsenate of Lime)
11. Calcarea calcinata
12. Calcarea iodatum: Calc iod
13. Calcarea Ostrearum: CC (Calcarea Carbonica)
14. Calc ova tosta

15. Calcarea Phosphoricum: CP or Calc phos
16. Calcarea picrata: Calc pic
17. Calcarea renalis
18. Calendula: Calen (Marigold)
19. Calotropis gigantea
20. Caltha pal
21. Camphora: Camph (Camphor)
22. Canchalagua
23. Candida albicans
24. Candida auris
25. Candida parapsilosis
26. Cannabis Indica: Cann ind (Indian Hemp)
27. Cannabis Sativa: Cann sat (Hemp)
28. Cantharis vesicator: Canth (Spanish Fly)
29. Capsicum: Caps (Cayenne Pepper)
30. Carbo animalis: Carbo an (Animal Charcoal)
31. Carbo Vegetabilis: CV (Vegetable Charcoal)
32. Carbolic Acid: CA (Glacial Carbolic Acid)
33. Carboneum sulphuratum: Carb sul or Carboneum sulph
34. Carboneum tetramer
35. Carboplatin
36. Carcinocene: Carc
37. Carc Compound
38. Carduus marianus
39. Carica papaya
40. Carlsbad aqua
41. Cascarella
42. Cascara sagrada
43. Cassia sophera
44. Castanea vesca
45. Castor equi
46. Castoreum canadense
47. Cataria nepeta
48. Caulophyllum : Caul (Blue Cohosh)
49. Causticum : Caust
50. Ceanothus americanus: Ceanothus
51. Cedron
52. Cenchrus contortrix: Cench or Cenchrus
53. Cephalandra indica
54. Cerefolium sativum
55. Cereus bonplandii
56. Chamomilla: Cham (Chamomilla Matricaria)
57. Chelidonium Majus: Chel (Celandine)
58. Chenopodium antihelminthicum: Chen-a
59. Cherry plum (bach flower)
60. Chimaphila umbellata

61. Chininum arsenicosum: Chin ars
62. Chininum muriaticum
63. Chininum sulphuratum: Chin sulph
64. Chlamydia nosode
65. Chionanthus
66. Chloralum hydratum
67. Chlorum: Chlor
68. Chocolate
69. Cholesterinum
70. Chromium metallicum: Chromium
71. Chrysarobinum
72. Chrysophanic acid
73. Cicuta Virosa: Cic (Water Hemlock)
74. Cimex acanthia
75. Cimex lectularius
76. Cina: Cina (Wormseed)
77. Cinchona Officinalis : China (Peruvian Bark)
78. Cineraria maritima
79. Cinis popo: Cinis p
80. Cinnabaris
81. Cinnamomum
82. Cisplatin
83. Cistus canadensis
84. Citric acid
85. Citrus limonum
86. Clematis erecta
87. Cobaltum muriaticum
88. Cobalt nitricum
89. Coca: Coca (Erythroxyton Coca)
90. Cocainum hydrochloricum
91. Coccacoccus (bacillus)
92. Cocculus : Cocc (Cocculus Indicus)
93. Coccus cacti
94. Cochlearia armoracia
95. Codeinum
96. Coffea Cruda: Coff (Coffee)
97. Colchicine
98. Colchicum Autumnale: Colch (Meadow Saffron)
99. Coleus aromaticus
100. Collinsonia Canadensis: Collin (Stone Root)
101. Colocynthis: Colo (Squirting Cucumber)
102. Comocladia dentata
103. Condurango
104. Conium Maculatum: Con (Poison Hemlock)
105. Convallaria majalis
106. Copaiva

107. *Corallium rubrum*
108. *Cornus circinata*: Cornus
109. Corticotropinum
110. *Corydalis formosa*
111. Cortisone
112. Crab apple
113. *Crataegus*
114. *Crocus Sativus*: Croc (Saffron)
115. *Crotalus cascavella*: Crot casc
116. *Crotalus Horridus*: CH or Crot hor (Poison of Rattlesnake)
117. *Croton Tiglium*: CT (Croton Oil Seeds)
118. *Cryptococcus neoformans*
119. *Cubeba officinalis*
120. *Cucurbita pepo*
121. *Culex musca*
122. Cundurango: Cund
123. *Cuphea viscosissima*
124. *Cuprum aceticum*: Cup acet
125. *Cuprum arsenicosum*: Cup ars
126. *Cuprum Metallicum*: Cup (Copper)
127. *Cuprum oxydatum nigrum*: Cup oxy nig
128. Curare: Cur
129. *Curcuma longa*
130. *Cyclamen Europaeum*: Cycl (Sowbread)
131. Cyclophosphamide
132. *Cynodon dactylon*

D

1. Damiana or turnera
2. *Daphne indica*
3. Dapsone or Diamino diphenylum
4. *Datura Metel*
5. *Desmodium gangeticum*
6. Desoxyribonucleic acid: DNA
7. *Dichapetalum*
8. *Digitalis Purpurea*: Dig (Foxglove)
9. *Dioscorea Villosa*: Dios (Wild Yam)
10. *Diosma lincaris*
11. *Diospyros kaki*
12. Dioxan: Diox
13. *Diphtherinum*: Diphth (Homoeopathic Antitoxin)
14. *Discus Intervertebralis*
15. *Dolichos*
16. *Doryphora decemlineata*
17. DPT vaccine nosode

18. *Drosera Rotundifolia*: Dros (Sundew)
19. *Dulcamara*: Dulc (Bitter-sweet)
20. Dysentery compound

E

1. *Echinacea angustifolia*
2. *E coli*
3. *Eclipta alba*
4. Eel serum or Serum anguillae
5. *Elaps corallinus*
6. *Elaterium*
7. *Electricitas*
8. *Emblica officinalis*
9. *Embelia ribes*
10. *Enterococcinum*
11. *Ephedra vulgaris*
12. *Epigea repens*
13. *Epipodophyllotoxin*
14. *Eriodictyon*
15. *Equisetum arvense*
16. *Equisetum Hyemale*: Equis (Scouring Rush)
17. *Erechthites hieracifolia*
18. *Ergotinum*
19. *Erigeron canadense*
20. *Eryngium aquatica*
21. *Eschscholzia californica*
22. *Esculentine*
23. *Estrogen* or *Estradiol*
24. *Ethambutol*
25. *Eucalyptus globulus*
26. *Eugenia Jambos*
27. *Euonymus atropurpurea*
28. *Eupatorium Perfoliatum*: Eup Perf (Boneset)
29. *Eupatorium purpureum*: Eup purp
30. *Euphorbium pilulifera*: *Euphorbium pil*
31. *Euphrasia*: Euphr (Eyebright)
32. *Eupionum*

F

1. *Fabiana imbricata*
2. *Falcon peregrinus*: Falco-p
3. *Fagopyrum*
4. *Fel tauri*
5. *Ferrum iodatum*: Ferr iod

6. Ferrum magneticum: Ferr-mag
7. Ferrum Metallicum: FM (Iron)
8. Ferrum phosphoricum: FP
9. Ferrum picricum: Ferr pic
10. Ficus religiosa
11. Flutamide
12. Fluoric Acid: FA or Fl ac (Hydrofluoric acid)
13. Fluorouracilum
14. Folliculinum
15. Formalinum
16. Formic acid
17. Formica rufa
18. Fragaria vesca
19. Franciscea uniflora
20. Fraxinus americanus
21. Ferrum picrate: Ferr pic
22. Fuchsinum
23. Fucus vesiculosus

G

1. Galega officinalis
2. Galanthus nivalis
3. Gallic acidum
4. Gallium aparine
5. Gallium metallicum
6. Gambogia
7. Gaultheria procumben
8. Gelsemium: Gels (Yellow Jasmine)
9. Gentiana lutea
10. Geranium maculatum
11. Gettysburg
12. Ginkgo biloba
13. Glautamic acid
14. Glinicum or Medorrhinum
15. Glycyrrhiza
16. Glonoine: Glon (Nitroglycerine)
17. Glycerine
18. Ginseng
19. Gnaphalium
20. Golondrina
21. Gossypium herbaceum
22. Granatum
23. Gratiola officinalis
24. Graphites naturalis: Graph (Black Lead)
25. Grindelia robusta: Grindelia

26. Guaco
27. Guajacum officinale: Guaicum
28. Guarana
29. Guarea trichiloides
30. Guatteria gaumeri
31. Gunpowder
32. Gymnema sylvestre
33. Gymnocladus

H

1. Haematite
2. Haliaeetus leucocephalus: Haliae
3. Hamamelis Virginica : Ham (Witch Hazel)
4. Hedeoma pulegioides
5. Hekla lava
6. Helianthus annuus
7. Helix tosta: Helix-t
8. Helleborus Niger: Hell (Christmas Rose)
9. Helminthochortos
10. Heloderma
11. Helonias Dioica: Helon (Unicorn Plant)
12. Hematoxylon
13. Hepar Sulphuris : Hep or Hepar (Sulphuret of Lime)
14. Hepatica triloba
15. Hippozaenium
16. Histaminum
17. Histamine muriaticum
18. Histoplasma capsulatum
19. Hoang nan
20. Holarrhena antidysenterica
21. Homarus americanus
22. Human retina
23. Hura brasiliensis: Hura
24. Hydrangea arborescens
25. Hydrastis Canadensis: Hydr (GoldenSeal)
26. Hydrastis muriaticum: Hydr mur
27. Hydrocortisone
28. Hydrocotyle asiatica
29. Hydrocyanic acid
30. Hygrophila auriculata
31. Hyoscyamus Niger: Hyos (Henbane)
32. Hypericum Perforatum: Hyp (St. John's Wort)

I

1. Iberis amara
2. Ictodes foetida: Ictod
3. Ichthyolum
4. Ignatia: Ign (St. Ignatius Bean)
5. Ilex aqui
6. Illicium anisatum
7. Indium metallicum: Ind
8. Insulinum
9. Inula helenium
10. Iodoform
11. Iodum: Iod (Iodine)
12. Indigo
13. Inula helenium
14. Ipecacuanha: Ipec (Ipecac)
15. Ipomoea purpurea
16. Iridium metallicum: Iridium
17. Iris tenax
18. Iris versicolor: Iris v

J

1. Jaborandi
2. Jacaranda caroba
3. Jalapa
4. Jequiritolum
5. Jatropha curcas
6. Juglans cinerea
7. Juglans regia
8. Juncus effusus
9. Justicia adhatoda

K

1. Kali arsenicum: Kali ars or K ars
2. Kali Bichromicum: K bich (Potassium Bichromate)
3. Kali Bromatum: K brom (Potassium Bromide)
4. Kali Carbonicum: K carb or KC (Potassium Carbonate)
5. Kali chloricum
6. Kali cyanatum
7. Kali hydroidicum
8. Kali iodatum: K iod
9. Kali muriaticum: K mur
10. Kali nitricum: K nit
11. Kali permanganate: Kali perm
12. Kali phosphoricum: K phos
13. Kali sulphuricum: Kali sulph or Kali-s

14. *Kalmia Latifolia*: Kalm (Mountain Laurel)
15. Kalmegh
16. Kaolinum
17. Kola
18. *Kreosotum*: Kreos (Kreosote)
19. Kousso

L

1. *Lachesis muta*: Lach (Surukuku Snake poison)
2. *Lachnanthes tinctoria*
3. *Lac Caninum* : LC (Dog's Milk)
4. *Lac Defloratum* : LD (Skimmed Milk)
5. *Lac equinum*
6. *Lac felinum*
7. *Lac humanum*: Lac h
8. *Lac leoninum*: Lac leon
9. *Lac vaccinum*: Lac v
10. *Lac vaccinum defloratum*: Lac vac def
11. Lactic acid
12. *Latrodictus mactans*
13. *Lactuca virosa*
14. *Lamium album*
15. *Lanthanum carbonicum*
16. *Lapis albus*
17. Larch (Bach fl)
18. *Lathyrus sativus*
19. *Laurocerasus*: Laur
20. *Ledum Palustre*: Led or Ledum (Marsh Tea)
21. *Lemna minor*
22. *Lentinula edodes*
23. *Leprminium*: Lepro
24. *Leptandra virginica*
25. *Liatris spicata*
26. *Lilium Tigrinum*: LT (Tiger Lily)
27. *Linaria vulgaris*
28. *Linum usitatissimum*
29. *Linus usita*
30. *Lithium carbonicum*: Lith carb
31. *Lobelia erinus*: Lob e
32. *Lobelia Inflata*: Lob (Indian Tobacco)
33. *Lolium temulentum*
34. *Lupulus humulus*: Lupulus
35. *Lycopersicum esculentum*
36. *Lycopus virginicus*
37. *Lycopodium Clavatum*: Lyco (Club Moss/ Wolf's Claw)

38. Lysergic acid: LSD
39. Lyssinum: Lyss (The saliva of a rabid dog)

M

1. Macrocinum
2. Magnesia Carbonica: MC or Mag Carb (Carbonate of Magnesium)
3. Magnesia ferricum
4. Magnesia flouricum
5. Magnesia Muriatica: MM (Chloride of Magnesium)
6. Magnesia Phosphorica: MP (Phosphate of Magnesium)
7. Magnesia sulphuricum: Mag sulph
8. Magnetis polus arcticus
9. Malandrinum
10. Malaria officinalis
11. Malotus
12. Mancinella
13. Mandragora
14. Manganum aceticum: Mang
15. Mangifera indica
16. Marrubium vulgare: Mar v
17. Medorrhinum: Medo (The Gonorrhoeal Virus)
18. Medusa
19. Melilotus Alba: Melil (Sweet Clover)
20. Menispermum
21. Mentha piperita: Mentha
22. Menyanthes Trifoliata: Meny (Buckbean)
23. Mephitis putorius: Meph
24. Mercurius: Merc (Quicksilver)
25. Mercurius Corrosivus: Merc c (Corrosive Sublimate)
26. Mercurius Dulcis: Merc dul (Calomel)
27. Mercurius Cyanatus: Merc cy (Cyanide of Mercury)
28. Mercurius iodatum flavus: Merc iod flav
29. Mercurius iodatum rubrum: Merc iod rub
30. Mercurius Proto Iodide: Merc proto (Iodide of Mercury)
31. Mercurius Bin Iodide: Merc bin (Bin Iodide of Mercury)
32. Merc bin iod cum kali iod
33. Mercurius Solubilis: Merc s (Hahnemann's Soluble Mercury)
34. Mercurius Sulphuricus: Merc sul (Sulphate of Mercury)
35. Mercurius vivus: Merc viv
36. Methotrexate
37. Methylene blue
38. Mezereum: Mez (Daphne Mezereum)
39. Mica
40. Micromeria douglasii
41. Millefolium: Mill (Yarrow)

42. *Mimosa humilis*
43. *Mitchella repens*
44. MMR Nosode
45. *Molluscum contagiosum*
46. *Momordica balsamina*
47. *Momordica charantia*
48. *Morbillinum*
49. *Morgan bacillus*
50. Morgan pure
51. *Morphinum*
52. *Moschus*
53. *Mucor mucedo*
54. *Muirea puama*
55. *Murex Purpurea* : Mur (A Mollusc)
56. Muriatic Acid: MA (Hydrochloric Acid)
57. Mustard gas
58. *Mygale lasiodora*
59. *Mycobacterium Avium Paratuberculosis*: MAP
60. *Myosotis arvensis*
61. *Myrica cerifera*: Myrica
62. *Myristica sebifera*: Myristica
63. *Myrtus communis*

N

1. *Naja Tripudians*: Naja (Cobra Virus)
2. *Naphthalinum*
3. *Narcissus poeticus*
4. *Natrum cacodylicum*: Nat cac
5. *Natrum Carbonicum*: Nat c (Carbonate of Sodium)
6. *Natrum chloricum*: Nat chlor
7. *Natrum hypophosphoricum*
8. *Natrum iodatum*: Nat iod
9. *Natrum Muriaticum*: Nat m or Nat mur or NM (Common salt)
10. *Natrum nitricum*: Nat nit
11. *Natrum phosphoricum*: NP or Nat phos
12. *Natrum salicylatum*: Nat sal
13. Nitro-muriatic acid
14. *Natrum Sulphuricum*: Nat s (Sodium Sulfate)
15. *Niccolum metalliche*
16. *Nitri spiritus dulcis*
17. Nitric Acid: NA (Nitric Acid)
18. *Nuphar luteum*
19. *Nux Moschata*: Nux m (Nutmeg)
20. *Nux Vomica*: NV (Poison Nut)
21. *Nyctanthes arbor tristis*

O

1. Oscillococcinum
2. Ocimum canum
3. Ocimum sanctum
4. Oenatha crocata
5. Oldenlandia decumbens
6. Oldenlandia herbacea
7. Oleander
8. Oleum animale
9. Oleum jecoris aselli
10. Oleum santali
11. Oniscus asellus
12. Onosmodium
13. Oophorinum
14. Operculina turpenthum
15. Opium: Op (Poppy)
16. Opuntia vulgaris or Opuntia ficus-indica
17. Origanum majorana
18. Ornithogalum umb
19. Osmium metallicum
20. Osteoarthritis nosode: OAN
21. Ostrya virginiana
22. Ova tosta
23. Oxalic acid: OA
24. Oxydendron
25. Oxytropis lamberti
26. Ozonum : Ozone

P

1. Paeonia officinalis
2. Palladium metallicum: Pall
3. Pancreatinum
4. Paraffinum
5. Pareira brava
6. Paris quadrifolia: Paris quad
7. Parotidinum
8. Parthenium: Parth
9. Passiflora incarnata
10. Pelletierinum
11. Penicillium
12. Pepsinum
13. Petiveria tetandra: Peti
14. Pertussin
15. Petroleum: Petr (Coal/ Rock Oil)

16. Petroselinum: Petros (Parsley)
17. Phaseolus nanus
18. Phellandrium
19. Phloridzin
20. Phosphoric Acid: PA (Glacial Phosphoric Acid)
21. Phosphorus: Phos (Phosphorus)
22. Physalis pelagica
23. Physostigma: Physo (Calabar Bean)
24. Phytolacca decandra: Phyto
25. Phytoline
26. Picric acid: Pic ac
27. Pilocarpus miero
28. Piper methysticum
29. Piper nigrum
30. Pinus sylvestris: Pinus
31. Pituitarium
32. Pituitary gland
33. Pix liquida
34. Placenta humanum
35. Platanus occidentalis
36. Plantago major
37. Platinum metallicum: Plat or Platina
38. Plumbum aceticum
39. Plumbum iodatum
40. Plumbum met: Plumbum
41. Plutonium nitricum
42. Plumbum phosphoricum
43. Pneumococcinum
44. Podophyllum: Podo
45. Polygonatum multiflorum
46. Polygonum hydropiperoides
47. Polyporus pinicola
48. Populus candicans: Pop c
49. Populus tremuloides: Pop t
50. Positron
51. Pothos or Ictodes fetida
52. Primula obconica: Prim 0
53. Progesterone
54. Propylaminum
55. Proteus bacillus: Proteus
56. Prunus spinosa
57. Prunus virginiana
58. Psorinum: Psor
59. Ptelea trifoliata
60. Pulex irritans: Pulex irr
61. Pulmo vulpis

62. *Pulsatilla nigra*: Puls (Windflower)
63. *Pyrogenium*/ *Sepsinum*: Pyr
64. *Pyrus malus*

Q

1. *Quassia amara*
2. *Quercus glandinus spiritus*
3. *Quillaya saponaria*

R

1. *Radium bromatum*: Rad brom
2. *Ranunculus acris*
3. *Ranunculus bulbosus*: RB
4. *Ranunculus sceleratus*
5. *Raphanus bulbosus*: Raph or *Raphanus*
6. *Ratanhia peruviana*
7. *Rauwolfia serpentina*
8. *Rhamnus californica*
9. *Rheum palmatum*
10. *Rhododendron*
11. *Rhus aromatica*
12. *Rhus glabra*
13. *Rhus radicans*: *Rhus rad*
14. *Rhus toxicodendron*: RT
15. *Rhus venenata*
16. *Ricinus communis*
17. *Robinia pseudacacia*: Rob or *Robinia*
18. *Rosa damascena*: Rosa d
19. *Rubia tinctorum*
20. *Rumex crispus*
21. *Ruta graveolens*: Ruta

S

1. *Sabadilla*: Sabad
2. *Sabal serrulata*
3. *Sabina*: Sab
4. *Saccharum album*: Sac alb
5. *Saccharum officinale*
6. *Salamandra maculata*
7. Salicylic acid: Sal ac
8. *Salix fragilis*
9. *Salix nigra*
10. *Salolum*

11. Sambucus nigra: Samb
12. Sanguinaria canadensis: Sang
13. Sanguinaria nitricum: Sang nit
14. Sanguisuga officinale
15. Sanicula aqua: Sanic
16. Santoninum
17. Saponaria officinalis
18. Saraca indica
19. Sarcolactic acid
20. Sarracenia purpurea
21. Sarsaparilla Officinalis
22. Sassurea lappa
23. Saururus cernuus
24. Scarlatinum
25. Schirrinum
26. Scleranthus annuus
27. Scorpio maurus: Scorpio
28. Scrophularia nodosa
29. Scutellaria laterifolia
30. Secale cornutum: Sec or Sec cor
31. Sedum acre
32. Selenium metallicum: Sel
33. Sempervivum tectorum
34. Senecio aureus: Senecio
35. Senega
36. Senna
37. Sepia: Sep
38. Serotonin
39. Silicea terra: Sil or Silica
40. Silphium
41. Sinapis nigra: Sin n
42. Skatolum
43. Skookum chuck
44. Solanum malacoxylon: Solanum mal
45. Solanum mammosum
46. Solanum nigrum
47. Solanum tuberosum aegrotans
48. Solanum xanthocarpum: Sol x
49. Solidago virgaurea
50. Spartium scoparium
51. Spigelia anthelmia: Spig
52. Spiranthes autumnalis
53. Spongia tosta: Spong
54. Squilla maritima
55. Stannum metallicum : Stann
56. Staphylococcus Aureus or Staphylococcinum

57. Staphysagria: Staph
58. Sterculia
59. Sticta pulmonaria: Sticta
60. Stigmata maydis
61. Stillingia sylvatica: Still
62. Stramonium: Stram
63. Streptococcinum
64. Strontium bromatum
65. Strontium carbonicum: Stront
66. Strophanthus
67. Strychnine arsenicum: Stry-ar
68. Strychnine phosphate
69. Strychnine purum: Strychnine
70. Succinum
71. Succinic acidum
72. Sulfonalum or Sulfonal
73. Sulphur: Sulph
74. Sulphur iodatum: Sulph iod
75. Sulphuric acid: Sul ac or SA
76. Sumbulus moschatus: Sumbul
77. Sycotic compound: Sycotic co
78. Symphoricarpus racemosus
79. Symphytum officinale: Symph
80. Syphilinum: Syph
81. Syzygium jambolanum

T

1. Tabacum: Tab
2. Tamoxifen
3. Tamus communis
4. Tanacetum vul
5. Taraxacum
6. Taxus baccata
7. Tarentula cubensis
8. Tarentula hispanica: Tarent
9. Tela aranea
10. Tellurium metallicum: Tellurium
11. Temozolomide
12. Terebinthinae oleum: Terebinth
13. Terminalia arjuna
14. Terminalia chebula
15. Testosterone
16. Tetracyclinum
17. Teucrium marum verum
18. Teucrium scorodonia

19. Thallium metallicum: Thallium
20. Thallium sulphuricum: Thal s
21. Thaspium aureum
22. Thea chinensis
23. Theridion
24. Thiosinaminum
25. Thlaspi bursa pastoris
26. Thalidomide
27. Thuja occidentalis: Thuja
28. Tinospora cordifolia
29. Thymolum
30. Thymus Gland
31. Thymus serpyllum
32. Thyroidinum
33. Tilia europaea
34. Tinospora cordifolia
35. Titanium metallicum
36. Tongo odorata
37. Tonsillitis nosode
38. Torula cerevisiae
39. Toxicophis pugnax
40. Tribulus terrestris: Tribulus terr
41. Trichophyton tonsurans
42. Trichosanthes dioica
43. Trifolium pratense
44. Trillium pendulum
45. Triosteum perfoliatum
46. Trinitrotoluenum: TNT
47. Triticum repens
48. Triticum vulgare: Tritic-vg
49. Trombidium
50. Tonsillitis nosode
51. Torula cerevisiae
52. Tuberculinum aviaire: Tub av
53. Tuberculinum bovinum: Tub
54. Tuberculinum denys: Tub d
55. Tuberculinum koch
56. Tuberculinum marmoreck: Tub m
57. Tussilago petasites

U

1. Upas tiente
2. Uranium nitricum: Uran nit
3. Urea pura
4. Urinum

5. *Urtica urens*
6. *Usnea barbata*
7. *Ustilago maydis*
8. *Uva ursi*

V

1. *Vaccinium matus*
2. *Valeriana officinalis*: Val
3. *Vanadium metallicum*
4. *Vanilla planifolia*
5. *Varicellinum*
6. *Variolinum*
7. *Veratrum album*: VA
8. *Veratrum viride*: VV or Ver vir
9. *Verbascum thapsus*
10. *Verbena hastata*
11. *Veronica anthelminthica*
12. *Vespa crabro*
13. *Viburnum opulus*: Vib op
14. *Viburnum prunus*
15. *Vinca minor*
16. *Vinca rosea*
17. *Vincristinum*
18. *Viola odorata*: Viola o
19. *Viola tricolor*: Viola t
20. *Vipera berus*
21. *Viscum album*
22. *Vitex trifolia*

W

1. *Wiesbaden aqua*
2. *Wyethia helenoides*

X

1. *Xanthoxylum fraxineum*: Xan
2. *Xerophyllum tenax*
3. X-ray

Y

1. *Yerba santa*
2. *Yohimbinum*
3. *Yucca filamentosa*

Z

1. Zincum metallicum: Zinc or Zincum met
2. Zincum muriaticum: Zinc mur
3. Zincum phosphoricum: Zinc phos
4. Zincum sulphuricum: Zinc sulph
5. Zincum valeriana
6. Zingiber officinale
7. Zizia aurea



SYMBOLS

- ~ Similar
- < aggravation
- > amelioration
- L left
- R right
- D desires
- A aversion

** Potencies have been mentioned on special recommendations by our masters with tremendous positive experience with a particular potency. They are not binding for that particular condition, just a mention/ suggestion.

About the Author



Dr. Varsha Khurana (Vie)


Dr. Varsha M Khurana, a distinguished alumna of the esteemed Nehru Homeopathic Medical College and Hospital, Delhi, embarked on her medical journey as a homeopath in 2003. Under the mentorship of the late Dr. KML Verma, she honed her skills before establishing her own practice in Delhi.


In 2007, after successfully overcoming her personal battle with infertility under Dr. Verma's treatment, she became a mother to two children, a son (born in 2008) and a daughter (born in 2016). Remarkably, her children have been exclusively treated with homeopathy since birth, without the need for antibiotics or painkillers.


In 2020, Dr. Khurana joined the international team of homeopaths at Homeopathy247, marking a significant milestone in her career. Her practice, which initially focused on paediatrics and women's health, evolved in 2021 when she decided to specialise as a Fertility Coach, addressing fertility issues in both men and women. Despite this shift, her affection for her young patients remains, and she continues to provide care for entire families.

With over two decades of experience, Dr. Khurana's dedication and passion for homeopathy continue to grow, reflecting in the evolution of her practice.

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